

**BUNTS SANGHA'S**  
**S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT**  
**STUDIES, POWAI**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 21001:2018 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Approval Form: Poshan Pakhwada Quiz**

**Department:** NSS UNIT

**Program:** Poshan Pakhwada Quiz

**Objectives:** To test the awareness of people about how much protein is needed in ones body.

**Need:** It is important to make the youth and other generations of the country aware about the importance of Poshan Padkwada

**Content:** This activity is to make people around the society aware about the proteins required in our body.

**Date:** 31st March, 2021

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Sushant Shetty & Ms. Snehal Rai

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**Minutes of the meeting: Poshan Pakhwada Quiz**

**Minutes of the meeting:**

- To discuss about the upcoming events.
- To discuss about to prepare Notice (WhatsApp Message) that will be send to others Colleges for participation.
- To allot work to social media team and leaders.
- To discuss about the documentation work.
- To allot Social media team start to work on the poster and brochure for the event and update the social media platform.



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Criterion 3 - Research, Innovations and Extension

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**Notice (WhatsApp Message): Poshan Pakhwada Quiz**

Jai Hind..

Hello Fellas!!!

The NSS UNIT of Bunts Sangha's S. M. Shetty College of Science Commerce and Management Studies, Powai · with the University of Mumbai is back with an Quiz Competition on POSHAN PAKHWADA under FIT INDIA MOVEMENT

TOTAL 20 QUESTIONS WILL BE ASKED related to Nutrients needs in our body, Yoga and Cycling.

Starts:- 30th March, 2021 - 3:00 Pm

Ends:- 31th March, 2021 - 3:00 Pm

Quiz Link:- [https://docs.google.com/forms/d/e/1FAIpQLSe\\_do-Ek4UlnAnDzOgBPMz\\_3YFihE6h7SY3Hh8pwPH9V-HDQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSe_do-Ek4UlnAnDzOgBPMz_3YFihE6h7SY3Hh8pwPH9V-HDQ/viewform?usp=sf_link)

Participants scoring 60 and above will be awarded with an E-Certificate ·

Also follow our Social Media Pages for upcoming events -

Instagram - [https://instagram.com/shettyNSSunit\\_b46?igshid=m7t6o9tszuj3](https://instagram.com/shettyNSSunit_b46?igshid=m7t6o9tszuj3)

Facebook - <https://www.facebook.com/smshettyNSS/>

Youtube - [https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

For further queries Contact ·

1. Ishan Salian:- 9773471471

2. Snehal Rai:- 9082362400

Regards

SM Shetty NSS Unit



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**Report: Poshan Pakhwada Quiz**

**Event: Poshan Pakhwada Quiz.**

**Date:** 31<sup>st</sup> March, 2021

**Highlight:** The NSS unit of Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies, Powai organized a Quiz Competition on Poshan Pakhwada under Fit India Movement on 30<sup>th</sup> March to 31<sup>st</sup> March, 2021. Total 263 Volunteers from 13 Colleges across Mumbai had participated in the competition. Participants Scoring 60% and above were provided with the E-Certificates.

<p>Who is the Father of Yoga? * 1 point</p> <p><input type="radio"/> Patanjali</p> <p><input type="radio"/> Ramdev</p> <p><input type="radio"/> Paramahansa Yogananda</p> <p><input type="radio"/> Jack Lalanne</p>	<p>What is the important for your Vitamin for your Body? * 1 point</p> <p><input type="radio"/> Vitamin A</p> <p><input type="radio"/> Vitamin B1</p> <p><input type="radio"/> Vitamin D</p> <p><input type="radio"/> Vitamin B12</p>	<p>Which of the following is considered a complete protein food? * 1 point</p> <p><input type="radio"/> Almond</p> <p><input type="radio"/> Horse Gram</p> <p><input type="radio"/> Soya Bean</p> <p><input type="radio"/> Cashew Nut</p>
<p>Which is not a type of Yoga Asana? * 1 point</p> <p><input type="radio"/> Sirasana</p> <p><input type="radio"/> Shevasana</p> <p><input type="radio"/> Kakasana</p> <p><input type="radio"/> Kalasana</p>	<p>Which Vitamin is import from Zinc, Iron, and Calcium? * 1 point</p> <p><input type="radio"/> Vitamin A</p> <p><input type="radio"/> Vitamin B</p> <p><input type="radio"/> Vitamin C</p> <p><input type="radio"/> Vitamin D</p>	<p>Which of the following food items is rich in iron? * 1 point</p> <p><input type="radio"/> Rice</p> <p><input type="radio"/> Apple</p> <p><input type="radio"/> Pulses</p> <p><input type="radio"/> Orange</p>
<p>What is the most important nutrient? * 1 point</p> <p><input type="radio"/> Carbohydrates</p> <p><input type="radio"/> Protein</p> <p><input type="radio"/> Fats</p> <p><input type="radio"/> Water</p>	<p>When was the first international Yoga Day celebrated? * 1 point</p> <p><input type="radio"/> 21 June 2014</p> <p><input type="radio"/> 21 June 2015</p> <p><input type="radio"/> 21 June 2016</p> <p><input type="radio"/> None of the above</p>	<p>What is the benefits of Meditation? * 1 point</p> <p><input type="radio"/> Focused Meditation</p> <p><input type="radio"/> Reduce Stress and Depression</p> <p><input type="radio"/> Movement Meditation</p> <p><input type="radio"/> All of the above</p>



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<p>The Sanskrit name for Mountain pose is? * 1 point</p> <p><input type="radio"/> Dandasana</p> <p><input type="radio"/> Tadasana</p> <p><input type="radio"/> Utkatasana</p> <p><input type="radio"/> Uthanasana</p>	<p>Butter has more calories than margarine.* 1 point</p> <p><input type="radio"/> True</p> <p><input type="radio"/> False</p>	<p>Which of these is NOT considered a nutrient? * 1 point</p> <p><input type="radio"/> Vitamins</p> <p><input type="radio"/> Minerals</p> <p><input type="radio"/> Fiber</p> <p><input type="radio"/> Fats</p>
<p>Beverages factor into childhood obesity because kids? * 1 point</p> <p><input type="radio"/> Drink too much soda</p> <p><input type="radio"/> Do not drink enough milk</p> <p><input type="radio"/> Drink too many sugar-sweetened soft drinks</p> <p><input type="radio"/> All of the above</p>	<p>This food group is our body's best source of energy? * 1 point</p> <p><input type="radio"/> Meat Group</p> <p><input type="radio"/> Fats, Oils and Sweets</p> <p><input type="radio"/> Fruit, Vegetables</p> <p><input type="radio"/> Bread and Cereals.</p>	<p>The bread, cereal, rice and pasta group is a good source of ____? * 1 point</p> <p><input type="radio"/> Carbohydrate</p> <p><input type="radio"/> Calcium</p> <p><input type="radio"/> Vitamin D</p> <p><input type="radio"/> Vitamin C</p>
<p>What sort of nutrient is cholesterol? * 1 point</p> <p><input type="radio"/> Mineral</p> <p><input type="radio"/> Fat</p> <p><input type="radio"/> Protein</p> <p><input type="radio"/> Carbohydrate</p>	<p>The healthiest source of protein is meat, poultry, fish, or eggs.* 1 point</p> <p><input type="radio"/> True</p> <p><input type="radio"/> False</p>	<p>Citrus fruits are an excellent source of ____? * 1 point</p> <p><input type="radio"/> Calcium</p> <p><input type="radio"/> Vitamin C</p> <p><input type="radio"/> Vitamin B</p> <p><input type="radio"/> Calories</p>

<p>The Sanskrit name for Mountain pose is? * 1 point</p> <p><input type="radio"/> Dandasana</p> <p><input type="radio"/> Tadasana</p> <p><input type="radio"/> Utkatasana</p> <p><input type="radio"/> Uthanasana</p>	<p>Butter has more calories than margarine.* 1 point</p> <p><input type="radio"/> True</p> <p><input type="radio"/> False</p>	<p>Which of these is NOT considered a nutrient? * 1 point</p> <p><input type="radio"/> Vitamins</p> <p><input type="radio"/> Minerals</p> <p><input type="radio"/> Fiber</p> <p><input type="radio"/> Fats</p>
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*Dipay Krishnarajama*

**NSS Programme Officer**

*John Denezes*

**NSS Programme Officer**



*Shetty*  
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How many servings of vegetables do we need each day? \* 1 point

- 6-11
- 2-3
- 3-5
- 5-13

Regular exercise helps with weight control and helps prevent heart disease 1 point

- True
- False



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**Participation List: Poshan Pakhwada Quiz**

1. Toral Chauhan - S. M. Shetty College
2. Mishra Nilesh Jaykant - S. M. Shetty College
3. Samay Shah - S. M. Shetty College
4. Konika sampatlal Bhandari - S. M. Shetty College
5. Asha keshav chauhan - S. M. Shetty College
6. Ankith Shetty - S. M. Shetty College
7. Lodaya Bhoomi Bhavesh - S. M. Shetty College
8. Ankush Chandrajeet Yadav - S. M. Shetty College
9. Harah dhamal - S. M. Shetty College
10. Ashwini Hanumanta Mutul - S. M. Shetty College
11. Maurya Aniket Jagropan - S. M. Shetty College
12. Upadhyay shivam sanjay - S. M. Shetty College
13. Ravishankar R Upadhyay - .
14. Megha Sabu Pujari - S. M. Shetty College
15. Sahu Sriyakumari Sunil - S. M. Shetty College
16. Saloni Maliwal - S. M. Shetty College
17. Tiwari Sakshi Santosh - S. M. Shetty College
18. Sushant R Shetty - S. M. Shetty College
19. Shrinav Shyam - S. M. Shetty College
20. Sushant R. Shetty - S. M. Shetty College
21. Anchal Mishra - S. M. Shetty College
22. Vandana kadeprasad kanojiya - S. M. Shetty College
23. Sonu rajkumar mahto - S. M. Shetty College
24. Ruchi Mali - S. M. Shetty College
25. Ganesh Prakashchandra Kashyap - N.G Joshi Bedekar College Thane West
26. Vardha Prakash Nalawade - S. M. Shetty College
27. Prerana Vinod Gurav - S. M. Shetty College
28. Harshata Wadkar - Sies College of Arts, Science & Commerce (Autonomous), Sion (W)
29. Jeniflora Mathews - SIES College of Arts, Science and Commerce (Autonomous)
30. Krishna jaiswal - S. M. Shetty College
31. Sweekrati Shetty - S. M. Shetty College
32. Sushmita Poojari - Nava samaj mandal degree college



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33. Nandini ramesh Vishwakarma - Jvm mehta degree college
34. Shagun Anil Pandey - Ghanshyamdas Saraf College Of Commerce
35. Shoeb Jabbar Padiyar - Reena Mehta College
36. Shakira dhondiba Patvegar - J.j.magdum college of pharmacy jaysingpur
37. Sneha Mangesh Bhalerao - Smt. MMK College of commerce and economics
38. Sapna Sanjay Shah - Smt. Mmk College
39. Amit Kumar - Bhilai Institute of Technology, Durg
40. Shivam Ramnarayan Tiwari - Bhavan's Hazarimal somani college, chowpatty
41. Himanshu Kamble - Terna Engineering College
42. Jitendra - M.c rathva arts and sciences college pavijetpur
43. Sowmya Sriram - Vivek College of Commerce
44. Nitu Chouhan - SIES college of arts science and commerce
45. KARTIK VILAS BAMANE - S. M. Shetty College
46. Anamika yashwant Shah - Vivek college of commerce
47. Nandini mohanlal gupta - Bhavans college
48. Abhishek Ramakant Khandare - Jvm's degree college
49. Ashwini Bhagvat Yelve - Joshi-bedekar college, Thane
50. Mohan Avdhesh Gupta - Vivek College Of Commerce
51. ANIMESH BORKER - Bhilai institute of technology Durg
52. Nishi Chandrakant Patil - Bedekar College
53. Swati Tribhuvan Mishra - Vivek college of commerce
54. Shrutika Dharmesh Gangan - Bhavans College
55. Tanvi Pramod Keskar - VPM'S Joshi Bedekar college, Thane
56. Anita Prajapati - Nava samaj mandal degree college
57. Sadiya Ikramuddin Solanki - Vivek college of commerce
58. Adnan Aslam Khan - Jai Hind College
59. Shweta Mishra - SNDT Women's University (Churchgate)
60. Pingle Nikita Sanjay - Joshi Bedekar College, Thane
61. Ashwini Vijay Ghanekar - Nava Samaj Mandal Degree College
62. NANDINI KISHOR WAGH - Bhavans Hazarimal Somani College Chowpatty
63. Hemant Kumar Barle - Bit durg
64. Ritika Roongta - Saraf
65. Bandapalli Manasa - Government College
66. Renuka Durai Swamy Mudaliar - SIES College of Arts, Science and Commerce (Autonomous) Sion West
67. Tejas Menon - V.K Krishna Menon College



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68. Kanojiya Aviral Akhilesh - Ghanshyamdas saraf college
69. Prachi Jaiswal - Bhavans hazarimal somina college
70. KHADTARE PRATHAMESH PRABHAKAR - SIES COLLEGE OF ART'S, SCIENCE AND COMMERCE
71. Mohan Avdhesh Gupta - Vivek College Of Commerce
72. Shoeb Jabbar Padiyar - Reena Mehta College
73. Mishra Abhishek Tribhuvan Nath - University Of Mumbai
74. Abhay Ananda Patil - V. k. Krishna Menon College
75. Shailesh Gaud - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE (autonomous) SION WEST
76. Deepak pandey - Leelavati lalji dayal college
77. Aarti Verma - Shankar Narayan college
78. Shatakshi Jaiswal - SIES COLLEGE OF ARTS COMMERCE AND SCIENCE
79. Shriyansh Santosh Baranwal - V.k.krishna Menon college
80. Shivani Shivkumar Dahiwelkar - SIES College of Arts,Science & Commerce(Autonomous), Sion (W)
81. Bandapalli sridhar naidu - Sri Ramakrishna degree college autonomous nandyal
82. Kalpana premprakash pandey - Bhavans hazarimal somani college
83. Ruchi Makarand shetty - S. M. Shetty College
84. Vyas maya jitendrakumar - M & V ARTS AND COMMERCE COLLEGE ,HALOL
85. ANANDHU SURESH - SIES COLLEGE OF ARTS COMMERCE AND SCIENCE (AUTONOMOUS)
86. Aastha Salim khan - Vivek college of commerce
87. Sharma Aniket Ayodhya - S. M. Shetty College
88. Ghanchi Mahamad Aftab bhai Siddik bhai - M. & V. Arts & Commerce College Halol, Gujarat
89. Archana Chauhan - S. M. Shetty College
90. Anjali Harishchandra Gupta - Bhavans Hazarimal Somani College Chowpatty
91. Sagar shetty - S. M. Shetty College
92. Chaubey Aman Pradeep - Ghanshyamdas saraf college arts and commerce
93. Ravishnkar j vyas - Sarvoday College
94. Sulata Bhagwan Panigrahi - S. M. Shetty College
95. Madhumitha muthukrishnan - V.k Krishnan Menon college
96. Shraddha bandhu ghorad - S. M. Shetty College
97. Miss Priyanka Mandhani - Govt. Maharani Laxmi Bai Nutan Girls P.G college Kila Maidan Indore
98. Durgani kiran - Sri Ramakrishna Degree college Nandyal
99. Vedant Ranadive - NAGINDAS KHANDWALA COLLEGE
100. Pankati Damania - Bhartiya vidhya bhavans college, chowpatty
101. CHAVAN AISHWARYA GAJANAN - G. N. KHALSA COLLEGE of arts science and technology
102. Gupta ramkumar Ramesh Chandra Madhuri - Smt.M.M.K.COLLEGE of commerce and economic



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103. Vaishnavi Jadhav - Guru Nanak Khalsa College of arts science and commerce
104. SHAIKH SABA GULAM NABI. - G. N. KHALSA COLLEGE.
105. Priyanka Mandhani - Maharani Laxmi Bai nutan girls P.G college Kilamaidan Indore
106. Devadarssini Ajith - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE AUTONOMOUS SION WEST
107. Misbaha Abdul Mushtaq Deshmukh - SIES COLLEGE OF ART,SCIENCE AND COMMERCE  
(AUTONOMOUS) SION (W)
108. Neha Agarwal - JVM's Degree College,Airoli
109. Dravya kundar - Smt. M.M.K COLLEGE
110. Makardhwaj Rajendra Narkar - SIES COLLEGE OF ARTS, SCIENCE & COMMERCE(AUTONOMOUS),  
SION (WEST)
111. Aditya Shridhar Gamre - GN KHALSA COLLEGE
112. RATHVA MEHUL BHAI JAGDISH BHAI - Shri.m.c.rathava arts college Pavi jetpur
113. Pratik More - Nava Samaj Mandal Degree College
114. Sumeet Pillai - Sies College of Arts, Science and Commerce
115. Jogi Zalak Pinakin - Nagingas Khandwala college
116. Gupta Ramkumar Ramesh Chandra Madhuri - Smt.M.M.K.COLLEGE OF COMMERCE AND ECONOMIC
117. Aman kumar - Bit durg
118. Kallingal Suraj Manikandan - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE AUTONOMOUS  
SION WEST
119. Pallavi kamble - Vivek college of commerce
120. Achary Rakshita Murthy - SM SHETTY COLLEGE
121. Nirmiti kailas tanpure - Sies college of arts science and commerce autonomous sion west
122. Shruti pal - Guru nanak khalsa college
123. Vaishnavi Venugopal - SIES College of Arts, Science and Commerce (Autonomous), Sion West
124. Manasi kamble - L.S RAHEJA COLLEGE OF ARTS AND COMMERCE
125. Achary Rakshita Murthy - S.M. SHETTY COLLEGE
126. Dravya kundar - Smt. M.M.K COLLEGE
127. SAI SARAVANAN GOUNDER - SIES college of arts science and commerce sion west autonomous
128. Gayatri Dayashankar Gupta - Vivek college of Commerce
129. Aditi Anil Jadhav - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE(AUTONOMOUS) SION(W)
130. Abhishek Prakash Gupta - SIES College
131. Pandit Sanjana Akhilesh - Vivek college of commerce
132. RUDRA PATRA - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE (AUTONOMOUS) SION (W)
133. Moksha Kandpal - SIES College of Arts, Science and Commerce (Autonomous), Sion (West)
134. Riddhi Mangesh Parab - G N Khalsa



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136. Jatin Shravan Pardeshi - Bhavans hazarimal somani college
137. Vagmi Vijay Vadhaiya - Bhavans College chowpatty
138. Dimple Babulal Choudhary - Ghanshamdas Saraf College
139. SOHAIL AHAMED - V.K KRISHNA MENON COLLEGE
140. Shubham Sandeep Shirsekar - SMT. MMK COLLEGE OF COMMERCE AND ECONOMICS
141. Thevar Sumitra Kulantai Pandi - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE
142. Sohail Shaikh - S. M. Shetty College
143. Vedant Nagesh Yadav - SIES College of Arts Science and Commerce Autonomous Sion West
144. vaishali singh - S. M. Shetty College
145. Kavita R Nag - Bhavan's Hazarimal Somani College, Chowpatty.
146. Arya Kaur Singh - S. M. Shetty College
147. RATHVA SATILABEN PRABHUBHAI - PATEL GROUP OF INSTITUTIONS MEHSANA
148. Gupta Hritick H - Bhartiya Vidya Bhavan's Hazarimal Somani College
149. RATHVA KANUBHAI PRABHUBHAI - SHREE M C RATHAWA ARTS AND SCIENCE COLLEGE PAVI  
JETPUR
150. Sadhana santosh Gupta - Vivek College of commerce
151. Divya Darshini S Nathan - Vivek College of Commerce
152. Anjum sayed - Krishna menon college
153. SAURABH DNYANDEV MULE - G.N.Khalsa College
154. Sadhana gupta - Vivek college of commerce
155. Sana Shaikh Shaukat ali - Mmk college of commerce and economics bandra west mumbai maharashtra
156. Smita Ramesh Kori - S. M. Shetty College
157. Christopher.Richard - S. I. E. S. COLLEGE OF ARTS SCIENCE AND COMMERCE
158. Athira Muralidharan Pillai - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS),  
SION WEST
159. Yashoda Yalappa Mutrasi - S. M. Shetty College
160. Harsh Poojari - SIES
161. Shahid ahmad Khan - Niranjana majithia colleg of commerce
162. HARSH VERMA - S. M. Shetty College
163. Anita Amrika kushwaha - Ghanshyam das Saraf collage of arts commerce
164. Harshada Dilip Kocharekar - V.K.Menon college
165. NANDINI ARUN KUMAR SHUKLA - G. N. Khalsa College
166. Swati vinay tiwari - Bhavans hazarimal somani , chowpaty
167. Manish d yadav - Niranjana Majithia clg of commerce and science Kandivali



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**BUNTS SANGHA'S**  
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168. Ritu Prajapati - S. M. Shetty College
169. Sarthak suresh ghadavale - Niranjana majithia college
170. Vinay Vijay Salve - S. M. Shetty College
171. Ashwini rajesh Gupta - Sanskardhaam college of commerce
172. Vidhi Thakur - Sies college of arts science and commerce autonomous sion west
173. Gayatri Chauphal - S. M. Shetty College
174. Shaikh Reshma Madar - Vivek College of commerce
175. VAISHNAVI NEELKANTH RANJAN - VIVEK COLLEGE OF COMMERCE
176. Pragati Mane - Guru Nanak Khalsa College
177. Jain Trisha lalit - Ghanshyamdas saraf college
178. Anuja gajinkar - S. M. Shetty College
179. Yadav Sharad Dinesh - S. M. Shetty College
180. Tarun Prajapati - Smt.M.M.K COLLEGE OF COMMERCE & ECONOMICS
181. Pawar mrunmayee suresh - S. M. Shetty College
182. Gupta Nisha Umesh - Ghanshyamdas saraf college
183. Ankita Singh - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS) SION (W)
184. Jadhav Rishika parshuram - S. M. Shetty College
185. Pranali Keshav Nalavade - Vpm joshi-bedeakar college, Thane
186. Aswathy Muraleedharan Nair - Sies college of arts science and commerce autonomous Sion West
187. Chandana Rajeswaran Nair - S.I.E.S COLLEGE OF ARTS,SCIENCE AND  
COMMERCE(AUTONOMOUS),SION(W)
188. Rohit prakash dahije - Sies asc college sion
189. Aditi Rajesh jaiswal - Reena Metha degree college of arts science commerce and management studies
190. Sruthi Suresh - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)
191. Shweta Ganesh - SIES College of Arts Science and Commerce(Autonomous) Sion (west)
192. Kanhaiya Suresh Maurya - Nava Samaj Mandal Degree College
193. Kirti Vinod Mishra - S. M. Shetty College
194. Abdullah Manihar - Sathaye College PTVA's
195. Yadav Anil sarvjeet - Smt.MMK college of commerce & economics
196. SONI PRATIKSHA SUNILDUTT - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE  
(AUTONOMOUS), SION (WEST).
197. Shifa Abbas Ansari - Shri GPM Degree College of Science and Commerce
198. Sejal Santosh Singh - Ghanshyamdas Saraf College of Arts and Commerce
199. Kanhaiya Suresh Maurya - Nava Samaj Mandal Degree College
200. Pranjal Dixit - Bhilai Institute of Technology , Durg



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Criterion 3 - Research, Innovations and Extension



  
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**NAAC ACCREDITED 'A' GRADE**  
**ISO 21001:2018 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

201. Pooja Jain - Sies college of arts science and commerce (autonomous). Sion(west)
202. Laxmi Praful Dey - Smt. M. M. K College of Commerce and Economics
203. Vaishnavi wagh - Joshi bedekar college
204. PRATHMESH KOLI - SMT.MMK COLLEGE OF COMMERCE AND ECONOMICS
205. Preeti Gabel - Bhilai Institute of Technology, Durg
206. Mane Komal Vilas - S. M. Shetty College
207. Ritik Behal - K M Agrawal College
208. BAINS GURWINDER KAUR - VIVEK COLLEGE OF COMMERCE
209. Manisha Radheshyam Sahani - Sk.somaiya degree college of arts,science and commerce.
210. Mansi Suhas Ramane - K. J. Somaiya College of Science and Commerce
211. Sanjaykumar H yadav - Sk somaiya degree college
212. Shaikh Shehma Begum Mohammed Yasin - Vivek college of commerce
213. SHRADDHA POOJARI - VIVEK COLLEGE OF COMMERCE
214. Shalini Rajkumar Saroj - Bhavans hazarimal Somani College
215. Dayasagar - Bhilai institute of technology durg
216. Harshjot Singh Kambo - Bhilai Institute of Technology, Durg
217. Mirza Zoha Muslim Hussain - N.G Bedekar College Of Commerce
218. Shruti Gopinath Panda - S. M. Shetty College
219. Shravya poojary - Vivek college of commerce
220. Ayesha khan - S. M. Shetty College
221. Sharma Anand Shyam Narayan - S. M. Shetty College
222. Sandeep Bhaiyaram Soni - S.k. Somaiya Degree college of Arts, Science & Commerece
223. Badhai kothari - Jai hind college
224. Madhavi shaha - Hinduja College
225. Kiren Bakhru - Jai Hind College
226. Bhushan Champalal Shaha - Jai Hind College
227. Yash Raut - Bhilai Institute of Technology, Durg (C.G)
228. Gaurangi Bhardwaj - Jai Hind College
229. Mehdi Ali Lakhani - Jai Hind College
230. Akanksha singh - Jai Hind
231. Durva Tendulkar - Jai hind college
232. Vaishnavi pingle - K G Joshi Bedekar College
233. Kavya Mujawdiya - Jai Hind College
234. SHARMA OMPRATAP JATASHANKAR - JAI Hind College (Autonomous), Mumbai
235. Laveena Kishore Bagade - Jai Hind College



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**IMC RBNQ CERTIFICATE OF MERIT 2019**

236. Jaina Sampat - Jai Hind College
237. Richard Jaison Cheruvathur - S. M. Shetty College
238. Sanchitha Prakash - Jai Hind College
239. Prity Gouda - Jai Hind College
240. Jyoti sajnani - Jai Hind College
241. Shreeya Vedak - JaiHind College
242. BHAVNA RAMCHANDANI - JAI HIND COLLEGE
243. Radhika Hablani - Jai Hind College
244. Muazzama Mohd Salim Ansari - Jai Hind college
245. Kunal Jadhav - V K Krishna Menon College
246. Rajni - Bhilai institute of technology durg
247. Archana Sreedharan - Jai Hind College
248. ODELIA REBELLO - JAI HIND COLLEGE
249. Vedika Sharma - Jai Hind college
250. Rajan Prajapati - Jai Hind College
251. TANZEELA KHANAM - JAI HIND COLLEGE
252. Palakshi Sharma - Jai Hind College
253. Abhay Ramkishor Rajak - Jai hind college
254. Budamanna gari Naga siva - Sri Ramakrishna degree college autonomous nandyal
255. Podili venkata sivaramakrishna - Sri Rama Krishna Degree college
256. Jha Shweta Ajay - Vivek college of commerce
257. Ahana Srikanth - Jai Hind College(Autonomous)
258. Rutuja Kiran Shelar - Joshi Bedekar College of Arts and Commerce
259. Nandini Mahapatra - S. M. Shetty College
260. Sana Yasin Shaikh - Bhavans College
261. Ashwini Kawtara Karsanbhai - Bhavans College
262. Sharma Sumit Girdharilal Sharma - Jai Hind College
263. Parikh Urshita Mehul - S. M. Shetty College
264. Manthan Vinayak Pai - Vivek college of commerce
265. Pawan Kumar P Bhat - Vivek College Of Commerce
266. Riddhi Giridhar Padhiyar - S. M. Shetty College
267. Tanvi Arondekar - Vk.krishana menon college



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Certificate: Poshan Pakhwada Quiz



*Dijay. Crishwarasama*

NSS Programme Officer

*John Penezes*

NSS Programme Officer

*P. S. Shetty*

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**Approval: Webinar on Awareness on HIV/AIDS**

**Department:** - Red Ribbon Club under NSS and MDACS

**Program:** AWARENESS ABOUT HIV/AIDS

**Objectives:** Awareness on HIV/AIDS, Precautionary Measures

**Need:** Orientation to Youth Fraternity, Training for NSS students to spread awareness among community members in the future

**Content:** History and Spread of the Virus, Measures to Control, Educating the Stakeholders

**Resource Person:** Mr. Umesh Subhash Ghuge, Deputy Director (IEC), MDACS

**Date:** 31st October 2020

**Time:** 3.30 pm.

**Venue:** Zoom Meeting

**Cost/Budget:** NIL / Not Applicable

**Proposed by:** Ms. Nandini Mahapatra

**Verified by:** Prof. John Menezes



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**Minutes of Meeting: Webinar on Awareness on HIV/AIDS**

There was a meeting conducted on Zoom Platform on 28<sup>th</sup> October, 2020

**Minutes of the meeting:**

- To conduct some activities for World Aids Day.
- To allot work to the leaders for the webinar.
- To work on the social media post.
- To start PR calling for maximum participation in the webinar.
- To prepare anchoring for the webinar.

**Poster & Brochure: Webinar on Awareness on HIV/AIDS**

The poster is framed in red and contains the following text:

Bunts Sangha's  
S.M.Shetty College of Science, Commerce & Management Studies, Powai, Mumbai-76  
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**NATIONAL SERVICE SCHEME**  
&  
**RED RIBBON CLUB**  
(In Collaboration with)  
**MDACS**  
*Organises*  
**An Inter-Collegiate Event**  
**Awareness on HIV/AIDS**  
**GUEST**  
**Mr. Umesh Subhash Ghuge**  
Deputy Director (IEC), MDACS  
**Join us on Zoom at 3:25pm**  
Date: 31st October, 2020  
(Open for all Departments)

**For Queries**

Ishan Salian- 9773471471	Nandini Mahapatra- 9082935318
Mahima Singh- 7506516043	Nidhi Shetty- 8108216828



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**Notice: Webinar on Awareness on HIV/AIDS**

Aids is not the problem but mindset is. ✨ ✨ ✨

Jai Hind!!!

RRC(Red Ribbon Club) and NSS Unit of Bunt's Sangha S.M Shetty College of Science Commerce and Management Studies · in collaboration with MDACS has organised an intercollegiate webinar on HIV/AIDS.

- TOPIC:- AWARENESS ABOUT HIV/AIDS
- Resource Person:-Mr Umesh Subhash Ghuge ▫ Deputy Director (IEC), MDACS
- Worked with UNICEF and Childline1097 as a project officer.
- VENUE:- Zoom
- TIME:- 3:25 pm
- DATE:- 31st October 2020

Registration Link in bio

Zoom Link will be provided in your mail I'd.

E-Certificates · will be provided to the participants.

Let us give publicity to HIV/AIDS and not hide it, because [that is] the only way to make it appear like a normal illness..

- For any further queries Contact:-
- 1. NandiniMahapatra:- 9082935318
- 2. Nidhi Shetty:- 8108216828
- 3. IshanSalian:- 9773471471
- 4. Mahima Singh:- 7506516043

Regards,

Red Ribbon Club· (RRC).



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**Report: Webinar on Awareness on HIV/AIDS**

**Event: Webinar on Awareness on HIV/AIDS.**

**Date:** 31 October, 2020

**Objective:** Awareness on HIV/AIDS, Precautionary Measures

**Highlight:** The NSS UNIT and the RED RIBBON CLUB of S. M. SHETTY COLLEGE in collaboration with MDACS organized an inter-collegiate webinar “**AWARENESS ON HIV/AIDS**” on 31st October, 2020. The guest and the speaker of the Webinar was Mr. Umesh Subhash Ghuge who is a Deputy Director (IEC), MDACS. Mr. Umesh Ghuge has also worked with UNICEF & Childline1097 as a Project Officer. He made us all aware about the seriousness of HIV & AIDS disease and how it can be transmitted from one person to another, what are the medium through which this disease can spread and also told us the ways how we can protect yourself from getting affected by this disease. He also shared some names and the contact numbers of some government hospitals and organizations who give guidance and do the HIV tests for free. At the end of the webinar, we asked all the volunteers to turn on their videos and take a pledge on the occasion of “**RASHTRIYA EKTA DIWAS**”. The webinar was a great success having 196 participants from various colleges.



A handwritten signature in blue ink that reads 'Vijay Krishnakumar'.

**NSS Programme Officer**

A handwritten signature in blue ink that reads 'John Monizes'.

**NSS Programme Officer**

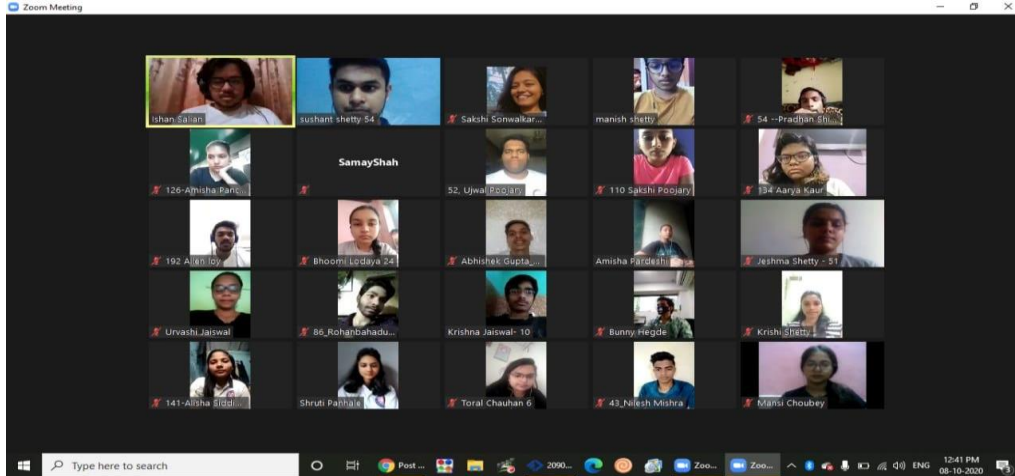


A handwritten signature in blue ink, likely of the Principal, written over the college logo.

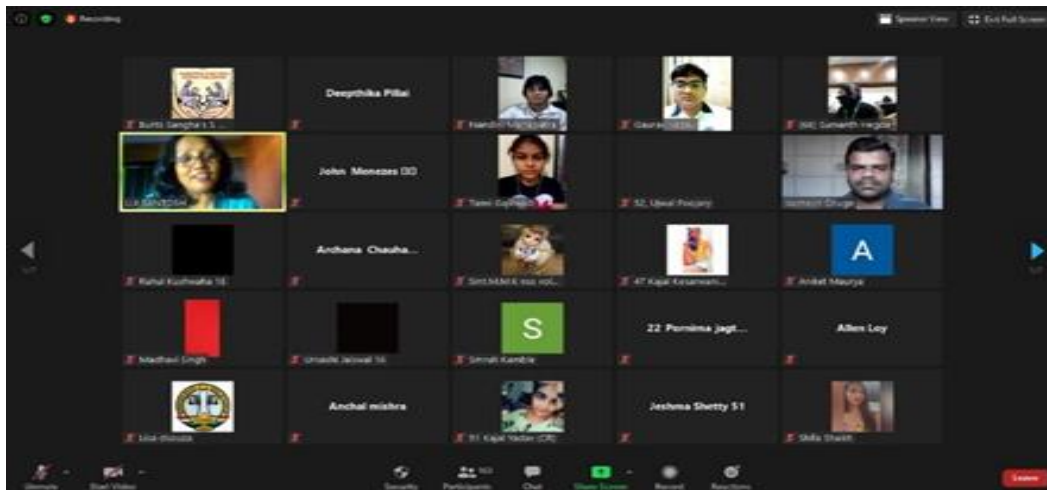
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1



*Dipay Krishnakumar*

**NSS Programme Officer**

*John Menezes*

**NSS Programme Officer**



*Pradip Shetty*  
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**Participation List: Webinar on Awareness on HIV/AIDS**

1. Ishan Salian - S. M. Shetty College, Powai
2. Madhavi Singh - S.M.Shetty College Powai
3. Rahul kushwaha - S.M.Shetty College (Powai)
4. Avani Waghela - Sm Shetty
5. Shaikh Alfiya Haroon - Sm shetty college
6. PRACHI GADA - SM SHETTY MANAGEMENT COLLEGE OF COMMERCE
7. Jijo Oommen - S.M.Shetty College , Powai.
8. Kunal Bhandari - Sm shetty college
9. Ayesha khan - S M shetty college.
10. Vijaylaxmi Ghanshyam kahar - Valia CL college of commerce
11. Ms. Megha paunikar - Sm shetty college powai
12. Shrinav Shyam - S M Shetty College
13. Beulah Sundararajan - SM Shetty College, Powai
14. Sahil ayajuddin Shaikh - Bunts sangha's S.m.shetty college of commerce science and studies mangmnet
15. Rahul ganpat magar - Smt. kg. mittal college Malad West
16. Mst.Sumanthkumar Suresh Hegde - Bunts Sangha S.M.Shetty College Powai
17. Priyanka Manoj Thorat - VPM'S Joshi-Bedekar College
18. Gaikwad Tanvi Ravindra - S.M.Shetty
19. Abhijeet Digambar Patil - S.M. Shetty College
20. Manish shetty - S.M.SHETTY COLLEGE
21. Shivam sanjay upadhyay - Sm shetty college
22. Ms. Sulata Bhagwan Panigrahi - Bunts Sangha's S M Shetty college Powai
23. Asha keshav chauhan - Sm shetty
24. Shruti Pal - Sm shetty college
25. Neelaman Allen Loy - S.M Shetty Powai
26. Priya Yadav - SM Shetty College
27. Archana chauhan - Sm Shetty college
28. Sushant R. Shetty - Bunts Sangha's S.M.Shetty College
29. JHA ABHILASHA SUSHIL - Nirmala College of commerce
30. Vismay Surendra Patil - Thakur college of science and commerce
31. Samay Shah - Sm Shetty



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32. Divya . Racharla - S.M. shetty college powai
33. nikita shetty - sm shetty powai
34. Jeshma Mahesh Shetty - SM Shetty college Powai
35. Vaishnavi sanjay wagh - Joshi bedekar college , thane
36. Mahadik dhiraj - Bunts sunghas sm shetty
37. Radhika jayesh manjrekar - S.M.shetty
38. ANJALI MAURYA - Valia C.L. college of commerce
39. Asmita Arun Kate - Sm shetty
40. Vandana kadeprasad kanojiya - Sm shetty collage pawai
41. Sakshi Poojary - Bunts Sangha S.M Shetty College powai
42. JAISWAL DAKSHITA NITESH - SM Shetty college
43. Nafees Ahmed Ansari - S.M.Shetty College
44. Nilesh Jaykant Mishra - S M SHETTY COLLEGE
45. Aman Vikash Surana - Sm shetty
46. SINGH SHIVANJALI SANTOSH - S.M.SHETTY
47. Jagtap Pornima Shankar - Bunt Sangha's S M Shetty College of Science Commerce and Management Studies
48. Mukul jain - Ghanshyamdas saraf College
49. URVASHI JAISWAL - S M SHETTY COLLEGE
50. Lisa John Dsouza - Bunts sanghas sm shetty college
51. Sameer Shah - SM shetty College Powai
52. Akshata Shengal - V.K.Krishna Menon College
53. Kodakanti Bhavana Shrinvas - S.M.Shetty College Powai
54. ujwal poojary - SM SHETTY DEGREE COLLEGE POWAI
55. Snehal Rai - S. M. Shetty College
56. Alisha Siddiqui - Bunt's Sangha,SM shetty college of science, commerce and management studies,powai
57. AARTI PARSURAM KAVANDAR - Valia college
58. Dimple Babulal Choudhary - Ghanshamdas Saraf College
59. Preet jitendra tunge - Preet tunge
60. Sonu rajkumar mahto - sm shetty
61. Ms. Roopali Shetty - S M Shetty College
62. Simran Sao - Bhilai institute of technology,durg
63. Singh Tannu Akhilesh - Nirmala Memorial Foundation
64. Anurag Kumar Singh - Sm Shetty Science and Commerce College
65. Dheeraj Gajanan patil - Joshi bedekar college of commerce thane



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66. Anuja gajinkar - Bunts sangha's S.M.Shetty college of science commerce and management studies
67. Mishra Anchal Ganga Prasad - S.M.Shetty college
68. Deepthika Monic Kumar Pillai - S.M.Shetty College,Powai
69. Gaurav Ramsakal Yadav - Bunt Sangha's S.M.Shetty College of Science,Commerce and Management Studies
70. Pallath abinandh surendran - V. K. Krishna menon college
71. Krishna Jaiswal - S.M.SHETTY COLLEGE
72. Sonali Sunil Ghadi - SMT.K.G.Mittal College of Arts and Commerce Malad ( West)Mumbai
73. AMIT NAGENDRA SHUKLA - S m shetty collage of science commerce and management studies
74. smruti bhalerao - s m shetty
75. Aarti Thakur - Sm Shetty college
76. Yadav Kajal Rambhajan - Valia college of arts and commerce
77. Miss Sharma Esha Suneet Rai - Valia college of arts and commerce
78. Ajit kumar yadav - Valia college of commerce and arts
79. Gupta Ramkumar ramesh chandra madhuri - Smt.M.M.K college of commerce and economic
80. Sagar shetty - Sm SHETTY collage of science commerce and management studies powai
81. minal salvi - Chetanas Hazarimal Somani College Of Commerce & Economics and Chetana's Institute of Management & Research
82. Mr. Zeshan Khan - Ghanshyamdassaraf college of arts and commerce
83. Ms. CHOUBEY MANSI SANTOSH - BUNT'S SANGHA'S S M SHETTY COLLEGE
84. Mr sushil kumar. H. Maurya - Nirmla memorial clg of commerce and science malad east
85. Mr. Abhishek Rajkishor Gupta - S m shetty college
86. Shikalgar Mohsina Mohd Hanif - Chetna h.s. college
87. Ms.Swati Shetty - SM.Shetty College,Powai.
88. Swaroop Vijaykumar Nair - Vk Krishna menon college
89. Krupali mota - Valia cl college
90. Ms. Mona Patel - Bhilai institute of technology ,Durg
91. PARAB SHUBHAM ANANT - CHETANA'S COLLEGE
92. Muskan Sanjay Singh - C L valia college of commerce and arts
93. Nafisa Riyaz Ansari - Valia C. L. College of Commerce
94. Kashish kirti - Valia C.L college
95. Smruti Sunil kamble - Chetana college



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Email: college@smsheettyinstitute.org

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**ISO 21001:2018 Certified**

96. yadav kirti avadh bhihari - sms sheety college
97. Nidhi Shetty - Bunts Sangha's SM Shetty College
98. Shruti Sanjay Lotankar - Nirmala College, Malad (East)
99. Sahu Sriyakumari Sunil - SM Shetty College
100. Dipti Shetty - Bunts Sangha's S. M. Shetty College of College.
101. Austin Fernandes - S.M.shetty
102. Nehal Nilesh Satre - SM Shetty College
103. Kanojiya Aviral Akhilesh - Ghanshyamdas saraf college
104. Mrinali Anchan - S M Shetty College of Science Commerce and Management Studies.
105. Toral chauhan - Sm sheety
106. Yadav bhakti bharaat - S.M.shetty college
107. Sharma Bhoomi Shyamsundar - Nirmala college of commerce
108. SAH SAURABH PRAMOD - Valia C.L. College of Commerce
109. Tejas Menon - V K Krishna Menon College
110. Bhavya Karkera - Bunts Sanga SM Shetty College of Science, Commerce and Management studies
111. Archana Laxmikant Yadav - Smt.k.g.mittal college of arts and commerce
112. Jyoti Upadhyay - S.M shetty college
113. Shilpa Santram Chaurasiya - Smt.kg.mittal college
114. Sanam Aslam khan - Nirmala Memorial foundation college
115. Ruchika jaiswal - Ghanshyamdas saraf college
116. Amisha Mukesh Panchal - Bunts Sanghas Smsheetty College of Science commerce and management studies
117. Sejal Jadhav - V.K.KRISHNA MENON college
118. Ujjwal Santosh Singh - S. M. Shetty College
119. Gopal Ramnarayan Baranwal - Valia Chhaganlal Laljibhai College Of Commerce
120. Sushant R. Shetty - Bunts Sangha's S.M.Shetty College
121. Sairaj Shetty - sm shetty college of science commerce and management studies
122. KAMBLE BHAKTI SANTOSH - VALIA COLLEGE OF ARTS,COMMERCE and SCIENCE.
123. Isha Jangid - Ghanshyamdas Saraf College of Arts & Commerce
124. Tanya Ravindranath Singh - Sm shetty college
125. Miss. Aadika Devade - Valia C.L. College of Commerce
126. Ratnakar Singh - S.M.Shetty College



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127. Ms. Shruti Panhale - S.M Shetty College Powai
128. Siddhant Hemraj Jayraj - Hazarimal Somani Chetanas Commerce And  
Economics College Bandra (E)
129. Lodaya Bhoomi Bhavesh - S.m.shetty institute of powai
130. Dipali Chhatri - Chetan college
131. Kazi Aasama Sayad - Valia
132. Aditya Jogdand - S.M. Shetty degree college Powai
133. RATHVA KANUBHAI PRABHUBHAI - SHRI M C RATHAWA ARTS AND  
SCIENCE COLLEGE PAVI JETPUR
134. Nakshatra Suhas Bhagat - Valia C.LC college
135. Yadav Shruti Ashok - Nirmala College of Commerce
136. Aman sunil singh - Nirmala Memorial foundation college of commerce
137. Nimish shetye - Chetan college
138. Mr. Rohanbahadur singh - S.M Shetty College
139. Dipesh Negi - Valia College of Commerce
140. Aarya Kaur - Bunt's Sangha S M shetty college
141. Àaliya shaikh - Cosmopolitan valia college
142. Moolya Keerthi Madhukar - C.L.Valia college
143. Shrutika Ganpat Dhavle - Nirmala memorial Foundation
144. Aditya Suresh Tiwari - Bunts Sangha's sm Shetty college
145. Fathima mehrin umar - Valia college
146. Niket Santosh Pawar - Nirmala college Malad (East)
147. Shivani Gupta - Chetana H.S. College of Commerce & Economic
148. Ankit Panchal - K. P. B. Hinduja college of commerce
149. Akash Ganpat Kamble - Chetana's Hazarimal Somani College
150. Kanishka jain - Sm shetty
151. Krishnadev Yadav - Nirmala College
152. SHAIKH SHIFA JAMALUDDIN - Chetana H.S college of commerce and  
economics bandra east
153. Rai Ankur vinod - Nirmala memorial college
154. Gauri Balshiram Deshmukh - Valia C.L College Of Commerce
155. Sushanth loka - Chetana college
156. Pradyum Singh - Nirmala Memorial foundation College of commerce Malad  
East
157. Aishwarya Rajendra Jangam - Valia C.L College of Commerce Andheri (W)
158. Sanjog Anant More - Nirmala Memorial college of scince and commerce.



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159. Samiksha Rath - -  
160. Angel anthony kalloothra - Valia C. L College  
161. SAYALI SANTOSH LAD - CHETANA  
162. Vandana kadeprasad Kanojiya - Sm Shetty college pawai  
163. Nitesh singh - Chetana college  
164. Namrata kishor Khade - Valia C. L college of Commerce  
165. Miss Daljit kaur kaller - Valia C.L. college of commerce  
166. Aashiya Ismail Qureshi - Valia college of arts and commerce  
167. Divya Ravindra Pitale - Prakash College  
168. Pimpalkar Pratik Deepak - Valia C.L. College Of Commerce  
169. Me. Pradeep H. Tawade - NSS College of Commerce & Economics Tardeo  
Mumbai-34  
170. Nandini Mahapatra - Bunts Sangha's S.M Shetty College  
171. Kalal sosanlal kesarwani - Cosmopolitan valia C.L. collage  
172. Tanu Satyaveer singh - Vallia college  
173. Miss Komal Dattu Chaudhari - Valia college of science and commerce  
174. Aakansha gupta - v.k krishna menon clg  
175. RATHVA SATILABEN PRABHUBHAI - PATEL GROUP OF  
INSTITUTIONS MEHSANA  
176. Khan rafiya Abdul mabood - Hazarimal Somani Chetanas Commerce And  
Economics College Bandra E  
177. Ashwini uppalaiah gunda - Chetna collage  
178. Kunal Dhariwal - Valia C.L.COLEGE of Commerce  
179. Mamta Mahapatra - -  
180. Chirag Prabhakar Ghanekar - Valia C.L College of Commerce  
181. UPASNA NANDLAL GUPTA - Valia CL college  
182. Gupta Rishikesh Dashrath - Valia C.L College of Commerce  
183. Vinayak sudhir shah - Cosmopolitan valia college of arts and commerce  
184. Manali baban jadhav - Nirmala memorial foundation  
185. SB Mahapatra -  
186. KANNIKA KANNIVEL NADAR - VALIA COLLEGE OF ARTS,  
COMMERCE AND SCIENCE  
187. Yadav Nilesh Kumar Ram pati - Smt. K. G. Mittal college of arts and commerce  
188. Shraddha Sanjay Bhosle - Valia College of Commerce  
189. Sandhya bupal bhandari - Valia College  
190. Singh Vaishnavi Sanjay - Valia college of arts and commerce



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191. Khushi Lad - Nirmala College
192. Sahil Tanaji Kesare - Valia College
193. Shravan Shetty - Sm Shetty
194. Manish patwa - Smt kg Mittal College
195. DIKSHA KAMBLE - Valia C L college of commerce
196. MANALI DATTARAM SAWANT - Chetana college -



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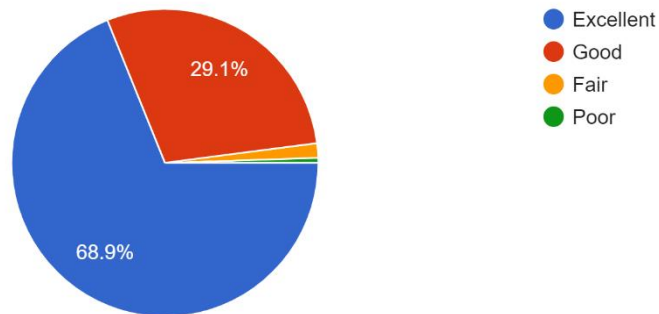
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**Feedback Analysis: Webinar on Awareness on HIV/AIDS**

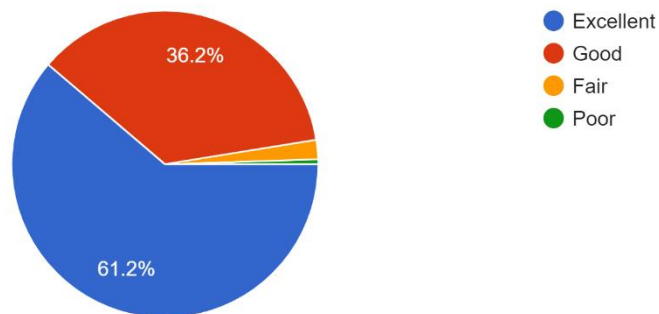
How do you rate the theme of the webinar?

196 responses



How did you find the content of the session

196 responses



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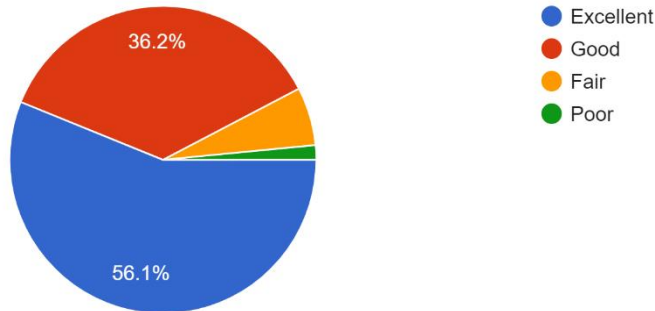
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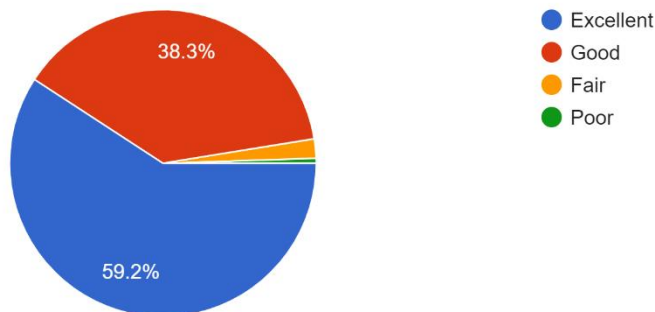
How do you rate the time management of the webinar?

196 responses



Overall Impression after attending the session

196 responses



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**Action Taken: Webinar on Awareness on HIV/AIDS**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
Date: 31st October 2020	<ul style="list-style-type: none"><li>• Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>• All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



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Certificate Sample: Webinar on Awareness on HIV/AIDS





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**Approval Form: Paper Bag Making**

**Department:** NSS Unit.

**Program:** Paper Bag Making

**Objectives:** To make people use paper bag instead of plastic bag

**Need:** It is important for people to switch from plastic bags to paper bags

**Content:** This is an Intra-colligate activity.

**Judge:** NA

**Date:** 30<sup>th</sup> March, 2021

**Cost/Budget:** NA.

**Proposed by:** Ms. Deepthika Pillai

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**Minutes of the meeting: Paper Bag Making**

There was a meeting held on Zoom Platform on 28<sup>th</sup> March, 2021

**Minutes of the meeting:**

- Discussed about upcoming event.
- Finalized to organize a paper bag making activity
- Finalized the poster for paper bag making
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to the volunteers.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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**Poster/Brochure: Paper Bag Making**



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Affiliated to University of Mumbai  
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## NATIONAL SERVICE SCHEME

Presents  
An Intra-collegiate Event

# PAPER BAG MAKING

The one who've made maximum number of  
paper bags will be considered as the winner.

**Last Date of Submission is  
29th March, 2021  
Till 12:00am**

**E-Certificates will be provided**

**Results will be declared on 30th March, 2021**

For any queries

Snehal Rai- 9082362400	Deepthika Pillai- 9004961914
Ishan Salian- 9773471471	Sushant Shetty- 7738813869



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**Notice (WhatsApp Message): Paper Bag Making**

If you are 'Fantastic' then do something 'Drastic' to cut the 'Plastic', use 'Paper Bags'

Hello Everyone! 🙋♀️📧

The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies is organizing a Paper Bag Making Competition 🏆

Things you need to do:-

1. Participants have to make paper bags and keep them to their self.
2. Maximum Number of bag from participants will be considered as the Winner.
3. Winnner will be provided One Hour in their diary for this activity.
4. Send us the picture and video through the Google form link given below👉\_

[\\_https://docs.google.com/forms/d/e/1FAIpQLSf4YIsIVQKqxnT6sNf64amcOoe4-xmDFikOu8QLXP5XWFYTTQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSf4YIsIVQKqxnT6sNf64amcOoe4-xmDFikOu8QLXP5XWFYTTQ/viewform?usp=sf_link)

Note:-

The given Google link will be open till 11pm on 29th March, 2021

You can refer to this video for making paper bags yourself👉👉

<https://youtu.be/M0yZwfiNuUI>

Results will be declared on 30th March, 2021.

E-certificate will be provided to all the Participants & Winners

For any queries feel free to contact

Snehal Rai – 9082362400      Ishan Salian - 9773471471

Deepthika Pillai – 9004961914      Sushant Shetty- 7738813869



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Criterion 3 - Research, Innovations and Extension

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**Report: Paper Bag Making**

**Event: Paper Bag Making.**

**Date:** 30<sup>th</sup> March, 2021.

**Highlight:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai organised an Intra-collegiate Paper Bag Making Competition on 29<sup>th</sup> March, 2021. The volunteers were asked to make Paper Bags and send pictures and a small 10 seconds video while making them. There were 18 volunteers who participated in the competition from different department of our College. The Winners of the Competition are:

1<sup>st</sup> Prize:

1. Vandana Kanojiya (FYBBI) with 120 paper bags
2. Sriyakumari Sahu (FYBSC-IT) with 120 paper bags

2<sup>nd</sup> Prize:

1. Krishna Jaiswal (FYBAF) with 100 paper bags

3<sup>rd</sup> Prize:

1. Priti Sharma (SYBCOM) with 62 paper bags.



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Criterion 3 - Research, Innovations and Extension



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**Paper Bag Making Competition**

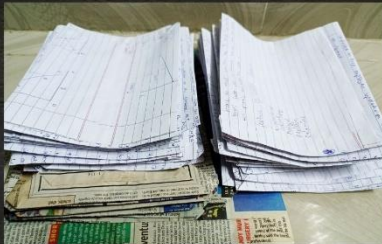
*1st Prize*



Kanojiya Vandana kadeprasad  
Class-FYBBI  
(120 Paper Bags)

**Paper Bag Making Competition**

*2nd Prize*



Krishna Jaiswal  
Class-FYBAF  
(100 Paper Bags)

**Paper Bag Making Competition**

*1st Prize*



Sahu Sriyakumari Sunil  
Class-FYBSIT  
(120 Paper Bags)

**Paper Bag Making Competition**

*3rd Prize*



Priti Sharma  
Class-SYBCOM  
(62 Paper Bags)



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**Participant List: Paper Bag Making**

1. Singh shivanjali santosh
2. Sagar Shetty
3. Radhika Jayesh Manjrekar
4. Anuja gajinkar
5. Kanojiya Vandana kadeprasad
6. Sahu Sriyakumari Sunil
7. Krishna jaiswal
8. Samay Shah
9. Nehal Satre
10. Priya yadav
11. Sakshi Poojary
12. Archana Chauhan
13. Pritisharma
14. Sonu rajkumar mahto
15. Dhiraj Santosh Mahadik
16. Sulata Panigrahi



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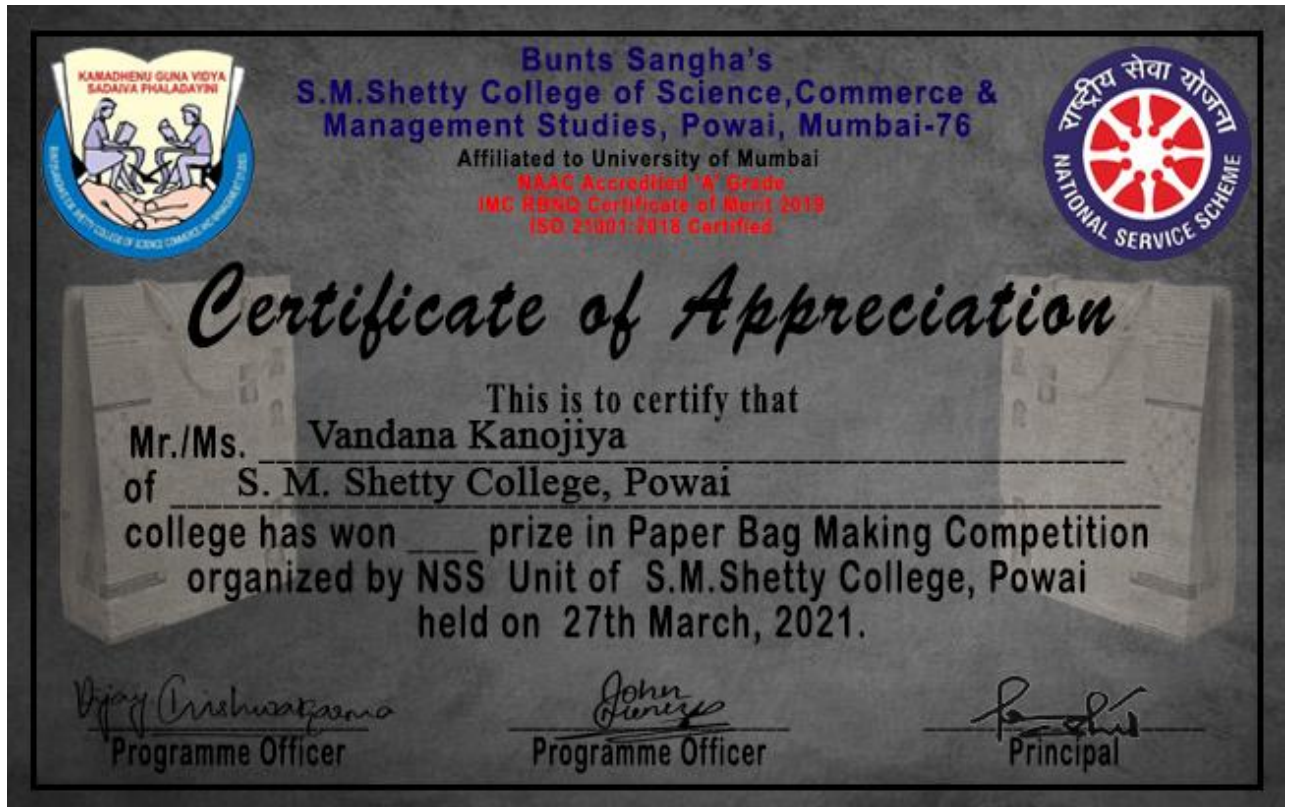
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**Certificate: Paper Bag Making**



  
Vijay Krishnaswama

**NSS Programme Officer**

  
John Jenezy

**NSS Programme Officer**

  
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**Approval Form: "Webinar on Malnutrition & Obesity Management"**

**Department:** NSS Unit.

**Program:** A National Level Webinar on Malnutrition & Obesity Management

**Objectives:** Awareness is important about Malnutrition & Obesity Management.

**Need:** To make people aware about how to keep themselves healthy in a good way.

**Content:** This was a National Level Webinar

**Resource Person:** Dr. Sharayu Rajwade Kshirsagar

**Judge:** NA

**Date:** 27<sup>th</sup> March, 2021

**Cost/Budget:** NA.

**Proposed by:** Ms. Deepthika Pillai & Ms. Snehal Rai

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**Minutes of the meeting: "Webinar on Malnutrition & Obesity Management"**

There was a meeting held on Zoom Platform on 25<sup>th</sup> March 2021

**Minutes of the meeting:**

- Discussed about an upcoming event on Poshan Pakhwada.
- Finalized to organize a National Level Webinar.
- Finalized the topic of the webinar "Malnutrition & Obesity Management".
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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Tel. 022-6132 7352  
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Poster/Brochure: "Webinar on Malnutrition & Obesity Management"



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# NATIONAL SERVICE SCHEME

Presents  
A National Webinar  
Topic: Malnutrition & Obesity  
Management



Guided by  
*Dr. Sharayu Rajwade Kohirsagar*  
Homoeopathic Family Doctor  
Founder at Dr.Sharayu's  
B.H.M.S(Pune)  
P.G. Diploma in Wellness &  
Cosmetology, Certified COVID  
Warrior

**Join us on Zoom**

Date: 27th March, 2021 Timing: 4pm to 5pm  
**E-Certificates will be provided**

For any queries

Snehal Rai- 9082362400	Deepthika Pillai- 9004961914
Ishan Salian- 9773471471	Sushant Shetty- 7738813869

*Dijay Crishwazama*

NSS Programme Officer

*John Pereira*

NSS Programme Officer



*Principal*  
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**Notice (WhatsApp Message): "Malnutrition & Obesity Management"**

Malnutrition can be as common in poverty as in wealth, one for the lack of food, the other for the lack of knowledge of food

By eating many fruits and vegetables in place of fast food and junk food, people could avoid obesity

Jai Hind ....

Hello Fellas.....

The NSS Unit of Bunts Sangha's SM Shetty College of Science, Commerce and Management Studies, Powai is organizing

A National level Webinar on

Malnutrition and Obesity Management

On the occasion of Poshan Pakhwada and Under Fit India Movement. ✨

Guest of Honour :- Dr. Sharayu Rajwade Kshirsagar

Founder at Dr. Sharayu's

B.H.M.S (Pune)

P.G. Diploma in Wellness and Cosmetology, Certified COVID warrior.

E-Certificates · will be provided to the participants.

Registration link ·

[https://docs.google.com/forms/d/e/1FAIpQLSckfoi1zoX5H2\\_g4XboFxuvAtxchmCXf8Ba0kJHz\\_pXIeWP9A/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSckfoi1zoX5H2_g4XboFxuvAtxchmCXf8Ba0kJHz_pXIeWP9A/viewform?usp=sf_link)



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▪ To be noted

·Date· - 27/03/2021

·Time-- 4:00 Pm

· Venue- Zoom

▪ Also follow our other social media handles

▪ Our Instagram page :-

[https://instagram.com/shettyynssunit\\_b46?igshid=oahwycsldum](https://instagram.com/shettyynssunit_b46?igshid=oahwycsldum)

▪ Facebook page :-

<https://www.facebook.com/smshettyynss/>

▪ YouTube Channel :-

[https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

□For any further queries WhatsApp :-

Snehal Rai - 9082362400

Ishan Salian - 9773471471

Deepthika Pillai - 9004961914

Sushant Shetty - 7738813869

Regards,

NSS UNIT



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**Report: "Webinar on Malnutrition & Obesity Management"**

**Event: "Malnutrition & Obesity Management Webinar"**

**Date:** 27<sup>th</sup> March, 2021.

**Highlights:** The Health Club and NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai had organized a National Level webinar on "Malnutrition and Obesity Management on the occasion Poshan Pakhwada under Fit India Movement on 27<sup>th</sup> March, 2021. The Resource Person for the webinar was Dr. Sharayu Rajwade Kshirsagar.

The webinar commenced with the Welcoming of our Resource Person, Principal & Vice-principal, Programme Officers and Teacher In-charges of NSS and the participants from various fields and colleges introduced by our NSS Volunteer Mr. Vaishnavi Gaikwad. It was further continued by the Introduction of our Resource Person Dr. Sharayu Rajwade Kshirsagar Ma'am. Later the Resource person started with this session where she explained us what nutrition are important for the body; how can we gain those nutrients from our food on daily basis. She also explained about Malnutrition and how can we manage our diet to achieve stability in mental and body health. The Webinar was further Continued by Q & A session where Dr. Sharayu Rajwade Kshirsagar Ma'am cleared all the doubts of the participants.

The webinar ended with the Vote of Thanks by our NSS Volunteer Ms. Ayesha Khan. There were around 173 participants in the webinar.



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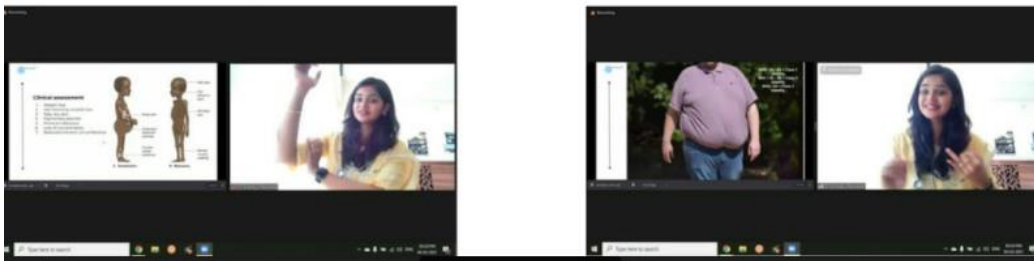
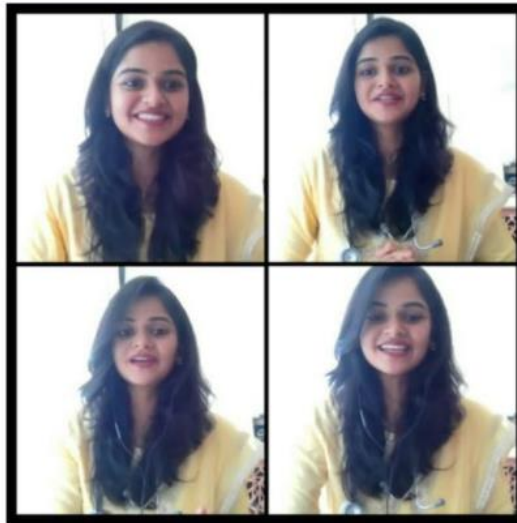
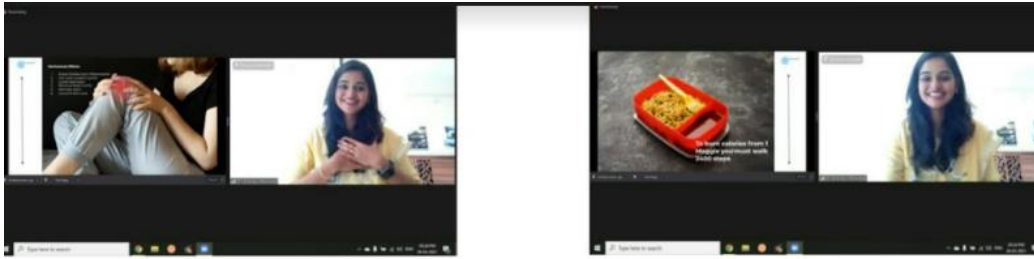


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*Dijay. Krishnarajama*

**NSS Programme Officer**

*John Dierkes*

**NSS Programme Officer**

  
*Principal*  
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**Participant List: "Webinar on Malnutrition & Obesity Management"**

Name	College Name
1. Pratik Prabhakar Suvarna	S.M.Shetty College
2. Aarya Kaur	S.M.Shetty College
3. Toral Chauhan	S.M.Shetty College
4. Priya Yadav	S.M.Shetty College
5. Ratnakar Singh	S.M.Shetty College
6. Samay Shah	S.M.Shetty College
7. Ashwini Patkar	V.K.Krishna Menon College
8. Nidhi Shetty	S.M.Shetty College
9. Shubhangi jain	S.M.Shetty College
10. Sagar Shetty	S.M.Shetty College
11. Lodaya Bhoomi Bhavesh	VK Krishna Menon
12. Yogendra pandey	S.M.Shetty College
13. Neelaman Allen Loy	ST. JOHN'S COLLEGE
14. ISHIKA AGARWAL	S.M.Shetty College
15. Riya Kittikal	JVM's Degree College,Airoli
16. Neha Agarwal	SIES
17. Pooja Jain	S.M.Shetty College
18. Deepthika Monic Kumar Pillai	S.M.Shetty College
19. Nehal Nilesh Satre	RAIT
20. Jay Nilesh Doshi	SIES
21. Devadarssini Ajith	Sri Ramakrishna Degree college Nandyal
22. Durgani kiran	Bhavan's college
23. SHAIKH AMAAN ISAQUE	SIES
24. Vedant Nagesh Yadav	Vivek college of commerce
25. DIVYANSHI MISHRA	BHAVANS HAZARIMAL SOMANI COLLEGE
26. GUPTA SWATI RAJESH	S.M.Shetty College
27. Kodakanti Bhavana Shrinivas	Menon college bhandup
28. Soham Joshi	S.M.Shetty College
	Government College, Birohar( Jhajjar)



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29. Achary Rakshita Murthy	SIES
30. Dr Surender Singh	Sies College of arts science and commerce(autonomous)
31. RUDRA PATRA	Joshi Bedekar College
32. Vaishali Jaiswal	S.M.Shetty College
33. Raj Sanjay Polekar	S.M.Shetty College
34. Dhiraj Santosh Mahadik	S.M.Shetty College
35. Nandini Mahapatra	Sanskardhaam
36. Gupta Abhishek rajkishor	S.M.Shetty College
37. Ashwini rajesh Gupta	S.M.Shetty College
38. Beulah Sundararajan	S.M.Shetty College
39. Anuja gajinkar	Army Institute of Education Greater Noida
40. Yogendra Vishwakarma	S.M.Shetty College
41. Pratibha Garg	S.M.Shetty College
42. Abhijeet Digambar Patil	S.M.Shetty College
43. Shrinav Shyam	SIES
44. Asha keshav chauhan	SIES
45. Vidhi Thakur	S.M.Shetty College
46. Shailesh Gaud	S.M.Shetty College
47. Kanojiya Vandana kadeprasad	S.M.Shetty College
48. Harsh hemant jadhav	S.M.Shetty College
49. Priti Ramchandra Kushwaha	S.M.Shetty College
50. Megha paunikar	S.M.Shetty College
51. Kalpana Rai Menon	S.M.Shetty College
52. Anchal Mishra	S.M.Shetty College
53. Anagha Milind Tawde	S.M.Shetty College
54. Angelica Chavan	Bhavans Hazarimal Somani college
55. Roshani baldeen chauhan	Vivek college of commerce
56. Swati Vasant Shetty	S.M.Shetty College
57. Nilesh Manoj Gupta	SIES
58. Pallavi kamble	S.M.Shetty College
59. Krishna jaiswal	SIES COLLEGE OF ARTS SCIENCE AND COMMERCE
60. Renuka Durai Swamy Mudaliar	Shri Bhagubhai Mafatlal Polytechnic
61. Sahu Sriyakumari Sunil	S.M.Shetty College

*Dijay Krishnarajama*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**

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62. Christopher Richarr	Vivek College of commerce
63. Hardik Hemant Panchal	SIES
64. Sakshi Poojary	SIES
65. Sadhana santosh Gupta	SIES
66. Shivani Shivkumar Dahiwelkar	SIES COLLEGE OF ARTS SCIENCE AND COMMERCE
67. Moksha Kandpal	Bhavans College Andheri
68. Nirmiti Kailas Tanpure	SIES
69. Thevar Sumitra Kulantai Pandi	S.M.Shetty College
70. KAVITA PUJARI	VPM'S JOSHI-BEDEKAR COLLEGE THANE
71. Athira Muralidharan Pillai	SIES
72. Radhika Jayesh Manjrekar	Vivek College of Commerce
73. Miss. Samidha Madhukar Patil.	S.M.Shetty College
74. Kallingal Suraj Manikandan	RJ College
75. Sowmya Sriram	S.M.Shetty College
76. Sulata Panigrahi	S.M.Shetty College
77. Swati Asray kawat	Vivek college of commerce
78. Poojary divya laxman	K.V. PENDHARKAR COLLEGE
79. Ayesha khan	Bhavans hazarimal Somani College
80. Anamika yashwant shah	Vivek College of Commerce
81. SANGITA SHENOY	SIES
82. Shalini Rajkumar Saroj	sies college autonomous sion (w)
83. Yash Bhushan Ujgaonkar	S.M.Shetty College
84. Makardhwaj Rajendra Narkar	SIES
85. ankita singh	SIES
86. Khatri Krishna HomBahadur	TEC nerul
87. Misba Idrisi	V.K Krishna Menon College
88. SONI PRATIKSHA SUNILDUTT	S.M.Shetty College
89. Anthony Sofiya Jackson	N.G Acharya dk marathe college
90. Gopal Deeparam Chandora	K. G. Joshi bedekar College of arts and Commerce Thane
91. Tejas Menon	S.M.Shetty College
92. Pal bipin ramchandra	Ramrao adhik institute of technology
93. Neha Mahendra dhende	S.M.Shetty College
94. HEMA SURESH PATIL	MMK and SDM MMV, Mysore

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96. Harsh Subhash Meshram	THAKUR COLLEGE OF SCIENCE AND COMMERCE
97. Urvashi jaiswal	Vivek college of commerce
98. DIVYASHREE. M. H	BHAVANS COLLEGE
99. Srishti Vishwakarma.	S.M.Shetty College
100. DURGESH MANISH RANADIVE	S.M.Shetty College
101. Simran vaghela	S.M.Shetty College
102. Ratnesh Sarjerao Mane	Ramrao Adik Institute of Technology, Nerul
103. Archana Chauhan	S.M.Shetty College
104. Khan Adeel	Sharadrao Pawar Arts Commerce College
105. Ritu Prajapati	Gadchandur Bhavans
106. Aditi Jagdish Karande	S.M.Shetty College
107. Ananya Gupta	Mogaveera Vyavasthapaka Mandali College (MVM)
108. Dr. Sunil Bidwaik	SIES College of Arts, Science and Commerce (Autonomous)
109. Vagmivadhaiya02@gmail.com	SIES
110. ASHISH NAVIK	Mumbai University
111. Fiona Narayanan	BHAVAN'S H.S. COLLEGE, CHOWPATTY.
112. Tejasvi Parab	RIZVI COLLEGE OF ARTS, SCIENCE AND COMMERCE
113. Sundar Gajengi	S.M.Shetty College
114. Arshin ayajuddin Shaikh	Niranjana Majithia clg of commerce and science
115. GHADIGAONKAR VAISHNAVI DATTARAM	Kandivali
116. MULLA MUSAVIR	Sk.somaiya degree college of arts,science and commerce.
117. vaishali singh	Sies college of arts commerce and science
118. Manish d yadav	Sies asc college sion
119. Manisha Radheshyam Sahani	S.M.Shetty College
120. Shatakshi Jaiswal	SIES
121. Rohit dahije	S.M.Shetty College
122. Bhandari	K.k.w college pimpalgaon baswant
123. Chandana Rajeswaran Nair	Vivek College Of Commerce
124. Ishan Salian	Vivek college of commerce
125. Rutika sahebrao gangurde	N. G. Acharya and D. K. Marathe College
126. Mohan Avdhesh Gupta	SIES

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128.	Srishti Pravin Pagare	Ramakrishna degree College autonomous
129.	Harshata Wadkar	Nandyal
130.	KHARADE SAMARTH DHANAJI	S.M.Shetty College
131.	Bandapalli sridhar naidu	S.M.Shetty College
132.	RISHA GULZAR SHAIKH	SIES
133.	Mane Komal Vilas	S.M.Shetty College
134.	ASHUTOSH RAI	SIES
135.	Upadhyay shivam	K M Agrawal College
136.	SAI GOUNDER	SIES COLLEGE
137.	Ritik Behal	Goa University
138.	RAMKUMAR ARUMUGAM	Vivek college of commerce
	VALLUVAR	
139.	Ms. Sweta Santosh Thakkarkar	
140.	Swati Tribhuvan Mishra	

**Certificate Sample Copy: "Webinar on Malnutrition & Obesity Management"**

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Participation



*Vijay Krishnakarma*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**

*[Signature]*  
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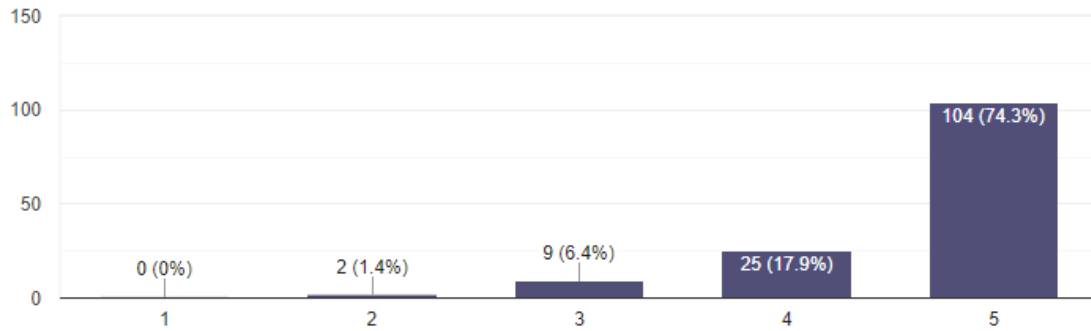
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**Feedback Analysis: "Webinar on Malnutrition & Obesity Management"**

How informative was the session?



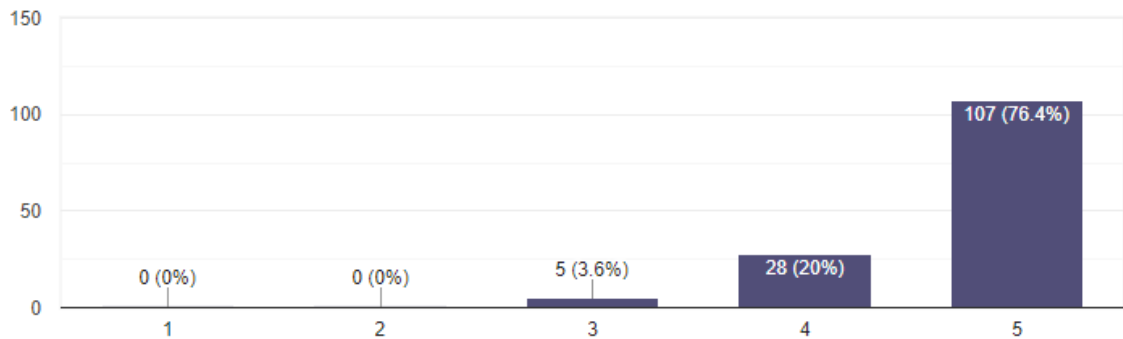
140 responses



How satisfied are you with the session's content?



140 responses



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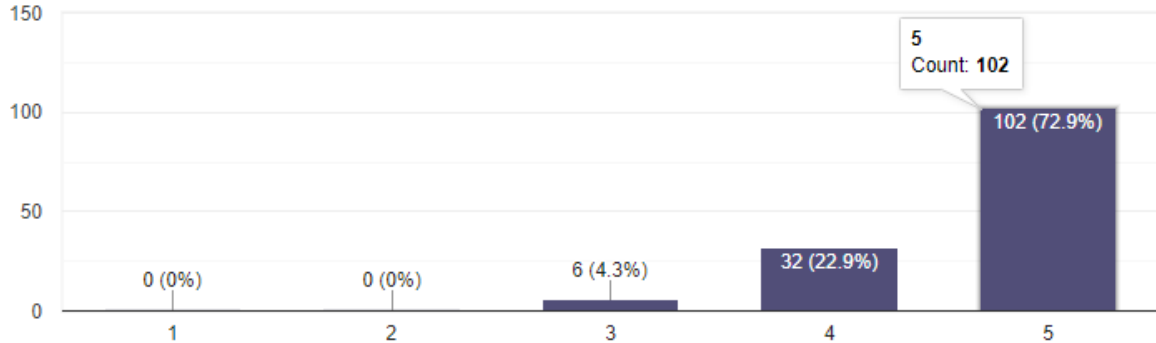
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How relevant and helpful do you think the session was?



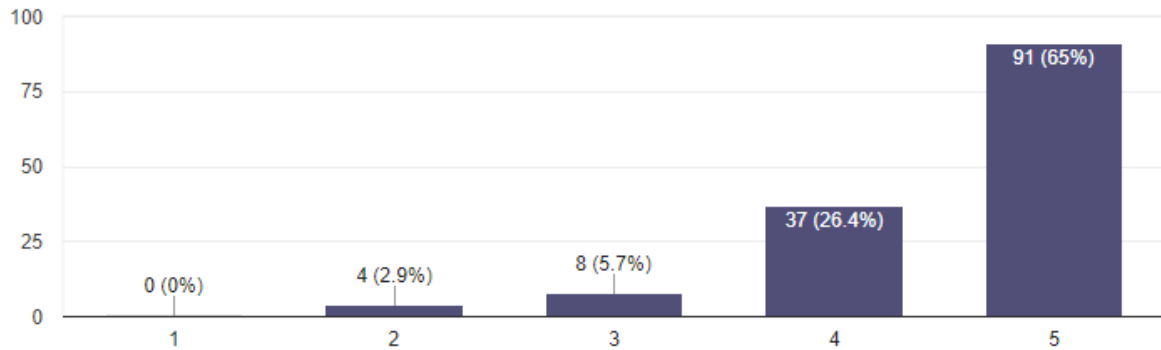
140 responses



How satisfied are you with the technical aspects of online platform?



140 responses



*Dijay Crishwarajama*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**



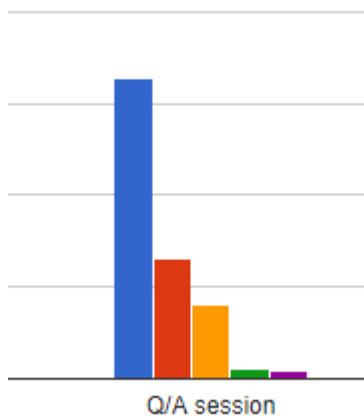
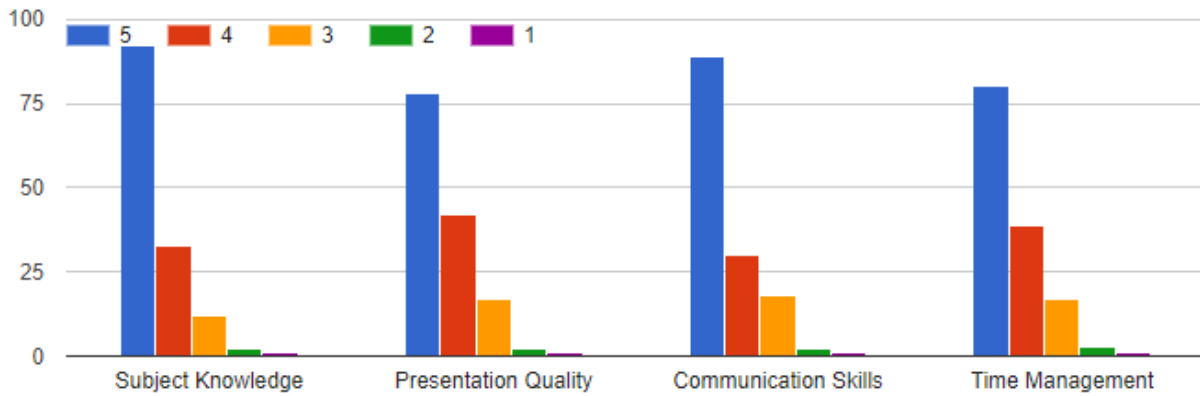
*[Signature]*  
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How satisfied were you with the key note of speaker?



*Dijay Krishnarajama*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**


  
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**Action Taken: "Webinar on Malnutrition & Obesity Management"**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
Date: 27 <sup>th</sup> March, 2021	<ul style="list-style-type: none"><li>• Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>• All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



**NSS Programme Officer**



**NSS Programme Officer**



**PRINCIPAL**  
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Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
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**Approval Form: "Maharashtrian Attire Day"**

**Department:** NSS Unit.

**Program:** Maharashtrian Attire Day

**Objectives:** To recognise and honour the greatness of Maharashtrian Attire and culture.

**Need:** To make the Maharashtrian youth aware about their culture, traditions and traditional attire and also make other people aware about one of the beautiful cultures and tradition of our country i.e., Maharashtrian.

**Content:** This was an Inter-collegiate "Maharashtrian Attire Day" activity on the occasion of Marathi Bhasha Divas, where the participants were asked to wear Maharashtrian Outfit.

**Judge:** NA.

**Date:** 27<sup>th</sup> February, 2021

**Cost/Budget:** NA.

**Proposed by:** Mr. Shrinav Shyam & Ms. Snehal Rai.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**NSS Programme Officer**



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**Minutes of the meeting: "Maharashtrian Attire Day"**

There was a meeting held on Zoom Platform on 25<sup>th</sup> February, 2021

**Minutes of the meeting:**

- Discussed about upcoming event on Marathi Bhasha Divas.
- Finalized to organize an activity on Maharashtrian Traditional Wear.
- Finalized the name of the event "Maharashtrian Attire Day".
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot a social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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**Poster/Brochure: "Maharashtrian Attire Day"**



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## NATIONAL SERVICE SCHEME

*Presents*

# Maharashtrian Attire Day

On the occasion of

# मराठी भाषा दिवस

Things you need to do:-

1. Get ready in a Maharashtrain Attire
2. Click a picture of yourself in the attire
3. The given Google link will be open till 11pm on 27th February, 2021

**We will post and tag you in our Instagram Story on 27th February, 2021**

**E-Certificates will be provided**



For any queires

Snehal Rai- 9082362400	Deepthika Pillai- 9004961914
Ishan Salian- 9773471471	Sushant Shetty- 7738813869

*Dijay. Krishnarajama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Pereira*

**NSS Programme Officer**

  
*Principal*  
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**Notice (WhatsApp Message): "Maharashtrian Attire Day"**

मराठी म्हणजे गोडवा, मराठी म्हणजे प्रेम

मराठी भाषा म्हणजे संस्कार, मराठी म्हणजे आपुलकी ✨

Hello Everyone! ..☺☐

The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies is organizing a Maharashtra Attire Day on the Occasion of Marathi Bhasha Divas☐

Things you need to do:-

1. Get ready in a Maharashtra Attire.☐
2. Click a picture of yourself in the attire. ☐.
3. Send us the pictures through the Google forms link given below..

<https://docs.google.com/forms/d/1RpnqSZ0pTEWxbc21vUsxONJFoIcVOIuk0P-WK4TSMoI/edit?ts=6037f951&gxids=7628>

Note:-The given Google link will be open till 11pm on 27th February, 2021

We will post and tag you in our Instagram Story on 27th February, 2021.

E-certificate will be provided to all the Participants

Do check our social media handles

Instagram - [https://instagram.com/shettyunit\\_b46?igshid=1xuafngvhevfgf](https://instagram.com/shettyunit_b46?igshid=1xuafngvhevfgf)

Facebook - <https://www.facebook.com/smshettyunit/>

YouTube - [https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

For any queries feel free to contact

Snehal Rai – 9082362400 Ishan Salian - 9773471471

Deepthika Pillai – 9004961914 Sushant Shetty- 773881386



**NSS Programme Officer**



**NSS Programme Officer**



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**Report: "Maharashtrian Attire Day"**

**Event: "Maharashtrian Attire Day"**

**Date:** 27th February, 2021.

**Highlight:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai have conducted a Maharashtra Traditional Wear "Maharashtrian Attire Day" on the occasion of Marathi Divas Day. The joy of dressing is in wearing in Indian Attire! So the participants were asked to dress up like Maharashtra. The event was held at intercollegiate level. It was open for all colleges and for NSS units too. There were around 77 entries from different colleges of Mumbai. The last date of submission was commenced on 27th February 2021 till 11:00pm.



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**Participant List: "Maharashtrian Attire Day"**

1. Roma rajbhar - S.M.Shetty College, Powai
2. SHIVANJALI SANTOSH SINGH - S.M.Shetty College, Powai
3. Vedant - Sydenham College
4. Mane Komal Vilas - S.M.Shetty College, Powai
5. Janvi Sunil Sah - Bhavan's College
6. Rupali Balkrishna Mandlik - Bhavans College
7. Lynell Pinto - Valia C. L college of Commerce
8. NINAD PRADIP DHUMAK - GURU NANAK KHALSA COLLEGE
9. Viraj Harishchandra mhaskar - Sydenham college
10. Pharande sanika Sunil - Terna Engineering College, Nerul
11. NAMRATA KISHOR KHADE - Valia C. L college of Commerce
12. Revati Arvind Karle - Vk Krishna Menon College
13. Vedika Rajaram Dalvi. - Joshi Bedekar College, Thane
14. Shramika Sudhir Desai - Prahladrail Dalmia Lions College
15. Sarvesh Sahadev Kothavale - S.M.Shetty College, Powai
16. Tejaswini bajirao shinde - N G Acharya D K Maratha college
17. Sharwari Anil Kadam - Smt. MMK College of Commerce and Economics
18. Archana Aila - Jai Hind College
19. Payal Ramesh Kumar Gehlot - Jvm's Mehta college, Airoli
20. Sahil kishor Kamtekar - S.M.Shetty College, Powai
21. Abhishek Ramakant Khandare - Jvm's Mehta college, Airoli
22. Sakshi mohan dabade - Valia C.L college
23. Dikshika Deepak Gadhave - S.M.Shetty College, Powai
24. Sayali dilip salunkhe - Jvm's Mehta college, Airoli
25. Ankita Maurya - S.M.Shetty College, Powai
26. Hemangi sampat shivdas - Prahladrail Dalmia Lions College
27. VRUNDA VIJAY WAGLE - Prahladrail Dalmia Lions College
28. Priti shreedhar jondhale - Prahladrail Dalmia Lions College
29. Deepali Sureshkumar jaiswal - N.G. Acharya & D.K Marathi college
30. Vaishnavi Yogesh Gaikwad - S.M.Shetty College, Powai



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31. Bhakti Prakash Kamble - C. L Valia college
32. Abhishek rajkishor gupta - S.M.Shetty College, Powai
33. MANAVATA CHAVAN - Kamla Mehta College Of Commerce
34. Riddhi Dharendra Patil - Terna college of engineering
35. Radhika Jayesh Manjrekar - S.M.Shetty College, Powai
36. Ruchita Santosh Kesarkar - N.G. Acharya & D.K Marathi college
37. Kanojiya Vandana kadeprasad - S.M.Shetty College, Powai
38. Dhiraj Santosh Mahadik - S.M.Shetty College, Powai
39. Komal kadam - K. g. joshi bedekar college Thane
40. Vishal Lokhande - N.G. Acharya & D.K Marathi college
41. Neha Mahendra dhende - N.G. Acharya & D.K Marathi college
42. Anuradha Prabhunath Sharma - Jnan Vikas Mandal's degree college
43. SAMIDHA MADHUKAR PATIL - JOSHI-BEDEKAR COLLEGE THANE
44. Yashashvi solanki - SMT Kamala Mehta College of Commerce
45. Teesha Jagdish Mirchandani - Jai Hind College
46. Palak Mahadik - S.M.Shetty College, Powai
47. Snehal Rai - S.M.Shetty College, Powai
48. Prasad Janaba Bucche - Terna Engineering College
49. SIDDHI VIKAS ZINJE - Terna engineering college Nerul
50. Bhumika Sharma - S.M.Shetty College, Powai
51. Tejasvi Parab - SIES College of Arts, Science and Commerce (Autonomous)
52. Miss Komal Dattu chaudhari - Valia college of commerce
53. Shruti Ajay Gawande - V K Krishna Menon College
54. Aarti Thakur - S.M.Shetty College, Powai
55. RAI PAYAL RAVI - Prahladrai Dalmia Lions College
56. Rahul Veshvikar - VPM'S K.G. Joshi College of Arts & N.G. Bedekar College of Commerce
57. Isha Rajesh Soni - S.M.Shetty College, Powai
58. Akshita Khatri - Jai Hind College
59. Ayesha khan - S.M.Shetty College, Powai
60. Priyanka Gokul Wakode - N. G. Joshi Bedekar College Thane
61. Sayali sanjay tawade - S.M.Shetty College, Powai
62. Rahul Kushwaha - S.M.Shetty College, Powai



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63. Kamble Bhakti Santosh - Valia C.L college of commerce.
64. Janhavi Vasudeo Koli - Smt. Kamala Mehta College of Commerce
65. Harshita isasare - Bhilai institute of technology
66. Shravani Daniyal D'souza - Valia C.L college of commerce.
67. Ambre Sahanika shivaji - S.M.Shetty College, Powai
68. Sulata Bhagwan Panigrahi - S.M.Shetty College, Powai
  
69. Sejal Rajesh Golande - Msg-sgkm universal clg of art,science and commerce
70. HEMA SURESH PATIL - K. G. Joshi bedekar College of arts and Commerce
71. Manisha Bhimarao Chavan - Shivrashtra nursing college of Ghogaon
72. Supriya shashikant dhoke - Jvm's Mehta college, Airoli
73. Mamta Agarwal - SDV COLLEGE OF ARTS SCIENCE AND COMMERCE



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Criterion 3 - Research, Innovations and Extension



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**Certificate Sample Copy: "Maharashtrian Attire Day"**



**Vijay Krishnaswami**

**NSS Programme Officer**

**John Pereira**

**NSS Programme Officer**

**[Signature]**  
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**Approval Form: Flag Collection Rally**

**Department:** NSS Unit.

**Program:** Flag Collection Rally

**Objectives:** To collect the flag from the streets that were disrespected after Republic Day.

**Need:** It is important for the people of our country to respect the Flag on whatever the day is and not only on Republic Day.

**Content:** This was a activity were the volunteers from our Unit were ask to search for a Tri colour object which would have been disrespected after the Republic Day.

**Judge:** NA

**Date:** 27<sup>th</sup> January, 2021

**Cost/Budget:** NA.

**Proposed by:** Ms. Snehal Rai.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**NSS Programme Officer**



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**IMC RBNQ CERTIFICATE OF MERIT 2019**  
**Minutes of the meeting: Flag Collection Rally**

There was a meeting held on Zoom Platform on 25<sup>th</sup> January, 2021

**Minutes of the meeting:**

- Discussed about upcoming activity about Flag Collection Rally.
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to the volunteers.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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**Notice (WhatsApp Message): Flag Collection Rally**

Jai Hind..

Hello everyone,

The NSS Unit of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai has organised a Flag Collection Rally.

All you need to do is simply visit your society or your residing locality taking all the covid-19 precautions and pick up all those flags or any tricoloured objects that are thrown on the ground or left behind in a disrespectful way.

Collect all such things, take a selfie or a picture of that and send us the image.

Collect all the tricolour objects and flags and submit it when the college reopens.



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**Report: Flag Collection Rally**

**Event: Flag Collection Rally.**

**Date:** 27<sup>th</sup> January, 2021.

**Highlight:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai organized a Flag Collection Rally. The volunteers were asked to go around some places where they stay and search for a tri-color object or a flag which have been left out or disrespected the next day after Republic Day with all the necessary Covid-19 precaution.



*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Denezes*

**NSS Programme Officer**

 *Shetty*  
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**Approval Form – Intercollegiate Online Quiz competition on the occasion of**  
**71<sup>st</sup> CONSTITUTION DAY**

**Department:** NSS UNIT

**Program:** Quiz competition on the occasion of 71<sup>st</sup> constitution day.

**Objectives:** This is an Intra-Collegiate Quiz Competition.

**Need:** To make people aware about the constitution of India.

**Content:** The Quiz was organised on 26<sup>th</sup> November 2020 from 8:00 am to 10:00 pm. Where the participants had to answer 20 questions (1 mark each). The participants scoring 60% and above were awarded with E-Certificate.

**Date:** 26<sup>th</sup> November 2020

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Ishan salian  
Ms. Mahima singh

**Verified by:** Prof. Vijay Vishwakarma



**NSS Programme Officer**  
Criterion 3 - Research, Innovations and Extension



**NSS Programme Officer**



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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Minutes of the meeting - Intercollegiate Online Quiz competition on the occasion of**  
**71<sup>st</sup> CONSTITUTION DAY**

**Minutes of the meeting:**

- To allot work to social media team and leaders.
- To discuss about the documentation work.
- To allot leaders to prepare for the whatsapp message which would be send to other colleges to participate.
- To allot Social media team start to work on the poster and brochure for the event and update the social media platform.

**Notice (Whatsapp Message) Intercollegiate Online Quiz competition on the occasion of**  
**71<sup>st</sup> CONSTITUTION DAY**

The NSS unit of Bunts Sangha's SM Shetty College has organized an intercollegiate online Quiz competition on the occasion of 71<sup>st</sup> CONSTITUTION DAY.

Those who score 60% and above will be awarded with e-certificates.

Link will Open at 8.00 A.M

Link will Close at 10.00 P.M

<https://forms.gle/TKQuGKSvBKj2v8Rx9>

For any querries contact:-

Ishan Salian: 97734 71471      Mahima Singh: 75065 16043

Ujjwal Poojary: 8692066846      Shruti Panhale: 9930065435



**NSS Programme Officer**

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**Report - Intercollegiate Online Quiz competition on the occasion of**  
**71<sup>st</sup> CONSTITUTION DAY**

**Event: Quiz Competition on 71<sup>st</sup> CONSTITUTION DAY**

**Date:** 26<sup>th</sup> November 2020

**Highlight:** The NSS unit of Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies, Powai as per the guidelines of University of Mumbai had organized a Quiz competition on 26th November, 2020 on the occasion of 71st CONSTITUTION DAY. Total 514 Volunteers from 11 Colleges across Mumbai had participated in the competition. Participants Scoring 60% and above were provided with the E-Certificates.



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<p>When was the Constitution of India came into effect? * 1 point</p> <p><input type="radio"/> 26th January,1947</p> <p><input type="radio"/> 26th January, 1949</p> <p><input type="radio"/> 26th January, 1950</p> <p><input type="radio"/> 26th January, 1948</p>	<p>Mr. Narendra Modi is the _____ 1 point</p> <p>Prime Minister of India. *</p> <p><input type="radio"/> Seventh</p> <p><input type="radio"/> Fifth</p> <p><input type="radio"/> Sixth</p> <p><input type="radio"/> Fourteenth</p>
<p>Which of the following is the main Standing Committee of Lok Sabha? * 1 point</p> <p><input type="radio"/> Committee on Public Accounts</p> <p><input type="radio"/> Estimates Committee</p> <p><input type="radio"/> Committee on Public Undertaking</p> <p><input type="radio"/> All the Above</p>	<p>Which amendment of the constitution was offered full statehood to Arunachal Pradesh? * 1 point</p> <p><input type="radio"/> Fifty-Fifth</p> <p><input type="radio"/> Sixtieth</p> <p><input type="radio"/> Forty Fourth</p> <p><input type="radio"/> Sixty-Fifth</p>
<p>To whom the General Purpose Committee advises * 1 point</p> <p><input type="radio"/> The President</p> <p><input type="radio"/> The Vice-President</p> <p><input type="radio"/> The Speaker</p> <p><input type="radio"/> The Prime Minister</p>	<p>Who among the following appointed the Governor of the States in India? * 1 point</p> <p><input type="radio"/> The Prime Minister</p> <p><input type="radio"/> The Parliament</p> <p><input type="radio"/> The Chief Ministers</p> <p><input type="radio"/> The President</p>



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<p>The idea of 'Concurrent List' in the Indian Constitution is taken from the Constitution of _____? *</p> <p>1 point</p> <p><input type="radio"/> Ireland</p> <p><input type="radio"/> Canada</p> <p><input type="radio"/> Australia</p> <p><input type="radio"/> Japan</p>	<p>How many Schedules are contained in the Constitution of India? *</p> <p>1 point</p> <p><input type="radio"/> 12 Schedules</p> <p><input type="radio"/> 20 Schedules</p> <p><input type="radio"/> 10 Schedules</p> <p><input type="radio"/> 25 Schedules</p>
<p>Who is the Basic Fundamental Right Protector? *</p> <p>1 point</p> <p><input type="radio"/> Supreme Court</p> <p><input type="radio"/> High Court</p> <p><input type="radio"/> A&amp;B both</p> <p><input type="radio"/> Parliament</p>	<p>Which one of the following State Legislature does not have two houses? *</p> <p>1 point</p> <p><input type="radio"/> Karnataka</p> <p><input type="radio"/> Maharashtra</p> <p><input type="radio"/> Tamil Nadu</p> <p><input type="radio"/> Bihar</p>
<p>Which Article describes the Right to Education in the Age Group 6 to 14 is the Fundamental Right? *</p> <p>1 point</p> <p><input type="radio"/> Article 20th</p> <p><input type="radio"/> Article 21st</p> <p><input type="radio"/> Article 21st A</p> <p><input type="radio"/> Article 22nd</p>	<p>Who is empowered to declare National Emergency? *</p> <p>1 point</p> <p><input type="radio"/> Prime Minister of India</p> <p><input type="radio"/> President of India</p> <p><input type="radio"/> Governors of State</p>



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<p>Who appointed the Chief Justice and Other Judges of the Supreme Court of India? *</p> <p>1 point</p> <p><input type="radio"/> Prime Minister of India</p> <p><input type="radio"/> The Governor of the concerning State</p> <p><input type="radio"/> The C.M of the concerned State</p> <p><input type="radio"/> President of India</p>	<p>Seventh Schedule is concerned with _____? *</p> <p>1 point</p> <p><input type="radio"/> From Languages</p> <p><input type="radio"/> Partition of powers between center and states</p> <p><input type="radio"/> From the Judicial areas of the States</p> <p><input type="radio"/> From Panchayati Raj</p>
<p>Which college did Dr. Babasaheb Ambedkar found in Bombay? *</p> <p>1 point</p> <p><input type="radio"/> Sydenham</p> <p><input type="radio"/> Siddharth</p> <p><input type="radio"/> Millind</p> <p><input type="radio"/> Bombay Law College</p>	<p>Which of the following articles cannot be null during the National Emergency? *</p> <p>1 point</p> <p><input type="radio"/> Article 14 to 18</p> <p><input type="radio"/> Article 19</p> <p><input type="radio"/> Article 20,21</p> <p><input type="radio"/> Article 29,30</p>
<p>Which college did Dr. Babasaheb Ambedkar found in Aurangabad, Maharashtra? *</p> <p>1 point</p> <p><input type="radio"/> Millind</p> <p><input type="radio"/> Sydenham</p> <p><input type="radio"/> Siddharth</p> <p><input type="radio"/> Rajratna</p>	<p>What was the basis for constituting the constituent assembly of India? *</p> <p>1 point</p> <p><input type="radio"/> The resolution of Indian National Congress</p> <p><input type="radio"/> The Cabinet Mission Plan 1946.</p> <p><input type="radio"/> The Independence act 1947</p> <p><input type="radio"/> The resolution the provincial/state legislatures of the dominion of Indian</p>

*Vijay. Krishnarajama*

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*John Pereira*

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*Principal*  
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In What year was the Constitution written? \* 1 point

1763

1776

1787

1789

1791

Which Part of Indian Constitution is termed as "Soul of the Constitution"? \* 1 point

Basic Right

Right to Constitutional Remedies

Preface

Amendment

Send me a copy of my responses.

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**Participation List-- Intercollegiate Online Quiz competition on the occasion of**  
**71<sup>st</sup> CONSTITUTION DAY**

1. Rashti Hemal Thakkar - St Francis Institute Of Technology
2. Akshay Giridharan - St.Francis Institute Of Technology
3. Nishant Dinesh Powale - ST. Francis Institute Of Technology
4. Raju Tippanna Solur - Kaiser Clg Of Commerce
5. Sumit Rana - St Francis Institute Of Technology
6. Nandini Kar - BIT DURG
7. Sneha Radhakrishnan - S.M.Shetty College,Powai
8. Kush Jayant Chaudhari - St Francis Institute Of Technology
9. GAUTAMI BHALCHANDRA PATIL - V. G. Vaze. College Mulund
10. Ritik Kurrey - Bhilai Institute Of Technology, Durg
11. Juee Dudwadkar - Bedekar Clg
12. Sandesh Yadav - St.Francis Institute Of Technology
13. ANUSHKA PRADEEP KADAM - St. Francis Institute Of Technology
14. Vidya Ravindra Dharne - PTVA's Sathaye College Vile Parle (E)
15. PRATHMESH KOLI - SMT.MMK COLLEGE OF COMMERCE AND ECONOMICS
16. Prajapati Rahul Praksh - Kesar College Of Commerce
17. Samruddh Ramesh Shetty - S.M.Shetty College,Powai
18. Niharika Pattabhi - St. Francis Institute Of Technology
19. Sharwari Kadam - Smt.MMK College Of Commerce And Economics
20. Sandesh Yadav - ST.FRANCIS INSTITUTE OF TECHNOLOGY
21. Matish Bangera - St.Francis Institute Of Technology
22. Shravani Dhuri - SFIT
23. Dravya Kundar1 - Smt. M. M. K College Of Commerce And Economic
24. Saurav Sanjeev Sharma - St. Francis Institute Of Technology, Borivali
25. Samiksha Singh - BIT Durg
26. Safa Afsar Shaikh - Mmk Colg Of Commerce And Economics Bandra
27. Sherine Sebastian - St.Francis Institute Of Technology
28. KINNY ROSELYN FRANCO - Don Bosco College Kurla
29. Deep Kotian - Saint Francis Institute Of Technology



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31. Naushad Alam - S.M.Shetty College,Powai
32. Vaishnav Dattatray Khosale - Kaiser College Of Commerce
33. Ankita Nanepag - Sai College Sec 6 Bhilai
34. Supriya Joshi - St. Francies Institute Of Technology
35. Sakshi Shelke - Ghanshyamdas Saraf College
36. Hrithikesh Murzello - S.M.Shetty College,Powai
37. JAY ASHOK SANGHAVI - St Francis
38. Pallath Abinandh Surendran - V. K. Krishna Menon College
39. Shaikh Amaan Isaque - Bhavan's College
40. Tanish Parmar - St.Francis Institute Of Technology
41. MANSI ARUN GARDI - Sathaye College
42. Sahil Vilochandra Dhyani - Smt. M.M.K College Of Commerce And Economics
43. Rebecca Aurelia Dsouza - St. Francis Institute Of Technology
44. Annu Yadav - St Francis Institute Of Technology ,Borivali
45. Nandani Gyanchand Bhaskar - Ghanshyamdas Saraf College
46. Tirtha Kale - SIES College Of Arts, Science And Commerce (Autonomous) Sion (West)
47. Nitin Ashok Gupta - Smt Mmk College
48. Shrusti Suryakant Purwar - Gs Science, Arts And Commerce College, Khamgaon
49. Deepthi Shetty - Vk Krishna Menon College
50. Sahil Sawant - St. Francis Institute Of Technology
51. Mahi Umarvaishya - Bhilai Institute Of Technology
52. Sudarshan Paranjape - St.Francis Institute Of Technology
53. Siddhesh Dharmaji Thorbole - Ghanshamdas Saraf College
54. Yasti Jain - St.Francis Institute Of Technology
55. Mona Patel - Bhilai Institute Of Technology Durg
56. Mansi Mohan Khamkar - SFIT
57. Krishnakant Rajak - Sai Mahavidhyalaya
58. Pooja Jain - Sies College Of Arts Science And Commerce (Autonomous). Sion(West)
59. Deeksha - Sai Mahavidyalay College Sec6 Bhilai
60. Jatin Pandey - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS), SION(W)



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62. Prachi Sing - Sai College Sector 6 Bhilai
63. Madhu Jaiswal - Shrimati Mithibai Motiram Kundnani College Of Commerce & Economics,
64. ANANDHU SURESH - SIES College Of Arts Commerce And Science (Autonomous)
65. Pachange Maruti Lakhan - Sathaye College
66. Ron Roman Pinto - St.Francis Institute Of Technology
67. Pratiksha Sunildutt Soni - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS), SION (WEST).
68. Akhil Nadar - St. Francis Institute Of Technology
69. Vijay Thevar - Sies Sion West
70. Christopher.Richard - S.I.E.S College Of Arts,Science,& Commerce
71. Shweta Ganesh - Sies College Of Arts Science And Commerce (Autonomous ) Sion (West)
72. Avani Ramesh Waghela - S.M.Shetty College,Powai
73. Taj Mohd Nadaf - SIES College Of Arts, Science And Commerce (Autonomous) Sion (W)
74. William Rajesh Rathod - St. Francis Institute Of Technology
75. Aditya Jogdand - S.M.Shetty College,Powai
76. Digvijaya Atul Kharche - K.G Joshi College Of Arts And N.G Bedekar College Of Commerce
77. Samay Shah - S.M.Shetty College,Powai
78. Kanojiya Aviral Akhilesh - Ghanshyamdas Saraf College
79. Bhandari Kunal - S.M.Shetty College,Powai
80. Tanmay Rajendra Ingle - Saraf College Malad
81. Yash Manoj Mahajan - St. Francis Institute Of Technology
82. Anchal Narendra Pathak - Ghanshyamdas Saraf College
83. Ayesha Khan - S.M.Shetty College,Powai
84. Priya Tiwari - S.M.Shetty College,Powai
85. Sejal Santosh Singh - Ghanshyamdas Saraf College Of Arts And Commerce
86. Dr. A. Arunkumar - St. Joseph University
87. Urvashi Jaiswal - S.M.Shetty College,Powai
88. Komal Varne - Sathaye College
89. Sruthi Suresh - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)
90. Sai Saravanan Gounder - SIES College Of Arts Science And Commerce
91. GIRISH NAIR - V.K KRISHNA MENON COLLEGE BHANDUP



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92. Hiba Kalave - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE(Autonomous) Sion(W)
93. Misbaha Abdul Mushtaq Deshmukh - SIES COLLEGE OF ART,SCIENCE AND COMMERCE (AUTONOMOUS) SION (WEST)
94. Akshi Kamde - St. Francis Institute Of Technology
95. Shaikh Afreen - Ghanshamdas Saraf College
96. Devadarssini Ajith - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE
97. Shaikh Sana Mohammed Shahid - SIES College Of Arts Science And Commerce Autonomous
98. Jasleenkaur Bindra - St.Francis
99. Shubham Suryakant Khasase - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE (AUTONOMOUS) SION ,N (W)
- 100.Khatri Shifa - Kaiser College Of Commerce
- 101.Ankita Singh - SIES COLLEGE OF ARTS,COMMERCE AND SCIENCE (AUTONOMOUS) SION (W)
- 102.Kanojia Sahil Suresh - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE (AUTONOMOUS) SION WEST
- 103.Sonam Gharbharan Yadav - Vk Krishna Menon College
- 104.Shailesh Gaud - SIES COLLEGE OF ARTS COMMERCE AND SCIENCE(Autonomous)Sion West
- 105.Aabir Pramanik - S.M.Shetty College,Powai
- 106.Komalpreet Kaur Manku - SIES College Of Arts Science And Commerce (Autonomous), Sion (W)
- 107.Tanvi Arondekar - Vk.Krishan Menon College
- 108.Vidhi Thakur - Sies College Of Arts Science And Commerce (Autonomous) Sion (West)
- 109.Shagun Pandey - Ghanshyamdas Saraf College Of Commerce
- 110.Revati Arvind Karle - VK Krishna Menon College
- 111.Pradeep Patwa - St Francis Institute Of Technology
- 112.Shrinav Shyam - S.M.Shetty College,Powai
- 113.Arshitha Hara Devadiga - Smt. MMK COLLEGE OF COMMERCE & ECONOMICS
- 114.Abdul Raheman Insar Shaikh - Kaiser College
- 115.Bhama Lodhi - Sai College Bhilai Chhattisgarh
- 116.Jishika Jayaprakash - Sies College Sion West
- 117.Binesh Simanchal Sahu - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE AUTONOMOUS SION West



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120. Anandita Sanjay Singh - V K Krishan Menon College
121. Patel Priya Rajesh - Ghanshyamdas Saraf
122. Sparsha Shetty - St. Francis Institute Of Technology
123. Yogeeta Suresh Raila - V.K Krishna Menon College
124. Gaurang Nitin Avhad - St. Francis Collage, Borivali
125. Tanya Ravindranath Singh - S.M. Shetty College, Powai
126. AMIT SHUKLA - S.M. Shetty College, Powai
127. Sagar Rajesh Patil - Smt MMK College
128. Dharshan Hemprakash Amin - St. Francis Institute Of Technology
129. Diksha Singh Kushwaha - SIES College Of Arts Science And Commerce
130. Manasvi Bhand - St. Francis Institute Of Technology
131. Ramani M. Desai - St. Francis Institute Of Technology
132. Bhuvnesh Nemade - St Francis Institute Of Technology
133. Bhavika Shetty - St Francis
134. T. SWETHA - Auxilium College (Autonomous)
135. RUDRA PATRA - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE AUTONOMOUS  
SION W
136. Urvi Parmar - Ghanshyamdas Saraf College Of Arts & Commerce
137. Kaushik Sharad Khadilkar - St Francis Institute Of Technology
138. Bhattacharjee Aniruddha Ashok - Sfit
139. Shweta Kapre - Sai College Sector 6 , Bhilai
140. Vishwa Mhatre - St. Francis Institute Of Technology
141. Naman Shah - St Francis Technology Borivali
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- 151.Tanya Ravindranath Singh - S.M.Shetty College,Powai
- 152.LEELAPATH - BIT DURG
- 153.Anubhav Sharma - Sai College Sector 6 Bhilai
- 154.Aditya Sambhaji Ghadge - St Francis Institute Of Technology
- 155.Sheryl Peter - St.Francis Institute Of Technology
- 156.Vishwakarma Aman Shambhu - The Ghanshyam Saraf College
- 157.Dev Sanjay Surve - St.Francis Institute Of Technology
- 158.Aishwarya Sawant - St. Francis Institute Of Technology
- 159.Vasudha Daulatrao Patil - SIES COLLEGE OF ARTS COMMERCE AND SCIENCE( AUTONOMOUS) SION( W)
- 160.Parshva Shah - St Francis Institute Of Technology
- 161.SIDDHI RAVINDRA RANE - St.Francis Institute Of Technology
- 162.Shaurya Vandan Sahu - Bhilai Institute Of Technology Durg
- 163.Hasti Panchal - St Francis Institute Of Technology
- 164.Ashly Daniel John - St.Francis Institute Of Technology
- 165.Reena Bablu Sani - Gyanshamdas Saraf College
- 166.Karen Tollin - St Francie Institute Of Technology
- 167.Abhishek Rajput - St. Francis Institue Of Technology
- 168.Anant Shukla - St.Francis Institute Of Technology, Borivali(W)
- 169.Simran Dubey - St. Francis Institute Of Technology
- 170.Harshita Dayya - Ghanshyamdas Saraf College Of Commerce And Arts
- 171.MANSI RATHOD - St. Francis Institute Of Technology
- 172.Nayni - TSEC
- 173.Nirmiti Kailas Tanpure - Sies College Of Arts Sciebce And Commerce Autonomous Sion (West)
- 174.Joanna Charis Johnson - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)
- 175.Rutuja Jadhav - RAIT
- 176.ABHIIJITH ASHOKKUMAR KURUP - ST FRANCIS INSTITUTE OF TECHNOLOGY
- 177.Sameer Abdul Shahid Shah - S.M.Shetty College,Powai
- 178.Aayush Sunil Chamria - RAIT
- 179.Pingle Nikita Sanjay - Joshi Bedekar College
- 180.Shirley Paul Kolamkannie - S.M.Shetty College,Powai



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- 182.Ashwini Vijay Ghanekar - Nava Samaj Mandal Degree College
- 183.Shamiksha Pai - St Francis Institute Of Technology
- 184.Makardhwaj Rajendra Narkar - SIES COLLEGE OF ARTS, SCIENCE & COMMERCE  
(AUTONOMOUS), SION(WEST)
- 185.Lisa John Dsouza - S.M.Shetty College,Powai
- 186.Tejaswi Surepalli - St Francis Institute Of Technology
- 187.Rupesh Jatav - St Francis Institute Of Technology
- 188.Jyoti Manoj Singh - Ghanshyam Saraf Clg
- 189.Riddhi Sansare - St. Francis Institute Of Technology
- 190.Sakshi Sawant - St Francis Institute Of Technology
- 191.Swati Govind Ranjita Bhandi - V.K.Krishna Menon College Bhandup
- 192.Abhishek Prakash Gupta - SIES College
- 193.Dimple Babulal Choudhary - Ghanshyamdas Saraf College
- 194.Waman Vilas Dhuri. - S.M.Shetty College,Powai
- 195.Manav Parekh - St Francis Institute Of Tech
- 196.Harsh H Daitkar - St. Francis Institution Of Technology
- 197.Mansi J. Ramteke - RAIT
- 198.SUSHMITA POOJARI - Nava Samaj Mandal Degree College
- 199.Ayush Udaykumar Suvarna - St. Francis Institute Of Technology
- 200.Pal Bipin Ramchandra - S.M.Shetty College,Powai
- 201.TRISHA S. MOILY - S.I.E.S College Of Arts, Science And Commerce (Autonomous) Sion West.
- 202.Dongri Rupesh Premananda Champa - Smt.Mmk College Economics
- 203.APURVA ASHOK DUDHE - Ram Rao Adik Institute Of Technology
- 204.Shivani Shivkumar Dahiwelkar - SIES College Of Arts,Science And Commerce(Autonomous),  
Sion (West)
- 205.Manan Jain - St. Francis College
- 206.Aditya Gaikwad - St Francis Institute Of Technology
- 207.Vedant Ritesh Pawar Shruti - St Francis Institute Of Technology
- 208.Kaushik Migwal - Ghanshyamdas Saraf College
- 209.Kinjal Chauhan - St.Francis Institute Of Technology
- 210.Luvina Mary - St. Francis Institute Of Technology
- 211.Leah Neville D'souza - St Francis Institute Of Technology



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**STUDIES, POWAI.**

**NAAC ACCREDITED 'A' GRADE**

**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

212. Harshata Wadkar - Sies College Of Arts, Science & Commerce (Autonomous), Sion (West)  
213. Anil Kumar Das - Pranabananda Women's College  
214. EMMANUEL VARGHESE PARACKAL - St Francis Institute Of Technology  
215. SAHBAZ ABDUL WAHAB SHAIKH - Sies College Of Arts Science And Commerce  
(Autonomous)  
216. ASHUTOSH RAI - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE  
(AUTONOMOUS), SION (W)  
217. Puja Bhosle - V.K KRISHNA MENON COLLEGE  
218. KAMBLE HIMANSHU - TEC  
219. Atharva Choudhari - St Francis Institute Of Technology, Borivali  
220. Karuna Sanjay Parab - Ghanshyamdas Saraf College Of Arts And Commerce  
221. Kavita Pujari - Bhavans College Andheri  
222. Aarti Morajkar - St Francis Institute Of Technology  
223. Niriksha Shetty - S.M. Shetty College, Powai  
224. Muskan Rakesh Jha - Kelkar Educational Trust's V G Case College  
225. Jayesh Pushkarraj Kumath - Nava Samaj Mandal Degree College Parle East  
226. Anjali Jha - Bhavans College Andheri West  
227. Anita Kushwaha - Ghanshyam Das Saraf College Of Arts And Commerce  
228. Aswathy Nair - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE (AUTONOMOUS)  
229. Disha Gulve - St Francis Institute Of Technology  
230. Sakshi Sanjay Nemade - St. Francis Institute Of Technology  
231. Tanish Parmar - St. Francis Institute Of Technology  
232. Deepsikha Chakraborty - Pranabananda Women's College  
233. ABRAHAM THOTHYIL - St Francis Institute Of Technology  
234. Chandana Rajeswaran Nair - S.I.E.S COLLEGE OF ARTS, SCIENCE AND COMMERCE  
(AUTONOMOUS), SION(W)  
235. Minoli Bagwe - St Francis Institute Of Technology  
236. Litesh Kumar Sahu - Bhilai Institute Of Technology Durg Cg  
237. ANWESHA DEY - PRANABANDA WOMEN'S COLLEGE  
238. Aayush Mohite - SFIT  
239. Ojaswi Deshmukh - RAIT, Nerul, Navi Mumbai  
240. Thevar Sumitra Kulantai Pandi - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE  
241. Nitin Suiwal - St. Francis Institute Of Technology



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**STUDIES, POWAI.**

**NAAC ACCREDITED 'A' GRADE**

**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

242. Shaikh Nusrat Bano Mohd Raees - Kaiser College Of Commerce  
243. Akshay Hitendarsing Jamadar - Joshi Bedekar College Of Commerce, Thane  
244. Aamir Chimthanawala - Ramrao Adik Institute Of Technology, Nerul  
245. Siddhi Milind Shimpi - Ramrao Adik Institute Of Technology, Nerul  
246. Kitekar Mohammed Asim Abdul Quddus - Sies College Of Arts Science And Commerce  
(AUTONOMOUS) Sion (W)  
247. Rushikesh Rajesh Pandit - St. Francis Institute Of Technology  
248. Preety Marak - Pwc  
249. Rinsmita Jigdung - Pranabanada Women's College, Dimapur, Nagaland  
250. Ram Deepak Agrawal - Ramrao Adik Institute Of Technology, Nerul  
251. Calvin Mathias - St. Francis Institute Of Technology  
252. Rosemary T Yanthan - Pranabananta Women's College  
253. Ashish Bharambe - St. Francis Institute Of Technology  
254. Sushant Ramesh Jagtap - Joshi Bedekar College Thane  
255. Dr. Suhasini. B - Government College Autonomous, Kalaburagi  
256. Sushant Sunil Chalak - Joshi Bedekar Collage Thane  
257. Dhawal Anant Karde - Joshi Bedekar College, Thane  
258. MRS. ANSARI PARVEEN BANU SAJID AKHTAR - Rizvi Education Society's RIZVI  
COLLEGE OF ARTS, SCIENCE & COMMERCE  
259. Ranu Y - Sai Clg Sec 6 Bhilai  
260. Pranjal Thakur - RAIT  
261. Mahek Shetty - St Francis Institute Of Technology  
262. JYOTI BHISE - Bhavans College  
263. Khan Habiba Nooruddin - S.M. Shetty College, Powai  
264. Nisheli Yephthomi - Pranabananda Women's College  
265. Nikam Pranali Ramesh - Joshi Bedekar College (Thane)  
266. Athira Muralidharan Pillai - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE  
(AUTONOMOUS), SION( W)  
267. Janhavi Mahesh Birmole - V.K. Kriahna Menon College  
268. Mokshada Sampat Lende - Vpms Joshi Bedekar College  
269. Anish Mogaveera - S.M. Shetty College, Powai  
270. Pranali Keshav Nalavade - Vpm Joshi-Bedekar College, Thane  
271. Solwin Babu Kittikal - S.M. Shetty College, Powai



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**STUDIES, POWAI.**

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**IMC RBNQ CERTIFICATE OF MERIT 2019**

- 272.Namit Rathod - BIT Durg
- 273.Prijith Ullas Ayure - Ramrao Adik Institute Of Technology
- 274.Shaikh Hafsa Iqmar - St.Francis Institute Of Technology
- 275.Darshan Taori - RAIT
- 276.Sonali Rajbhar - S.M.Shetty College,Powai
- 277.Arta Akhilesh Nag - Ghanshyamdas Saraf College Of Arts And Commerce
- 278.Ganesh A Bagal - Joshi Bedekar
- 279.Tanaya N Kadam - K.G.Joshi College Of Arts And N.G.Bedekar College Of Commerce
- 280.Siddhi Sanjay Jadhav - K.P.B. Hinduja College Of Commerce
- 281.Shyam Dubey - Ghanshyamdas Saraf College
- 282.Kritika Verma - Ghanshyamdas Saraf College
- 283.Sushil Anilkumar Dubey - Ramrao Adik Institute Of Technology
- 284.Bimbisar Namdev Bhadarge - Joshi Bedekar College Of Arts And Commerce Thane
- 285.Mirza Zoha Muslim Hussain - N.G Joshi Bedekar College Of Commerce
- 286.LAXMI GUPTA - S.M.Shetty College,Powai
- 287.Ganesh Bagal - Joshi Bedekar
- 288.Ankita Rajan Paradkar - Ramrao Adik Institute Of Technology, Nerul,Navi Mumbai
- 289.Ankit Pawan Kumar Shah - Ghanshyamdas Saraf College
- 290.Pooja Lohar - Ghanshyamdas Saraf College
- 291.Rahul Tripathi - Ramrao Adik Institute Of Technology
- 292.Jijo Oommen - S.M.Shetty College,Powai
- 293.Pranay Bandhu Usatkar - Ramrao Adik Institute Of Technology,Nerul
- 294.Yashasvi Kotra - RAIT
- 295.Ritika Roongta - Ghanshyamdas Saraf
- 296.Aayush Sanjay Bodke - Ramrao Adik Institute Of Tech
- 297.Mehnaz Khanam - Pranabananda Women's College
- 298.Bharati V Patil - Govt Collage Autonomous, Kalaburagi
- 299.Shahenaz Begam Laskar - Pranabananda Women's College
- 300.Stuti Chandrakar - BIT, Durg
- 301.RUTUJA SANTOSH WAGHMARE - Ramrao Adik Institute Of Technology Nerul
- 302.Shubham Shirsekar - Smt. Mmk College Of Commerce And Economics
- 303.Ameth Vikram - Bit
- 304.Kritika Tiwari - Bhilai Institute Of Technology,Durg



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**IMC RBNQ CERTIFICATE OF MERIT 2019**

- 305.Vedant Nagesh Yadav - S.I.E.S. College Of Arts Science And Commerce (Autonomous) , Sion (West)
- 306.Kinjalkanwar Raghuvversingh Bhati - Saraf College
- 307.Nishi Chandrakant Patil - Joshi Bedekar College Of Commerce
- 308.Aarya Kaur - S.M.Shetty College,Powai
- 309.Laxmi Praful Dey - Smt. M. M. K College Of Commerce And Economics
- 310.Sahil Sanjay Chavan - RAIT
- 311.Shaikh Nimra Akbar Ali - Kaiser College Of Commerce
- 312.Shaikh Rashkeen Mohd Sabir - Kaiser College Of Commerce
- 313.Pooja Chavan - Vpm Joshi Bedekar College Thane
- 314.Ritesh Pravin Shirsat - S.M.Shetty College,Powai
- 315.Heena Khatun - Pranabananda Women's College
- 316.Khan Saina Mohd Mustafa - Ghanshyamdas Saraf
- 317.Nadeem - S.M.Shetty College,Powai
- 318.Mishra Anchal Ganga Prasad - S.M.Shetty College,Powai
- 319.Varun Nahar - S.M.Shetty College,Powai
- 320.Diya Dinesh Soni - Ghanshyam Das Saraf College
- 321.Pranay Kumar - S.M.Shetty College,Powai
- 322.Asthana Amol Pankaj - Ghanshyamdas Saraf College Of Arts And Commerce
- 323.Likeshwar Kumar - Sai College Sector 6 Bhiali
- 324.VINITKUMAR JAGDISHPRASAD VARMA - Bhakta Kavi Narsinh Mehta University
- 325.Shaikh Rashkeen Mohd Sabir - Kaiser College Of Commerce
- 326.PRITHVI DAMBAL P - RAIT
- 327.Harsh Vinayak Sanas - St.Francis Institute Of Technology
- 328.Vardhan Mahendra Khamkar - S.M.Shetty College,Powai
- 329.Nidhi Shetty - S.M.Shetty College,Powai
- 330.Mane Komal Vilas - S.M.Shetty College,Powai
- 331.Khazi Haliya - S.M.Shetty College,Powai
- 332.Anshika Vishwakarma - S.M.Shetty College,Powai
- 333.Amol Udugade - Joshi Bedekar College Of Arts And Commers
- 334.Unmesh Dasharath Kapre - Joshi Bedekar College. Thane
- 335.Priyanshu Kakkad - Sies College Of Arts Science And Commerce
- 336.Sakshi Ganesh Pingle - Ramrao Adik Institute Of Technology



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337. Vaidehi Pradeep Chavan - Smt. CHM College  
338. Monika Chaudhary - Ip Second Campus Bulandshar  
339. Sana Aslam Shaikh - Kaiser College  
340. Harsh Meshram - Ramrao Adhik Institute Of Technology  
341. Holina Momin - Pranabananda Women's College  
342. Arya Chandran - S.M. Shetty College, Powai  
343. Hongla Phom - Pranabananda Women's College  
344. Jay Nilesh Doshi - Ramrao Adik Institute Of Technology  
345. Ansari Sana Nafees Ahmed - Kaiser College Of Commerce  
346. Jeniflora Mathews - SIES College Of Arts, Science And Commerce (Autonomous).  
347. Totivi Swu - Pranabananda's Women College  
348. Tirtha Raut - St. Francis Institute Of Technology  
349. Ramkumar Arumugam Valluvar - SIES Old  
350. Ashwin Iyer - SIES College Of Arts, Science And Commerce  
351. Urvansh Shah - St. Francis Institute Of Technology  
352. Avishkar Ajay Sonawale - Ramrao Adik Institute Of Technology, Nerul, Navi Mumbai  
353. Langmei Y Konyak - Pranabananda Women's College  
354. Aishwarya Anand - Ramrao Adik Institute Of Technology  
355. Sonali Begam - PWC Women's College  
356. Ruby Sara Roy - BHAVANS COLLEGE  
357. Vishal Randhe - RAIT  
358. Srushti Rajendra Sawant - Smt. CHM College, Ulhasnagar  
359. Medongolu Lohe - Pranabananda Women's College  
360. Ankita Maurya - S.M. Shetty College, Powai  
361. Ismatara Ajimuddin Ansari - V. K Krishna Menon College  
362. Mane Komal Vilas - S.M. Shetty College, Powai  
363. Phalneikim - Pranabananda Women's College  
364. Malti Sunderlal Ratudi - S.M. Shetty College, Powai  
365. Prajakta Kokate - RAIT  
366. Prachi Anjanikumar Tiwari - Ghanshyam Das Saraf College  
367. Sangrila Majumdar - Pranabananda Womens College  
368. Mrunal Kishor Kumbhar - RAIT  
369. Sangrila Majumdar - Pranabananda Women's College



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370. Abhishek R Sharma - Saraf College
371. Shweta Kanojia - S.M. Shetty College, Powai
372. Shweta Kanojia - S.M. Shetty College, Powai
373. Rishika Jain - Ghanshyamdas Saraf College
374. MHASKAR SALONI SADASHIV - V.G. Vaze College Mulund
375. Varsha Gawali - SIES NERUL COLLEGE OF ARTS SCIENCE & COMMERCE
376. Anthony Prabhakar Soosai Rajan Nadar - S.M. Shetty College, Powai
377. Vishal Ramsurat Sharma - Ram Rao Adik Institute Of Technology
378. Sejal Jadhav - V.K. KRISHNA MENON College
379. Sushant Shetty - S.M. Shetty College, Powai
380. Ishan - S.M. Shetty College, Powai
381. Nishad Vikas Achhelal - S.M. Shetty College, Powai
382. Chandan Yadav - S.M. Shetty College, Powai
383. Megha Sabu Pujari - S.M. Shetty College, Powai
384. Amit Vishwakarma - S.M. Shetty College, Powai
385. Fakir Sakib Shikur - S.M. Shetty College, Powai
386. Achary Rakshita Murthy - S.M. Shetty College, Powai
387. Achary Rakshita Murthy - S.M. Shetty College, Powai
388. Ganesh Prakashchandra Kashyap - N.G. Joshi Bedekar College Thane
389. Sushmitha Krishna Sukka - Cosmopolitan Valia Degree College
390. Mishra Yash Brijesh - S.M. Shetty College, Powai
391. MANAVATA CHAVAN - Smt Kamla Mehta Collage Of Commerce
392. Ajit Kumar Yadav - Valia
393. Pooja Pandurang Chavan - Vpm Joshi Bedekar College Thane
394. Shruti Pandey - S.M. Shetty College, Powai
395. Rachina Poojari - S.M. Shetty College, Powai
396. Singh Shivanjali Santosh - S.M. Shetty College, Powai
397. Mahesh Sandeep Patyane - SMT Kamala Mehta College Of Commerce
398. Swapnali Sanjay Kolage - Joshi BEDEKAR COLLEGE THANE
399. Ganesh Yuvraj Dhawale - R.A Podar College Of Commerce And Economics, Mumbai.
400. Ananya Prashant Patil - R. A. Podar College Of Commerce And Economics
401. Harshada Dilip Kocharekar - V.K Menon College
402. Nidhi Jayendra Jambhale - Cosmopolitan Valia College Of Art Coomerce And Science



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**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

403. Jagruti Shantaram Khairnar - Joshi Bedekar Thane  
404. Pooja Bhaskar Shetty - S.M. Shetty College, Powai  
405. Anjali Jha - Bhavans College  
406. Tejas Menon - V.K Krishna Menon College  
407. Bhushan Dattu Ghumare - S.M. Shetty College, Powai  
408. Tiwari Sakshi Santosh - S.M. Shetty College, Powai  
409. Perna Vijay Borade - R. A. Podar College Of Commerce And Economics  
410. Shubhangi Tanaji Kachare - VPM K. G Joshi College Of Arts And N. G Bedekar College Of  
Commerce, Thane  
411. Anuj Hande - R. A. Podar Clg  
412. Krishna Jaiswal - S.M. Shetty College, Powai  
413. Jadhav Risika Parshuram - S.M. Shetty College, Powai  
414. Mokshada Sampat Lende - Vpm's Joshi Bedekar Clg  
415. Sakshi Rajesh Nikalje - Valia College Of Commerce  
416. Ambica Ashok Shivnathan - R.A. Podar College Of Commerce And Economics  
417. Anuja Gajinkar - S.M. Shetty College, Powai  
418. Sushant Ramesh Jagtap - Joshi Bedekar College Thane  
419. Vedant Jadhav - S.M. Shetty College, Powai  
420. Sandhya Bhandari - Valia College  
421. Gunashri Kumar - S.M. Shetty College, Powai  
422. Dhillon Navjyot Singh - S.M. Shetty College, Powai  
423. Karajgi Fatima Abdul Rajak - S.M. Shetty College, Powai  
424. Pooja Bharat Kir - R. A. Podar College Of Commerce And Economics, Matunga  
425. Amit Geri - S.M. Shetty College, Powai  
426. Krishna - S.M. Shetty College, Powai  
427. Pooja Bhadrash Shaha - S.M. Shetty College, Powai  
428. Anubhav Dubey - S.M. Shetty College, Powai  
429. Yeshaswy Bhatt - S.M. Shetty College, Powai  
430. Priyanka Manoj Thorat - VPM'S Joshi - Bedekar College  
431. Pranathi Bangera - S.M. Shetty College, Powai  
432. Misba Idrisi - S. I. E. S College Of Arts, Science And Commerce, Autonomous, Sion(W)  
433. Tejas Poojari - S.M. Shetty College, Powai  
434. Asha Chaudhari - S.M. Shetty College, Powai



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435. Shubhamjain - S.M. Shetty College, Powai
436. Pranay Kumar - S.M. Shetty College, Powai
437. Abhijeet Digambar Patil - S.M. Shetty College, Powai
438. Nishi Chandrakant Patil - K.G. Joshi College
439. Chirag Kajale - Joshi Bedekar College
440. Dikshika Deepak Gadhave - S.M. Shetty College, Powai
441. Pratham Nandagave - S.M. Shetty College, Powai
442. Ismatara Ajimuddin Ansari - V. K Krishna Menon College
443. Dhananjay Deepak Singh - S.M. Shetty College, Powai
444. Pritisharma - S.M. Shetty College, Powai
445. Prajval Devadiga - S.M. Shetty College, Powai
446. Anurag Singh - S.M. Shetty College, Powai
447. Tanvi Pramod Keskar - VPM's Joshi Bedekar College, Thane
448. SAGAR SHETTY - S.M. Shetty College, Powai
449. Joslita Pasana - S.M. Shetty College, Powai
450. Kanojiya Keshav Prasad Motilal - S.M. Shetty College, Powai
451. Nilesh Singh - S.M. Shetty College, Powai
452. Dhanalaxmi Murugan Kaunder - S.M. Shetty College, Powai
453. Janvee Yadav - S.M. Shetty College, Powai
454. Shaina Ansari - S.M. Shetty College, Powai
455. Sarika Pujari - S.M. Shetty College, Powai
456. Sharon Cardoza - S.M. Shetty College, Powai
457. Sumitkumar Das - S.M. Shetty College, Powai
458. Riddhi Dharendra Patil - Terna College Of Engineering
459. Achary Rakshita Murthy - S.M. Shetty College, Powai
460. Vanshita Deepak Korde. - N.G. Bedekar College Of Commerce.
461. Yogendra Vishwakarma - S.M. Shetty College, Powai
462. Bhumika Sharma - S.M. Shetty College, Powai
463. ANANDHU SURESH - SIES College Of Arts Commerce And Science (Autonomous)
464. Radhika Dilip Poyyara - S.M. Shetty College, Powai
465. Dakshayani Anchan - S.M. Shetty College, Powai
466. Kodakanti Bhavana Shrinvas - S.M. Shetty College, Powai
467. Chandramohan Kumar - S.M. Shetty College, Powai



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- 468.AARTI PARSURAM KAVANDAR - Cosmopolitan's Valia College  
469.KHAN MISBA ABDUL GAFFAR - S.M.Shetty College,Powai  
470.Anant Yadav - S.M.Shetty College,Powai  
471.Vaishnavi Sanjay Malvankar - Joshi Bedekar College  
472.Mansi Choubey - S.M.Shetty College,Powai  
473.Tanya Ravindranath Singh - S.M.Shetty College,Powai  
474.Ashwini Hanumanta Mutul - S.M.Shetty College,Powai  
475.Samay Shah - S.M.Shetty College,Powai  
476.Lynell Pinto - Valia College  
477.Mirza Zoha Muslim Hussain - N.G Joshi Bedekar College  
478.Yashwini Venkataramane Gowda - Nava Samaj Mandal Degree College  
479.Gaikwad Tanvi Ravindra - S.M.Shetty College,Powai  
480.Sonali Dohare - Bhilai Institute Of Technology,Durg  
481.Omkar Ramesh Mhapankar - S.M.Shetty College,Powai  
482.Nandini Yadav - S.M.Shetty College,Powai  
483.Mane Komal Vilas - S.M.Shetty College,Powai  
484.Mohini Poojari - S.M.Shetty College,Powai  
485.Prachita Vijay Mhatre - S.M.Shetty College,Powai  
486.BHOSALE MANALI KISAN - S.M.Shetty College,Powai  
487.Shreyas Muddu Shetty - S.M.Shetty College,Powai  
488.Sairaj Ganesh Shetty - S.M.Shetty College,Powai  
489.VARUN NAHAR - S.M.Shetty College,Powai  
490.Nehal Nilesh Satre - S.M.Shetty College,Powai  
491.Shyam Prajapat - S.M.Shetty College,Powai  
492.AADIKA DEVADE - Valia C.L. College Of Commerce  
493.NITIN YADAV - Bhilai Institute Of Technology,Durg  
494.Yash Raut - Bhilai Institute Of Technology,Durg(C.G)  
495.Ritu Netam - S.M.Shetty College,Powai  
496.Pinky Ghanchi - S.M.Shetty College,Powai  
497.Ramkishan Sahu - Bhilai Institute Of Technology Durg  
498.JUNED JAFAR KHILJI - S.M.Shetty College,Powai  
499.Saurabh Ashok Todkar - K G JOSHI COLLEGE OF ARTS



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**STUDIES, POWAI.**

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**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

- 500.Sahil Ayajuddin Shaikh - Bunts Sangh's S.M.Shetty College Of Commerce Science And Management Studies Powai
- 501.Vaibhavi Sanjay Malvankar - Joshi Bedekar
- 502.Upadhyay Shivam Sanjay - S.M.Shetty College,Powai
- 503.Dheeraj Gajanan Patil - Joshi Bedekar College Of Commerce, Thane
- 504.Sejal Sudhir Hegishte - R. A. Podar College
- 505.Seemakumari Gupta - S.M.Shetty College,Powai
- 506.Sharma Anand Shyam Narayan - S.M.Shetty College,Powai
- 507.Namit Rathod - BIT DURG
- 508.Mohammad Umar Shah Alam Khan - Ra Podar College Of Commerce And Economics
- 509.Rahul Veshvikar - VPM'S K. G. Joshi College Of Arts & N. G. Bedekar College Of Commerce, Thane
- 510.Rohit Sunil Garje - Valia Cl College Of Commerce
- 511.Arpit - S.M.Shetty College,Powai
- 512.Giri Nilesh Dinesh - S.M.Shetty College,Powai
- 513.Prerana Vinod Gurav - S.M.Shetty College,Powai
- 514.Tanya Ravindranath Singh - S.M.Shetty College,Powai



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**Certificate Sample Copy - Intercollegiate Online Quiz competition on the occasion of**  
**71<sup>st</sup> CONSTITUTION DAY**



Vijay Krishnarajama

**NSS Programme Officer**

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John Pereira

**NSS Programme Officer**



Principal

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**Approval Form: Webinar on Yoga with Dr. Kush Panchal**

**Department:** NSS

**Program:** Webinar on Yoga

**Objectives:** To Ensure and Maintain Physical and Mental Fitness amongst stakeholders

**Need:** To celebrate Fit India Movement, initiated by the Government of India, Training in Yoga and Mental Wellbeing

**Content:** Super energetic meditation techniques, Yoga for back pain, most effective fat loss home exercises, how to stay motivated in this pandemic, Stress Management, Professional meditation audios

**Resource Person:** Dr. Kush Panchal, International Yoga Trainer

**Date:** 26th September 2020 Time: 6:00pm. Venue: ZOOM Meeting

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Ishan Salian and Ms. Mahima Singh

**Verified by:** Prof. Vijay Vishwakarma



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**Minutes of Meeting: Webinar on Yoga with Dr. Kush Panchal**

There was a meeting taken on Zoom Platform on 24<sup>th</sup> September, 2020

**Minutes of the meeting:**

- To conduct webinar for Fit India Movement.
- To work on the approval form.
- To allot technical work to technical team.
- To prepare leader for the anchoring of the webinar.
- To prepare Vote of thanks.
- To prepare WhatsApp Message that would be send to other colleges to come and join the webinar.
- To work on the report after the webinar.



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**Poster & Brochure: Webinar on Yoga with Dr. Kush Panchal**




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## NSS UNIT

To Celebrate Fit India Movement  
*organises*  
**AN INTERCOLLEGIATE WEBINAR ON YOGA**  
**26TH SEPTEMBER, 2020**  
(Open to all )  
**Join us on Zoom at 6:00pm**



**GUIDED BY:**  
*Dr. Kush Panchal*  
International Yoga Trainer

For Queries  
Ishan Salian- 9773471471      Deepika Pillai- 9004961914  
Mahima Singh- 7506516043      Mayur Gami- 7977719054

*Dijay Crishwazama*

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*John Penezo*

**NSS Programme Officer**



*Principal*  
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**Notice: Webinar on Yoga with Dr. Kush Panchal**

The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce & Management Studies.

Organises

Webinar on Yoga

To celebrate Fit India Movement ,initiated by the Government of India

Open for all

Yoga is the journey of the self, through the self, to the self. It's not about being good at something. It's about being good to yourself.

Date: 26th September 2020

Time : 6:00pm. This session will be guided by Dr. Kush Panchal International Yoga Trainer.

- He will guide you through:
- प्राणायामसेप्राणबचाओ
- Super energetic meditation techniques
- Yoga for back pain
- Most effective fat loss home exercises
- How to stay motivated in this pandemic
- Stress Management
- Along with QNA session  ♂

Other topics covered:

- 1) Amazing memory power techniques



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- 2) Animal flow movement-based exercises
- 3) Personalised consultation
- 4) Detox diet tips for evergreen health
- 5) Professional meditation audios

Short Introduction -

Dr. Kush Panchal is an accomplished International Yoga Trainer.

He is the personal trainer of KanganaRanaut and ShahidKapur. He has trained Hollywood celebs Emma Watson, Pop Singer Ellie Goulding and James Bond villain Sebastien Fucon. Kush has done his PhD in 'DhyanYog' from Hrishikesh, he has a Masters Diploma in Fitness Management from America and Advanced Degree in Body Weight Training from London. Out of 667 yoga trainers from all over Asia, he was selected among the top 16, to instruct the elite guests of the number one VIP cruise ship 'Holland America Line'. He is also the 1st Indian to conduct his 'Yoga-with-Dance' workshop at the London Bridge with 552 participants!

You cannot always control what goes on outside. But you can always control what goes on inside. This session will surely relax your mind and will be very helpful to fight this pandemic too.

For registration, click here:

<https://forms.gle/AerHqo48htUUHU376>

Please note Zoom link will be provided via mail

Regards,

NSS UNIT



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**Report: Webinar on Yoga with Dr. Kush Panchal**

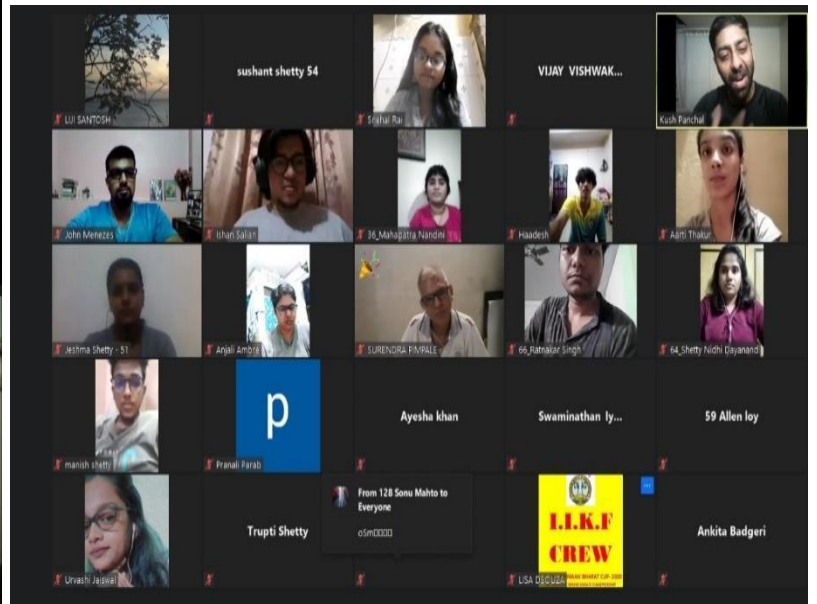
**Event: Webinar on Yoga with Dr. Kush Panchal**

**Date:** 26<sup>th</sup> September, 2020.

**Objective:** It will create awareness about how yoga can help to keep ourselves fit.

**Highlight:** The NSS Unit of S. M. SHETTY COLLEGE had organized a fitness Webinar on 26<sup>th</sup> September, 2020 to celebrate **FIT INDIA MOVEMENT**.

In accordance with the Fit India Movement initiated by the Government of India, the NSS Unit of Bunts Sangha's SM Shetty College of Science, Commerce and Management studies had held an intercollegiate "YOGA" webinar on 26th September 2020 at 6:00pm. The session was guided by Dr. Kush Panchal International Yoga Trainer. There 180 people participated in the intercollegiate yoga webinar.



*Vijay Krishnarajama*

**NSS Programme Officer**

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*John Mercedes*

**NSS Programme Officer**

  
*Kush Panchal*  
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**Participation List: Webinar on Yoga with Dr. Kush Panchal**

1. Sushant Shetty - Sm shetty
2. Vidhya Hegde - Bunts Sangha's SM Shetty High School & Jr. College
3. Upadhyay shivam sanjay - Sm shetty college
4. Aman Vikash Surana - Sm Shetty College
5. VAIBHAV SUBHASH PAWAR - S M SHETTY INTERNATIONAL SCHOOL AND JUNIOR COLLEGE
6. Nafees Ahmed - S. M. Shetty College
7. Priyadarshani jena - SM shetty college
8. Prof.Swati Shetty - Bunts Sangha's S.M Shetty College of Science,Commerce and Management Studies,Powai
9. Teharin - SDM MMK
10. Bhoomika R Arora - Sm shetty college
11. Krishna jaiswal - S. M. SHETTY COLLEGE
12. Nidhi yadav - S.M shetty
13. Dipti V. Shetty - Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies
14. MS.SURTI ZAINAB FIDAHUSAIN - BUNTS SANGHA SM SHETTY COLLEGE OF SCIENCE COMMERCE AND MANAGEMENT STUDIES,POWAI
15. Jissa Senthil Nelli - S. M. Shetty high school and Junior college
16. Ujwal Poojary - sm shetty degree college
17. Nehal Nilesh Satre - SM Shetty College -
18. Dakshita Nitesh Jaiswal - Sm Shetty college
19. MS. SANGITA SHENOY - K.V. PENDHARKAR COLLEGE
20. Nidhi Shetty - Bunts Sangha's SM Shetty College
21. URVASHI JAISWAL - S M SHETTY
22. shetty manish umesh - s m shetty
23. Talekar Priyanka Dileep - Bunt Sangha's S.M Shetty College
24. Ms. Ankita Badgeri - Vivek College of Commerce
25. Rakshanda shaikh - Bunts sangha sm shetty high school jr.college
26. Aparna Anand - Bunts Sangha's SM Shetty High School and Jr. College



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28. Priyanka Hubraj Pal - Bunts Sangh's S. M. Shetty High school and junior College
29. Sahil Ghanshyam Yadav - SM Shetty College Powai
30. Aishwarya Rajendra Jangam - Valia C.L College of Commerce Andheri (West)
31. Sunita Dubey - SM shetty international school
32. Vanishree Sirpuram - S M Shetty High School & Jr College
33. Anurag GulabChand Tiwari - S.M Shetty College
34. Ms.Shruti Panhale - S.M Shetty College, Powai.
35. Mrs. Priya Singh Sharma - Bunts Sangha's S.M Shetty High School & Junior College
36. Aliza khan - S M Shetty college,powai
37. Pardeshi Amisha Pravin - S. M. Shetty High School n jr clg
38. Neelaman Allen Loy Johnson - S.M Shetty
39. Abhishek Rajkishor Gupta - S m Shetty College
40. Trupti Nevse - Bunts sanghas S. M. Shetty High school &Jr.college
41. Krupali mota - Valia c l college
42. Swathi Ganesh Shetty - S M SHETTY
43. Ms. Shambavi Vinod Balvalli - SIES Graduate School Of Technology
44. Vijaylaxmi kahar - Valia CL college of commerce
45. KUMUDINI DNYANDEO DHURI - Bunts Sangha's S.M. Shetty Highschool & Jr. College
46. Sairaj Shetty - sm shetty
47. Ms. Nidhi Kumari - College Of Teacher Education, Samastipur
48. Vandana kadeprasad kanojiya - Sm shetty collage
49. Krishi Sathish Shetty - SM shetty college of science,commerce&management
50. Sneha Dodmani - J. M. Patel College
51. Ms. Harsha Vinayak Naik - SIES college of arts science and commerce
52. Megha paunikar - Sm shetty college powai
53. Dr Surender Singh - Government College, Birohar( Jhajjar)
54. Ratnakar Singh - S. M. Shetty College
55. Manali Santosh Rajeshirke - Bunt's Sangha's S.M. Shetty College of Science, Commerce and Management Studies
56. Taiba Shaikh - Sm Shetty College
57. Uma Nair - Bunts Sangha's S M Shetty Junior College



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59. Aarti Thakur - SM shetty college
60. ANU TARACHANDANI - Bunts Sangha's SM Shetty High School & Junior College
61. PATIL MAYURESH ANANT - BUNTS SANGHA'S S.M. shetty college of science commerce and business management
62. Miss Nandini Mahapatra - S.M Shetty College, Powai
63. Miss. Swati Shetty - SM.Shetty College,Powai.
64. Ms. Rishu Vats - Lalit Narayan Mithila University, Darbhanga
65. Chirag Prabhakar Ghanekar - Valia C.L College of Commerce
66. Mr. Sahil ayajuddin shaikh - Bunts sanghs S. M. Shetty college of commerce science and studies mangment powai
67. Pratibha Garg - Army Institute of Education Greater Noida
68. Sulata Bhagwan Panigrahi - Bunts Sangha's S M Shetty High School and Junior College
69. Manish Ullal - S.M.Shetty
70. Samay shah - Sm Shetty
71. Aniket Anil Varma - Bunt's sangha S.M .Shetty college powai
72. Jayesh R. Watane - Dr.PDMMC, Amravati
73. Ms. Trupti Shetty - Bunts Sangha's S.M. Shetty High School and Junior College
74. Divya Vithoba Chavan - Jashbhai Maganbhai Patel College Of Commerce
75. Anshika vishwakarma - Sm shetty college
76. Durgani kiran - Sri Rama krishna Degree college Nandyal
77. Angel Antony - Valia C. L College
78. Sahu Sriyakumari Sunil - Bunts Sangha's SM Shetty College of science , commerce , arts and management studies
79. Ms. Anjali Balkrishna Ambre - S.M. Shetty High School & Jr. College
80. KUNAL SAMPATLAL BHANDARI - SM SHETTY COLLEGE
81. Anuja ramakant gajinkar - Bunts sangha's college of science commerce and management
82. Usha Shetty - Bunts Sangha's S M Shetty School and Jr.College
83. Lisa John Dsouza - Bunts sangha sm shetty college
84. Ms. Vrinda Soman - Bunts Sangha's S. M. Shetty College Of Science Commerce and Management Studies
85. Mrs. Reshma More - Patuck Jr. College



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88. Sakshi Poojary - Bunts Sangha S.M Shetty College
89. Nishant Maurya - SKM JASHBHAI MAGANBHAI PATEL COLLEGE OF COMMERCE
90. Mrs Ritu Singh - SM Shetty high school and Junior college
91. SURENDRA LAXMI DINANATH PIMPALE - BUNTS SANGHA'S S. M. SHETTY HIGH SCHOOL & Jr.COLLEGE
92. Mastr. Swaminathan G Iyer - Bunts Sangha's SM Shetty College of Arts, Commerce and Management Studies
93. Laxmi Vijendra Mourya - J.M Patel College of Commerce
94. Dhiraj krishna moolya - Sm shetty college
95. Ishan Salian - S. M. Shetty College of Science, Commerce and Management Studies, Powai
96. Mrs. Subadra Nararyanaswamy - S.M. Shetty High School & Junior College
97. Ayesha Khan - S M shetty college
98. Bandapalli sridhar naidu - Sri Ramakrishna degree College autonomous
99. Mishra Anchal Ganga Prasad - S.M. Shetty College
100. Vishwakarma Suraj Raj kumar - J.M patel College
101. Shaikh Alfiya Haroon - Sm shetty college
102. Deepthika Pillai - S.M.ShettyCollege,Powai
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104. Snehal Rai - S.M. Shetty College
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106. Jaya Gangadhar sarkate - J. M. Patel college
107. Akshata Pilke - J.M.Patel college
108. Tejasvi Parab - SIES College of Arts, Science and Commerce (Autonomous)
109. Mr. SUNDAR GAJENGI - S.I.E.S College of Arts , Science & Commerce (Autonomous) , Sion (W)
110. Jeshma Mahesh Shetty - SM Shetty college Powai
111. ATUL NARESH SAKPAL - Ismail yusuf college
112. Yadav Anil Rampal - JM patel college commerce
113. Vinay Ganji - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)



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- 115. Nitu Chouhan - SIES college of arts science and commerce
- 116. Avani Ramesh Waghela - Sm Shetty
- 117. Nikita shetty - Sm shetty
- 118. Shravan Shetty - SM SHETTY HIGH SCHOOL AND JR. CLG

**Certificate Sample: Webinar on Yoga with Dr. Kush Panchal**



*Dijay Crishwarajama*

**NSS Programme Officer**

*John Pienzo*

**NSS Programme Officer**

*Kush Panchal*

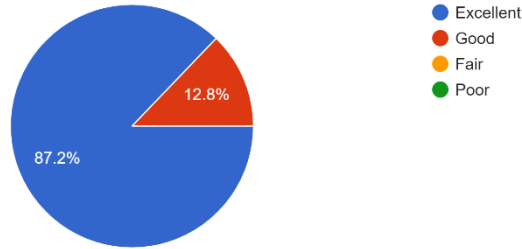
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**Feedback Analysis: Webinar on Yoga with Dr. Kush Panchal**

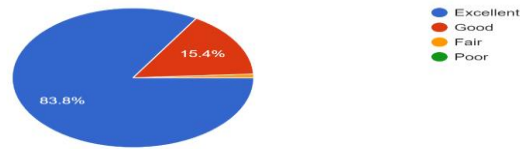
How do you rate the theme of the webinar?

117 responses

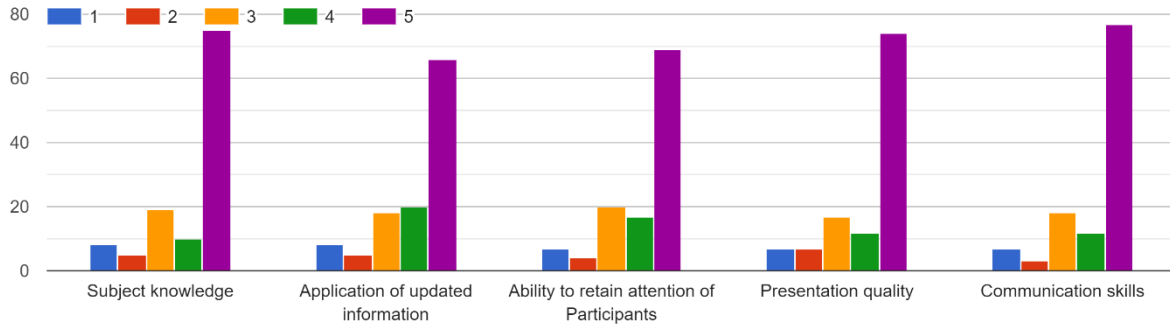


How did you find the content of the session

117 responses



Dr. Kush Panchal ( 1-lowest, 5- highest)



*Dijay Crishwarajama*

**NSS Programme Officer**

*John Penezo*

**NSS Programme Officer**



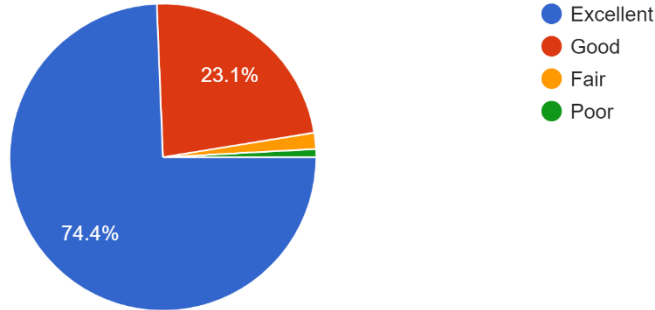
*Kush Panchal*  
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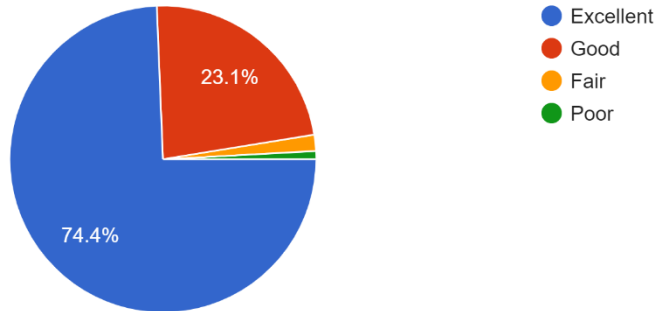
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Please rate your overall knowledge level about the topic covered AFTER ATTENDING the session  
117 responses



Please rate your overall knowledge level about the topic covered AFTER ATTENDING the session  
117 responses



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**Action Taken: Webinar on Yoga with Dr. Kush Panchal**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
Date: 26 <sup>th</sup> September,2020	<ul style="list-style-type: none"><li>● Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>● All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



**NSS Programme Officer**



**NSS Programme Officer**



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**S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT**  
**STUDIES, POWAI**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 21001:2018 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Approval Form: Tricolor Craft Competition on Republic Day**

**Department:** NSS UNIT.

**Program:** Tricolor Craft Competition on Republic Day.

**Objective:** This is an Inter-collegiate Tricolor Craft Competition.

**Need:** It is important to motivate students and help them to develop creativity skills.

**Content:** The theme for Tricolor Craft Competition was Republic Day.

**Judge:** Ms. Swati Shetty.

**Date:** 26<sup>th</sup> January, 2021.

**Cost/Budget:** Nil / Not Applicable.

**Proposed by:** Ms. Deepthika Pillai.

**Verified by:** Prof. Vijay Vishwakarma.



**NSS Programme Officer**



**NSS Programme Officer**



**PRINCIPAL**

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**Minutes of the Meeting: Tricolor Craft Competition on Republic Day**

There was a meeting taken on Zoom Platform on 23<sup>rd</sup> January, 2021

**Minutes of the meeting:**

- Discussed about the upcoming events.
- Planned about the theme and dates for the event.
- The leaders work on the sample message that would be sent to other colleges for participation.
- The social media teamwork on the social media poster and brochure for the event.
- The digital team starts to work on the certificate layout that will be provided to the winners and participants.

**Brochure/Poster: Tricolor Craft Competition on Republic Day**



*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Pieneyes*

**NSS Programme Officer**

  
*P. Shetty*  
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**Notice (WhatsApp Message): Tricolor Craft Competition on Republic Day**

Jai Hind

On the occasion of REPLUBIC DAY

The NSS Unit of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies · has organized an Intercollegiate Event TRICOLOR CRAFTS COMPETITION

"Creativity is inventing, experimenting, growing, taking risks, breaking rules, making mistakes, and having fun."

Rules and Regulations

- 1) Make sure your crafts should be in tricolor. This is the right time to show your creativity.
- 2) It doesn't really need to be professional Non craft makers are also welcomed
- 3) Capture a picture of your materials, making and final design.
- 4) Submission should be done by given google form. It should be in PDF format.
- 5) The participants should fill proper details of them in the given Google form.
- 6) No late entry will be accepted.

Note: The last day of Submitting your Crafts is 25th January, 2021 till 12:00p.m

Some examples of crafts that you can make:

Tricolor paper Flower

Tricolor paper Crown

Tricolor bottle stationary holder.

Show your creativity and create something innovative.

E-Certificates will be provided.

Submit your Crafts on the link given below..

<https://forms.gle/UkQ8aRbNcHzX4W6CA>

Results will be announced on our Instagram page by 26th January, 7:00pm. So stay tuned!

For any further queries, Call or WhatsApp

Deepthika Pillai - 9004961914

Sushant Shetty - 7738813869

Snehal Rai - 9082362400

Ishan Salian - 9773471471



**NSS Programme Officer**



**NSS Programme Officer**



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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Report: Tricolor Craft Competition on Republic Day**

**Event: Tricolor Craft Competition on Republic Day**

**Date:** 26<sup>th</sup> January, 2021

**Objective:** This is an Inter-collegiate Tricolor Craft Competition.

**Highlights:** This event was organized by the NSS Unit of our College. The Participants were asked to email a 10 seconds snap while creating and clicking photos. There were a total of 10 participants from different colleges in Mumbai. The event was judged by Ms. Swati Shetty.

The winners of the events are:

1. Sakshi Poojary- S.M. Shetty College, Powai & Paresh Parab- V.K.
2. Krishna Menon College. 2.Ayush Tiwari- Bit, Drug & Anchal Mishra-  
S.M. Shetty College, Powai.
3. Aniket Verma- S.M. Shetty College, Powai & Jasmine Mulani- K.G. Joshi  
College of Arts, Thane.



**NSS Programme Officer**



**NSS Programme Officer**

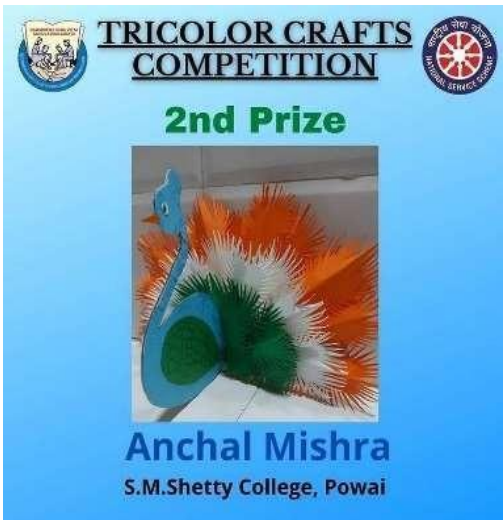
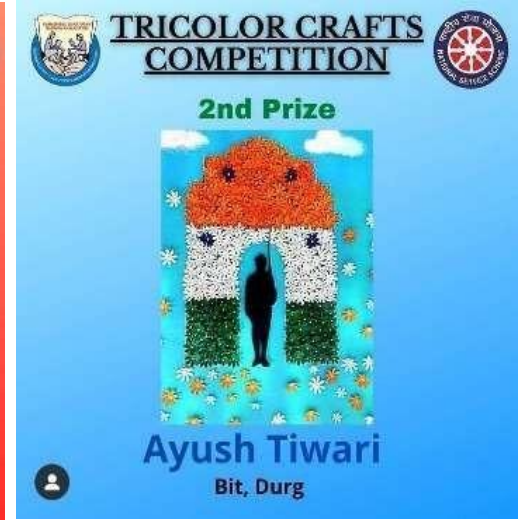
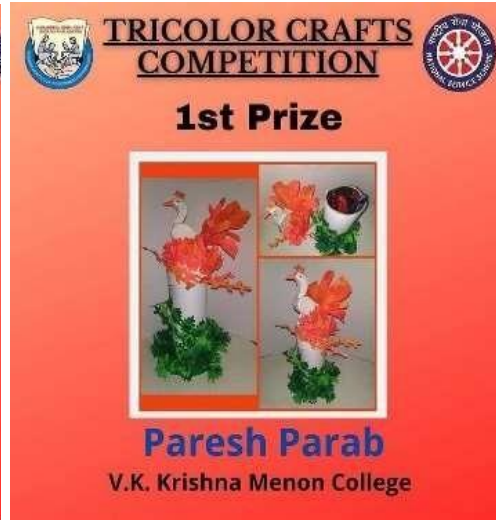
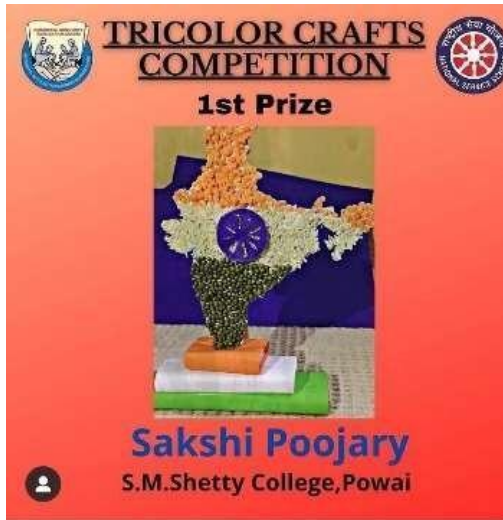


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*Dijay Krishnarajama*

NSS Programme Officer

*John Penezes*

NSS Programme Officer

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**Tricolor Crafts send by the Participants: Tricolor Craft Competition on Republic Day**

Aniket Ramakant Verma



Alifa Haroon Shaikh



Aleena Shaikh



JASMINIE AZIZ MULANI

*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Penezes*

**NSS Programme Officer**

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*Principal*  
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Sakshi Poojary

Aarya Kaur



Aayush Tiwari Bit



*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Penezes*

**NSS Programme Officer**

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*Sakshi*  
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Krishna Jaiswal



Nandani Gyanchand



Sonam Bind



Shivanjali Singh

*Dijay. Krishnarajama*

**NSS Programme Officer**

*John Pienzo*

**NSS Programme Officer**

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Sriyakumari Sahu



Radhika Jayesh Manjekar



Priya Yadav



Anuja gajinkar

*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Pienzo*

**NSS Programme Officer**

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Craft Competition on Republic Day

Participation Certificate



*Dijay Krishnarajama*

NSS Programme Officer

*John Penezes*

NSS Programme Officer

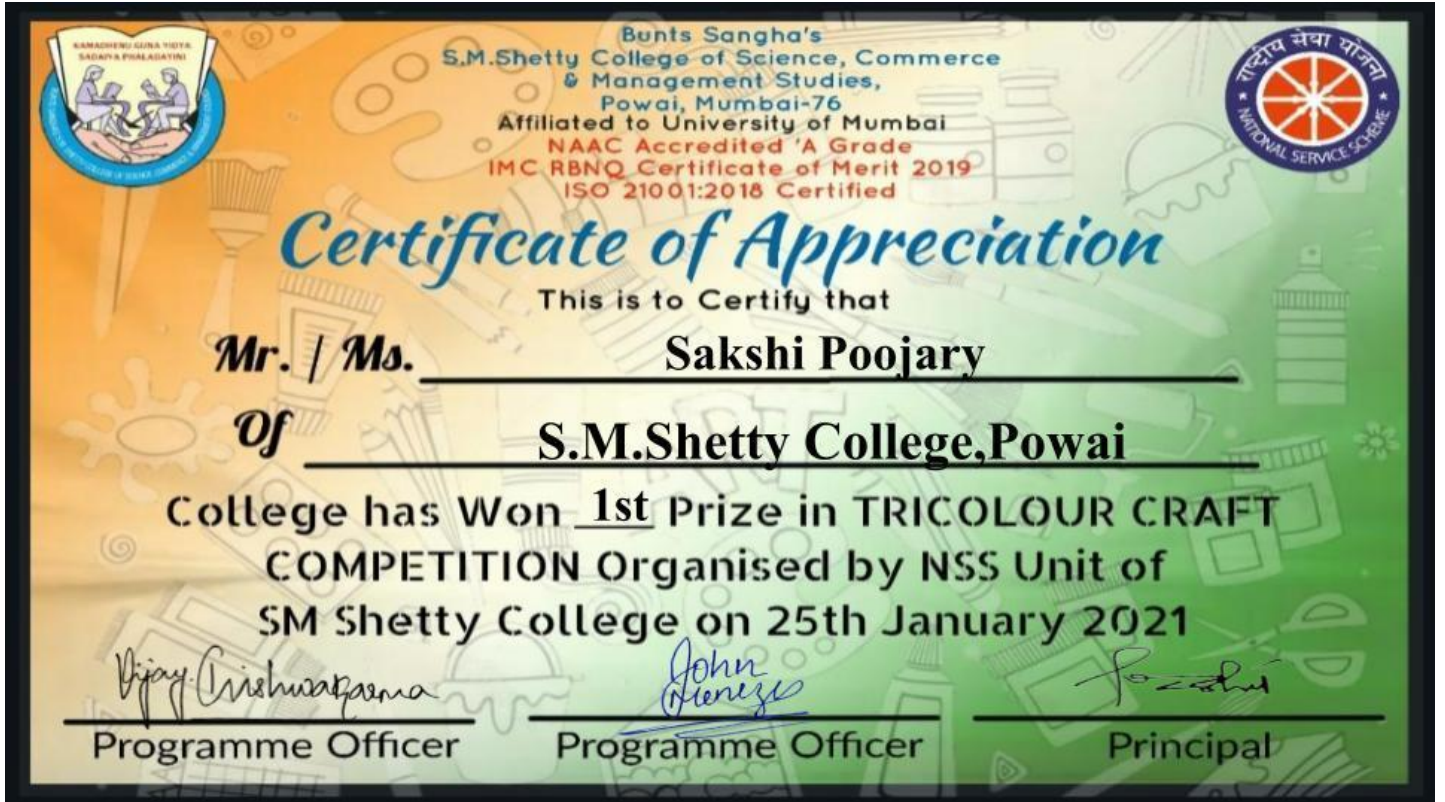
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Appreciation Certificate



*Vijay Krishnaswama*

NSS Programme Officer

*John Fierze*

NSS Programme Officer

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*Sakshi*  
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**Approval Form: Mission Compassion 2021**

**Department:** NSS Unit.

**Program:** Mission Compassion 2021

**Objectives:** To make people aware about been vegan and its benefits.

**Need:** It important for people to know about the Vegan diet, food and its benefits.

**Content:** This is an Inter-colligate webinar "Mission Compassion" that explain what are the benefits of been a vegan.

**Resource Person:** Kuntal Joisher

**Date:** 25<sup>th</sup> February, 2021

**Cost/Budget:** NA.

**Proposed by:** Mr. Sushant Shetty & Ms. Snehal Rai

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



**NSS Programme Officer**



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**Minutes of the meeting: Mission Compassion 2021**

There was a meeting held on Zoom Platform on 23<sup>rd</sup> February, 2021

**Minutes of the meeting:**

- Discussed about upcoming event on Mission Compassion 2021.
- Finalize the poster for the webinar.
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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Poster/Brochure: Mission Compassion 2021



•Virtual Tour•

Bunts Sangha's, S M Shetty  
College of Science, Commerce and  
Management studies, Powai.  
(Affiliated to University of Mumbai)

NAAC Accredited 'A' Grade  
IMC RBNQ Certificate of Merit 2019  
ISO 21001:2018 Certified

**MISSION COMPASSION 2021**

Join to know about the health benefits of a plant-based diet and how you can help save the planet and animals.



**Keynote Speaker: Kuntal A Joisher**  
is the first mountaineer in the world  
to have climbed Mount Everest on  
an entirely plant-based diet.

**Date: 25th February 2021, 4PM TO 5 PM**

**Contact Us**

Jaydeepsinh Jhala  
[india@veganoutreach.org](mailto:india@veganoutreach.org)



*10 Weeks TO VEGAN*

*Dijay. Krishnaswama*

**NSS Programme Officer**

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*John Jenezo*

**NSS Programme Officer**



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**Notice (WhatsApp Message): Mission Compassion 2021**

Greetings To All-

The NSS UNIT of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai is organizing a Inter-collegiate Webinar on "Mission Compassion 2021"

A informative webinar on health benefits of a plant-based diet and how you can help save the planet and animals. .

Speaker of the webinar:- Kuntal A Joisher

(First Mountaineer in the world to climb Mount Everest on an entirety plant-based diet.)

Registration Link:-

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZwsdu2tqjguHNDY52M1GpWL35okucHkA50w>

Note: After registering, you will receive a confirmation email containing information about joining the meeting.

Date:- 25th February 2021

Time:- 4:00pm to 5:00pm

Venue:- Zoom Meeting

Note:- All the participants will be provided with E-Certificate

Hope to see you all there.

“We can live as we were meant to live – simply, joyously, of and on the earth. We can live with all our effort and with pure happiness.”

For Further Queries Contact:

Ishan Salian – 9773471471      Snehal Rai - 9082362400

Mahima Singh- 75065 16043      Dipti Shetty- 70451 97444



**NSS Programme Officer**



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**Report: Mission Compassion 2021**

**Event: Mission Compassion 2021.**

**Date:** 25<sup>th</sup> February, 2021.

**Highlight:** On Thursday 25th February, students from NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai joined the Mission Compassion 2021 virtual tour organised by Vegan Outreach. 600 students attended the live event and learned about the impact of dietary choices on health, animals, and the environment. Vegan Outreach organized the Mission Compassion virtual event in collaboration with Mumbai University NSS units with support of Prof. Sudhir Puranik, NSS Director of Mumbai University. 7000+ students from 85+ colleges took part in the five-day event.

NSS Program Officer Prof. Vijay Vishwakarma, world's first vegan mountaineer Kuntal Joisher and Vegan Outreach representatives were present at the event. During the one-hour live session, Kuntal Joisher shared his life journey and experience of climbing Mount Everest. He explained the importance of a vegan diet and its health benefits. Kuntal also educated the students about the impact of meat and dairy on animals and the environment.

"Climbing Everest was a personal and spiritual journey. It was also a chance to prove that a vegan diet does not lack nutrition and can support the most difficult physical endurance endeavor on the planet," said Kuntal during the event. "I have never asked anyone to become a vegan. Instead, my idea is to do spectacular things and inspire others to ask me a question—what do you eat that you can pull off such feats?"

"We consume dairy and meat, assuming that it's healthy for us. But this session was an eye-opening experience for all of us. We are thankful to the Vegan Outreach team and Kuntal Joisher for enlightening us."

— NSS Program Officer, Prof. Vijay Vishwakarma

"We interact with hundreds of students regularly during outreach, and most of them want to switch to a vegan diet when they learn about the amount of animal cruelty involved in the process. Our 10 Weeks to Vegan is a guided challenge that provides everything students need



**NSS Programme Officer**



**NSS Programme Officer**



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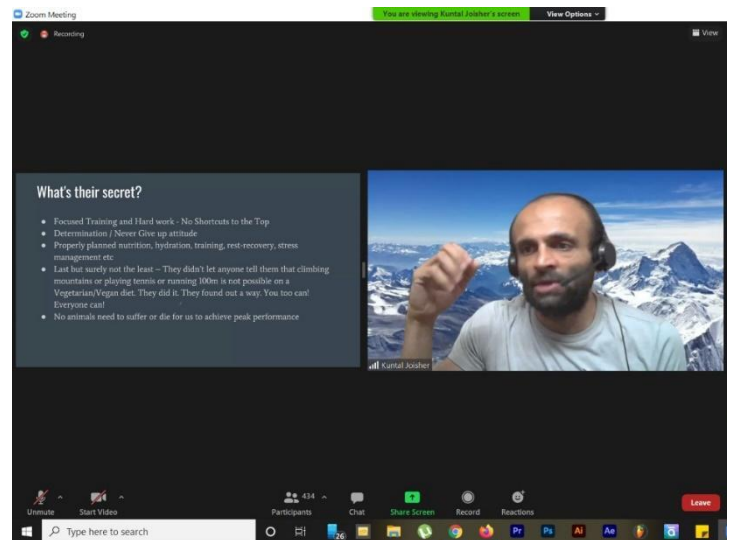
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to know to get started with a vegan diet. The 10 Weeks to Vegan emails include tips and resources to help students make the switch.”

— Jaydeepsinh Jhala, Sr. Outreach Coordinator at Vegan Outreach.

During the Mission Compassion 2021 virtual tour, thousands of students pledged to help animals and the environment by reducing their animal product consumption. More than 84+ colleges affiliated with Mumbai University participated in the event, making this initiative a great success.



*Dijay Krishnaswama*

**NSS Programme Officer**

*John Pienze*

**NSS Programme Officer**

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**Certificate: Mission Compassion 2021**



*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Denezes*

**NSS Programme Officer**

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*[Signature]*  
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**Approval Form – Face painting Competition on Republic Day**

**Department:** NSS

**Program:** Face Painting Competition on Republic Day.

**Objectives:** This is an Inter-collegiate Face Painting Competition.

**Need:** It is important to motivate students and help them to develop creative skills.

**Content:** The topic for Face painting Competition was Republic Day.

**Judge:** Ms. Swati Shetty.

**Date:** 25<sup>th</sup> and 26<sup>th</sup> January, 2021.

**Cost/Budget:** NA.

**Proposed by:** Ms. Shruti Panhale.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



**NSS Programme Officer**



**NSS Programme Officer**



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**Minutes of the meeting – Face Painting Competition on republic Day**

There was a meeting taken on Zoom Platform on 23<sup>rd</sup> January, 2021

**Meeting on 23<sup>rd</sup> January, 2021**

- Discussed about the upcoming events.
- Planned about the theme and dates for the event.
- The leaders work on the sample message that would be send to other colleges for participation.
- The social media team work on the social media poster and brochure for the event.
- The digital team start to work on the certificate layout that will be provided to the winners and participants.

**Brochure/Poster – Face Painting Competition**



The brochure is a colorful poster for a face painting competition. At the top, it features the college's name and accreditation details. The central text reads 'NATIONAL SERVICE SCHEME On The Occasion of REPUBLIC DAY Organises An Inter-Collegiate Event FACE PAINTING COMPETITION'. Below this is a quote: 'Art is not what you see, but what you make others see' and the theme 'Theme: Republic Day'. The submission date is '25th January, 2021' and the email for submissions is 'nssunitb46@gmail.com'. Results are to be declared on '26th January, 2021'. Contact information for Ishan Sallian, Mahima Singh, and Shruti Panhale is provided at the bottom.



**NSS Programme Officer**



**NSS Programme Officer**

  
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**RULES AND REGULATION OF FACE PAINTING**

- Theme for the event will be Republic day.
- Participants have to add 10secs short snippets/ video as a proof that they are painting the face by themselves, attached with the final photo of the face painting.
- Student should mention the following details while submitting the entries
  - 1) Full Name of candidate.
  - 2) College Name.
  - 3) Class/Division.
  - 4) Contact Number.
- Your entries must reach us by 25th January 2021 before 2pm.
- Do not paint on sensitive area if you have sensitive skin or allergies. We will not be held responsible for any reactions that may occur.
- Participant will be judged on the basis of creativity, innovation and design.
- E-Certificate will be provided.
- Decision of the judges will be final.

**ALL THE BEST**



**NSS Programme Officer**



**NSS Programme Officer**



**PRINCIPAL**  
Bunts Sangha's S.M. Shetty College  
of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smshettyinstitute.org

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**BUNTS SANGHA'S**  
**S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT**  
**STUDIES, POWAI.**  
**NAAC ACCREDITED 'A' GRADE**  
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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Notice (Whatsapp Message):**

Art is not what you see, but what you make others see-

Jai Hind

Hello Fellas!!! ·

The NSS UNIT of Bunts Sangha's S.M Shetty College of Science Commerce and Management Studies Powai, are back with an amazing and exciting Intercollegiate Event on the occasion of Republic day

✦ FACE PAINTING COMPETITION ✦

- □ \_THEME: Republic Day
- □ \_Date of Submission:\_ 25th January, 2021.

Send us your snippets of painting face and the final picture at our email id.

- □ \_Rules and Regulations\_:

The paint should be done by yourself.

- □ Submit at our email id: nssunitb46@gmail.com

Don't forget to mention your Full Name, Class, College name, Whatsapp Number.

The results will be declared at our Instagram page at 26th January 2021.

Instagram id-

[https://instagram.com/shettyunit\\_b46?igshid=oahwycsldum](https://instagram.com/shettyunit_b46?igshid=oahwycsldum)

For any queries:-

Shruti Panhale- 9930065435

Ishan Salian- 9773471471

Mahima Singh- 7506516043

NSS Unit.



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**NSS Programme Officer**



  
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**Report – Face Painting Competition on Republic Day**

**Event:** Face Painting Competition on Republic Day.

**Date:** 25<sup>th</sup> and 26<sup>th</sup> January, 2021.

**Objective:** This event was organized for “Face Painting”.

**Highlights:** This event was organized by the NSS Unit of our College. The Participants were asked to email a 10 seconds snap while painting and click photos. There was total 10 participants from different college in Mumbai. The event was judged by Ms. Swati Shetty.

The winners of the events are:

1. Mandeera Ramgiri – S.M. Shetty College, Powai.
2. Lisa D'souza – S.M. Shetty College, Powai.
3. Janhavi Koli – SMT. Kamala Mehta College.



*Dijay Krishnaswama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John D'Almeida*

**NSS Programme Officer**

 *Swati Shetty*  
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Tel. 022-6132 7352  
Email: college@smshettyinstitute.org

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**Face Painting Submitted by the Participants**



*Dijay. Krishnaswama*

**NSS Programme Officer**

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*John Denezes*

**NSS Programme Officer**



*Principal*  
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*Dijay. Krishnaswama*

**NSS Programme Officer**

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*John Dierzes*

**NSS Programme Officer**



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*Dijay. Krishnaswama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Denezes*

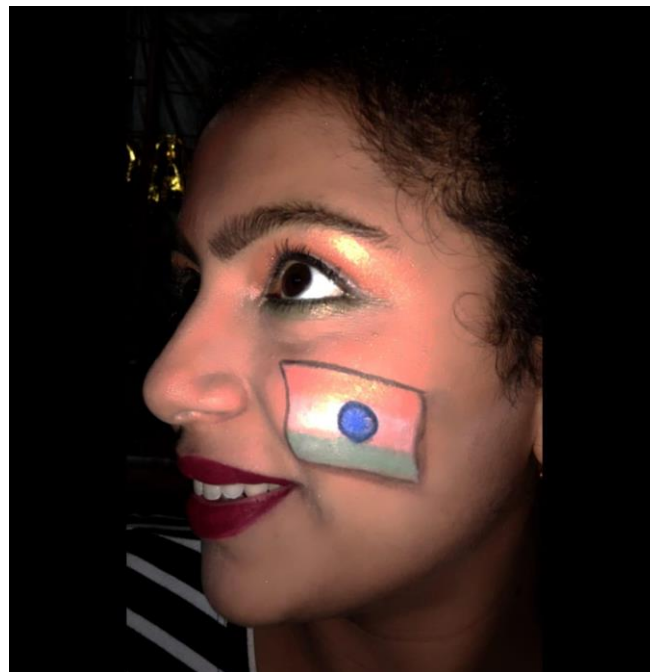
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*Prakash*  
PRINCIPAL

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IMC RBNQ CERTIFICATE OF MERIT 2019**



*Dijay. Krishnaswama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Pienzes*

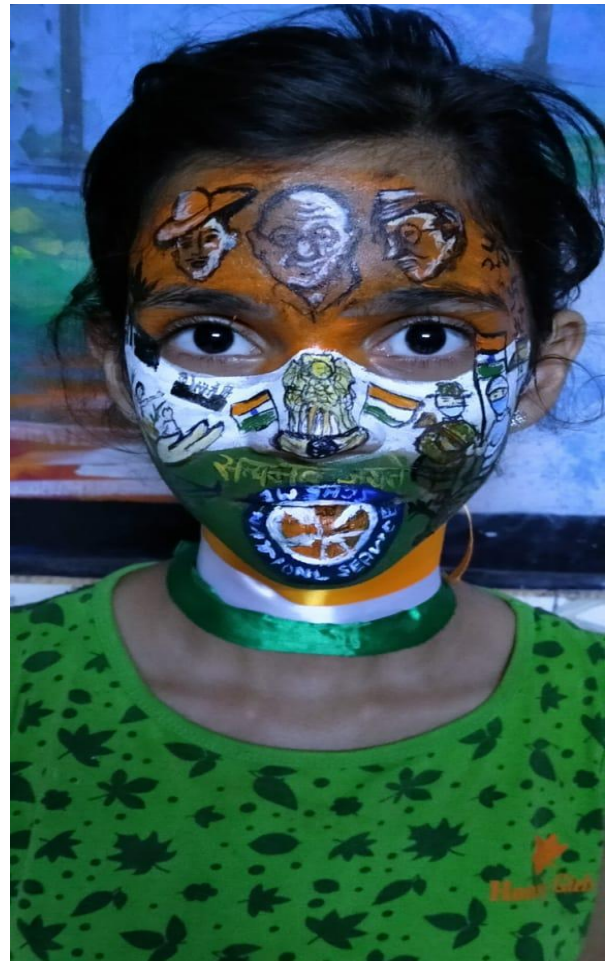
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*Dijay. Krishnaswama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Pienzo*

**NSS Programme Officer**



*Shetty*  
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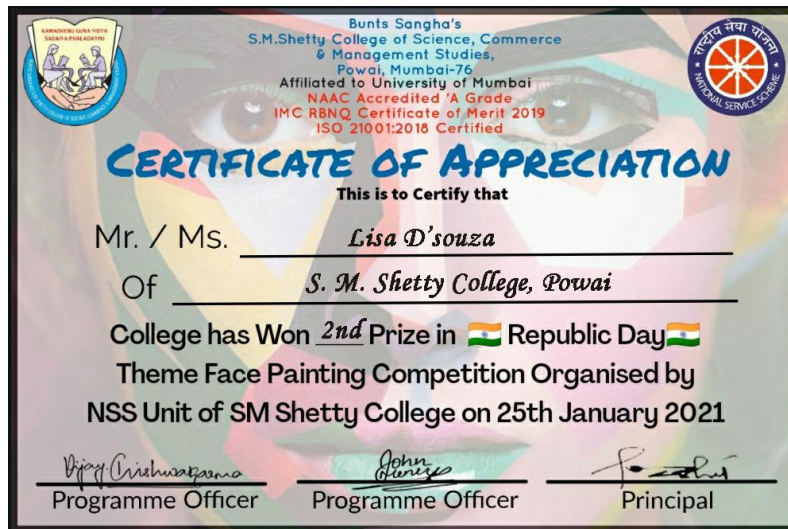


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**Sample Certificate – Face Painting Competition on Republic Day**



Participation Certificate



Appreciation Certificate



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**NSS Programme Officer**

  
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**Approval Form: Webinar on How Can NSS Volunteers Contribute During This Pandemic**  
**– NSS Foundation Day**

**Department:** NSS

**Program:** 51st NSS FOUNDATION DAY & INAUGURATION

**Objectives:** Orientation to Students about NSS, Contribution in Pandemic

**Need:** Inauguration of College NSS Unit, Webinar on Effective Contribution of NSS Volunteers during pandemic

**Content:** Celebration of 51<sup>st</sup> NSS Foundation Day, Inauguration of NSS Unit and Webinar on the Topic - HOW CAN NSS VOLUNTEERS CONTRIBUTE DURING THIS PANDEMIC?

**Resource Person:** Ms. Rouble Nagi, Founder of Rouble Nagi Art Foundation & Rouble Nagi Design Studio

**Date:** 24th September 2020

**Time:** 04:00 PM

**Venue:** Zoom Meeting

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Prof. John Menezes

**Verified by:** Prof. Vijay Vishwakarma



**NSS Programme Officer**



**NSS Programme Officer**



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**Minutes of Meeting: Webinar on How Can NSS Volunteers Contribute During This Pandemic – NSS Foundation Day**

There was a meeting held before the webinar on 20<sup>th</sup> September, 2020.

**Minutes of the meeting:**

- To discuss about the upcoming events.
- To allot technical team for arranging the meeting link from Zoom Platform.
- To allot work to the leaders for the webinar.
- To work on social media posts.
- To start PR calling for maximum participation in the webinar.
- To prepare anchoring for the webinar.



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**Poster & Brochure: Webinar on How Can NSS Volunteers Contribute During This Pandemic – NSS Foundation Day**



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**Celebrating 51st NSS Foundation Day**  
With



**Rouble Nagi**  
(Social Activist & Artist)

**LET'S BRING THE CHANGE BEING A VOLUNTEER**  
Join us on 24th September, 2020 at 4:30pm  
**TOPIC: "HOW CAN NSS VOLUNTEERS CONTRIBUTE DURING THIS PANDEMIC?"**

**For Queries**  
Ishan Salian- 9773471471      Mahima Singh- 7506516043  
Vrinda Soman- 9869348460      Mayur Gami- 7977719054



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**Notice: Webinar on How Can NSS Volunteers Contribute During This Pandemic – NSS**  
**Foundation Day**

The best way to find yourself is to loose yourself in the service of others..

The NSS Unit of Bunts Sangha's SM Shetty College Powai will be celebrating the 51st NSS Foundation DAY with ROUBLE NAGI on the topic "HOW CAN NSS VOLUNTEERS CONTRIBUTE DURING THIS PANDEMIC."

The webinar is scheduled on 24th September 2020. Timing:-4:30pm

Our Guest Speaker

**Ms. Rouble Nagi** is the **Founder of Rouble Nagi Art Foundation & Rouble Nagi Design Studio**. She is an award-winning, internationally acclaimed artist with over 800 murals to her credit. With over 150 exhibitions worldwide. She is a member of the India Design Council (IDC). She is also the first Woman Artist to be invited to exhibit at the Rashtrapati Bhavan Museum Gallery New Delhi. An Artist and Social worker who promotes young and talented artists from India and abroad.

Our social media handles :-

Instagram handel:-

[https://instagram.com/shettyynssunit\\_b46?igshid=1xuafngvhevvgf](https://instagram.com/shettyynssunit_b46?igshid=1xuafngvhevvgf)

Facebook handel:-

<https://www.facebook.com/smshettyynss/>

YouTube channel:-

[https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

Regards,

NSS UNIT.



**NSS Programme Officer**



**NSS Programme Officer**



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**Report: Webinar on How Can NSS Volunteers Contribute During This Pandemic –**  
**NSS Foundation Day**

**Event: Webinar on How Can NSS Volunteers Contribute During This Pandemic – NSS Foundation Day.**

**Date:** 24<sup>th</sup> September, 2020.

**Objective:** Orientation to Students about NSS, Contribution in Pandemic

**Highlight:** The NSS UNIT of S.M.SHETTY COLLEGE organized an inter-collegiate webinar "How Can NSS Volunteers Contribute during This Pandemic?" On the occasion of NSS Foundation Day and NSS Inauguration. The guest and the speaker for the webinar was Mrs. Rouble Nagi Ma'am

Who Social Activist & Artist. In the webinar she told us what motivated her to become a social activist and how did her continued helping others. She also made us aware about how can we help others through our talent and hobbies. Mrs. Rouble Nagi Ma'am also showed us the video how she and her team worked hard and painted the slum and turned it into a clean and beautiful area. We so had a Q & A session in the end of the webinar. The webinar was ended with a beautiful NSS song which was sang by our Volunteers. The webinar was a great success with almost 200 Participants from different colleges.



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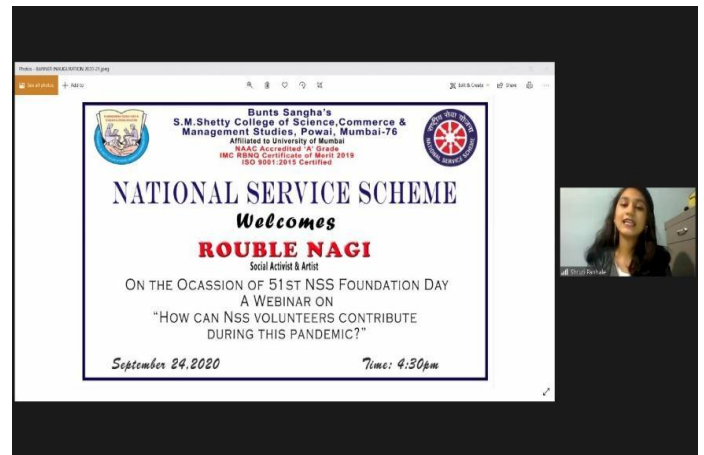
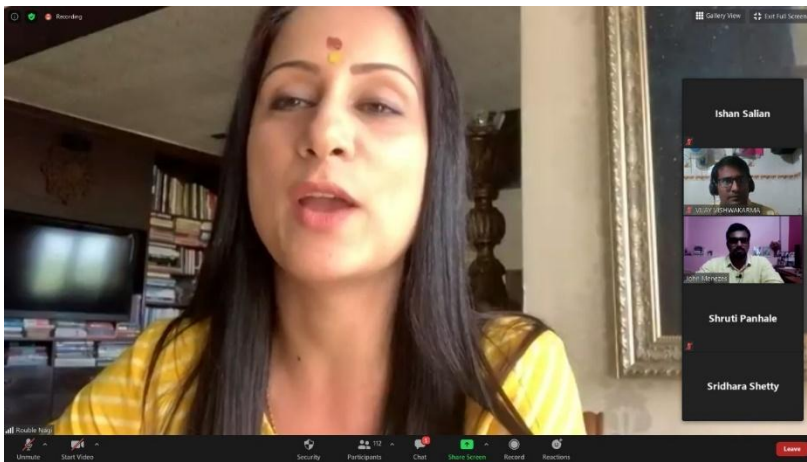
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*Vijay Krishnarajama*

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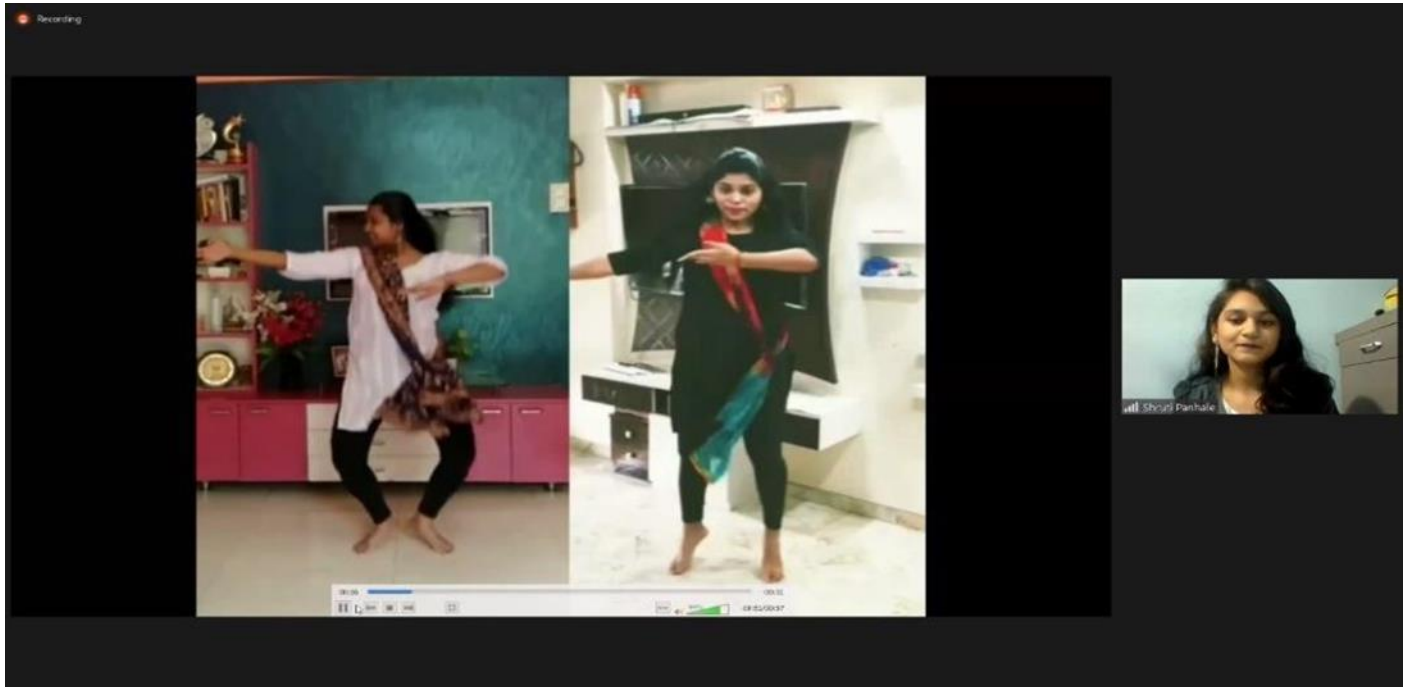
*John Meneses*

**NSS Programme Officer**

*[Signature]*  
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IMC RBNQ CERTIFICATE OF MERIT 2019**



*Dijay. Krishnarajama*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**

  
*Shriya Panhale*  
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ISO 9001:2015 CERTIFIED**

**Approval Form: Healthy 2020 Mission with Dr. Sharayu Rajwade.**

**Department:** NSS Unit & Sports Club

**Program:** "DIET FITNESS WHICH LEADS TO A HEALTHY LIFESTYLE"

**Objectives:** It will create awareness about how to have a healthy meal and how to keep ourselves fit.

**Need:** It is important for students and participants to know how to keep themselves fit.

**Content:** Awareness of how important is it to have a healthy lifestyle and the Rainbow color meal and its benefits

**Resource Person:** Dr. Sharayu Rajwade, Founder at Dr. Sharayu's B.H.M.S (Pune)

**Date:** 24<sup>th</sup> October, 2020

**Time:** 5:30pm

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Ishan Salian.

**Verified by:** Prof. Vijay Vishwakarma



**NSS Programme Officer**



**NSS Programme Officer**

  
  
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ISO 9001:2015 CERTIFIED**

**Minutes of Meeting: Healthy 2020 Mission with Dr. Sharayu Rajwade.**

There was a meeting taken on Zoom Platform on 20<sup>th</sup> October, 2020.

**Minutes of the meeting:**

- To discuss about upcoming Fit India Movement.
- To conduct a webinar on National Food Day.
- To conduct events on Food Day.
- To allot leaders to work on the notice i.e., whatsapp message.
- To allot work to the social media and technical team to update social media handles.



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**Poster & Brochure: Healthy 2020 Mission with Dr. Sharayu Rajwade.**

The poster is for a National Service Scheme (NSS) Health Club event. It features a dark background with various text elements and images. At the top, there are logos for Bunts Sangha's S.M. Shetty College and the National Service Scheme. The main text reads: 'NATIONAL SERVICE SCHEME (In Collaboration with) HEALTH CLUB On The Occasion of NATIONAL FOOD DAY HEALTHY 2020 MISSION An Inter-Collegiate Webinar on DIET FITNESS WHICH LEADS TO A HEALTHY LIFESTYLE'. Below this, a circular portrait of Dr. Sharayu Rajwade is shown, with her name and title 'Guided by Dr. Sharayu Rajwade' written next to it. Her credentials are listed: 'Founder at Dr. Sharayu's B.H.M.S(Pune) P.G. Diploma in Wellness & Cosmetology, Certified COVID Warrior'. The event details are: 'Join us on Zoom at 5:25pm Date: 24th October, 2020'. At the bottom, there is an image of various spices and herbs in small bowls, and contact information for Ishan Salian (9773471471) and Mahima Singh (7506516043).

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**NATIONAL SERVICE SCHEME**  
(In Collaboration with)  
**HEALTH CLUB**  
On The Occasion of  
**NATIONAL FOOD DAY**  
**HEALTHY 2020 MISSION**  
An Inter-Collegiate Webinar on  
**DIET FITNESS WHICH LEADS TO A HEALTHY LIFESTYLE**

Guided by  
*Dr. Sharayu Rajwade*  
Founder at Dr. Sharayu's  
B.H.M.S(Pune)  
P.G. Diploma in Wellness &  
Cosmetology, Certified COVID  
Warrior

**Join us on Zoom at 5:25pm**  
Date: 24th October, 2020

Ishan Salian- 9773471471 Mahima Singh- 7506516043

*Dijay. Krishnarajama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Pires*

**NSS Programme Officer**

  
*Principal*  
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**Notice: Healthy 2020 Mission with Dr. Sharayu Rajwade.**

One cannot think well, love well, and sleep well, if one has not dined well

Jai Hind!!

Hello Fellas.....

The NSS Unit of Bunts Sangha's SM Shetty College of Science, Commerce and Management Studies · In collaboration with the Health Club has organised

**HEALTHY 2020 MISSION**

An Intercollegiate Webinar on

Diet Fitness Which Leads to a Healthy Lifestyle

On the occasion of

**NATIONAL FOOD DAY.....** □

Guest of Honour :- Dr. Sharayu Rajwade

Founder at Dr. Sharayu's B.H.M.S (Pune) P.G. Diploma in Wellness and Cosmetology, Certified COVID warrior.

E-Certificates · will be provided to the participants.

Registration link · <https://forms.gle/cdmb4iyfsVFNtdjF6>

·Date· - 24/10/2020 ·Time-- 5:25pm · Venue- Zoom

□For any further queries WhatsApp :-

1. Ishan Salian:- +91 97734 71471
2. Mayur Gami:- +91 79777 19054
3. Mahima Singh:- +91 75065 16043
4. Vrinda Soman:- +91 98693 48460



**NSS Programme Officer**



**NSS Programme Officer**



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Criterion 3 - Research, Innovations and Extension

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**ISO 9001:2015 CERTIFIED**

**Report: Healthy 2020 Mission with Dr. Sharayu Rajwade.**

**Event: Healthy 2020 Mission with Dr. Sharayu Rajwade.**

**Date:** 24<sup>th</sup> October, 2020.

**Objectives:** It will create awareness about how to have a healthy meal and how to keep ourselves fit.

**Highlights:** The NSS UNIT of S. M. SHETTY COLLEGE in collaboration with HEALTH CLUB organized an inter-collegiate webinar “**DIET FITNESS WHICH LEADS TO A HEALTHY LIFESTYLE**” on the occasion of National Food Day. The guest and the speaker of the Webinar was Dr. Sharayu Rajwade who is a founder of Dr. Sharayu's, B.H.M.S (Pune), she is also a P.G. Diploma in Wellness & Cosmetology, Certified COVID-19 Warrior.

The webinar was full of information and knowledge. She made us aware of how important is it to have a healthy lifestyle and also informed us about the Rainbow color meal and its benefits. We also had a meditation session during the webinar, also we had a QnA session at the end of the webinar where Sharayu Ma'am cleared various doubts and gave the solutions for various health issues. The webinar was a great success having 140 participants from various colleges.



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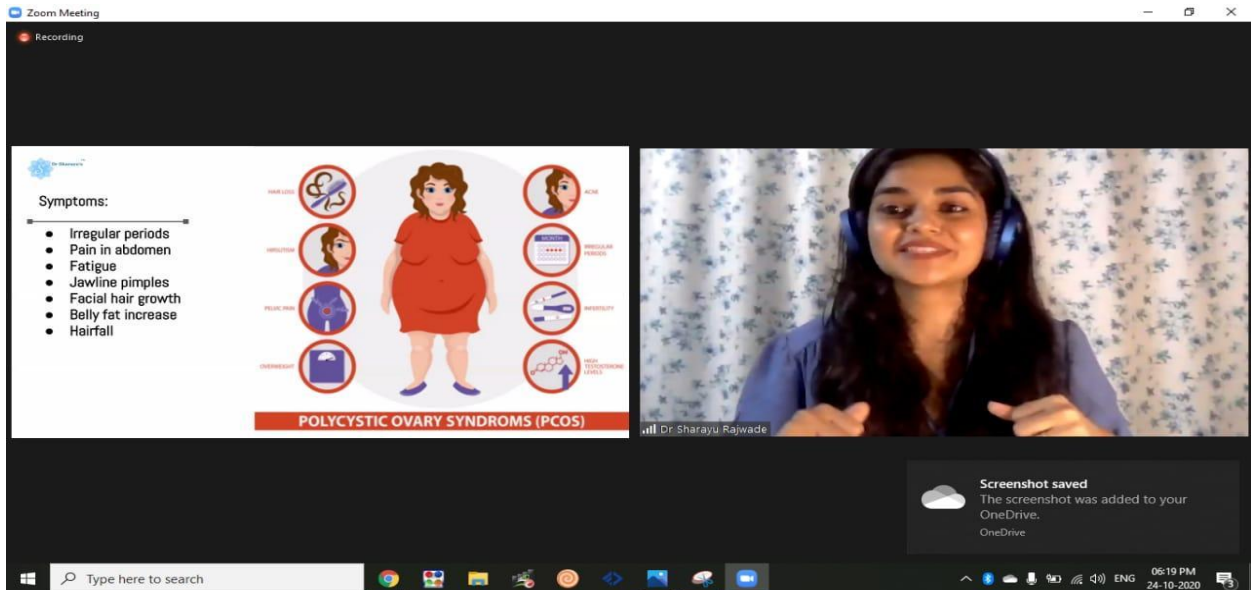
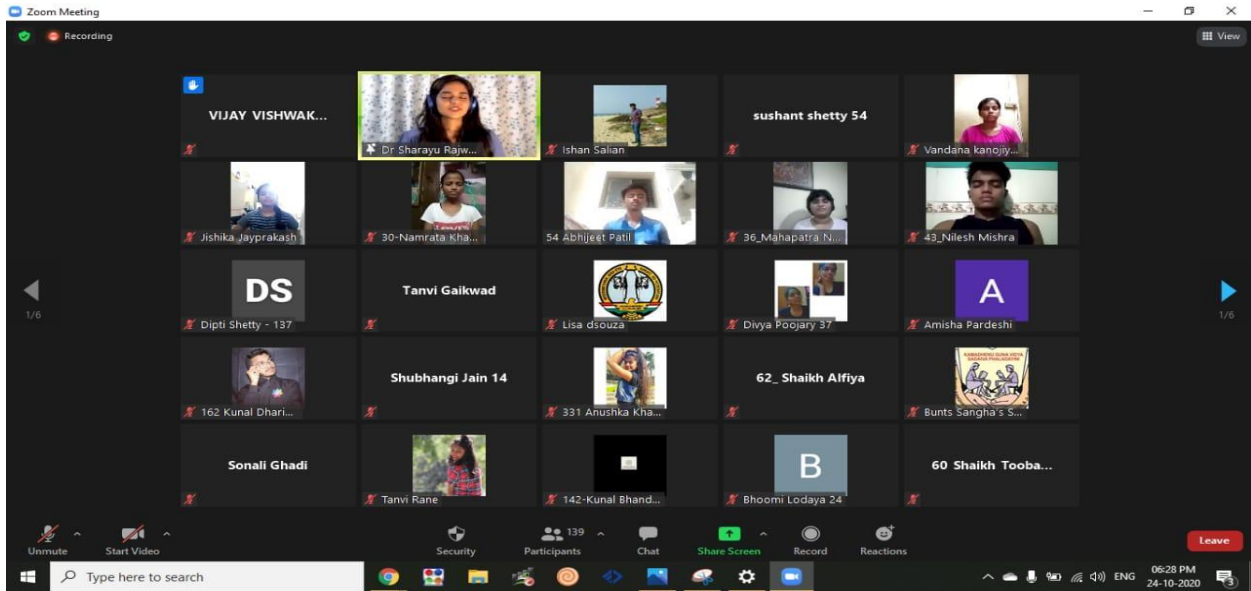
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Tel. 022-6132 7352  
Email: college@smsheettyinstitute.org

Criterion 3 - Research, Innovations and Extension

**BUNTS SANGHA'S  
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STUDIES, POWAI  
NAAC ACCREDITED 'A' GRADE  
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ISO 9001:2015 CERTIFIED**



*Vijay Krishnarajama*

**NSS Programme Officer**

*John Penezo*

**NSS Programme Officer**

  
**Principal**  
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The screenshot shows a Zoom meeting window. At the top, it says "Zoom Meeting" and "Recording". The main content is a presentation slide titled "Do's & Don'ts of the year!" with a green checkmark icon. The slide contains a table with two columns: "Dos" and "Don'ts".

Dos	Don'ts
<ul style="list-style-type: none"> <li>• Drink 3-4L of water</li> <li>• Eat timely meals</li> <li>• Eat rainbow meal</li> <li>• Drink turmeric milk</li> <li>• Vit C, Vit D &amp; Zinc rich food &amp; supplements</li> </ul>	<ul style="list-style-type: none"> <li>• Avoid cold food &amp; drinks</li> <li>• Avoid excessive hot kadhas &amp; hot drinks</li> <li>• Avoid going out empty stomach</li> <li>• Avoid excessive tea/coffee</li> <li>• Avoid binge eating</li> </ul>

To the right of the slide is a video feed of a woman with long dark hair, wearing a blue top and headphones, giving two thumbs up. Her name "Dr. Sharayu Rajwade" is visible at the bottom of the video feed. The Windows taskbar is visible at the bottom of the screenshot, showing the search bar, taskbar icons, and system tray with the time "06:13 PM 24-10-2020".

*Dijay Krishnarajama*

**NSS Programme Officer**

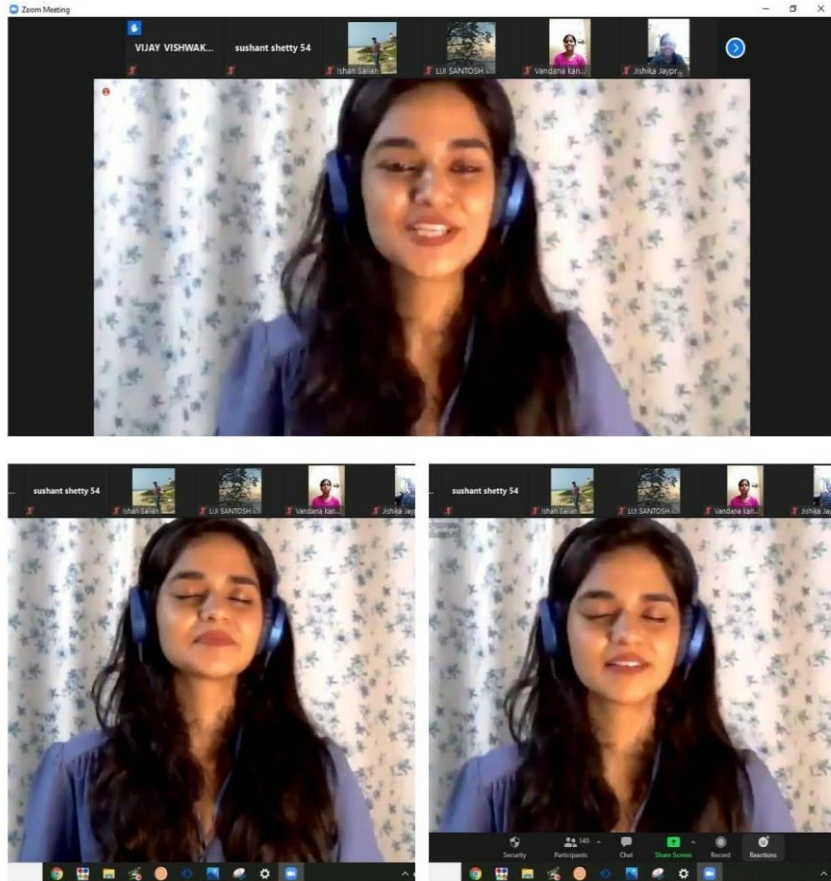
*John Pereira*

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*Vijay Krishnarajama*

**NSS Programme Officer**

*John Dierkes*

**NSS Programme Officer**

  
*Principal*  
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**Participation List: Healthy 2020 Mission with Dr. Sharayu Rajwade.**

1. Mr. Sairaj Shetty - Sm shetty college of science commerce and management studies
2. MsManisha shetty - Smsheetty college
3. Abhijeet Digambar Patil - S.M. Shetty College
4. Mr. Sumanthkumar Suresh Hegde - Bunts Sangha S.M.Shetty College Powai
5. Mr Ratnakar Singh - S.M.Shetty College
6. Ms.Tooba Abdullah Shaikh - S.M. Shetty college
7. Mrs Nikita shetty - Sm shetty powai
8. Jijo Oommen - S.M.Shetty , Powai
9. Shubhangi jain -Sm shetty college powai
10. Ms. Lisa John Dsouza - Bunts sangha sm shetty clg
11. Prof Swati Shetty - Bunts Sangha's S.M Shetty College, Powai
12. Ms. Disha Rai - Sm Shetty College
13. Asha keshav Chauhan - Sm shetty
14. Mr. Rohanbahadur singh - S.M Shetty College
15. Mrs. JYOTI UPADHYAY - Sm shetty college
16. Mr.Aman Vikash Surana - Sm shetty
17. Samay Shah - Sm Shetty
18. Sushant R. Shetty - Bunts Sangha's S.M.Shetty College
19. Ms. Sahu Sriyakumari Sunil - SM Shetty College
20. Miss. Radhika Jayesh Manjrekar - S.M.Shetty
21. Ms. Divya Racharla - S. M Shetty college Powai
22. Ms. Archana Chauhan - Sm Shetty college
23. Ms Divya Laxman Poojary - SM Shetty college Powai
24. Mr. Amit Shukla - Sm shetty
25. Mrs. Talekar Priyanka Dileep - Bunt Sangha's SM Shetty College
26. Ms. Joanna Charis Johnson - SIES COLLEGE
27. Neelaman Allen Loy - S.M Shetty Powai
28. Ms. Tanvi Dipak Rane - K.G.Mittal College
29. Taiba Shaikh - Sm Shetty College
30. Ms Nidhi Shetty - SM Shetty College
31. Ms. Purvi Masur - SM Shetty college



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32. ms smruti bhalerao - s m shetty
33. Ms. Roopali Shetty - S M Shetty College
34. Ms. Vijaylaxmi Ghanshyam kahar - Valia CL college of commerce
35. Kunal Bhandari - Sm shetty college
36. Ms. Pooja Jain - Sies college of arts science and commerce (autonomous). Sion(west)
37. Ms. Beulah Sundararajan - SM Shetty College, Powai
38. chalke pratik jijaba - S.M . shetty
39. calvin lobo - sm shetty college
40. Ms. Pratiksha SunilDutt Soni - SIES COLLEGE
41. Ms.Amisha Pravin Pardeshi - S.M.Shetty high school of sci com and management studies
42. Mr. Krishna Jaiswal - S.M.SHETTY COLLEGE
43. Ms. Deepthika Pillai - S.M.Shetty College, Powai
44. Archana Laxmikant Yadav - Smt.k.g.mittal college of arts and commerce
45. Mr sagar Shetty - Sm SHETTY collage powai
46. Ms. Kodakanti Bhavana Shrinvas - S.M.Shetty College Powai
47. Mr. Abhishek Rajkishor Gupta - S M shetty College
48. Miss Vardha Prakash Nalawade - Bunts Sangha's S. M. Shetty College
49. Ms. Snehal Rai - S. M. Shetty College
50. Aditya Suresh Tiwari - Sm Shetty college
51. Mr Akhilesh Balagopal Nambiar - SIES SION(WEST)
52. Austin Fernandes - S.M.SHETTY
53. Ms. Saloni Maliwal - Bunts Sangha's S.M.Shetty College, Powai.
54. Ms Anuja gajinkar - Bunts sangha's S.M.Shetty college
55. Mrs. Riya Babu Kittikal - S M Shetty Degree College
56. Kharatmol Anushka Dayanand - Valia C L College of Commerce
57. Mishra Anchal Ganga Prasad - S.M. Shetty college
58. Mr. Aditya Jogdand - S.M.Shetty degree college
59. Ms. Shruti Panhale - S. M Shetty Collge, Powai.
60. Ms. Haliya khazi - Sm Shetty College
61. shetty manish umesh - S.M.SHETTY COLLEGE
62. Ms. Anita Charles - Sm Shetty college
63. Ms.Rukaiya habib - Bunts sangha's SM Shetty
64. Mr. Bisht Hitendar Laxman Singh - S.M Shetty College of science and commerce



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65. Bhoomi Lodaya - s.m.shetty institute of powai
66. Jishika Jayaprakash - Sies college sion(w)
67. Ms Uzma Valiuddin Qureshi - K. G Joshi college of Arts, Thane
68. Ms. Ayesha Jafar Khan - S M shetty college, powai
69. MS. SANGITA SHENOY - K.V. PENDHARKAR COLLEGE
70. Ms.MANSI CHOUBEY - Bunts sanghas Sm shetty college
71. Ms Krishi Shetty - S.M Shetty college of science,commerce& Management studies
72. Swathi Ganesh Shetty - S M SHETTY
73. Nandini Mahapatra - S.M Shetty College,Powai
74. Ms. Sulata Bhagwan Panigrahi - S M Shetty college Powai
75. Sakshi Poojary - Bunts Sangha S.M Shetty College Powai
76. Jenefer Albert Nadar - SNTD Mahila College Of Arts And Commerce
77. Ms Aakansha gupta - v.k krishna menon clg
78. M.s Dakshita Nitesh Jaiswal - SM Shetty
79. Nandini Begwani - K.P.B.Hinduja college of commerce
80. MR. ASHUTOSH RAI - SIES COLLEGE
81. Dipti Shetty - Bunts Sangha's S.M. Shetty College, Powai.
82. Ms. Anjali Maurya - Valia C.L. college of commerce
83. Mahesh choudhary - Sies college of arts science and Commerce
84. Ms. Sonali Sunil Ghadi - SMT. K.G.Mittal College
85. Ms.Tanvi Ravindra Gaikwad - S.M. Shetty
86. Vandana kadeprasad kanojiya - Sm shetty college pawai
87. Ms. Harshata Wadkar - SIESASCS
88. Vaishnavi Santosh Kashte - Bunts Sangha's S.M shetty Degree college
89. Ms Avani Waghela - Sm Shetty
90. Ms.Shaikh Sana Mohammed Shahid - Sies of arts science and commerce (Autonomous)
91. Divya harish kotian - Sm shetty college powai
92. Ms Pratibha Garg - Army Institute of Education Greater Noida
93. MS:- Tanya Ravindranath Singh - Sm Shetty college
94. MS. Shruti Pal - S.M. shetty college
95. Nilesh Jaykant Mishra - S M SHETTY COLLEGE
96. Mr. SAMEER MORESHWAR FANADE - D.T.S.S COLLEGE OF COMMERCE
97. Kunal Dhariwal - Valia C.L College



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98. Ms. Singh Riya Harikesh - Smt. K. G. Mittal College of Commerce and Art's
99. Ms. Sahaya Steffie M William - SIES College
100. Ms Aarya Kaur - S.M Shetty
101. Ms. Jeniflora Mathews - SIES College
102. Mr. Dhiraj Santosh Mahadik - S. M. Shetty
103. Namrata kishor Khade - Valia C. L college of Commerce
104. Nilima lingapavalam - Smt K G mittal college of arts and commerce
105. ANURAG JUGGILAL GUPTA - SM Shetty
106. POOJA GUPTA - SM SHETTY COLLEGE
107. Ms.Swati Shetty - SM.Shetty College, Powai
108. Ms.Aishwarya Rajendra Jangam - Valia C.L College of Commerce
109. Ms.Toral Chauhan - Sm shetty
110. ANISH MOGAVEERA - Bunts Sangha's S.M. Shetty College
111. Madhavi Singh - S.M.Shetty College Powai.
112. Ms. Aadika Ramesh Devade - Valia C.L. College of Commerce
113. Shrinav Shyam - S M Shetty College
114. Mr shravan Shetty - Sm shetty powai
115. Ms Nehal Satre - SM Shetty College
116. Mr. Ashwin Iyer - SIES College
117. Ishan Salian - S.M. Shetty College, Powai
118. Ms.Shaikh Alfiya Haroon - Sm shetty college
119. Ms.Diksha Kamble - Valia C L college of commerce
120. Mr. Chirag Prabhakar Ghanekar - Valia C.L College of Commerce
121. Ms. Smita kori - Health care
122. Aabir Pramanik - SM Shetty, Powai.
123. Ms Misbaha Abdul Mushtaq Deshmukh - SIES COLLEGE
124. Ms. Aarohi Saxena - MGM college of Physiotherapy
125. MR KANUBHAI PRABHUBHAI RATHVA - SHREE COLLEGE
126. Ms. Nafisa Riyaz Ansari - Valia V. L. College Commerce
127. Mr.DIPESH PRAKASH DEVRUKHKAR - Cosmopolitan's Valia C.L. College
128. Prachi Agarwal - BUNTS SANGHA'S S M SHETTY COLLEGE
129. Ms Jeshma Mahesh Shetty - SM Shetty college
130. Ms. Megha paunikar - Sm shetty college powai



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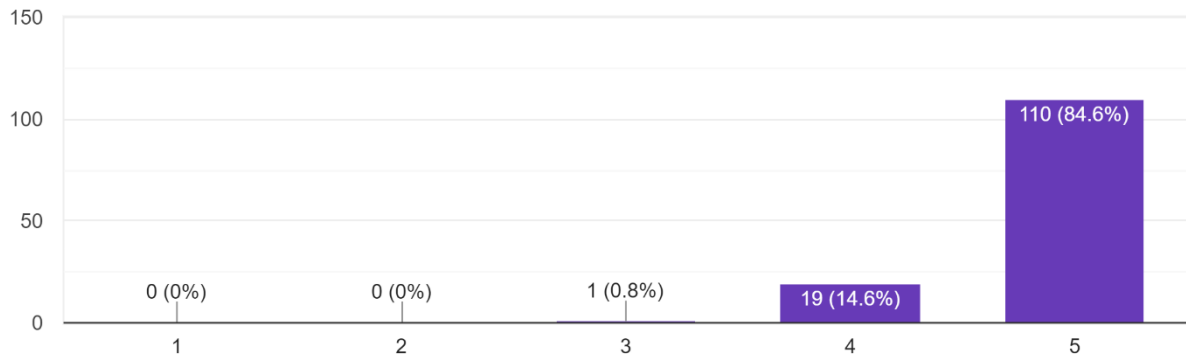
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**Feedback Analysis: Healthy 2020 Mission with Dr. Sharayu Rajwade.**

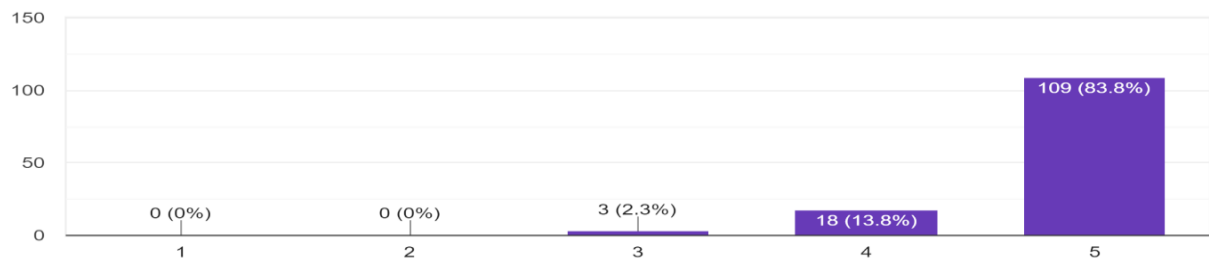
How informative was the session?

130 responses



How satisfied are you with the session's content?

130 responses



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**NSS Programme Officer**



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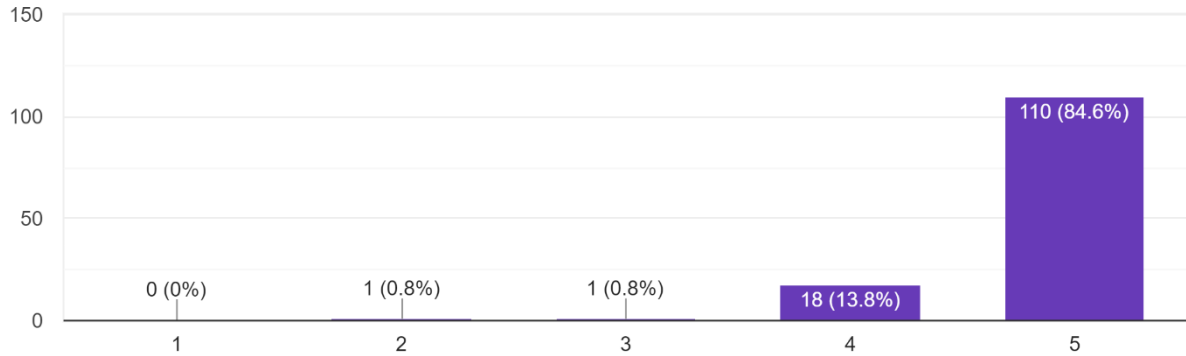
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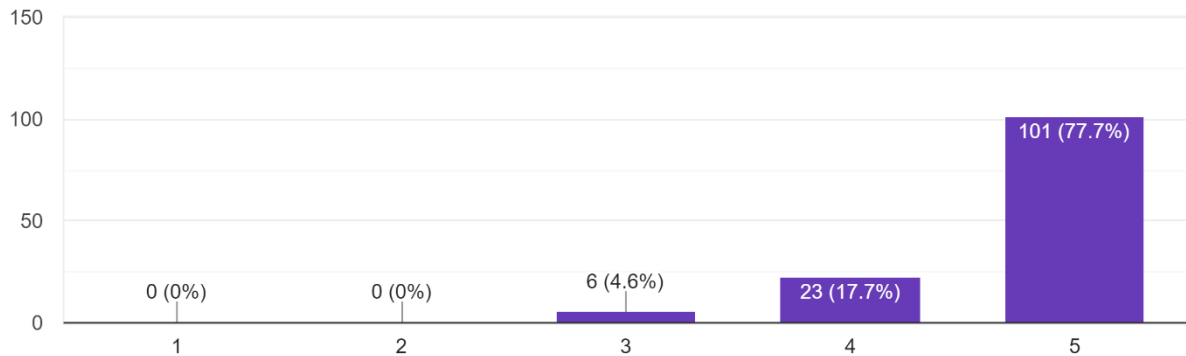
How relevant and helpful do you think the session was?

130 responses



How satisfied are you with the technical aspects of online platform?

130 responses



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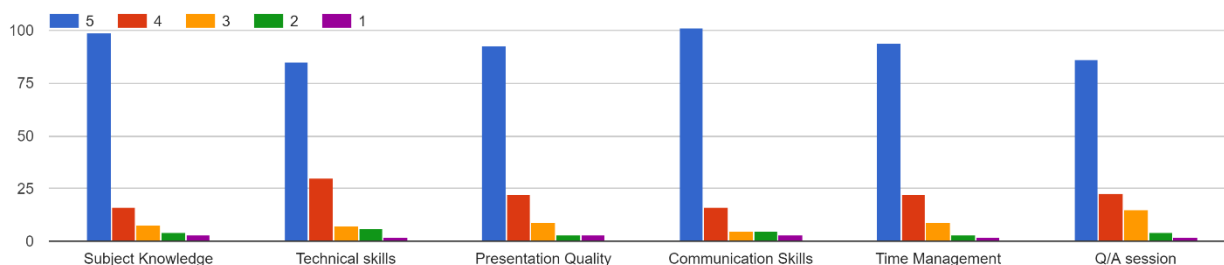


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How satisfied were you with the key note speaker?



**Action Taken: Healthy 2020 Mission with Dr. Sharayu Rajwade.**

DATE	Feedback Received	Action Taken
24 <sup>th</sup> October, 2020	<ul style="list-style-type: none"> <li>Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li> <li>All the participants were happy to participate in this webinar</li> </ul>	NSS Unit will conduct more such interesting and informative Webinars.

*Dijay Crishwazama*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**


  
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**Certificate Sample: Healthy 2020 Mission with Dr. Sharayu Rajwade.**





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**Thank You Letter: Healthy 2020 Mission with Dr. Sharayu Rajwade**

SMS/

24<sup>th</sup> October, 2020

To,

Miss Sharayu Rajwade  
S.M Shetty Degree College,  
Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Resource Persons for a webinar on Healthy 2020 Mission "DIET FITNESS WHICH LEADS TO A HEALTHY LIFESTYLE" organized by NSS UNIT of our college.

On behalf of our college, we'd like to thank you for the generous gift of your time, making people aware and also giving us your precious opinion and various other information. Your time and dedication made this webinar successful.

With Regards,

Thanking you

Yours faithfully,

Dr.Sridhara Shetty

PRINCIPAL



**NSS Programme Officer**



**NSS Programme Officer**



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**Approval Letter: Fit Khao Fit Raho (Fit India Movement)**

**Department:** All the Department from UG can participate

**Program:** Fit Khao, Fit Raho Challenge

**Objectives:** This is an Inter-Collegiate Fitness Challenge

**Need:** Its important to have a healthy Diet.

**Content:** Here, the participants have to cook a dish which they feel is healthy and nutritious to our body or else they can also cook junk foods and replace the unhealthy ingredient with a healthier one. For e.g.: Replace Maida into Wheat flour, etc.

**Date:** 24<sup>th</sup> October, 2020

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Ms. Snehal Rai & Ms. Dipti Shetty

**Verified by:** Prof. Vijay Vishwakarma.

**Minutes of Meeting: Fit Khao Fit Raho (Fit India Movement)**

There was a meeting conducted on Zoom Platform on 19<sup>th</sup> October, 2020

**Minutes of the meeting:**

- To discuss about the upcoming events for Fit India Movement.
- To discuss about to make a promotion video for Fit India Movement.
- To allot work to social media team and leaders.
- To discuss about the documentation work.
- To allot leaders to prepare for the whatsapp message which would be send to other colleges to participate.
- To allot Social media team start to work on the poster and brochure for the event and update the social media platform



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**Poster & Brochure: Fit Khao Fit Raho (Fit India Movement)**



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Management Studies, Powai, Mumbai-76  
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**NSS UNIT**  
Presents  
**Fit Khao, Fit Raho**  
**Competition**  
(An Inter-Collegiate Cooking Competition)

**To Participate in the Competition**  
**Send us:-**

1. Photo of Your Prepared Healty dish.
2. Photo of Ingredients.
3. Recipe of the dish.
4. Benefits of the dish to our body.

**Event Is Open For All Age Groups**

**Last Date Of Sending Entries:**  
**24 October, 2020 upto 10 pm**

**Winners Will Be Declared On:**  
**30th October,2020**

**For Any Queries:**

**Dipti Shetty : 7045197444    Abhishek Gupta : 9967469363**  
**Snehal Rai : 9082362400    Ishan Salian : 9773471471**

*Dipti Shetty*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Salian*

**NSS Programme Officer**



*John Salian*  
PRINCIPAL

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Tel. 022-6132 7352  
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## Rules & Regulations

1. The participants have to cook a dish which they feel is healthy and nutritious to our body or else they can also cook junk foods and replace the unhealthy ingredient with a healthier one.

For eg: Replace Maida with Wheatflour, etc

2. Participants have to send the picture of the dish made by them, list of ingredients required to make it, the recipe and benefits of it on the email id- [nssunitb46@gmail.com](mailto:nssunitb46@gmail.com) or you can also dm us on whatsapp number the given above.

(Kindly mention your fullname, instagram id and also college name if college student)

3. After receiving all the entries, we will post all the pictures on our instagram, participants need to share the same on their story tagging our instagram Handle- [@shettynssunit\\_b46](https://www.instagram.com/shettynssunit_b46) also don't forget to follow us and to use the hashtags: #fitkhaofitraho #fitindiamovement

4. Winners will be finalised on the basis of highest no. of likes. (Post with fake likes will be directly disqualified)

5. E-certificates will be given to all the participants.

6. Winners will be declared on 30 October, 2020 on our Instagram handle.

7. Winner will be provided with certificate of appreciation.



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Email: [college@smshettyinstitute.org](mailto:college@smshettyinstitute.org)

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**Notice: Fit Khao Fit Raho (Fit India Movement)**

Helloooo Students!!!!!!!!!!

As we all know that its so much important to keep ourselves fit and healthy even during this period of our life, so we the NSS UNIT of Bunts Sangha's S. M. Shetty College of Science, Commerce & Management Studies, Powai\* has organised an intercollegiate event i.e. Fit Khao, Fit Raho under Fit India Movement.

◆ Here, the participants have to cook a dish which they feel is healthy and nutritious to our body or else they can also cook junk foods and replace the unhealthy ingredient with a healthier one.

For eg: Replace Maida into Wheatflour, etc.

◆ They have to send the picture of the dish and ingredients with recipe and benefits of it on the email id- nssunitb46@gmail.com or even they can dm us on whatsapp on the below given numbers.

(Kindly mention your fullname and instagram id)

Last date for sending entries: 24 October, 2020.

Note :- Things to be sent:

- 1) Photo of Prepared dish
- 2) Photo of Ingredients
- 3) Recipe of the dish



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4) Benefits of the dish to our body.

◆ After receiving all the entries, we will post all the pictures on our Instagram, so the participants need to share it on their story tagging our

Instagram id- shettynssunit\_b46

And also don't forget to follow us and to use following hashtags while sharing:

#fitkhaofitraho

#fitindiamovement

Winners will be finalised on the basis of highest no. of likes.

(Post with fake likes will be directly disqualified)

E-certificates will be given to all the participants.

Winners will be declared on 30 October, 2020 on our Instagram handle.

They will be given winning E-certificate

Do participateeeee!!!!

For further queries:

Contact or Dm on whatsapp,

Dipti Shetty : 7045197444

Snehal Rai : 9082362400

Abhishek Gupta : 9967469363

Ishan Salian : 9773471471



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**Report: Fit Khao Fit Raho (Fit India Movement)**

**Event: Fit Khao, Fit Raho (Fit India Movement)**

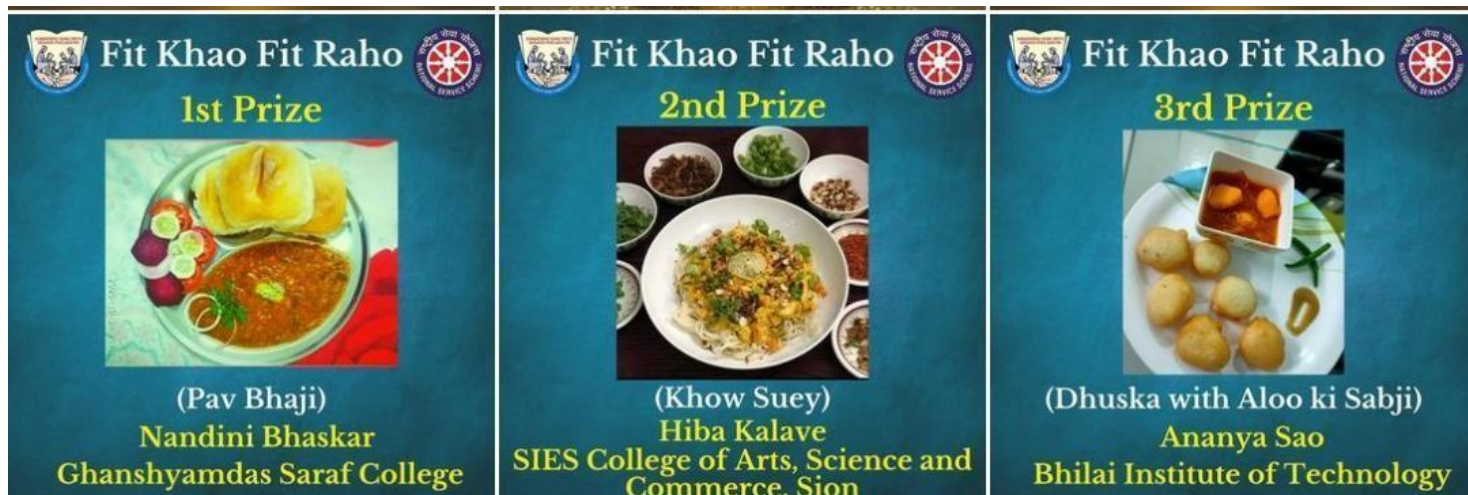
**Date: 24<sup>th</sup> October, 2020.**

**Objective:** To aware everyone Healthy food is also Delicious

**Highlight:** The NSS Unit of S. M. SHETTY COLLEGE, Powai had organized a Healthy Meal challenge "Fit Khao, Fit Raho" on 24<sup>th</sup> October, 2020 for **FIT INDIA MOVEMENT**. The participants had cooked a dish which they feel is healthy and nutritious to our body.

Total **23 Volunteers** has been participated in the event. All the participants were provided with participation certificates

**The Winners of the Competition are:-**



*Vijay. Krishnaswama*

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*John Peres*

**NSS Programme Officer**



*Principal*

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**Participation List: Fit Khao Fit Raho (Fit India Movement)**

Aarya Kaur – S. M. Shetty College, Powai      Aditya Hirwani- Bhilal Institute of Technology



Alfiya Shaikh - S.M.Shetty College, Powai

Diya Soni- S.M.Shetty College, Powai



*Vijay. Krishnaswama*

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*John Alvarez*

**NSS Programme Officer**



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Hiba Kalave- SIES

Mansi Choubey- S.M.Shetty College, Powai



Megha Paunika – S. M. Shetty College

Ananya Sao- Bhilal Institute of Technology



*Vijay. Krishnaswama*

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Shweta Gada- S.M.Shetty College



Vaishnavi Venugopal- S.M.Shetty College, Powai



Megha More- K.G.Joshi Bedekar College



Nandini Bhaskar- Ghanshyam Saraf College



*Vijay. Krishnakarma*

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*John Alvarez*

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Nehal Satre- S.M.Shetty College, Powai

Pooja Gupta- S.M.Shetty College, Powai



*Vijay. Krishnakarma*

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*Pooja Gupta*  
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Riya Soni- S.M.Shetty College, Powai



Sai Gounder- SIES



Sangita Shenoy- K.V. Pednekar College



Sanskriti Gauraha- - Bhilal Institute



*Vijay. Krishnakarma*

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*S. M. Shetty*  
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Shagun Pandey- Ghanshyam Saraf College

Snehal Rai – S. M. Shetty College, Powai



*Vijay. Krishnaswama*

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*John Alvarez*

**NSS Programme Officer**



*Snehal Rai*  
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Certificate Sample Copy: Fit Khao Fit Raho (Fit India Movement)

Winner Certificate



*Vijay Krishnaswama*

**NSS Programme Officer**

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*John Dierzy*

**NSS Programme Officer**



*[Signature]*  
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Participation Certificate



Vijay Krishnaswama

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John Dierges

**NSS Programme Officer**



[Signature]  
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**Approval Form – Hindi Diwas**

**Department:** NSS Unit.

**Program:** Hindi Diwas.

**Objectives:** Orientation towards Hindi Language, To know and understand recent trends and developments

**Need:** To promote and propagate the official language,

**Content:** Various Online Activities/Competitions to be conducted – Recitation of Poetry, Display of Posters and Slogans by students. Resource person to speak on – Essence of Hindi as a Language in India and its Trends and Developments

**Resource Person:** ANSHU SHUKLA

**Date:** Sep 24, 2020 - **Time:** 12:15 PM **Venue:** Zoom Meeting ID: 822 2428 6001

**Cost/Budget:** Not Applicable

**Proposed by:** Prof. John Menezes

**Verified by:** Prof. Vijay Vishwakarma



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**Minutes of the Meeting – Hindi Diwas**

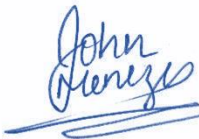
There was a meeting held before the Hindi Diwas 20<sup>th</sup> September, 2020

**Minutes of the meeting:**

- To conduct webinar on the occasion of Hindi Diwas.
- To prepare the flow chart of the webinar.
- To discuss about the feedback form and certificates distribution.
- To conduct upcoming events for future.



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Poster – Hindi Diwas




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S.M. Shetty College of Science, Commerce &  
Management Studies. Powai, Mumbai- 76  
Affiliated to University of Mumbai  
NAAC Accredited 'A' Grade  
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राष्ट्रीय सेवा योजना  
NATIONAL SERVICE SCHEME

**Resonant - Language and Magazine Club**  
(In Collaboration with)  
**National Service Scheme**  
Presents



**हिंदी दिवस**



**Date: 24th September, 2020** **Time: 12:30pm**

*Dijay Krishnaswama*

NSS Programme Officer

*John Denezes*

NSS Programme Officer

Criterion 3 - Research, Innovations and Extension



*Principals*  
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**Notice (WhatsApp) – Hindi Diwas**

हिंदी का सम्मान देश का सम्मान है। हमारी स्वतंत्रता कहां है, राष्ट्र भाषा जहां है।

मन की भाषा प्रेम की भाषा, हिंदी है भारत जन की भाषा।

Resonant-Language and Magazine Club in collaboration with the NSS Unit of Bunts Sangha's SM Shetty College ne 24 September 2020, 12:30 pm ko Webinar Ka aayojan Kiya hai

हमें हमारी संस्कृती कभी नहीं भूलनी चाहिए।

पेड़ भले ही कितना भी बड़ा और हराभरा हो जाए, जड़ से जुड़े रहने पर ही खड़ा रह सकता है।

Our social media handles :-

Instagram handel:-[https://instagram.com/shettyunit\\_b46?igshid=1xuafngvhevfgf](https://instagram.com/shettyunit_b46?igshid=1xuafngvhevfgf)

Facebook handel:-<https://www.facebook.com/smshettyunit/>

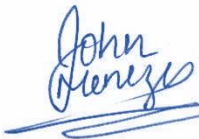
YouTube channel:-[https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

शुभेच्छा

NSS UNIT.



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**Report: Hindi Diwas**

**Event – Hindi Diwas.**

**Date – 14<sup>th</sup> September, 2020.**

**Objective -** Orientation towards Hindi Language, To know and understand recent trends and developments.

**Highlight:** On 24<sup>th</sup> September 2020, the Language and Magazine Club- Resonant and The N.S.S. Unit of the Bunts Sangha's S. M. Shetty College Of Science, Commerce And Management Studies, Powai, organised Hindi Diwas Samaroh-2020, which is celebrated across the country on 14<sup>th</sup> September every year. Due to lockdown the event was conducted online through zoom application.

The programme commenced with the host Ms. Pragati Tiwari of SYBAMMC welcoming everyone followed by a Hindi prayer. Afterwards Mr. Abhishek Rajkishore Gupta of TYBCOM addressed the audience about the importance of Hindi language.

Prof. Vijay Vishwakarma introduced the chief guest Dr. Anshu Shukla. She is Assistant Professor of Department of Hindi, at Mumbai University.





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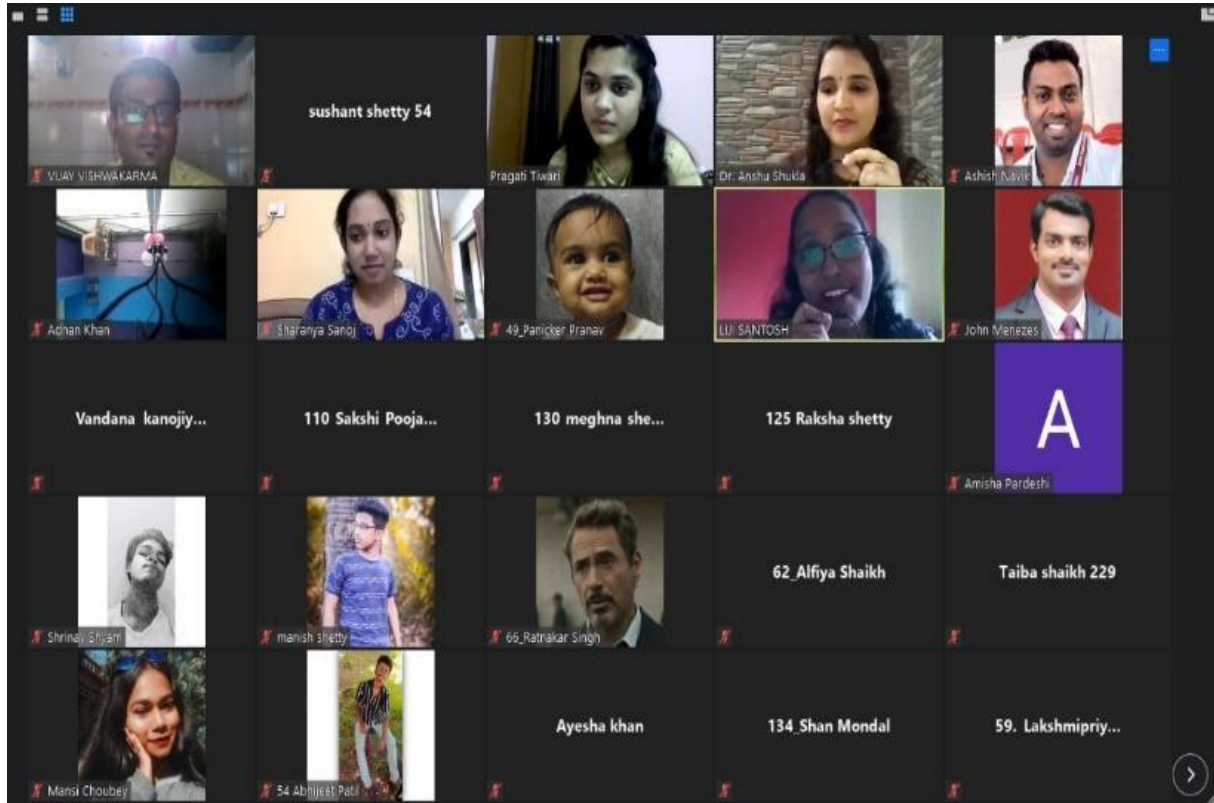
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*Vijay Krishnaswama*

**NSS Programme Officer**

*John Menezes*

**NSS Programme Officer**

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**Participant List – Hindi Diwas**

1. Manisha shetty - S m shetty degree College
2. Pragati sahu - Pragati sahu
3. Nafees Ahmed Ansari - S.M.Shetty College
4. John Angel Menezes - Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies Powai
5. PritiRamvmbadan Renu sharma - Sm shetty college
6. Neelaman Allen Loy Johnson - S.M Shetty
7. Pragati Tiwari - S.M Shetty College
8. Raksha Vittal Shetty - SM shetty college
9. Deepthika Pillai - S.M.Shetty College, Powai
10. Priya Yadav - S M Shetty
11. Snehal Rai - S. M. Shetty College
12. shetty manish umesh - s m shetty college
13. Megha paunikar - Sm shetty college powai
14. Sushant R. Shetty - S.M.Shetty
15. Krishna jaiswal - S.M.SHETTY COLLEGE
16. Upadhyay shivam sanjay - Sm shetty college
17. Dipti V. Shetty - Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies.
18. MUSKAN UPADHYAY - S m Shetty college of science commerce and management studies powai
19. AARYA KAUR - S.M Shetty College
20. Sairaj Shetty - sm shetty
21. Ratnakar Singh - Sm Shetty college
22. Prachi Gada - SM SHETTY MANAGEMENT COLLEGE OF COMMERCE
23. Sumanthkumar Suresh Hegde - Bunts Sangha's S.M.Shetty college of Science, commerce & management studies, Powai, Mumbai
24. Sahu Sriyakumari Sunil - Bunts Sangha's SM Shetty College
25. AMIT NAGENDRA SHUKLA - S m shetty high school and Jr college of science commerce and management studies
26. Tara Vishwakarma - Bunts Sangha's Sm shetty college
27. Ayesha khan - Bunts sangha S M Shetty College
28. Dakshita Nitesh Jaiswal - SM Shetty college of science, commerce and management studies



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29. Nilesh Jaikant Mishra - S M SHETTY COLLEGE OF SCIENCE COMMERCE AND MANAGEMENT STUDIES
30. Vaishnavi Santosh Kashte - Bunts Sangh's S.M shetty Degree college
31. Ms. Sulata Bhagwan Panigrahi - Bunts Sangha's S M Shetty High School and Junior College
32. Samay Jayesh Shah - Sm Shetty
33. Madhavi Singh - S.M.Shetty College Powai.
34. Nehal Nilesh Satre - SM Shetty College
35. Vandana kadeprasad kanojiya - Sm shetty college
36. Gami Mayur Manji - Bunts sanga's S.M.Shetty
37. Ishan Salian - Bunt's Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai
38. Nidhi Shetty - SM Shetty College
39. Ms. MANSI SANTOSH CHOUBEY - S M SHETTY COLLEGE
40. Ms.Shruti Panhale - S.M Shetty College, Powai
41. Saroj Manishkumar Radheshyam - S.M Shetty College
42. Shrinav Shyam - S. M. Shetty College
43. Abhishek rajkishor gupta - S m Shetty College
44. Abhijeet Digambar Patil - S M Shetty College
45. Urvashi jaiswal - S m shetty
46. Ms. Roopali Shetty - Bunt's Sangha's S M Shetty College
47. Dhiraj krishna moolya - Sm Shetty College
48. Aditya Jogdand - S.M shetty
49. Vardha Prakash Nalawade - Bunts Sangha's Sm Shetty Degree College
50. Lisa John D'souza - Bunts Sangha Sm Shetty College
51. Nandini Mahapatra - S.M Shetty College,Powai
52. Dhiraj santosh mahadik - Dhiraj santosh mahadik
53. Shaikh Alfiya Haroon - Bunts sanghas Sm shetty college of arts science and managements studies
54. Amisha .Pravin.Pardeshi - S.M.Shetty high school &jr cllg
55. Sakshi.Shekhar.Poojary - Bunts Sangha S.M Shetty College
56. Shan Mondal - SM Shetty College
57. Vrushali Bhosale - SMSHetty Powai
58. MEGHNA GURUPRASAD SHETTY - SMSHETTY COLLEGE POWAI EAST
59. ROHIT SANJAY SINGH - Sm shetty College
60. Gaurav Ramsakal Yadav - Bunt Sangha's S.M.Shetty College of Science,Commerce and Management Studies.
61. Jagtap Pornima Shankar - Bunt Sangh's S M Shetty college of commerce and management



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62. Radhika Jayesh Manjrekar - S.M shetty college
63. PATIL MAYURESH ANANT - SM shetty college of science commerce and business management
64. Ruchita Rajpurohit - Bunts Sangha's Sm Shetty College
65. Aarti Thakur - SM shetty college
66. Ujwal Poojary - - sm shetty degree college
67. Asha keshav chauhan - Sm shetty
68. Pranav Panicker - Bunts Sanghas S.M. Shetty College
69. Mishra Anchal Ganga Prasad - S.M shetty college
70. Lakshmipriya Sahu - SM Shetty College
71. smruti bhalerao - s m shetty
72. Austin Mathew Fernandes - S.M Shetty college of science commerce and Management
73. Taiba Shaikh - S.M. Shetty college of Science,Commerce and Management studies.
74. Anuja ramakant gajinkar - Bunts sangha's college of science commerce and management



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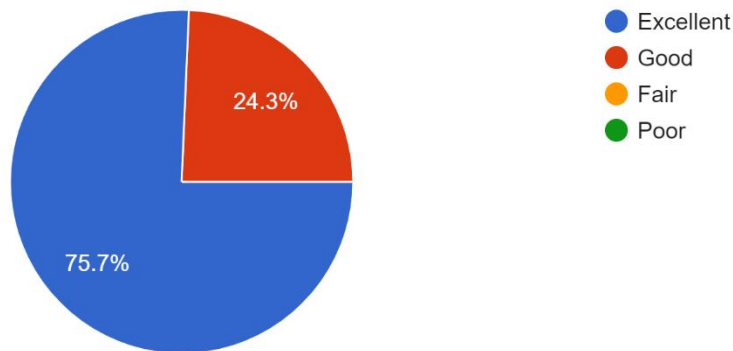


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**Feedback Analysis – Hindi Diwas**

How do you rate the webinar?

74 responses



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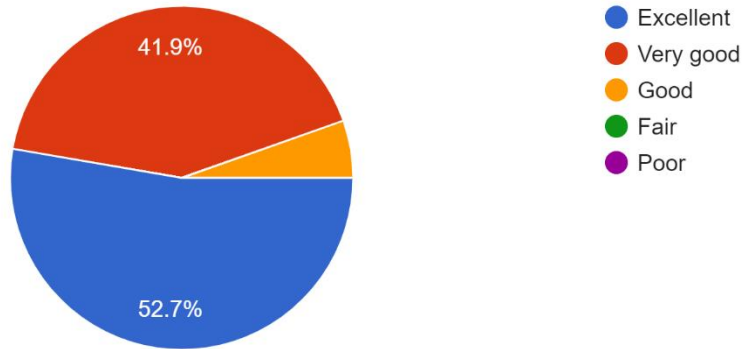
Email: college@smsshettyinstitute.org

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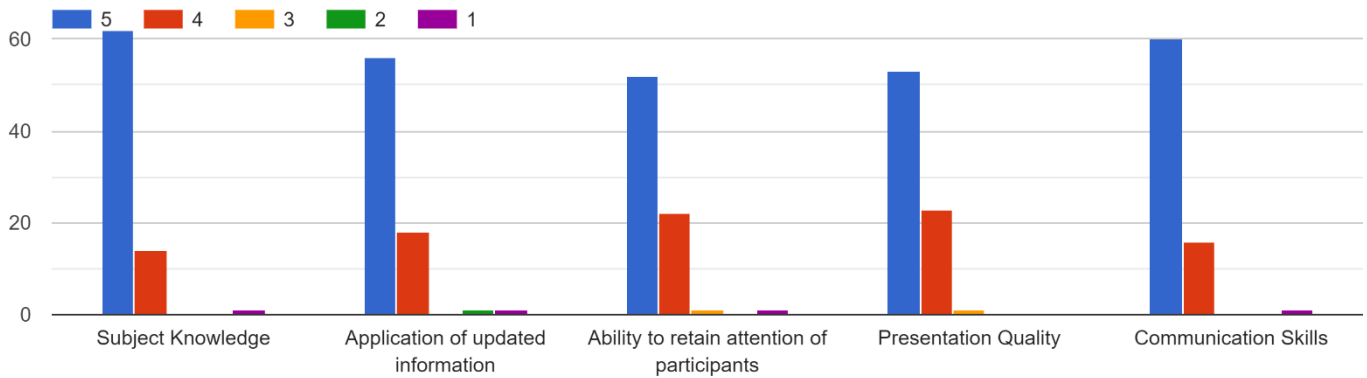
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How did you find the content of the session?

74 responses



Please rate our resource person Dr Anshu Shukla (1- LOWEST , 5- HIGHEST)



*Dijay Krishnaswama*

**NSS Programme Officer**

*John Pienzes*

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*Anshu Shukla*  
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**Action Taken Report – Hindi Diwas**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
Date: 24 <sup>th</sup> September, 2020	<ul style="list-style-type: none"><li>• Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>• All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



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Certificate Sample Copy – Hindi Diwas



ये प्रमाणित किया जाता है कि भाषा समिती एवं एन.एस.एस.विभाग द्वारा आयोजित  
हिंदीभाषा दिवस समारोह दिनांक २४.०९.२०२० में  
एस. वाई. बी. ए. एम्. एम्. सी. के स्नेहल राइ जी ने भाग लिया है ।

*Dijay Crishnasrama*  
एन.एस.एस. कार्यक्रम अधिकारी

*Neena Sharma*  
समिती अध्यक्ष

*Prashant*  
प्रधानाचार्य

Thankyou Letter – Hindi Diwas

*Dijay Crishnasrama*

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*John Pienzes*

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*Prashant*  
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SMS/

24<sup>th</sup> September, 2020

To,

Ms. Anshu Shukla

S.M Shetty Degree College,

Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Resource Persons for webinar on “**Hindi Diwas**” organized by NSS UNIT of our college.

On behalf of our college, we'd like to thank you for the generous gift of your time, making people aware and also giving us your precious opinion and various other information. Your time and dedication made this webinar successful.

With Regards,

Thanking you,

Yours faithfully,

Dr.Sridhara Shetty

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**NSS Programme Officer**



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**Approval Form: World Earth Day**

**Department:** NSS Unit & Tivona Nature Club

**Program:** World Earth Day

**Objectives:** To make youngsters and people around the society aware about the Earth day and its importance.

**Need:** It is important for the people to know and celebrate this important day.

**Content:** On the occasion on World Earth Day, there were 3 events organized

- a. Poster Making Competition.
- b. Slogan Making Competition.
- c. Tree Plantation.

**Judge:** NA

**Date:** 24<sup>th</sup> April, 2021

**Cost/Budget:** NA.

**Proposed by:** Ms. Snehal Rai & Mr. Sushant Shetty.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes



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**Minutes of the meeting: World Earth Day**

There was a meeting held on Zoom Platform on 21<sup>st</sup> April, 2021

**Minutes of the meeting:**

- Discussed about upcoming event on World Earth Day.
- Finalized to organize a Poster Making Competition, Slogan Making Competition and Tree Plantation.
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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**Notice (WhatsApp Message): World Earth Day**

Hello Fellas!

The TIVONA NATURE CLUB & NSS UNIT of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai ·is organizing a Series of Competition on the Occasion of

WORLD EARTH DAY·

·POSTER MAKING COMPETITION.

·TREE PLANTATION.

·SLOGAN MAKING COMPETITION.

POSTER MAKING COMPETITION·:-

Rules and Regulations -

1. The poster should be creative and should not be copied from anywhere.
2. Last date of submission is 22nd April, 2021.
3. Submit your poster on time. Late submission won't be entertained.

▪  Submit your posters on the e-mail id below along with the given details↓

- Full Name

- Full College Name

- Contact Number

nssunitb46@gmail.com

TREE PLANTATION·:-

The last time to plant trees was 20 years earlier and the next time is now! Try planting a minimum of one sapling, water it daily, the more it'll grow the more you'll be satisfied. keep the habit of planting trees, it's for our benefit only. You can plant a small sapling at your home or in your society. Click pictures send us to spread awareness for the same.



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- Click a picture of yourself while planting sapling.
- Post the picture on your Instagram story tagging our NSS Unit page @shettyunit\_b46.
- We will repost your picture in our Instagram story.

**SLOGAN MAKING COMPETITION:-**

**Rules and Regulations -**

1. The Slogan can be written in Hindi or English.
2. The Slogan must not contain any kind of provocation, objectionable or inappropriate content
3. The Slogan must be original.
4. Last date of submission for Slogan is 22nd April, 2021.

- Submit your posters on the e-mail id below along with the given details↓

- Full Name

- Full College Name

- Contact Number

nssunitb46@gmail.com

E-Certificate will be provided to all the Participants and Winners.

Results will be out on 23rd April, 2021

For further queries Contact:-

1. Snehal Rai - 9082362400
2. Deepthika Pillai – 9004961914



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**Report: World Earth Day**

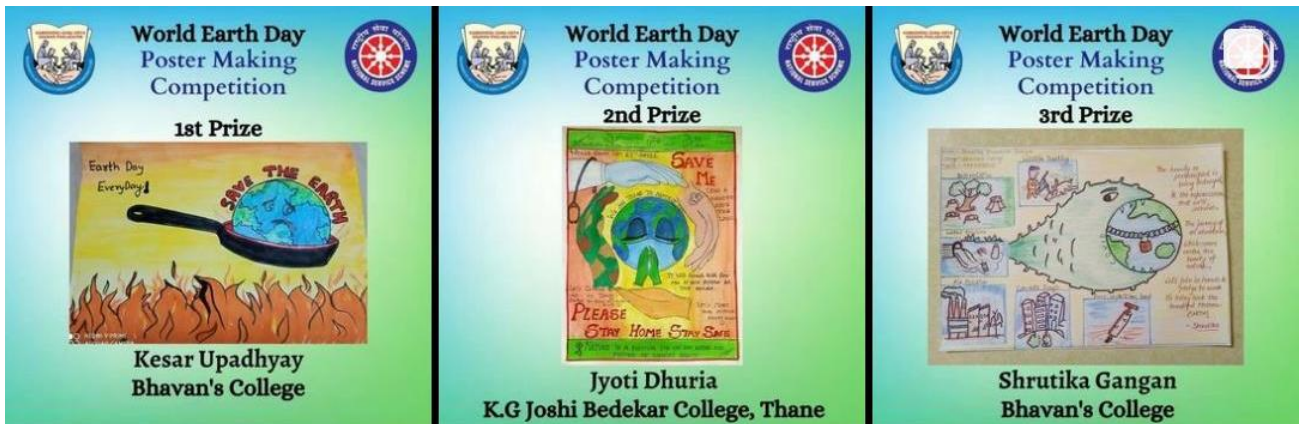
**Event: World Earth Day.**

**Date:** 24<sup>th</sup> April, 2021.

**Highlight:** The NSS Unit and Tivona Nature Club of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai Organized a Series of Competitions on the occasion of World Earth Day from 20<sup>th</sup> April to 22<sup>nd</sup> April. The competition includes:

1. Poster Making Competition.
2. Slogan Making Competition.
3. Tree Plantation.

The theme for all the event was World Earth Day. The results were declared on 22<sup>nd</sup> April, 2021.





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 <p><b>World Earth Day Slogan Making Competition 1st Prize</b></p> <p>How green the earth will be When each of us will plant one tree It will give pure &amp; clean oxygen to you and me</p> <p><b>Vaishnavi Wagh Joshi Bedekar College</b></p>	 <p><b>World Earth Day Slogan Making Competition 2nd Prize</b></p> <p>धरती को मत पहुँचाना हानि, इसके साथ हमको बनना है नाना नानी  </p> <p><b>Sahil Chavan Ramrao Adik Institute of Technology</b></p>	 <p><b>World Earth Day Slogan Making Competition 3rd Prize</b></p>  <p><b>Dhruvanshi Mehta SVKM'S Mithibai College</b></p>
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*Dijay Krishnaswama*

**NSS Programme Officer**

*John Pienzezo*

**NSS Programme Officer**

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*Principal*  
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**Participants List: World Earth Day**

1. Shrutika Gangan - Bhavan's College
2. Sahil S. Chavan - Ramrao Adik Institute of Technology
3. Apurva Ashok Dudhe - RamRao Adik Institute of Technology
4. Harshada Dilip Kocharekar - Harshada Dilip Kocharekar
5. Anchita Sachin Patil - Mithibai College
6. Ashleen Gujral - Mithibai College
7. Savla Meha Shailesh - SVKM'S Mithibai College
8. Krisha Chheda - SVKM'S MITHIBAI COLLEGE
9. Mubareka Zehra Alvi - Mithibai Clg(Vile Parle)
10. Ishita Gosalia - SVKM's Mithibai College, Mumbai
11. Shruti Vikram Shah - SVKM's Mithibai College
12. Kesar Awadhesh Upadhyay - Bhavan's College
13. Mansi Jitendra Ramteke - Ramrao Adik institute of technology
14. Raj Gupta - SVKM's Mithibai College
15. Aditi Karande - Ramrao Adik institute of technology
16. Akansha Tripathi - Ramrao Adik institute of technology
17. Misba. Mustak. Patel - Patkar-Varde College
18. Jyoti Hansraj Choudhary - Jai Hind College
19. Mitali Arvind Jadav - Mithibai College
20. Prijith Ullas Ayure - Ramrao Adik institute of technology
21. Roshani Thariomal Jasuja - Mithibai College of Commerce
22. Jyoti sahdeo Dhuria - K.G Joshi Bedekar College, Thane
23. Rutuja Santosh Waghmare - Ramrao Adik institute of technology
24. Sanika Sukhdev Tarade - N.G Bedekar college of commerce Thane
25. Dhruvanshi Mehta - SVKM'S Mithibai College
26. Chumki Sukamal Maji - Ramrao Adik Institute of Technology, Nerul.
27. Mubashira Chougale - SVKM'S Mithibai College
28. Mubareka Zehra Alvi - Mithibai College
29. Sahil Sanjay Chavan - Ramrao Adik Institute of Technology, Nerul.
30. Soham S Soni - S. M. Shetty College, Powai
31. Apurva Ashok Dudhe - Ramrao Adik Institute of Technology, Nerul.
32. Shrutika Gangan - Bhavan's College
33. Vaishnavi Wagh - Joshi Bedekar College



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**Approval Form – Quiz Competition on PARAKRAM DIVAS**  
**(Tribute to NETAJI SUBHASH CHANDRA BOSE)**

**Department:** NSS UNIT

**Program:** Quiz Competition on PARAKRAM DIVAS  
(Tribute to NETAJI SUBHASH CHANDRA BOSE)

**Objectives:** This is an Intra-Collegiate Quiz Competition.

**Need:** To make people aware about the great leader Netaji Subhash Chandra Bose

**Content:** The Quiz was organised on 23rd January, 2021 from 8:00 am to 10:00 pm. Where the participants had to answer 20 questions (1 mark each). The participant scoring 60% and above were awarded with E-Certificate

**Date:** 23<sup>rd</sup> January, 2021

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Ishan Salian

**Verified by:** Prof. Vijay Vishwakarma



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**Minutes of the meeting**

**Minutes of the meeting:**

- To discuss organising a quiz competition.
- To frame the questions for the quiz competition.
- To create a google form where the quiz can be conducted.
- To prepare a message with the quiz competition link that can be circulated.
- To circulate the message with the maximum number of people.
- Digital team to prepare certificate layout.



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**Notice (Whatsapp Message)**

The NSS unit of Bunts Sangha's SM Shetty College is back with a Quiz competition on PARAKRAM DIVAS that is tribute to NETAJI SUBHASH CHANDRA BOSE.

TOTAL 20 QUESTIONS will be asked related to his journey towards the nation and the lifestyle he had.

Those who score 60% and above will be awarded with e-certificates.

Link will Open at 8.00 A.M

Link will Close at 10.00 P.M

<https://forms.gle/UCRtPxSbzPPVrnBM8>

Our social media links :-

Instagram: [https://instagram.com/shettyunit\\_b46?igshid=7wc5i7xus1x4](https://instagram.com/shettyunit_b46?igshid=7wc5i7xus1x4)

Facebook: <https://www.facebook.com/smshettyunit/>

YouTube: [https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

For any queries contact:-

Ishan Salian: 97734 71471

Mahima Singh: 75065 16043

Snehal rai : 9082362400



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**Report - Quiz Competition on PARAKRAM DIVAS (tribute to NETAJI SUBHASH CHANDRA BOSE)**

**Event: Quiz Competition on Parakram Divas**

**Date:** 23rd January, 2021

**Objective:** This Quiz was organised on the occasion of **Parakram Divas** (Tribute to NETAJI SUBHASH CHANDRA BOSE)

**Highlight:** The NSS unit of Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies, Powai as per the guidelines of University of Mumbai had organized a Quiz competition on 23th January, 2021 on the occasion of **Parakram Divas** that is a tribute to **Netaji Subhash Chandra Bose** on his Birth Anniversary. Total 346 Volunteers from 11 Colleges across Mumbai had participated in the competition. Participants Scoring 60% and above were provided with the E-Certificates.



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8:30 PM

1. Which of the following is correct about Subhash Chandra Bose? \* 1 point

- (a) He is called the beacon of light of India
- (b) He became the congress president for the second time in 1939.
- (c) He proclaimed the "Dilli Bhago."
- (d) He said, "Give me blood, I will give you freedom.

2. "Springing Tiger: A Study of a Revolutionary" is a biographical work on \_\_\_?? \* 1 point

- (a) Bhagat Singh
- (b) Chandrashekhar Azad
- (c) Subhas Chandra Bose
- (d) Shyamji Krishna Verma

8:30 PM

3. In which year, Bharat Ratna was announced for Netaji Subhash Chandra Bose? \* 1 point

- (a) 1988
- (b) 1992
- (c) 1994
- (d) 1996

4. When was Subhash Chandra Bose born? \* 1 point

- (a) 23 January 1897
- (b) 11 July 1858
- (c) 5 May 1897
- (d) 14 August 1900

5. Which examination did 1 point



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5. Which examination did Subhash Chandra Bose pass in England? \* 1 point

(a) Indian Civil Service

(b) British Civil Service

(c) Indian Foreign Service

(d) British Foreign Service

---

6. Which army was headed by Subhash Chandra Bose? \* 1 point

(a) Indian National Army

(b) Light Brigade

(c) Foreign Legion

(d) Bengal Regiment

---

7. Which party was founded by 1 point

8:30 PM 🔒 🕒 📶 📶 📶 📶 📶 39

9. In which year did Subhash Chandra Bose become Supreme Commander and take charge of Indian National Army? \* 1 point

(a) 1932

(b) 1935

(c) 1943

(d) 1945

---

10. Which of the following book is written by Subhash Chandra Bode? \* 1 point

a) Letters to Emilie Schenk 1934-1942

(b) An Indian Pilgrim

(c) Ideas of a Nation

(d) All of these

*Vijay. Krishnarajama*

**NSS Programme Officer**  
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*John Dierzy*

**NSS Programme Officer**




*Principal*  
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7. Which party was founded by Subhash Chandra Bose in the year 1939 after he broke away from the Congress ? \* 1 point

(a) Azad Hind Fauj

(b) Forward Block

(c) Revolutionary Front


(d) Indian freedom Party

8. When Japan handed over Andaman and Nicobar Island to Subhash Chandra Bose in Nov 1943, and changed the name to? \* 1 point

(a) Shaheed Island and Swaraj Island

(b) Shaheed Island and Samaj Island

(c) Samaj Island and Swaraj Island

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11. Which of the following nick name is not given to Subhash Chandra Bose? \* 1 point

(a) Strong man of India

(b) Neta ji

(c) Patriot of patriots

(d) Beacon of light of Asia

12. Where was Subhas Chandra Bose born \* 1 point

(a) Midnapore, West Bengal

(b) Cuttack, Orissa

(c) Kanpur, Uttar Pradesh

(d) Dispur, Assam



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13. Who was the father of Subhas Chandra Bose \* 1 point

(a) Jagadish Chandra Bose

(b) Girish Chandra Bose

(c) Janakinath Bose

(d) Pranab Chandra Bose

14.. From which college did Subhash Chandra Bose pass B.A in 1918 in philosophy \* 1 point

(a) Scottish Church College

(b) Presidency College

(c) St. Johns College

(d) Fitzwilliam College BesantBesant

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15. By whom the title 'Netaji' was given to Subash Bose? \* 1 point

(a) Jawaharlal Nehru

(b) Mahatma Gandhi

(c) Rabindranath Tagore

(d) Annie Besant

16. Which of these leaders started a newspaper named Swaraj in 1921? \* 1 point

(a) Subhash Chandra Bose

(b) Vallabhbhai Patel

(c) Bhagat Singh

(d) Jawaharlal Nehru

*Vijay. Krishnarajama*

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17. Who is known as the political guru of Subhash Chandra Bose? \* 1 point

(a) Chittaranjan Das

(b) Gopal Krishna Gokhle

(c) Mahatma Gandhi

(d) Vivekananda

18. Did Netaji work as the CEO of the Calcutta Municipal Corporation. \* 1 point

(a) True

(b) False

19. Death Anniversary of Subhash Chandra Bose \* 1 point

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19. Death Anniversary of Subhash Chandra Bose \* 1 point

(a) 18th August 1945.

(b) 18th October 1946

(c) 18th August 1946

(d) 16th November 1945

20. Who gave the slogan Jai hind to the nation? \* 1 point

(a) Subhash Chandra Bose

(b) Mahatma Gandhi

(c) Jawaharlal Nehru

(d) None of the above

*Vijay. Krishnarajama*

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23. Harshada Dilip Kocharekar - V.k menon college
24. Nidhi jayendra jambhale - Cosmopolitan valia college of art commerce and science
25. Jagruti Shantaram Khairnar - Joshi Bedekar Thane
26. Pooja Bhaskar Shetty - S.M.Shetty College,Powai
27. Anjali Jha - Bhavans College
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245. Shubham D jadhav - S.M.Shetty College,Powai
246. Amit Shetty - S.M.Shetty College,Powai
247. Micah Ignatius frank - S.M.Shetty College,Powai
248. Nitya Shetty - S.M.Shetty College,Powai
249. Ruchi Makarand shetty - S.M.Shetty College,Powai
250. Sameer Surve - S.M.Shetty College,Powai
251. Naman kokal - S.M.Shetty College,Powai
252. Priya Tiwari - S.M.Shetty College,Powai
253. NISHIT shetty - S.M.Shetty College,Powai
254. Arpan shetty - S.M.Shetty College,Powai
255. Ketan Senva - S.M.Shetty College,Powai
256. Alisha Crasto - S.M.Shetty College,Powai
257. Gauri Deshmukh - Valia C.L college of commerce
258. Mohit Tiwari - S.M.Shetty College,Powai
259. Swaroop VijayKumar Nair - VK Krishna Menon college
260. Priyal Gautam Gaikwad - R. A. Podar College
261. Shweta Kanojia - S.M.Shetty College,Powai
262. Sakshi Poojary - S.M.Shetty College,Powai
263. Akshat Shekar Shetty - S.M.Shetty College,Powai
264. Pranali Ramesh Nikam - Joshi Bedekar College
265. Rahul Ghodke - R.A.Podar College
266. Anushka Ogale - R.a podar college
267. Janhavi Maheshkar - RA Podar college of commerce and economics
268. Siddheshwar - Syndenam
269. Sarita Gupta - S.M.Shetty College,Powai
270. Tanvi - Podar
271. Kanojiya Vandana kadeprasad - S.M.Shetty College,Powai
272. Ridha khan irfan ali - S.M.Shetty College,Powai
273. Anish Mogaveera - S.M.Shetty College,Powai
274. Neelaman Allen Loy - S.M.Shetty College,Powai
275. Karuna Sanjay Parab - Ghanshyamdas Saraf College of Arts and Commerce



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276. Samayita Chatterjee - Saraf College
277. Nandani Gyanchand Bhaskar - Ghanshyamdas Saraf college
278. Satish singh - Saraf college
279. Sejal Santosh Singh - Ghanshyamdas Saraf college of Arts and Commerce
280. Shagun Anil Pandey - Ghanshyamdas Saraf College Of Commerce
281. Tanaya Vikas Kambli - R A Podar College
282. Amit shukla - S.M.Shetty College,Powai
283. Zeshan Khan - Ghanshyamdas Saraf College of arts & Commerce
284. M/s SAKSHI MANOJ SINGHVEE - Ghanshyamdas Saraf College
285. Anchal Narendra Pathak - Ghanshyamdas Saraf College
286. Aditi Manik Chintal - R. A. Podar College of commerce and economics
287. Jyoti sahdeo dhuria - K.G Joshi bedekar college of thane
288. Kirti Sharma - Narsee monjee college of commerce and economics
289. Vaishnavi Rajesh Pingle - VPM K. G Joshi Bedekar College
290. Vaishnavi Yogesh Gaikwad - S.M.Shetty College,Powai
291. Madhumitha muthukrishnan - V.k Menon college
292. PRANAV KISHOR TAMBE - S.M.Shetty College,Powai
293. Rohanbahadur Singh - S.M.Shetty College,Powai
294. Stuti chandrakar - BIT, Durg
295. JASMINE AZIZ MULANI - K. G. Joshi College Of Arts, Thane
296. Tejal Rajendra Harchande - S.M.Shetty College,Powai
297. Nidhi Pramod Pawar - R. A. Podar College of Commerce and Economics
298. Vaishnavi Vilas Pawar - R. A Podar college of commerce and economics
299. Bhakti Prakash Kamble - C I valia college
300. Arya Kaur Singh - S.M.Shetty College,Powai
301. Shubham Sandeep Shirsekar - Smt. MMK COLLEGE
302. Diya Dinesh Soni - Ghanshyam Das Saraf College
303. Pravin Ashok Gupta - Smt mmk college of commerce and economic
304. Prachi Pradeep Jogdand - R A Podar College, Matunga
305. Harshita Dayya - Ghanshyamdas Saraf College
306. Mohd Faisal kuraishi - Mmk college



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308. Sindhu Umesh Gawde - R.A. Podar College, Matunga
309. Rajesh Vishnuraj Devendra - Valia College of commerce and arts
310. PRACHI GADA - S.M.Shetty College,Powai
311. Shubham Shirke - R.a. podar college of commerce and economics Matunga
312. Divya Kiran khedekar - Joshi bedekar clg
313. Sulata Bhagwan Panigrahi - S.M.Shetty College,Powai
314. Dravya kundar - Smt. M. M. K college of commerce and economics
315. PRANALI CHANDRAKANT MHAPSEKAR - R A Podar College
316. Aishwarya Rajendra Jangam - Valia C.L College of Commerce Andheri (W)
317. Priti Mishra - Ghanshyamdas Saraf College
318. Kanishka Jain - Narsee Monjee College of Commerce
319. YADAV KAJAL RAMBHAJAN - Valia college of Commerce and arts
320. Sneha Mangesh Bhalerao - Smt. MMK College
321. Sanika Shripad Rane - S.M.Shetty College,Powai
322. Pradnya Dilip Ningavale - R.A.Podar College, matunga-E
323. Aditi Arnalkar - R.A. Podar College of Commerce and and Economics
324. Snehal Rai - S.M.Shetty College,Powai
325. Kanojiya Aviral Akhilesh - Ghanshyamdas saraf college
326. Ankit pawan kumar shah - Ghanshyamdas saraf college
327. Daljitkaur kaller - Valia college of commerce
328. Mokshitha Shetty - R. A podar college
329. Yash Tewari - ITM College
330. SAMIDHA MADHUKAR PATIL - K.G.Joshi college
331. Taiba Shaikh - S.M.Shetty College,Powai
332. DIPESH PRAKASH DEVRUKHKAR – Valia College of Commerce.
333. Nafisa Ansari - Valia C. L. College of Commerce
334. Jyoti gupta - Mmk
335. Pimpalkar Pratik Deepak - Cosmopolitan's valia c.l. college of commerce
336. Sakshi Prakash Shetty - S.M.Shetty College,Powai
337. Tejasvi Parab - SIES College of Arts, Science and Commerce (Autonomous)



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- 338. Shailesh kumar gupta - Bhilai institute of technology durg (c.g)
- 339. Vijaylaxmi Ghanshyam kahar - Valia CL college of commerce
- 340. fathima mehrin umar - Valia college
- 341. Gaonkar Riddhesh Rajkumar - Joshi-Bedekar College, Thane
- 342. Shikha Vishwakarma - S.M.Shetty College,Powai
- 343. Gupta Nisha Umesh - Ghanshyamdas saraf college
- 344. Jagannath Anand Reddy - G. N. Khalsa College, Matunga
- 345. Chirag Prabhakar Ghanekar - Valia C.L College
- 346. Nandini Mahapatra - S.M.Shetty College,Powai



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**Certificate Sample Copy - Quiz Competition on PARAKRAM DIVAS**





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**Approval Form: Webinar on Covid-19 Vaccine Doubts and Concerns**

**Program:** National Webinar on- Covid Vaccine- Doubts & Concerns.

**Need:** To know the advantages & disadvantages of vaccines available to overcome covid'19.

**Objective:** To create awareness among citizens about the vaccine for their physical & mental health.

**Content:** Implementation of vaccine.

**Resource Person:** Dr.C H Asrani (Health & Wellness Expert)

**Date:** 23-2-2021      **Time:** 4:00 to 5:00 pm      **Venue:** Zoom Webinar

**Cost/Budget:** NA

**Proposed By:** Health Club & NSS

**Verified By:** Dr Sridhara Shetty



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**Minutes of the meeting: Webinar on Covid-19 Vaccine Doubts and Concerns**

There was a meeting held on Zoom Platform on 21<sup>st</sup> February, 2021

**Minutes of the meeting:**

- Discussed about upcoming event.
- Finalized to organize a webinar on Covid-19 Vaccine
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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Poster/Brochure: Webinar on Covid-19 Vaccine Doubts and Concerns

Bunts Sangha's  
S.M.Shetty College of Science, Commerce &  
Management Studies, Powai, Mumbai-76  
Affiliated to University of Mumbai  
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**HEALTH CLUB**  
(In Collaboration with)  
**NATIONAL SERVICE SCHEME**  
Organizes  
**NATIONAL WEBINAR**  
**"Covid Vaccine- Doubts & Concerns."**

**Guided by**  
*Dr. C H Asrani*  
Diplomate National Board  
(Family Medicine) with MBBS  
Over the years has imbibed knowledge to  
over 2500+ professionals via his training  
sessions and educated millions via his  
editorials, TV appearances and articles.

**Date: 23rd Febraury, 2021**  
**Time: 4:00 - 5:00PM**  
**Venue: Zoom Meeting**  
**E- Certificates Will be Provided to all the attendees**  
**For any queires**

Snehal Rai- 9082362400      Ishan Salian- 9773471471  
Dipti Shetty- 70451 97444      Mahima Singh- 75065 16043

*Dipjay. Krishnaswama*

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*John Diersey*

NSS Programme Officer



*Principal*  
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**Notice (WhatsApp Message): Webinar on Covid-19 Vaccine Doubts and Concerns**

Health Club & NSS Unit of  
Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies  
(Affiliated to University of Mumbai), Powai, Mumbai, is organising a National Webinar on-  
" Covid Vaccine- Doubts & Concerns."

For : Teaching ,Non-Teaching staff, Students,Parents & others.

Resource Persons: Dr.C H Asrani

Event Details:

: 23rd February , 2021

 : 4:00 -5:00 PM (Zoom Webinar).

Registration Link: <https://forms.gle/oKJibBWpvJhmR7qM6>

After registration join the Whatsapp group using the link for updates:-

Whatsapp Group Link: <https://chat.whatsapp.com/BmoS5aUABSx37KRjVuZRNw>

Registration Fees: FREE

Registration Limit: 500 Participants

Last Date to Register: 22nd February ,2021.

Contact Persons:

Asst.Prof. Himani Shukla Varia

In case of any queries kindly E-Mail us at: [himanis@smshettyinstitute.org](mailto:himanis@smshettyinstitute.org)

Kindly Note:

- 1) Kindly install Zoom software on laptop/desktop or Zoom app on Mobile through Playstore/App store
- 2)E-Certificates shall be issued to all the registered participants, who attend the webinar and fill the feedback form.



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**Report: Webinar on Covid-19 Vaccine Doubts and Concerns**

**Event: Webinar on Covid-19 Vaccine Doubts and Concerns.**

**Date:** 23<sup>rd</sup> February, 2021


**Highlight:** The Health Club and NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai had organized a National webinar on "COVID-19 Vaccine – Doubts and Concerns on 23<sup>rd</sup> February, 2021. The Resource Person for the webinar was Dr. C. H. Asrani Sir.

The webinar commenced with the Welcoming of our Resource Person, Principal & Vice-principal, Members of Health Club & NSS Unit and the participants from various fields and colleges introduced by our NSS Volunteer Mr. Shrinav Shyam. It was further continued by the Introduction of our Resource Person Dr. C. H. Asrani Sir. Later the Resource person started with this session where he explained to us many things about Covid-19 virus and also about various types of vaccine that are being made across the world. Sir also told us about who can take this vaccine and who all cannot, also many doubts related to health issues that may occur after taking the vaccine were cleared. The Webinar was further Continued by Q & A session where Dr. Asrani Sir cleared all the doubts and concerns of our participants

The webinar ended with the Vote of Thanks by Asst. NSS Representative Ms. Snehal Rai. There were around 100 participants in the webinar.



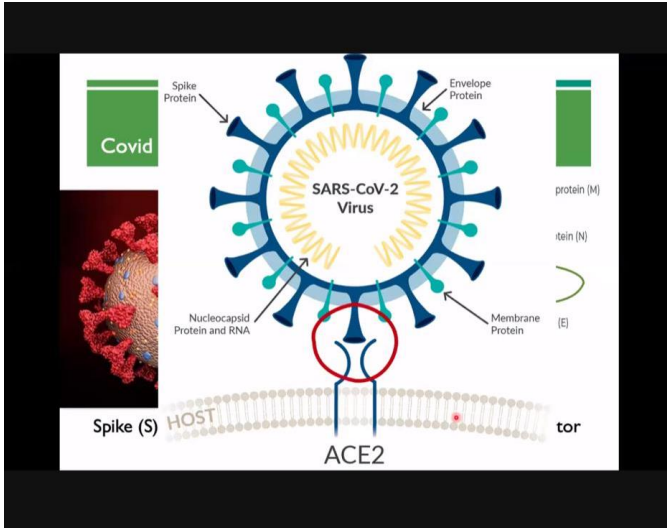
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[Close](#) **Participants (100)**

- Q Search
- H** Himani Shukla Varia (me)
  - Swati Shetty (Host)
  - DC** Dr Chandramohan Asrani
  - 1** 110 SAKSHI POOJARY
  - 1** 134 Aarya Kaur Singh
  - 1** 14- TYBMM(AD)- Deepthika Pillai
  - 15 Ritik Behal
  - 1** 158\_Sriya Sahu
  - 1** 17098 Jayesh Watane
  - 1** 192 Allen Loy
  - 238 FYBCOM(B) shetty Sagar
  - 3** 39 Suparna Paul SYBBI

*Dijay. Krishnaswama*

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*John Meneses*

**NSS Programme Officer**



*Shetty*  
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**Participants List: Webinar on Covid-19 Vaccine Doubts and Concerns**

1. Ratnakar Singh - S.M.Shetty College
2. Abhijeet Digambar Patil - S.M. Shetty College
3. Aarya Kaur - SM shetty college
4. Priya Yadav - Sm Shetty
5. Ruchita Ramesh kalamkar - Vivek Vidyalaya college of commerce
6. MEMON SABA SALIM - VIVEK COLLEGE OF COMMERCE
7. Singh shivanjali santosh - S. M. Shetty
8. Tanaya Nitin Kadam - Joshi Bedekar College, Thane
9. Tanya Ravindranath Singh - Sm shetty college
10. Sagar Shetty - Sm SHETTY collage
11. Nandini Mahapatra - S.M Shetty College,Powai
12. Ritika pandey - Guru nanak khalsa
13. Mehjabin. Mustak. Patel - Vivek College of Commerce
14. Theerthamalai Kounder - Vivek college of commerce
15. GOUDA RITESH RABINDRA - JVM'S MEHTA COLLEGE
16. Harshit Mishra - Reena Mehta College
17. Kanojiya Vandana y - Sm Shetty college powai
18. Ayesha khan - S M Shetty College, powai
19. Aditi Rajesh jaiswal - Reena Metha college
20. Suparna Paul - S.M.Shetty college powai.
21. Nehal Nilesh Satre - SM Shetty College
22. RANI MAURYA - REENA MEHTA COLLEGE
23. Sofiya Anthony - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE  
Autonomous
24. Ritik Behal - K M Agrawal College
25. Finny Jacob John - Vivek College (NSS)
26. Nitu Chouhan - SIES College of arts science and commerce
27. Bandapalli sridhar naidu - Sri Ramakrishna degree College autonomous Nandyal



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28. Nandita Ashok More - Patuck technical high school and jr college
29. Jyoti sahdeo dhuria - K.g Joshi bedekar college thane
30. Anchal Mishra - S.M. Shetty College
31. Shruti Pradeep Chaudhari - Shankar Narayan College of Arts and Commerce
32. Sneha Mangesh Bhalerao - Smt. MMK College of commerce and economics
33. Sadhana Gupta santosh - Vivek college
34. Sakshi Poojary - Bunts Sanghs S.M Shetty College Powai
35. BAMANE KARTIK VILAS - S.m. Shetty college of science college and management studies
36. KOLTE VRUSHALI RAJ - S.M.Shetty College
37. Priyanka Gokul Wakode - N. G. Joshi Bedekar College Thane
38. Vaishnavi R Pingle - K G Joshi Bedekar College
39. VIJAY VISHWAKARMA - S M SHETTY COLLEGE ,POWAI
40. Dolly Shamim Siddiqui - Vivek College
41. Shivam sanjay upadhyay - Sm Shetty college
42. Sulata Bhagwan Panigrahi - S m Shetty college Powai
43. Deepthika Monic Kumar Pillai - S.M.Shetty College, Powai
44. Krishna Kiranlal Gupta - Shree Shankar Narayan College of Art's & Commerce
45. Shrinav Shyam - S M Shetty College
46. Tanaya Santosh More - Vivek college of commerce
47. Darshan vardhaman chougule - Dr JJ Magdum College of Pharmacy Jaysingpur
48. Archana Chauhan - Sm shetty college
49. Sahu Sriya Sunil - SM Shetty College
50. Manish dayashankar yadav - Niranjana Majithia college of commerce and science Kandivali West mumbai
51. Beauti agarwal - Dr aarnav
52. Anamika yashwant Shah - Vivek collage of commerce
53. Adagane sahil satish - C S Azrani
54. Akshata Sandim - Vivek college of commerce
55. Jyoti gupta - Mmk college
56. VARUN ANIL PATIL - K.M AGGRAWAL
57. Vaghela simran Vinu - Vivek college of commerce
58. Mohan Avdhesh Gupta - Vivek College of Commerce
59. Aaditya kishor bhosle - Vivek college of commerce
60. Yathish Anchan - Vivek college of commerce
61. rituprajapati12345678@gmail.com - S.M.shetty college of science, commerce and management studies ,, Powai
62. Aditi Navnath Nikam - J. J. Magdum Institute of Pharmacy Jaysingpur
63. MISAL CHAITANYA SUBHASH - Vivek college of Commerce
64. Sonali Mishra - Vivek college of commerce
65. Mane Komal Vilas - S.M.Shetty college



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66. Naushad H. ansari - NIRANJANA MAJITHIA COLLEGE OF COMMERCE
67. Mansi Choubey - S M Shetty College
68. Diksha Bansal - University of Delhi(NCWEB)
69. RANA DHIRAJ ARJUN - NIRANJANA MAJITHIA COLLEGE OF COMMERCE
70. Sriya kirtikar - Vivek college of commerce
71. Swati Tribhuvan Mishra - Vivek college of commerce
72. Prof.Swati Shetty - S.M Shetty College,Powai
73. Priyanka jaiswal - Vivek college of commerce
74. Khajar Mahalaxmi Santoshkumar - Vivek college of commerce
75. Anandprajapati - Bms
76. Saroj Pragati Dilip Kumar - Vivek clg of commerce
77. Prachi Dilip nikam - J.V.M college airoli
78. Neha Radheshyam Sharma - Jvm Mehta degree clg
79. Jeniflora Mathews - SIES College of Arts, Science and Commerce (Autonomous)
80. Sushant R. Shetty - S.M.Shetty College
81. Yuvraj Harikrishnan - Vivek college of commerce
82. Rohit Ranjeet jha - Vivek Vidyalaya



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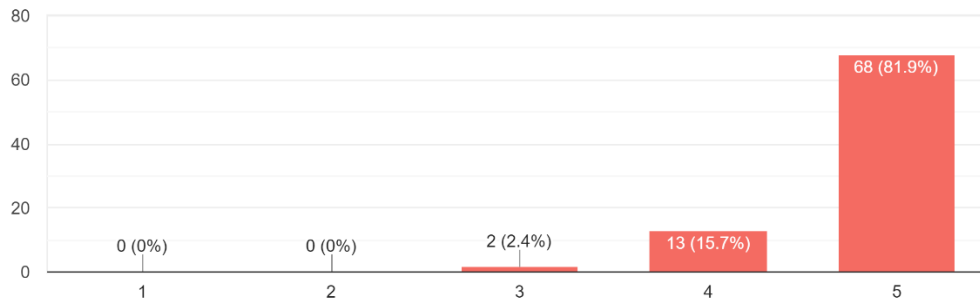
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**Feedback: Webinar on Covid-19 Vaccine Doubts and Concerns**

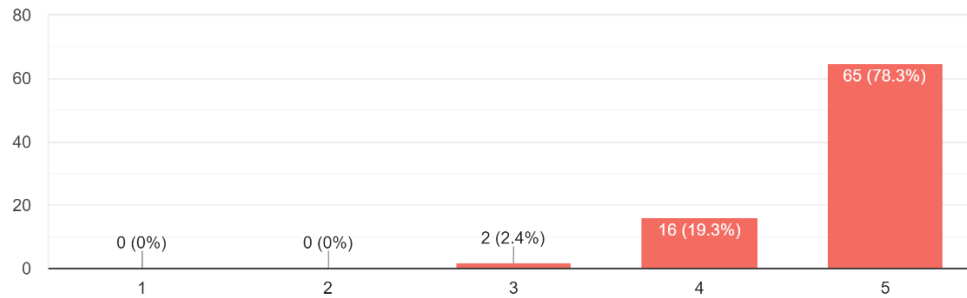
How informative was the session?

83 responses



How satisfied are you with the session's content?

83 responses



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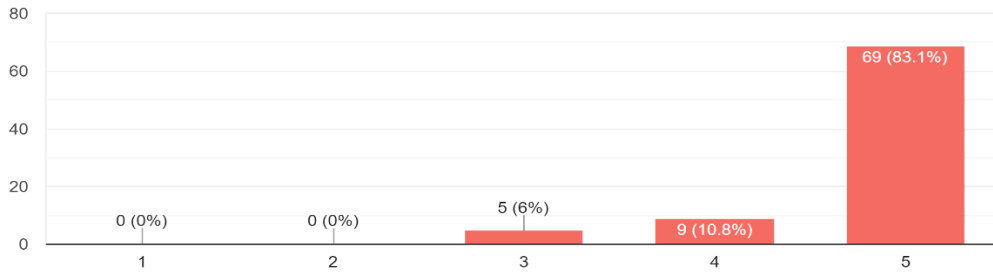


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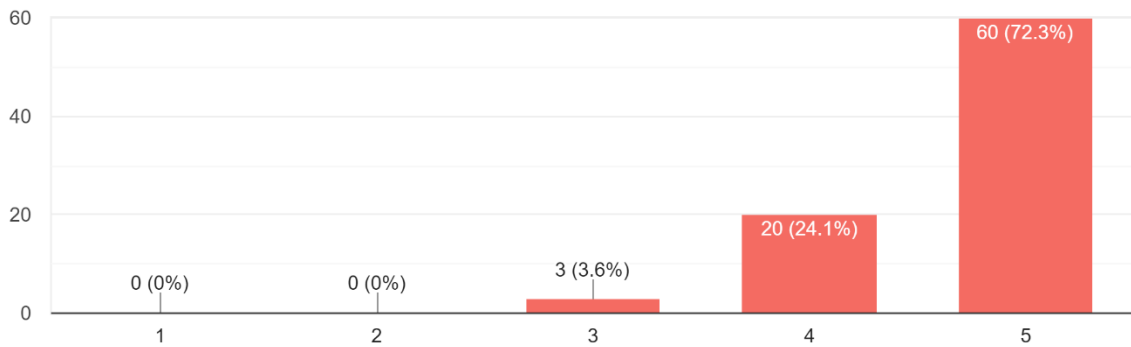
How relevant and helpful do you think the session was?

83 responses

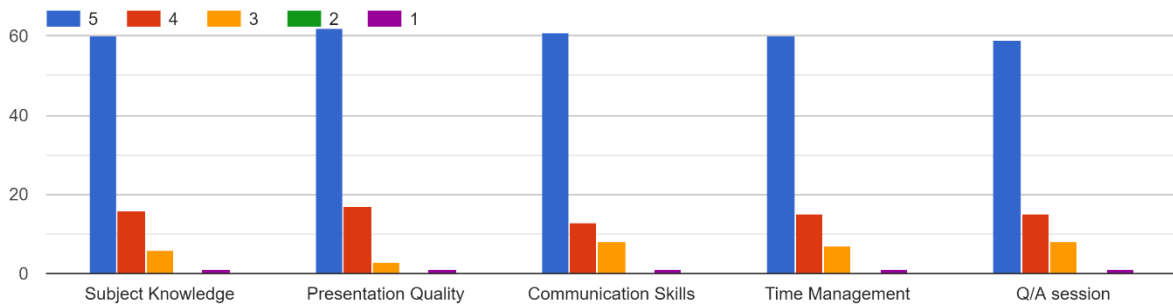


How satisfied are you with the technical aspects of online platform?

83 responses



How satisfied were you with the key note speaker?



*Dijay Krishnarajama*

**NSS Programme Officer**

*John Dierizes*

**NSS Programme Officer**



*[Signature]*  
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**Action Taken: Webinar on Covid-19 Vaccine Doubts and Concerns**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
Date: 23 <sup>rd</sup> February, 2021	<ul style="list-style-type: none"><li>• Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>• All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



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*Dijay Krishnarajama*

**NSS Programme Officer**

*John Peres*

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*P. Shetty*  
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**Thankyou Letter: Webinar on Covid-19 Vaccine Doubts and Concerns**

SMS/

23<sup>rd</sup> February, 2021

To,

Dr C. H. Asrani Sir

S.M Shetty Degree College,

Powai.

Dear Sir,

It was truly a pleasure to have you with us as our Resource Persons for webinar on **"Covid-19 Vaccine Doubts and Concerns"** organized by NSS UNIT & Health Club of our college.

On behalf of our college, we'd like to thank you for the generous gift of your time, making people aware and also giving us your precious opinion and various other information. Your time and dedication made this webinar successful.

With Regards,

Thanking you,

Yours faithfully,

Dr.Sridhara Shetty

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**Approval Form – Quiz on Organ Donation**

**Department:** NSS UNIT

**Program:** Quiz on Organ Donation.

**Objectives:** To test the participants' knowledge regarding Organ Donation, and to make them aware of the importance of a Organ Donation through the medium of quiz.

**Need:** It is important to make the youth and other generations of the country aware about the importance of a Organ Donation.

**Content:** The activity was an attempt to make people aware about the importance of a nutrition and encourage them to look beyond their textual knowledge and know various information and try to implement them in their daily lifestyle.

**Date:** 22<sup>nd</sup> April, 2021

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Sushant Shetty & Ms. Snehal Rai

**Verified by:** Prof. Vijay Vishwakarma



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**Minutes of the meeting – Quiz on Organ Donation**

**Minutes of the meeting:**

- To discuss about the upcoming events.
- To discuss about to prepare Notice (WhatsApp Message) that will be send to others Colleges for participation.
- To allot work to social media team and leaders.
- To discuss about the documentation work.
- To allot Social media team start to work on the poster and brochure for the event and update the social media platform.



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**Notice (WhatsApp Message): Quiz on Organ Donation**

JAI HIND..

The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai has organised a quiz on the Organ Donation.

- THEME:- ORGAN DONATION
- DATE:- 22nd April, 2021

CLICK THIS LINK TO PARTICIPATE IN QUIZ.....

<https://docs.google.com/forms/d/e/1FAIpQLSebgJUMtEIVlbGBoPi-HVbj2t-G1LVDDMCw0hvKkA027p6GDA/viewform>

THE PARTICIPANTS WILL BE PROVIDED BY E-CERTIFICATE.

□ For any further queries Contact:-

1. Ishan Salian - 9773471471
2. Snehal Rai - 9082362400

Regards

SM Shetty NSS Unit



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**Report: Quiz on Organ Donation**

**Event: Quiz on Organ Donation.**

**Date: 22<sup>nd</sup> April, 2021**

**Highlight:** The NSS unit of Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies, Powai organized a Quiz Competition on Organ Donation 22<sup>nd</sup> April, 2021. Total 336 Volunteers from different Colleges across Mumbai had participated in the competition. Participants Scoring 60% and above were provided with the E-Certificates.

The image shows a grid of nine quiz questions, each with four radio button options. The questions are:

- One organ, eye and tissue donor can save and improve the lives of? \*
  - Up to 10 people
  - Up to 20 people
  - Up to 40 people
  - Up to 50 people
- What is organ donation? \*
  - Allow removing his own organ legally
  - Saving a person's life
  - Sell the organ willingly
  - Donate organ forcefully
- How many people can die each day due to lack of available organs to transplant? \*
  - 7
  - 12
  - 15
  - 18
- Organs that can be Donated? \*
  - Lungs
  - Kidney
  - Pancreas
  - All of the Above
- Which country have the lowest number of organ donor? \*
  - China
  - France
  - India
  - USA
- Which organ can you donate whilst you are still alive? \*
  - Liver
  - Kidney
  - None of the above
  - Both Liver and kidney
- The world Organ Donation Day is observed every year on? \*
  - 18th August
  - 18th July
  - 13th August
  - 13th July
- What is involve in organ transplant? \*
  - Tissue and organ
  - Tissue only
  - Organ only
  - Vessel and organ
- You can pay to be ranked in a higher position on the transplant waiting list? \*
  - True
  - False



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If you have type AB blood this means: 1 point

\*

- You can receive blood from any other blood types, but can only donate to other AB's
- Your blood has extra strong antibodies
- You can donate to all blood types
- If you need a blood transfusion you can receive either real or artificial blood

Once you hit age 65 you are no longer eligible to be an organ donor. 1 point

\*

- True
- False

The complete and irreversible loss of all brain function is known as: 1 point

\*

- Brain freeze
- Cerebral catastrophe
- Brain death
- Aneurysm

Who manages the transplant system in the U.S.? 1 point

\*

- The National Association of Transplant Hospitals
- United Network for Organ Sharing
- Gift of Life
- The American Medical Association

The proper way to sign up to be an organ donor is to: 1 point

\*

- Tell your primary care physician who will submit an application on your behalf
- Send a letter to the Organ Donation Society
- Register online, or in person, through your state's department of transportation or motor vehicle department
- Type up a note that you carry with you at all times

Using a living donor is only done as a last resort when there is no other suitable way to procure a needed tissue or organ. 1 point

\*

- True
- False



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Approximately how many people are currently waiting for an organ or tissue transplant in the U.S.? \* 1 point

- 13,000
- 53,000
- 113,000
- 173,000

What is the most transplanted organ? \* 1 point

- Heart
- Kidney
- Liver
- Lung

If you are registered as an organ donor, doctors will not work as hard to save your life so that they can use your organs for transplant. \* 1 point

- True
- False

Gift of Life works to: \* 1 point

- Coordinate the recovery of tissues and organs for transplant in PA, NJ and DE
- Raise awareness of the critical need for donated organ and tissues
- Support grieving families throughout the organ and tissue donation process
- All of the above

What is the Donor Dash? \* 1 point

- A special award that is given to families of organ donors
- An annual Gift of Life fundraising event
- A mark that is put on a patient's body to let doctors know the person is a registered organ donor
- A vehicle that transports donated organs and tissues that will be used for transplant



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**Participation List: Quiz on Organ Donation**

1. Toral Chauhan - Sm shetty
2. Shahida Shaikh - G.N Khalsa
3. Esha Baing - Vivek College of Commerce
4. Ashwini Shankar Pandyan - Vivek Vidyalaya of College
5. Sayantan Pal - Bhavans College
6. Tanaya Santosh More - Vivek College of Commerce
7. Neelaman Allen Loy - S.M.Shetty College
8. Rohanbahadur Singh - S.M.Shetty College
9. SUSHMITA POOJARI - Nava Samaj Mandal Degree College
10. SHRADDHA DHARMENDRA MISHRA. - Bhavans college
11. Survd manasi - Bhavans college
12. Priyanka Brijmohan Jaiswal - Vivek College of Commerce
13. Neha Pawan Agarwal - JVM's Degree College, Airoli
14. KUSHAL YASHPAL PICHHOLIYA - S M SHETTY COLLEGE
15. Vyas Maya j - M & V Arts And Commerce College, Halol
16. Sakshi Prakash Gaonkar - Jai Hind College
17. Nirbhay Yogendra Chaudhari - Vivek College of Commerce
18. KhushiRajeshChauhan - Bhavans
19. Shubhangi Jain - S.M.Shetty College
20. Laveena Kishore Bagade - Jai Hind College
21. Jaina Sampat - Jai Hind College
22. Mehjabin. Mustak. Patel - Vivek College of Commerce
23. SAMAY JAYESH SHAH - S.M.Shetty College
24. Mane Komal Vilas - S.M.Shetty College
25. Melina Bridget D'souza - Bhartiya Vidya Bhavan (Bhavans College, Andheri West)



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26. SHARMA OMPRATAP JATASHANKAR - JAI HIND COLLEGE ( AUTONOMOUS ),  
CHURCHGATE, MUMBAI
27. Prachi Anant Pandere - Bhartiya Vidhya Bhavans College
28. choudhary Jyoti Hansraj - Jai Hind
29. Sagar shetty - Sm shetty collage Powai
30. Mr. AMIT MAHADEV KALAMBATE - JVMS MEHTA DEGREE COLLEGE AIROLI
31. Mishra Ashishkumar Dilipkumar - S.M.Shetty College
32. Prerana Vinod Gurav - S.M.Shetty College
33. Soni isha Rajesh - Sm Shetty College Powai
34. Sadhana santosh Gupta - Vivek College of commerce
35. Manish shetty - S.M.Shetty College
36. Tanaya N Kadam - Joshi Bedekar College, Thane
37. Shivam sanjay upadhyay - Sm shetty college
38. Abhishek Ramakant Khandare - Jvm's degree college
39. Sah Janvi Sunil - Bhavan's College
40. Mrunmayi Madhukar Memane - Mulund college of commerce
41. SANA YASIN SHAIKH - Bhavan's College
42. Kawtara Ashwini Karsanbhai - Bhavans's College
43. Ajay Nandkumar Singh - Ajay Nandkumar Singh
44. Vinprit Kaur - Jai Hind College
45. Ritik Behal - K M Agrawal College
46. Saloni Maliwal - S.M.Shetty College
47. Gautam Renu - S.m shetty college
48. Shreeraghuraman Nadar - Vivek College Of Commerce
49. Mr.sahil ayajuddin shaikh - S.M.Shetty College
50. Vedika Sharma - Jai Hind College
51. Shetty Ashmith Jagadish - S.M Shetty College
52. Yash Bhushan Ujgaonkar - Vivek College of Commerce
53. Pandey Shikha Vinod - S. M Shetty jr. College



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55. Jha shweta ajay - Vivek college of commerce
56. YASHASVI KOTRA - Ramrao Adik institute of technology
57. Sanskruti Sanjay Tikone - Ramrao Adik Institute of Technology
58. KOLTE VRUSHALI RAJ - S.M.SHEETY
59. Ratnakar Singh - S.M.Shetty College
60. Satishkumar Kounder - Vivek College of Commerce
61. Archana Chauhan - S.M.Shetty College
62. Kiren Bakhru - Jai Hind College
63. ASHUTOSH RAI - SIES College of Arts Science and Commerce (Autonomous)
64. Sanjana. A Pandit - S.M.Shetty College
65. Tanishka Shah - Jai Hind College
66. PURUJIT SRINIVASAN - Ramrao Adik Institute of Technology
67. Adnan Aslam Khan - Jai Hind College
68. Priya Natrajan Devendram - Vivek College of Commerce
69. Sanjana sunilkumar dubey - Jai hind college
70. Durva Madhav Tendulkar - Jai Hind College
71. BHUMIKA SHARMA - S.M.Shetty College
72. Aditi Karande - Ramrao Adik Institute of Technology
73. Jay Doshi - Ramrao Adik Institute of Technology
74. Mr.Sagar Mahesh Suvarna - Bunts Sangha's S M Shetty College
75. Aamir Chimthanawala - Ramrao Adik Institute of Technology
76. Sushil Dubey - Ramrao Adik Institute of Technology
77. Mudit Babel - Jai Hind College
78. Aditi Tambe - Jai Hind College
79. Natasha Narkar - Jai Hind College
80. Jasmine Aziz Mulani - K. G. Joshi College of Art's and N. G. Bedekar College of Commerce
81. Anuja gajinkar - S.M.Shetty College
82. VAISHNAVI NEELKANTH RANJAN - VIVEK COLLEGE OF COMMERCE



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84. Mr. Vijay Soni - Aisect Compfeeders Takniki Shikshan Sanstha
85. Miss.Priyanka mandhani - Maharani Laxmi Bai Nutan Girls PG College Kila Maidan
86. Prajakta Kokate - RAIT
87. Shreeya Vedak - JaiHind College
88. Shagun Anil Pandey - Ghanshyamdas Saraf College Of Commerce
89. Jogi Zalak - Nagindas Khandwala college
90. Ms. Sakshi Manoj Singhvee - Ghanshyamdas Saraf College
91. PRIJITH ULLAS AYURE - Ramrao Adik Institute of Technology
92. Mirza Shufee Anwar - Jai hind college
93. Sejal Santosh Singh - Ghanshyamdas Saraf College of Arts and Commerce
94. Archana Sreedharan - Jai Hind College
95. SAPAN KUMAR - Bhilai Institute of Technology, Durg
96. Sneha Mangesh Bhalerao - Smt MMK College of commerce and economics
97. Tanzila Khan - Jai hind college
98. Shaikh Shahazin Riyaz - Vivek college of commerce
99. Harshita Dayya - Ghanshyamdas Saraf College
100. Apurva Ashok Dudhe - RamRao Adik Institute of Technology
101. Manthan Pai - Vivek College
102. Heeba Shaikh - Heeba Shaikh
103. LEELAPATH - BIT DURG
104. Ruchi Mali - S.M.Shetty College
105. Manthan Vinayak Pai - Vivek College of Commerce
106. Swati Tribhuvan Mishra - Vivek College of Commerce
107. Badhai kothari - Jai hind college
108. Gaurav Kumar Sinha - Gaurav Kumar Sinha
109. Jeniflora Mathews - SIES College of Arts Science and Commerce (Autonomous)
110. Misba. Mustak. Patel - Patkar-Varde College
111. SNEHA TRIPATHI - SM SHETTY COLLEGE



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- 113.Somesh Kumar Sahu - Bhilai Institute of Technology, Durg
- 114.Laaj Manoj Pania - Jai Hind College
- 115.Rishika Bhadauriya - BIT, Durg
- 116.Mirza Zoha Muslim Hussain - N.G Bedekar College Of Commerce
- 117.Sakshi Kadam - RAIT
- 118.Prity Gouda - Jai Hind college
- 119.Perna Rohra - Jai Hind College
- 120.Zeshan Khan - Ghanshyamdas Saraf College Of Arts and Commerce
- 121.Manikandan padayachi - Vivek college of commerce
- 122.Verma Kritika Vikram - Ghanshyamdas Saraf College
- 123.Vinay Vijay Salve - Vinay Vijay Salve
- 124.Elden Gomes - S.M.Shetty College
- 125.JAYSHREE NAIR - S.M.Shetty College
- 126.Nadar Sneha Muthukrishnan - Sm shetty college of science and commerce
- 127.Nerev meheta - KJ SHETTY COLLEGE OF ARTS SCIENCE AND COMMERCES
- 128.SOMIN - MIT colleges
- 129.Khan mudassir Hadisullah - Bunts Sangha's sm Shetty College
- 130.Tirtha Kale - SIES College of Arts Science and Commerce (Autonomous)
- 131.Krishna jaiswal - S.M.SHETTY COLLEGE
- 132.Pooja Jain - SIES College of Arts Science and Commerce (Autonomous)
- 133.Vaishnavi Venugopal - SIES College of Arts Science and Commerce (Autonomous)
- 134.Anthony Sofiya Jackson - SIES College of Arts Science and Commerce (Autonomous)
- 135.Vedant Nagesh Yadav - SIES College of Arts, Science and Commerce (Autonomous), Sion (West)
- 136.Ram Deepak Agrawal - Ramrao Adik Institute of Technology
- 137.Misbaha Abdul Mushtaq Deshmukh - SIES COLLEGE OF ART,SCIENCE AND COMMERCE  
(AUTONOMOUS) SION (W)
- 138.Shailesh gaud - SIES College of Arts Science and Commerce (Autonomous)
- 139.Moksha Kandpal - SIES College of Arts Science and Commerce (Autonomous)



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- 140.Nirmiti kailas tanpure - Sies college of arts science and commerce autonomous sion west
- 141.Sweeti gupta - Bhilai institute of technology, durg
- 142.Athira Muralidharan Pillai - SIES College of Arts Science and Commerce (Autonomous)
- 143.Aastha Salim khan - Vivek college of commerce
- 144.Nitu Chouhan - SIES College of Arts Science and Commerce (Autonomous)
- 145.Sai gounder - SIES College of Arts Science and Commerce (Autonomous)
- 146.Shivani Shivkumar Dahiwelkar - SIES College of Arts Science and Commerce (Autonomous)
- 147.Sumeet Suresh Pillai - Sies College of Arts, Science and Commerce(Autonomous-Sion(W))
- 148.Dimple Makwana - Bharatiya Vidya Bhavans college, Andheri West
- 149.Krishna Shaha - N M college
- 150.Renuka Durai Swamy Mudaliar - SIES college of Arts science and Commerce AUTONOMOUS sion West
- 151.Ketan babu jakka - Sies college of science arts and commerce
- 152.Kallingal Suraj Manikandan - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE  
AUTONOMOUS SION W
- 153.Kodakanti Bhavana Shrinivas - Bunt's Sangha's S.M.Shetty College, Powai
- 154.Shaikh Sana Mohammed Shahid - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE  
AUTONOMOUS
- 155.Bhushan Champalal Shaha - Jai Hind College
- 156.Shaikh Reshma Madar - Shaikh Reshma Madar
- 157.Lakhwani Aryan Sanjay - SM Shetty college
- 158.Ankita Rajan Paradkar - Ramrao Adik Institute of Technology
- 159.Devadarssini Ajith - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE AUTONOMOUS SION  
WEST
- 160.Vandana Silora - Maharani Laxmi Bai Nutan Girls PG college Kila Maidan Indore MP
- 161.Tisha Sosa - Bhavans college
- 162.Krishna Seth - SIES College of Arts, Science and Commerce (Autonomous), Sion (W)
- 163.ANKIT PAWAN KUMAR SHAH - GHANSHYAMDAS SARAF COLLEGE
- 164.pooja b badiyani - BHAVANS COLLEGE
- 165.Shraddha Sawant - Bhavan's College, Andheri (West)



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- 166.Nishi Chandrakant Patil - Bedekar College  
167.Shatakshi jaiswal - SIES COLLEGE OF ARTS COMMERCE AND SCIENCE AUTONOMOUS  
168.KHADTARE PRATHAMESH PRABHAKAR - SIES COLLEGE OF ART'S SCIENCE AND  
COMMERCE  
169.Ankita Singh - SIES College of Arts Science and Commerce (Autonomous)  
170.Kanojiya Keshav Prasad Motilal - S.M.Shetty College  
171.Praneet c han - Nm college  
172.Kajal Kothari - Mithibai  
173.Khushi Modi - Mithibai  
174.ALEENA VETTIYADAN - SVKM's Mithibai College  
175.Karan doshi - Bhavans college  
176.Ns - Sb  
177.Pranali pratik sutarwala - SVKM's Mithibai College  
178.Tavleen Kaur - SVKM's Mithibai College  
179.Ishika Sisodia - SVKM's Mithibai College  
180.Rajvee Merchant - Mithibai College  
181.MANAN LODHA - SVKM's Mithibai College  
182.Aakanksha Ganatra - SVKM's Mithibai College  
183.Raj Gupta - SVKM's Mithibai College  
184.Tanisha Shetty - SVKM's Mithibai College  
185.Roshani Thariomal Jasuja - SVKM's Mithibai College  
186.Shivani Bangera - Jai Hind College  
187.Shyama Kotecha - SVKM's Mithibai College  
188.Shah Dhruvi Sameer - SVKM's Mithibai College  
189.Shruti shukla - SVKM's Mithibai College  
190.Yukta Ramesh Chaudhari - SVKM's Mithibai College  
191.Harshit Goyal - Mithibai College  
192.VISHAKHA JAIN - SVKM's Mithibai College  
193.Aayush Sandip Tawde - SVKM's Mithibai College



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- 194.RAVI VINAY MISHRA - MITHIBAI COLLEGE  
195.Srushti Jayesh Chheda - SVKM's Mithibai College  
196.Ishita Gosalia - SVKM's Mithibai College  
197.ASHLEEN KAUR GUJRAL - SVKM's Mithibai College  
198.Nishi Malde - SVKM's Mithibai College  
199.Ishika Jain - SVKM's Mithibai College  
200.Tirthesh Nikesh Modi - SVKM's Mithibai College  
201.Shruti shah - SVKM's Mithibai College  
202.Lekh Bhatt - SVKM's Mithibai College  
203.Seema Raju Hedao - SVKM's Mithibai College  
204.Savla Meha Shailesh - SVKM's Mithibai College  
205.Priyanka Chaudhary - SVKM's Mithibai College  
206.Chinmayee Karnik - SVKM's Mithibai College  
207.Saloni Jha - SVKM's Mithibai College  
208.Makardhwaj Rajendra Narkar - SIES COLLEGE OF ARTS, SCIENCE & COMMERCE  
(AUTONOMOUS), SION (WEST)  
209.Shruti Somani - SVKM's Mithibai College  
210.Dharmi Gami - SVKM's Mithibai College  
211.Primisha Jain - SVKM's Mithibai College  
212.Vrusha Bhavin Shah - SVKM's Mithibai College  
213.Khushi Ranka - SVKM's Mithibai College  
214.Neha yadav - SVKM's Mithibai College  
215.Juhi Parekh - SVKM's Mithibai College  
216.Urvi Redkar - SVKM's Mithibai College  
217.Anchal Mishra - S.M.Shetty College  
218.Tanvi Pramod Keskar - VPM'S Joshi Bedekar college, Thane  
219.Ekta Chouhan - SVKM's Mithibai College  
220.Shruti Jain - SVKM's Mithibai College



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221. Aswathy Muraleedharan Nair - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE

AUTONOMOUS SION WEST

222. KEYA DOSHI - SVKM's Mithibai College

223. Raashi Shetty - SVKM's Mithibai College

224. Shreya Gandhi - SVKM's Mithibai College

225. Bhoir chiranjiv narendra - N. G. Acharya and D. K. Marathe college

226. Shyam Sampat - Mithibai College

227. Shreyas Sawant - SVKM's Mithibai College

228. Dhruvanshi Mehta - SVKM's Mithibai College

229. Pandit Arjun Gopal - Bhartiya Vidya Bhavan's College

230. Trimukhe Sarika Ambadas (Sunita) - N.G Acharya & D.K Maratha College of Arts, sec & com

231. Namrata Bangera - SVKM's Mithibai College

232. MAYUR SAWANT - SVKM's Mithibai College

233. SALONI SINGH - Ramrao Adik Institute of Technology

234. Sulata Bhagwan Panigrahi - S.M. Shetty College

235. Yatika sheth - SVKM's Mithibai College

236. Aayushi Bhatia - SVKM's Mithibai College

237. PATEL PREETI J - SVKM's Mithibai College

238. Anumantraa Ramar - SVKM's Mithibai College

239. Dipen Bangari - SVKM's Mithibai College

240. Vaibhavi R Valanju - Mithibai college

241. KRISHA DAGLI - SVKM's Mithibai College

242. Thevar Sumitra Kulantai Pandi - SIES College of Arts Science and Commerce (Autonomous)

243. Sakshi Parchani - Sakshi Parchani

244. Rutvi Savla - Mithibai college

245. Vikrant Vikas Mayekar - N. G. Acharya & D. K. Marathe College

246. Angelmary Francis - SVKM's Mithibai College

247. Varada Pujari - S.M. Shetty College

248. Dipali Raju Birhade - Joshi bedekar college Arts and commerce



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- 249.Aaseema Naaz Tanveer Alam - Bhavans college
- 250.Janhvi gupta - SVKM's Mithibai College
- 251.RUTUJA SANTOSH WAGHMARE - Ramrao Adik Institute of Technology
- 252.RAHUL BADHWAR - SVKM's Mithibai College
- 253.Vidhi Chheda - Mithibai College
- 254.Aanchal Singh - Mithibai college
- 255.Krishna Chheda - SVKM's Mithibai College
- 256.STUTI ASHIT SHAH - SVKM's Mithibai College
- 257.Megha Jain - Mithibai College
- 258.Kailas Chavan - VPM JOSHI BEDEKAR COLLEGE OF ART AND NG BEDEKAR COLLEGE OF  
COMMENCE THANE
- 259.Anchita Sachin Patil - SVKM's Mithibai College
- 260.Sahu Sriyakumari Sunil - SM Shetty College
- 261.Nandini Shetty - SVKM's Mithibai College
- 262.Sruthi Suresh - SIES College of Arts Science and Commerce (Autonomous)
- 263.Harsh Poojari - SIES
- 264.Vidhi Thakur - SIES College of Arts Science and Commerce (Autonomous)
- 265.Dhruvi Dave - Dhruvi Dave
- 266.Mubareka Zehra Alvi - SVKM's Mithibai College
- 267.Sravani Anandachary Gummalapudi - SIES College of Arts Science and Commerce (Autonomous)
- 268.Shweta Ganesh - SIES College of Arts Science and Commerce (Autonomous)
- 269.Abhishek Prakash Gupta - SIES College of Arts Science and Commerce (Autonomous)
- 270.Christopher.Richard - S.I.E.S College Of Arts Science and Commerce
- 271.Pratiksha SunilDutt Soni - SIES College of Arts Science and Commerce (Autonomous)
- 272.Chandana Rajeswaran Nair - S.I.E.S COLLEGE OF ARTS,SCIENCE AND  
COMMERCE(AUTONOMOUS),SION(W)
- 273.Petchiappan Essakimuthu - Bhavan's College
- 274.Vaishnavi wagh - Joshi bedekar college
- 275.Celina Daniel Satyanadan - SVKM's Mithibai College



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- 276.Karuna Sanjay Parab - Ghanshyamdas Saraf College of Arts and Commerce  
277.Pratik More - Nava Samaj Mandal Degree College  
278.Heeral Datwani - SVKM's Mithibai College  
279.Shaikh Aqsa Mohammad Raees - SIES COLLEGE OF ART SCIENCE AND COMMERCE  
280.Greeva Gami - SVKM's Mithibai College  
281.Vinod Nagnath Bhatane - Vpm Joshi bedekar college of Thane West  
282.Aditi Jadhav - SIES College of Arts Science and Commerce (Autonomous)  
283.Prithvi Dambal - Ramrao Adik Institute of Technology  
284.Drishya Pandey - SVKM's Mithibai College  
285.Jyoti Sah - SVKM's Mithibai College  
286.Manali Rameshchandra Solanki - SVKM's Mithibai College  
287.Akash Balu sartape - S.M.Shetty College  
288.Mubbashira Hasanmiyan Chougale - SVKM's Mithibai College  
289.Simran Rajesh Diwan - SVKM's Mithibai College  
290.Gargi Srivastava - SVKM's Mithibai College  
291.Vishwakarma Anju Surendra - SVKM's Mithibai College  
292.JAINEE DEVIANG SHAH - Mithibai College  
293.Ayman Shaikh - SVKM's Mithibai College  
294.Harshada M. Karale - K.G. Joshi and N. G. Bedekar college Thane.  
295.TRIPTI PAL - SVKM's Mithibai College  
296.Abhijeet Digambar Patil - S.M.Shetty College  
297.Divya jain - Mithibai college  
298.Ritu Prajapati - S.M.Shetty College  
299.Sanchitha Prakash - Jai Hind College  
300.Kitekar Mohammed Asim Abdul Quddus - SIES College of Arts Science and Commerce (Autonomous)  
301.Vani Soni - SVKM's Mithibai College  
302.Pranjal Rai - SIES College of Arts Science and Commerce (Autonomous)  
303.Sakshi Poojary - S.M.Shetty College  
304.Anshika Chaudhry - SVKM's Mithibai College



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- 305.Siddhi Milind Shimoi - Rait, nerul  
306.Jyoti sahdeo dhuria - Jyoti sahdeo Dhuria  
307.Dharmi Shah - SVKM's Mithibai College  
308.Nayomi Dave - SVKM's Mithibai College  
309.Shoeb Padiyar - Reena Mehta College  
310.Pingle Nikita Sanjay - Joshi Bedekar college of thane  
311.Rahul Vikram Tripathi - Ramrao Adik Institute of Technology  
312.Divya Darshini S Nathan - Vivek College of Commerce  
313.Shaikh Shehma - Vivek college of commerce  
314.SAKSHI PINGLE - Ramrao Adik Institute of Technology  
315.RUDRA PATRA - SIES College of Arts Science and Commerce (Autonomous)  
316.RATHVA SATILABEN PRABHUBHAI - PATEL GROUP OF INSTITUTIONS MEHSANA  
317.Pranjal Thakur - Ramrao Adik Institute of Technology  
318.Meet Kanakia - SVKM's Mithibai College  
319.Arya chandran - S.M.Shetty College  
320.Sahil S Chavan - RAIT  
321.Jitendra - M.c rathva arts college  
322.Lodaya Bhoomi Bhavesh - S.m.shetty college  
323.Misba Idrisi - SIES College of Arts Science and Commerce (Autonomous)  
324.YADAV NEETU RADHESHYAM. - R.J.COLLEGE  
325.Yadav Binu Radheshyam. - S.M.Shetty college  
326.Rathva Mehul bhai Jagdish bhai - shri.M.c.rathava arts college Pavi jetpur  
327.Sharvay Chavan - RAIT  
328.Nutan Anil Salavkar - N. G. Acharya college  
329.YUTI DAIYA - Jai Hind college  
330.Nitin yadav - Bhilai institute of technology, Durg  
331.Harsh Meshram - Ramrao adhik institute of technology Nerul  
332.Sahil Chavan - Ramrao Adik Institute of Technology  
333.Pranay Bandhu Usatkar - Ramrao Adik Institute of Technology, Nerul



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334.Aarya Kaur - S.M.Shetty College

335.HRISHIKESH VINAYAK NIKAM - Ramrao Adik Institute of Technology, Nerul

336.Mansi Ramteke - Ramrao Adik Institute of Technology

**Certificate: Quiz on Organ Donation**





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**Approval Form – Webinar on “Yoga for Healthy Body, Calm Mind & Strong Spirit”**

**Department:** NSS Unit, Sport Club & Health Club.

**Program:** International Yoga Day, Webinar on “Yoga for Healthy Body, Calm Mind & Strong Spirit”.

**Objective:** This is a National Level Webinar on the occasion of International Yoga Day.

**Content:** The Resource Person will explain about the importance of Yoga and How practicing Yoga daily can bring benefits to body and health of the person.

**Resource Person:** Members of Shri Ambika Yoga Kutir.

**Date:** 21<sup>st</sup> June, 2020

**Time:** 10:00 Am

**Venue:** Zoom Platform.

**Cost/Budget:** Nil/Not Applicable.

**Proposed By:** Prof. John Menezes.

**Verified By:** Prof. Vijay Vishwakarma.



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**Minutes of the Meeting – Webinar on “Yoga for Healthy Body, Calm Mind & Strong Spirit”**

There was a meeting held on the Zoom Platform.

**Minutes of the meeting (19<sup>th</sup> June, 2020):**

- To allot leaders for preparing Notice.
- To discuss about the anchoring in the webinar.
- To discuss about the Feedback Analysis and Certificate.
- To discuss about the timing of the webinar and the Venue.



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**Notice (WhatsApp Message) – Webinar on “Yoga for Healthy Body, Calm Mind & Strong Spirit”**

..♀□ INTERNATIONAL YOGA DAY ..♀□

Health Club , Sports Department and NSS UNIT of \*Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies (Affiliated to University of Mumbai), Powai, Mumbai, is organising a National Webinar on-

‘Yoga for Healthy Body, Calm Mind & Strong Spirit’

For : Teaching ,Non-Teaching staff, Students,Parents & others.

Resource Persons: Members of Shri Ambika Yoga Kutir

Event Details:

. : 21st June, 2020

□ : 10:00am -11:00 am (Zoom Webinar).

Registration Link: <https://forms.gle/kD6kBLyS854UhGSm7>

After registration join the telegram group using the link for updates:-

Telegram Group Link:

<https://t.me/joinchat/RT12kBupCN2jYwvtdWZrdg>

Registration Fees: FREE

Registration Limit: 500 Participants

Last Date to Register: 20th June, 2020.

Contact Persons:

Asst.Prof. Himani Shukla Varia

(9768009228)

In case of any queries kindly E-Mail us at:[himanis@smshettyinstitute.org](mailto:himanis@smshettyinstitute.org)

Kindly Note:

- 1) Kindly install Zoom software on laptop/desktop or Zoom app on Mobile through Playstore/App store
- 2)E-Certificates shall be issued to all the registered participants, who attend the webinar and fill the feedback form within 7 working days!



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**Report**

**Objective:** To promote better mental and physical health of the community at large through the practice of yoga asana.

**Highlights:** "Yoga means addition of energy, strength and peace to the body, mind and soul."

On the occasion of International Yoga Day, the Health Club, NSS Unit and Sports Department of our college jointly organized the session with the objective to promote better mental and physical health of the community and to motivate participants to adopt and practice yoga in their daily lives. Event began with the cordial welcome to our Resource persons, Principal, Vice Principals, Teachers and students. Dr.Sridhara Shetty (Principal) addressed the gathering & welcomed the resource persons for the day. Resource persons started the session in which they demonstrated various sitting and standing yoga asanas explaining the specifications and importance of each. These asanas were taught to relieve mental stress, reduce bodily pain and soothe the soul. Asanas were performed by the participants simultaneously. Yoga Session was followed by 'Question and Answer' session in which queries of participants were answered by the resource person. Session came to an end with the vote of thanks.



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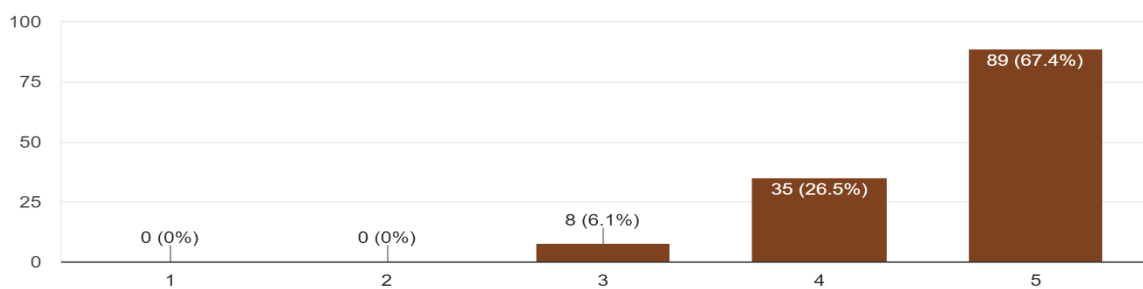
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**Feedback Analysis – Webinar on “Yoga for Healthy Body, Calm Mind & Strong Spirit”**

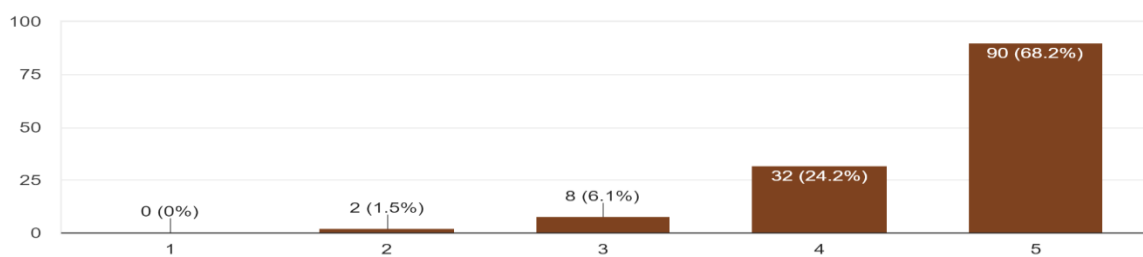
How informative was the session?

132 responses



How satisfied are you with the session's content?

132 responses



*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Denezes*

**NSS Programme Officer**



*[Signature]*  
**PRINCIPAL**

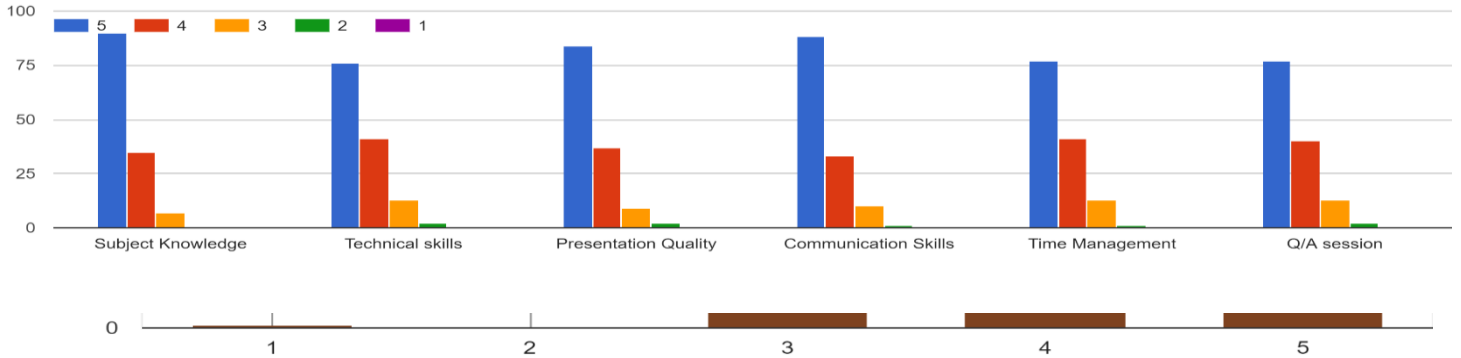
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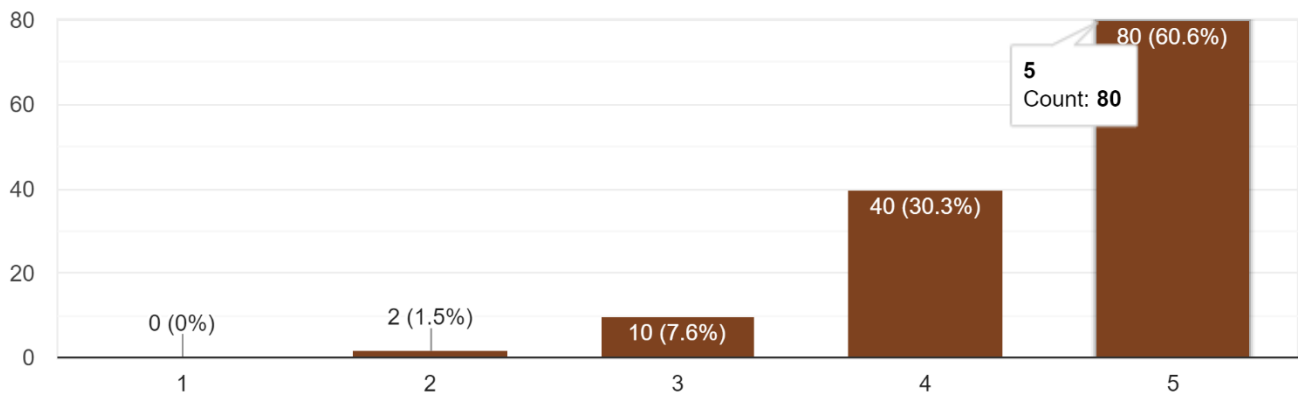
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How satisfied were you with the key note speaker?



How satisfied are you with the technical aspects of online platform?

132 responses



*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Denezes*

**NSS Programme Officer**

 *Prakash*  
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**Action Taken Report – Webinar on “Yoga for Healthy Body, Calm Mind & Strong Spirit”**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
Date: 21 June, 2020	<ul style="list-style-type: none"><li>• Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>• All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



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**Thankyou Letter - Webinar on "Yoga for Healthy Body, Calm Mind & Strong Spirit"**

SMS/

21 June, 2020

To,

Mr. Members of Shri Ambika Yoga Kutir.

S.M Shetty Degree College,

Powai.

Dear Sir,

It was truly a pleasure to have you with us as our Resource Persons for webinar on **"Yoga for Healthy Body, Calm Mind & Strong Spirit"** organized by NSS UNIT of our college.

On behalf of our college, we'd like to thank you for the generous gift of your time, making people aware and also giving us your precious opinion and various other information. Your time and dedication made this webinar successful.

With Regards,

Thanking you,

Yours faithfully,

Dr.Sridhara Shetty

PRINCIPAL



**NSS Programme Officer**



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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Approval Form: Spoken Poetry Competition**

**Department:** NSS Unit.

**Program:** Spoken Poetry Competition

**Objectives:** It is an Inter-collegiate Event.

**Need:** To encourage youth about Poetry Day

**Content:** This was an Inter-collegiate Spoken Poetry Competition on the occasion of World Poetry Day, where the participants were asked to create their own poem and narrate the same in the form of video.

**Judge:** Prof. Swati Shetty

**Date:** 21<sup>st</sup> March, 2021

**Cost/Budget:** NA.

**Proposed by:** Ms. Deepthika Pillai & Ms. Snehal Rai

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**Minutes of the meeting: Spoken Poetry Competition**

There was a meeting held on Zoom Platform on 18<sup>th</sup> March, 2021

**Minutes of the meeting:**

- Discussed about upcoming event on World Poetry Day.
- Finalized to organize a Spoken Poetry Competition on World Poetry Day.
- Finalized to keep Open Topic for the participants.
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot a social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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**Poster/Brochure: Spoken Poetry Competition**



The poster is framed in a gold border. At the top left is the logo of the National Service Scheme (NSS) with the motto 'सर्वधर्मस्योपायाय श्रेयः' and 'NATIONAL SERVICE SCHEME'. At the top right is the logo of Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies, Powai, Mumbai-76, with the motto 'संस्कृतं सेवा योगं' and 'NATIONAL SERVICE SCHEME'. The text in the center reads: 'Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies, Powai, Mumbai-76 Affiliated to University of Mumbai NAAC Accredited 'A' Grade IMC RBNQ Certificate of Merit 2019 ISO 21001:2018 Certified'. Below this, it says 'NATIONAL SERVICE SCHEME Presents An Inter-Collegiate Event "Spoken Poetry Competition" On the Occasion of World Poetry Day'. The last date of submission is 19th March, 2021 till 12:00am. E-Certificates will be provided and results will be declared on 21st March, 2021. For any queries, contact Snehal Rai (9082362400), Deepthika Pillai (9004961914), Ishan Salian (9773471471), or Sushant Shetty (7738813869).



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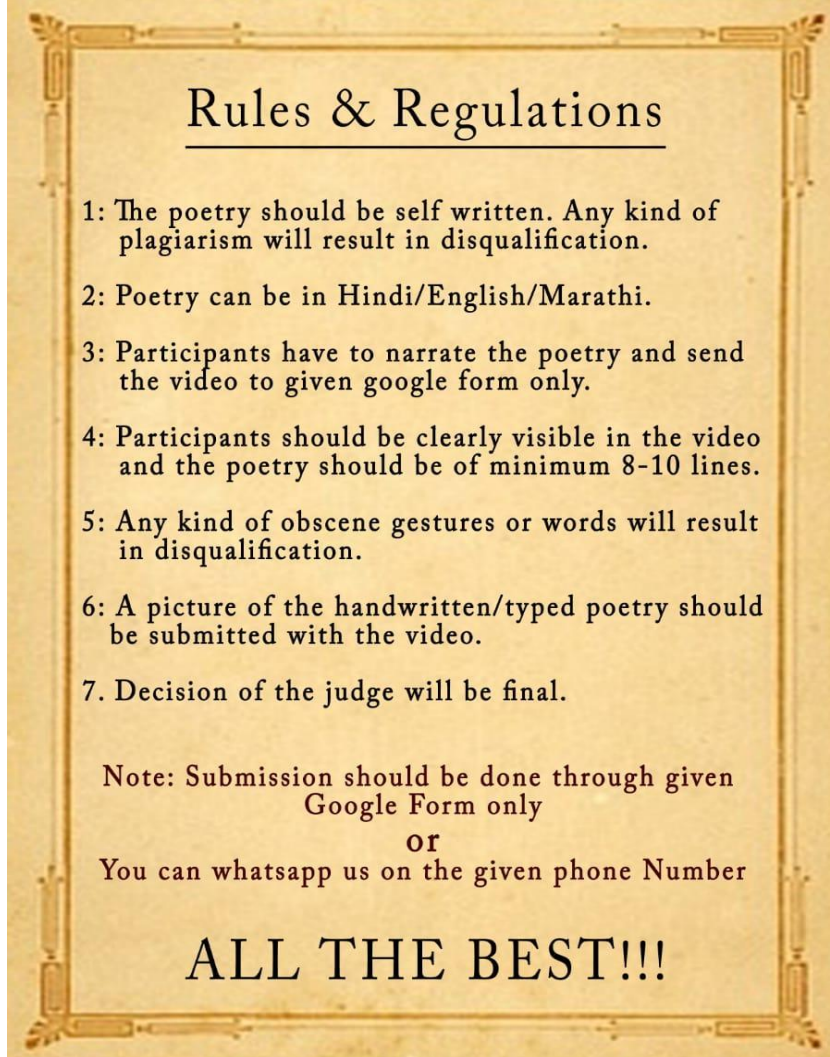
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**Notice: Spoken Poetry Competition**



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Hello Everyone! ✨

The NSS UNIT of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai · is organizing a Inter-collegiate ✨ Spoken Poetry Competition ✨ on the Occasion of World Poetry Day ✨

Rules and Regulations:

1. The poetry should be self-written. Any kind of plagiarism will result in disqualification.
2. Poetry can be in Hindi/English/Marathi.
3. Participants have to narrate the poetry and send the video to given Google Form.
4. Participants should be clearly visible in the video and the poetry should be of minimum 8-10 lines.
5. Any kind of obscene gestures or words will result in disqualification
6. A picture of the handwritten/typed poetry should be submitted with the video.
7. Decision of the judge will be final.
8. Submit your video and photo through the given Google Form below·

[https://docs.google.com/forms/d/e/1FAIpQLSe5rEfPeW53p8HUfrHJDJX\\_Rmi4EtQOP2RIpIzPIPKhNA5w/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSe5rEfPeW53p8HUfrHJDJX_Rmi4EtQOP2RIpIzPIPKhNA5w/viewform?usp=sf_link)

Last date of Submission is 19th March, 2021 till 12:00am.

Results will be announced on 21st March, 2021

E-certificate will be provided to all the Participants and Winners. □

For any further queries feel free to Contact:

Ishan Salian – 9773471471    Snehal Rai - 9082362400

Deepthika Pillai – 9004961914    Sushant Shetty - 7738813869



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Instagram

shettyinssunit\_b46

1/2

**NATIONAL SERVICE SCHEME**  
*Presents*  
An Inter-Collegiate Event  
*"Spoken Poetry Competition"*  
On the Occasion of  
**World Poetry Day**  
Last Date of Submission is  
19th March, 2021 till 12:00am  
E-Certificates will be provided  
Results will be declared on 21st March, 2021  
For any queries  
Snehal Rai- 9082362400    Deepthika Pillai- 9004961914  
Ishan Salian- 9773471471    Sushant Shetty- 7738813869

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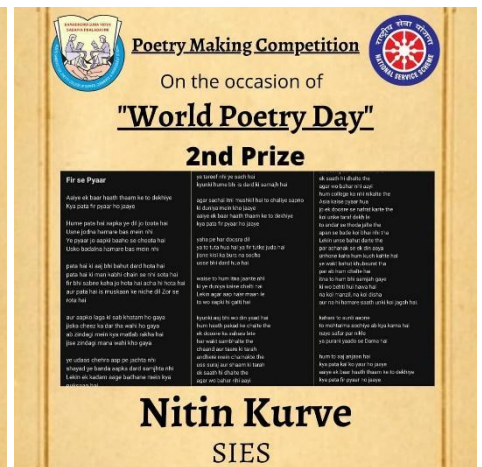
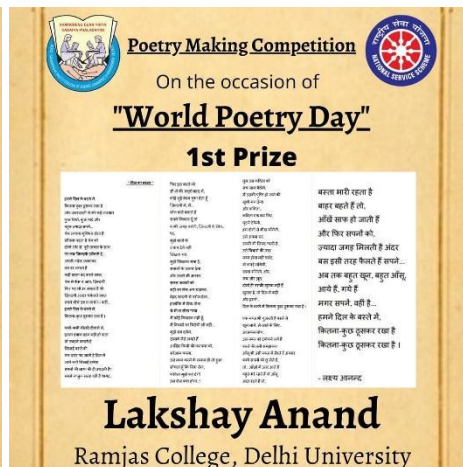
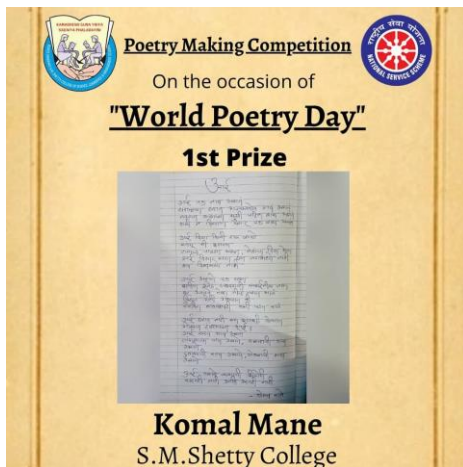
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**Report: Spoken Poetry Competition**

**Event: Digital Poster Making Competition**

**Date: 21<sup>st</sup> March, 2021.**

**Highlight:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai organized a Spoken Poetry Competition on the occasion of World Poetry Day on 21<sup>st</sup> March 2021, the topic was kept Open for all the participants. The participants were provided with a submission link, where they had to submit their written poems via PDF Format and the narration video for the same. There were in all 20 entries from Different Colleges from all over India. The Last date of submission for the Spoken Poetry Competition was 19th March, 2021 at 12:00am. The Results were declared on 21st March, 2021. The Winners for the same were:



*Dijay Crishwappa*

**NSS Programme Officer**

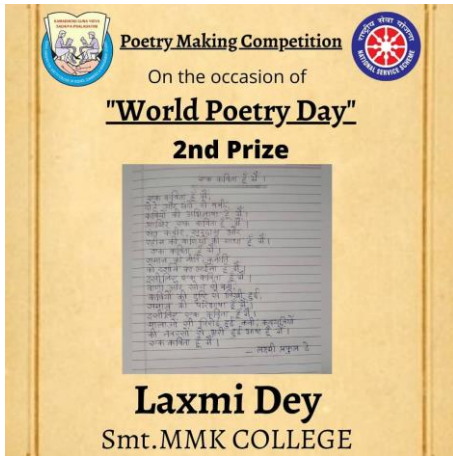
*John Alvarez*

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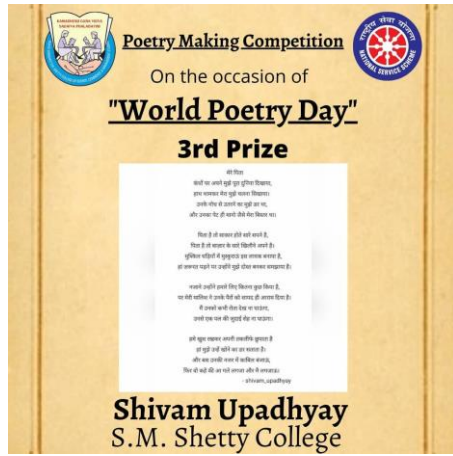
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**Poetry Making Competition**  
On the occasion of  
**"World Poetry Day"**  
**2nd Prize**

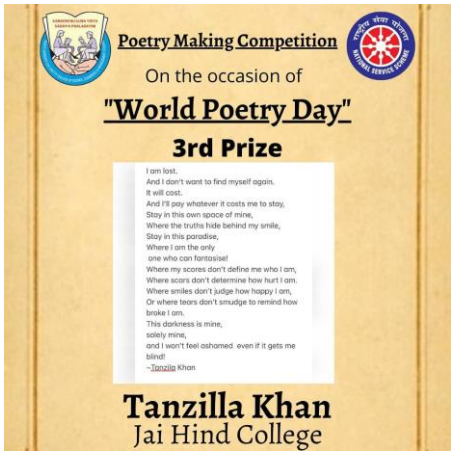
*www.sangha.in*

**Laxmi Dey**  
Smt. MMK COLLEGE



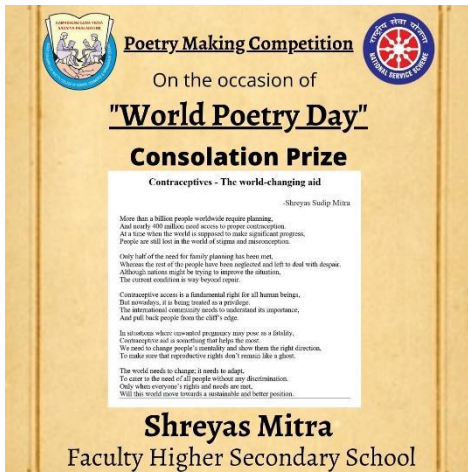
**Poetry Making Competition**  
On the occasion of  
**"World Poetry Day"**  
**3rd Prize**

**Shivam Upadhyay**  
S. M. Shetty College



**Poetry Making Competition**  
On the occasion of  
**"World Poetry Day"**  
**3rd Prize**

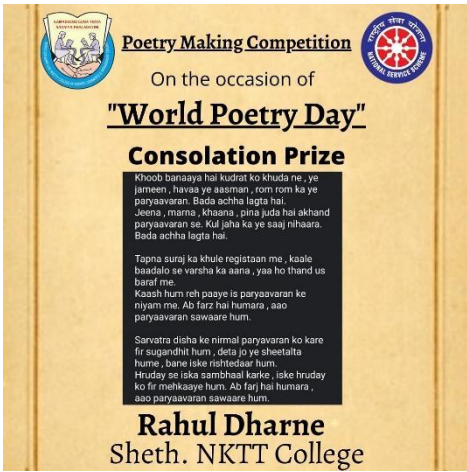
**Tanzilla Khan**  
Jai Hind College



**Poetry Making Competition**  
On the occasion of  
**"World Poetry Day"**  
**Consolation Prize**

**Contraceptives - The world-changing aid**

**Shreyas Mitra**  
Faculty Higher Secondary School



**Poetry Making Competition**  
On the occasion of  
**"World Poetry Day"**  
**Consolation Prize**

**Rahul Dharne**  
Sheth. NKT College

*Dipay. Crishwappa*

**NSS Programme Officer**

*John Perez*

**NSS Programme Officer**

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**Participant List: Spoken Poetry Competition**

Name	College
1. Deeksha Tyagi	St Michael's High school, Patna
2. Deepali jaiswal	N.g. acharya & d. K. marathe college.
3. Sushmita varun Shukla	University of Mumbai
4. Aarya Kaur Singh	S.M.Shetty College
5. Lakshay Anand	Ramjas College, Delhi University
6. Ruchita Rajpurohit	S.M.Shetty College
7. Mane Komal Vilas	S.M.Shetty College
8. Nitin Sayalu Kurva	SIES
9. Srishti Pravin Pagare	N. G. Acharya and D. K. Marathe College
10. Tanzila Khan	Jai Hind College
11. Shruti pal	Guru nanak khalsa college
12. Gupta Janvi Ramchandra	MGM school of physiotherapy
13. Trimukhe Sarika Ambadas ( Sunita )	N.G.Acharya & D.K Maratha college
14. Tanmay sanjay pagare	NKTT college of com sci and arts thane
15. Dharne Rahul NSSNKTT	Sheth.NKTT COLLEGE THANE



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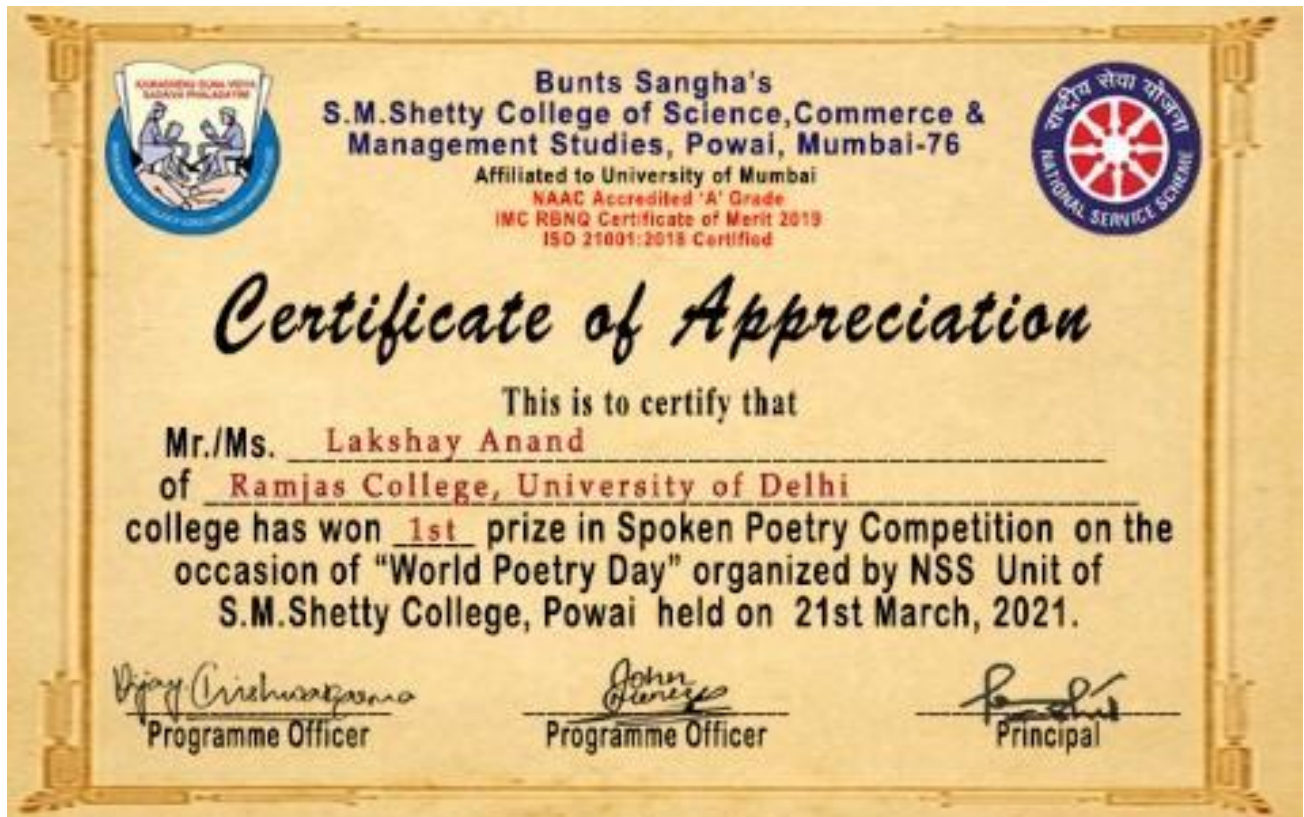
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16. Sachin Gupta	Joshi bedekar College,Thane
17. Laxmi Praful Dey	Smt. MMK College of Commerce and Economics
18. Jagtap Tanvi Eknath Pramila	SHETH NKTT COLLEGE,THANE

**Certificate Sample Copy: Spoken Poetry Competition**

**WINNER**



*Vijay Krishnaswama*

**NSS Programme Officer**

*John Denezo*

**NSS Programme Officer**

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PARTICIPATION



*Dijay Arishwarasama*

NSS Programme Officer

*John Perez*

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**CONSOLATION PRIZE**





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**Thank You Letter: Spoken Poetry Competition**

SMS/

27<sup>th</sup> March, 2021

To,

Miss. Swati Shetty

S.M Shetty Degree College,

Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Judge for 'Spoken Poetry' competition organized by the NSS Unit of our College.

We on behalf of our college we'd like to thank you for the generous gift of your time, judging the competition and also giving us your precious opinion. Your time and dedication made it possible for us to reward students for their creative efforts.

With Regards,

Thanking you,

Yours faithfully,

Dr. Sridhara Shetty

PRINCIPAL



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**Approval Form: Voices of India (Importance of Mother Language)**

**Department:** NSS Unit.

**Program:** Voices of India

**Objectives:** It is necessary to know the importance of your Mother Language and one should be proud of it.

**Need:** It is important that youth promote their mother language.

**Content:** This was an Inter-collegiate Mother Language Singing Competition on the occasion of International Mother Language Day, where the participants were asked to sing a song on their Native Language.

**Judge:** Prof. John Menezes

**Date:** 21<sup>st</sup> February, 2021

**Cost/Budget:** NA.

**Proposed by:** Mr. Shrinav Shyam.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**IMC RBNQ CERTIFICATE OF MERIT 2019**  
**Minutes of the meeting: Voices of India**

There was a meeting held on Zoom Platform on 10th February, 2021

**Minutes of the meeting:**

- Discussed about upcoming event on International Mother Language Day
- Finalized to organize a Singing Competition on International Mother Language Day.
- Finalized the name of the event "Voices of India".
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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Poster/Brochure: Voices of India



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## NATIONAL SERVICE SCHEME

*Presents*  
**An Inter-Collegiate  
Solo Singing Competition**

# Voices Of India

**On the Occasion of  
International Mother Language Day**

**Last Date of Submission is  
20th Febraury, 2021  
Till Afternoon 12:00pm**

**E-Certificates will be provided**

Results will be declared on  
**21st Febraury, 2021 by 8:00pm**

For any queires

Snehal Rai-	9082362400	Deepthika Pillai-	9004961914
Shrinav Shyam-	8108781685	Ishan Salian-	9773471471

*Dijay. Krishnarajama*

NSS Programme Officer

*John Pereira*

NSS Programme Officer



*Principal*  
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## Rules & Regulations

1. The song should be in the native language of the participant.
2. Video Should be minimum 1:30 minutes and maximum 3 minutes.
3. Use of Karaoke or Instruments is allowed
4. The Participants must show their face in the video while recording.
5. Judges decision will be final.
6. Late submissions won't be considered.
7. Any kind of obscenity/vulgarity in song or gestures will result in straight disqualification

**Note:** Submission should be done on the given  
Email ID- nssunitb46@gmail.com  
Should be included, Your Full Name, Contact no, College Name  
and Your Instagram UserId, in your email  
or  
You can whatsapp us on the given  
phone Number

**ALL THE BEST!!!**



**NSS Programme Officer**



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**Notice (WhatsApp Message): Voices of India**

No matter how far we go in life, connection to our culture remains intact✦✧

The NSS Unit of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai on the occasion of International Mother Language Day, presents

·Voices of India·

An intercollegiate Solo Singing competition.

Rules and Regulations:

1. The song should be in the native language of the participant.
2. Video should be min 1.30 minutes and max 3 minutes.
3. Use of Karaoke or instruments is allowed. ·
4. The participants must show their face in the video while recording. ...
5. Judges decision will be final.
6. Late submissions wont be considered. ..♀□
7. Any kind of obscenity/vulgarity in song or gestures will result in straight disqualification. ·
8. Submit your videos by sending mail on our official email id - nssunitb46@gmail.com with Your Name, College Name, Contact Number, Instagram id.

Last Date of Submission is 20th February 2021 till Afternoon 12:00pm. ·

Result will be Declared on 21st February 2021 by 8:00pm ·

E-certificate will be provided to all the Participants and Winners. □

For any further queries feel free to Contact: ·

Snehal Rai - 9082362400

Deepthika Pillai - 9004961914

Shrinav Shyam - 8108781685

Ishan Salian - 9773471471



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**NSS Programme Officer**



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of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smshettyinstitute.org

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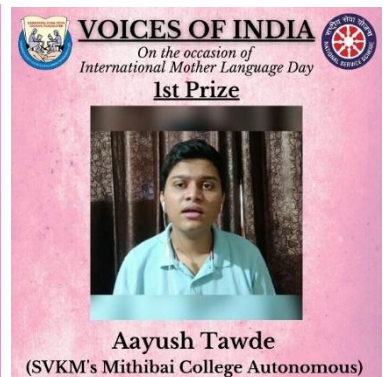
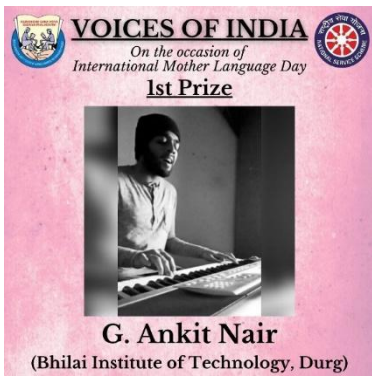
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**Report: Voices of India**

**Event: Voices of India**

**Date:** 21<sup>st</sup> February, 2021.

**Highlight:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai have conducted a singing competition "Voices of India" on the occasion of International Mother Language Day. "For us Indians, I don't think English can ever exude that magic of emotions which our mother tongue can", so the participants were asked to record a video while singing a song in their Mother Tongue/Native Language. The event was held at intercollegiate level. It was open for all colleges and for NSS units too. There were around 20 entries from different colleges of Mumbai. The last date of submission was commenced on 20th February 2021. The results were declared on 21<sup>st</sup> February, 2021. The event was judged by Prof. John Menezes. The winners of the event are:

**1<sup>st</sup> Prize**



**2<sup>nd</sup> Prize**



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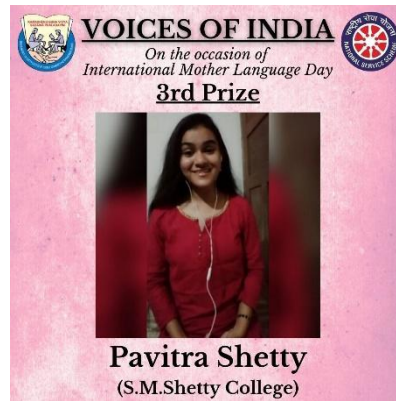
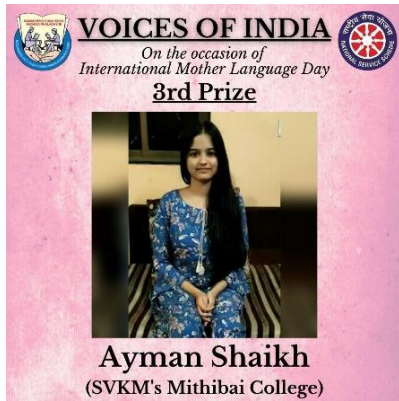
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**3<sup>rd</sup> Prize**



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**Participant List: Voices of India**

1. Ayush Tawade
2. Abhishek Gupta
3. Ankit Nair
4. Ashwini Suthar
5. Avantika Mohandas
6. Ayman Shaikh
7. Deena Daniel
8. Krisha Dadli
9. Laxmi Dey
10. Nirmiti Tanpur
11. Pavitra Shetty
12. Pragathi Shriyan
13. Rohan Singh
14. Sakshi Bharambe
15. Shivam Yadav
16. Shrinidhi Bhat
17. Shweta Ganesh
18. Simran Gupta
19. Tanvi Patel
20. Tejaswini Shinde



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*Vijay Krishnarajama*

**NSS Programme Officer**

*John Fernandez*

**NSS Programme Officer**

*[Signature]*  
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*Vijay Krishnaswami*

NSS Programme Officer

*John Perez*

NSS Programme Officer

*[Signature]*  
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**Thank you Letter: Voices of India**

SMS/

21<sup>st</sup> February, 2021

To,

Mr. John Menezes

S.M Shetty Degree College,

Powai.

Dear Sir,

It was truly a pleasure to have you with us as our Judge for “**Voice of India**” organized by NSS UNIT of our college.

On behalf of our college, we'd like to thank you for the generous gift of your time, judging the competition and also giving us your precious opinion. Your time and dedication made it possible for us to reward students for their creative efforts.

With Regards,

Thanking you,

Yours faithfully,

Dr.Sridhara Shetty

PRINCIPAL



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**Approval Form – Brain Boosting Quiz Competition (Fit India Movement)**

**Department:** NSS UNIT

**Program:** Brain Boosting Quiz Competition - Fit India Movement.

**Objectives:** To test the participants' knowledge regarding health and fitness, and to make them aware of the importance of a healthy lifestyle through the medium of quiz.

**Need:** It is important to make the youth and other generations of the country aware about the importance of a healthy lifestyle, to encourage them to follow a healthy life.

**Content:** The activity was an attempt to make people aware about the importance of a healthy lifestyle and encourage them to look beyond their textual knowledge and know various information and try to implement them in their daily lifestyle.

**Date:** 19th September, 2020

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Ujwal Poojary

**Verified by:** Prof. Vijay Vishwakarma



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**Minutes of the meeting - Brain Boosting - Fit India Movement (Quiz Competition)**

**Minutes of the meeting:**

- To discuss about the upcoming events for Fit India Movement.
- To discuss about to make a promotion video for Fit India Movement.
- To allot work to social media team and leaders.
- To discuss about the documentation work.
- To allot leaders to prepare for the whatsapp message which would be send to other colleges to participate.
- To allot Social media team start to work on the poster and brochure for the event and update the social media platform.



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**Notice (Whatsapp Message) Brain Boosting Quiz Competition - Fit India Movement**

The NSS unit of Bunts Sangha's SM Shetty College On the occasion of fit India movement has organized a Quiz competition on 19th September 2020 (Saturday).

This consists of Brain boosting questions, puzzles etc. It will be conducted through google forms.

Those who score 60% and above will be awarded with e-certificates.

Link will Open at 9.00 A.M

Link will Close at 9.00 P.M

<https://forms.gle/mcnLb7SV4z5Zkr1K7>

Fit is not a destination it is a way of life. Action is the foundational key to all success.

The clock is ticking. Are you becoming the person you want to be?

Well done is better than well said.

Our social media links :-

Instagram: [https://instagram.com/shettyNSSunit\\_b46?igshid=7wc5i7xus1x4](https://instagram.com/shettyNSSunit_b46?igshid=7wc5i7xus1x4)

Facebook: <https://www.facebook.com/smshettyNSS/>

YouTube: [https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

For any queries contact:-

Ishan Salian: 97734 71471

Mayur gami: 79777 19054

Mahima Singh: 75065 16043

Ujwal Poojary: 8692066846 .



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**Report -Brain Boosting Quiz Competition - Fit India Movement**

**Event: Brain Boosting Quiz Competition – Fit India Movement.**


**Date:** 19<sup>th</sup> September, 2020

**Highlight:** The NSS Unit of Bunts Sangha's SM Shetty College has organised a **Quiz competition** on 19th September 2020 on the occasion of **Fit India Movement** . Total 356 Volunteers participated in the competition. Participants Scoring 60% and above were provided with the Certificates.



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**BRAIN BOOSTER- FIT INDIA MOVEMENT**

1. Nutrients from the soil that are found in foods? \* 1 point

- minerals
- vitamins
- vegetables

2. What are the 5 elements (Pancha Bhutas) in Yoga? \* 1 point

- ( Earth , water , fire, air, Akash )
- (Earth, oxygen , water,air, fire )
- (Earth , fire, vayu, oxygen, water)

3. Substances found in food that help your body grow and develop? \* 1 point

- Protein
- Fiber
- Nutrients

4. Who is believed to be the father of yoga? \* 1 point

- Krishnamacharya
- Gautam Buddha
- Maharshi Patanjali
- Adi Shankaracharya

5. Which of these is NOT one of the 8 limbs of Yoga? \* 1 point

- niyama
- samadhi
- pranayama
- samyama

6. Your skin, nails, hair, muscles, internal organs, and even your brain contain no protein? \* 1 point

- True
- False



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7. Physical health is... \* 1 point

- How fit you are and how healthy your body is.
- The pH in your body which ties into your emotions.
- How focused you are on other people's bodies.
- None of the above.

8. It takes \_\_\_\_\_ to keep your mind alert. \* 1 point

- Energy
- protein
- carbon dioxide

9. Your immune system produces chemicals called \_\_\_\_\_ specifically to fight a particular invading substance. \* 1 point

- Antibodies
- T-cells
- Blood cells



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10. Food nutrients help your body to grow and to repair itself. These types of foods are needed every day? \* 1 point

- Fiber
- proteins
- carbohydrates

11. I am the Beginning of Everything, The End of Everywhere. I am the beginning of Eternity, The End of Time and space. What am I? \* 1 point

(Riddle)

Your answer \_\_\_\_\_

12. The more you have it, the less you can see. What is it? \* 1 point

(Riddle)

Your answer \_\_\_\_\_



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13. Nutrients are substances found in food that help your body grow and develop? \* 1 point

- True  
 False

16. What is the average weight of the adult human brain? \* 1 point

- 1.3kg  
 1.5kg  
 1.4kg  
 1kg

14. \_\_\_\_\_ is the ability to do work. \* 1 point

- Energy  
 Digestive system  
 Digestive juices

17. A man has 53 socks in his drawer: 21 identical blue, 15 identical black, and 17 identical red. The lights are fused and he is completely in the dark. How many socks must he take out to make 100 percent certain he has a pair of black socks? \* 1 point

- 15 socks  
 53 socks  
 40 socks  
 25 socks

15. Add 1000 to 40, Add 1000 again then add 30, add 1000 again then add 20, add a further 1000, then add 10. What is the answer? \* 1 point

- 5000  
 4000  
 4100  
 4800

18. A bag of potatoes weighs 50 lbs divided by half of its weight. How much does the bag of potatoes weigh? \* 1 point

- 25lb  
 15lb  
 20lb  
 10lb



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19. A train moving at 49 mph meets and is passed by a train moving at 63 mph. A passenger in the first train noted that the second train took AS seconds to pass him. How long is the second train \*

1 point

- 740.46 ft
- 700 ft
- 720.52 ft
- 810.20 ft

20. What English word has three consecutive double letters? \*

1 point

Your answer

Back

Submit



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**Participation List--Brain Boosting Quiz Competition - Fit India Movement**

1. Yadav Nilesh Kumar Ram pati	Smt. K. G. Mittal college of arts and commerce
2. Khushbu Bhandari	Sm shetty
3. Kaushal Singh	SPDT College
4. Anandhu Suresh	SIES college of arts commerce and science
5. Megha Hanmant More	K.G. Joshi bedekar college Thane
6. Arsalan Khan	S.M Shetty College
7. Amisha pardeshi	S M Shetty High School & Jr cllg
8. Megha hanmant more	K.G.Joshi bedekar collage thane
9. Aarti Thakur	Sm shetty
10. Komal Patodia	Narsee Monjee College of Commerce and Economics
11. Priyanka Manoj Thorat	VPM's Joshi-Bedekar college
12. Taronish Vapiwala	Narsee Monjee College of Commerce and Economics
13. DEEPAK BRIJESH YADAV	Nagindas Khandwala College
14. smruti bhlerao	s m shetty
15. Asha keshav chauhan	Sm shetty
16. Vaishnavi Sanjay Malvankar	Joshi Bedekar college
17. Chaitra Khodke	Narsee Monjee College of Commerce and Economics
18. Shreyas Muddu Shetty	s.m.shetty
19. SNEHAL SUNIL SHEDGE	ICL COLLEGE VASHI
20. Ayush Shambhunath Gupta	Bunts Sangha's SM Shetty College
21. Rohanbahadur singh	S.M shetty college
22. Aarya Kaur SINGH	Bunt's Sangha S M SHETTY college
23. Shweta Vishnu shinde	Jvm degree college
24. Hania Shaikh	Lords universal college of law
25. Roshini Suyambu	Bunts S M shetty
26. Anushka Vinayak Shitole	Joshi Bedekar College



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27. Ami Shah	N.M.College
28. Shivkumar shah	Mittal college
29. Siddhesh	Sm sheety
30. Kirti Sharma	Narsee monjee college of commerce and economics
31. Radhika Poyyara	SM SHETTY COLLEGE
32. Paridhi Agrawal	Narsee monjee college of commerce and economics
33. Diya thakkar	Sm shetty college
34. Vijaylaxmi kahar	Valia CL college of commerce
35. shubh shah	nagindas khandwala
36. Sumit jain	S.m. shetty college
37. Nafisa Riyaz Ansari	Valia C.L. College of Commerce
38. Diksha Kamble	Valia C L college of commerce
39. Himanshu yadav	Sm shetty
40. shubh shah	nagindas khandwala
41. Shaikh Atik Ahmed	Bunt's sangh SM Shetty collage of science commerce and management
42. Dharendra Singh	Bunts Sangha SM Shetty College
43. Shweta Kanojia	S.M Shetty college of science commerce and management studies
44. Shrinidhi Bhat	S.M.SHETTY COLLEGE
45. Shaan Maben	S M SHETTY COLLEGE, Powai
46. Manisha shetty	S m shetty degree College
47. Nauseen Shaikh	YSKV
48. Sandeep shah	S.M shetty clg
49. Raj	SM Shetty
50. Madhavi Singh	S.M.Shetty College Powai.
51. Hetvi Panchal	S.M.Shetty College, Powai
52. Anurag Tiwari	S. M Shetty
53. Megha Pujari	Bunts Sangha's S M Shetty College , Powai
54. Nishma Shetty	S. M. Shetty College, Powai.
55. Saikiran Eligeti	S.M. shetty jr. college powai

*Vijay Chishvanappa*

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*John Dierges*

**NSS Programme Officer**



*Principal*

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57. Priyal Gala	The B S G D junior College of commerce arts and science.
58. Jatin Dudani	Bunts Sangha S.M. SHETTY College
59. Pritha Kohli	Narsee Monjee College Of Commerce And Economics
60. SNEHA TRIPATHI	sm.shetty college
61. Hariom Ramkishan Gautam	ICL'ES Motilal Jhunjhunwala college, vashi.
62. Laxman Karthik. N. Konar	SM SHETTY CLG
63. Karkera Varun Kumar	Sm shetty college
64. Yeshaswy bhatt	Sm shetty powai
65. Nidhi	Nmims
66. Harshada Patel	S M SHETTY
67. Nandini Mahapatra	S.M Shetty College,Powai
68. ROSHANI CHAUHAN	Sm Shetty
69. Krupali mota	Valia cl college
70. Vardha Prakash Nalawade	Bunts Sangha's Sm Shetty Degree College, Powai
71. Varsha jain	Sm shetty college school
72. Saikumar Kamari	SPDT College
73. Sanika Shripad Rane	S M Shetty college
74. Meet Thakker	NM
75. Nehal Satre	Sm Shetty College
76. Malay Vashi	Narsee Monjee College of Commerce and Economics
77. Priyanka poojari	Bunt Sangha's SM shetty college of science commerce and management studies, powai.
78. Siddhant Vasant Ganvir	ICLES' Motilal Jhunjhunwala College
79. Anjali Maurya	Valia CL college of commerce.
80. Rajbhar Nikita Udayraj	SPDT College
81. Naidu Deepa Ravishankar	Smt.K.G.Mittal College
82. Archana Gautam	Valia CL College of Commerce
83. Riya bhanushali	Prahladrai Dalmia lions college of commerce and economics
84. Sushmita poojari	Nava samaj mandal degree college

*Vijay Krishnarajama*

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*Principal*

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**BUNTS SANGHA'S**  
**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT**  
**STUDIES, POWAI.**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

85. Ujwal Palan	Bunt's Sangha's S.M Shetty College of Science, Arts, Commerce
86. Sonali Sunil Ghadi	SMT .K.G.Mittal College of Arts andCommerce Malad (West)Mumbai
87. Aditya Tiwari	Bunts Sangha's sm Shetty college
88. Sah Saurabh Pramod	Valia C.L. College of Commerce
89. Vighnesh Santosh	ICL'S Motilal Jhunjhunwala College,Vashi
90. URVASHI JAISWAL	S M SHETTY
91. Dakshita Jaiswal	SM Shetty
92. Priya yadav	SM Shetty
93. Sakshi.Shekhar.Poojary	Bunts Sangha S.M Shetty College powai
94. Kharatmol Anushka Dayanand	Valia C.L College of Commerce
95. अक्षय किसन मिस्कुळ	Jvms mehta collage ,airoli
96. chaudharytohid	S. M. Shetty High School, Powai
97. Dinash	Ra col
98. Karajgi Fatima Abdul Rajak	Bunt's Sanghas S.M shetty
99. Farhan Aajaz Nagpurwala	SMT.KG.MITTAL College
100. Aaryan Ajit	S M Shetty college , powai
101. DIVYA VIGNESHWARAN PILLAI	PILLAI COLLEGE OF ARTS, COMMERCE & SCIENCE (AUTONOMOUS), NEW PANVEL.
102. Amrit Kaur Rashi	SM Shetty College, Powai.
103. Ashwin shetty	Sm shetty college
104. Mohamed Danish Antule	S M Shetty College of Science Commerce and Management Studies
105. Shital Singh	SM Shetty College
106. Sonu begera	ICLES motilal jhunjhunwa college, vashi
107. Gaurav Dhuri	Nava Samaj Mandal degree college
108. Mr. Nitin Narayan Poojary	V.E.S College of Arts Science and Commerce
109. Saikumar kamari	Spdt college
110. Aman Surana	S. M. Shetty College
111. Tanvi Rane	K.G.Mittal college

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**NSS Programme Officer**



*Poojary*  
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**STUDIES, POWAI.**

**NAAC ACCREDITED 'A' GRADE**

**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

112.	YADAV SURAKSHA RAVINDRA	PRAHLADRAI DALMIA COLLEGE OF COMMERCE AND ECONOMICS
113.	Shaisha Bhatt	Narsee Monjee College
114.	Nupur sonar	S.M Shetty college
115.	FATIMA ABDUL RAJAK KARAJGI	Bunts Sanghas S.M shetty
116.	Pooja pandurang chavan	Vpm joshi bedekar college thane
117.	Siddiqui firoz mohammed maqsud	S.M sheety
118.	Anubhav Dubey	Sm Shetty degree college
119.	Sara mulla	Sm shetty
120.	Raut Pooja Harishchandra	SMT. K. G. MITTAL COLLEGE OF ARTS AND COMMERCE
121.	PALAK RAJENDRA PATEL	Nagindas Khandwala College
122.	Dhiraj moolya	Sm shetty college
123.	Nidhi yadav	S.M shetty college
124.	Kunal Dhariwal	Valia C.L College
125.	Sahil Ubhare	Sm shetty
126.	Rathva Mehul Bhai Jagdish bhai	Shri.m.c.rathava arts college Pavi jetpur
127.	Yashwini Gowda	Nava Samaj Mandal Degree College
128.	Chavan pooja	Vpm joshi bedekar college thane
129.	VidhyaShree Ramu kawalkar	C.L Valia college of commerce
130.	Pooja Ramkishun Nirmal	SPDT College
131.	PARTH BHARATBHAI LAKHANI	NARSEE MONJEE COLLEGE
132.	Daljit kaur kaller	Valia C.L. college of commerce
133.	Angel Antony	Valia C. L College
134.	Bhavna prajapati	Smsheettycollege
135.	Vighnesh Jadhav	S.M.Shetty, Powai
136.	Bhavika Amal	Nagindas khandwala college
137.	Sagar mahadev londhe	ICLE'S Motilal jhunjhunwala college

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**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

138.	VRUSHALI KOLTE	S M Shetty College
139.	Niyati	Valia c l college
140.	Deepthi Shetty	Vk krishna Menon college
141.	Kunal Dhariwal	Valia C.L College of Commerce
142.	Aadika Devade	Valia C.L. College of Commerce
143.	Shaikh muskan md faruq	Valia C.L college
144.	AYUSH KUMAR	SM SHETTY COLLEGE
145.	Mohd maaz	Valia C.L. Collage of commerce
146.	Rishikesh Gupta	Valia C.L College of Commerce
147.	Shubhanshu Tiwari	Prahladrai Dalmia Lions College
148.	Singh Riya Harikesh	Smt. K. G. Mittal college of commerce and arts
149.	Sanjay. Bhaulal Wagh	BCT.Law College Panvel
150.	Divya sawant	ICL motilal jhunjhunwala college
151.	Chougale Aksha Gafar	Nagindas khandwala College
152.	Sushil Anilkumar Dubey	Ramrao Adik Institute of Technology
153.	Aishwarya Jangam	Valia C.L. College of commerce Andheri (West)
154.	Vaishnavi sanjay wagh	Joshi bedekar college thane
155.	Karishma Gomes	Cosmopolitan valia college
156.	Esha Rajbhar	Valia CL college of Commerce
157.	Shivagya	Narsee Monjee
158.	Chirag Ghanekar	Valia C.L COLLEGE OF COMMERCE
159.	Nidhi Surti	S M Shetty
160.	SUMITRA KHARVI	S.P.D.T.COLLEGE
161.	Dheeraj Dhuria	Valia college of commerce
162.	Singh Ajay Nandkumar	Bunt's Sangha's S.M. Shetty College, Powai.
163.	Ashwini Bhone	Valia c.l college of commerce
164.	Ashwini Vijay Ghanekar	Nava samaj mandal degree college
165.	Aditi Rai	Nagindas Khandwala College
166.	Tanmay patil	valia college
167.	Kethy Elizabeth Gomes	Cosmopolitan valia college

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**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

168.	Mufeeda Fansofkar	ICLES MOTILAL JHUNJHUNWALA COLLEGE
169.	Bipin Yadav	S m shetty
170.	Ashwini sunil khandage	Valia C. L. College
171.	Ganesh Mallappa pujari	Valia collt
172.	Chandan Kumar	C.L valia college of commerce
173.	Neha khan	Sm shetty
174.	Shivani	Sathaye
175.	Neha gouda	Sm shetty powai
176.	Ashish Anant Manve	Cosmopolitan valia college
177.	Hetvee Shah	Narsee Monjee college of Commerce and Economics
178.	Anita Prajapati	NSM college
179.	Samina khan	Valia collage
180.	Pooja sharma	Valia c. L college of commerce
181.	Sameer Shaikh	S.M.SHETTY
182.	Devika Patel	Nagindaas Khandwala College
183.	Himanshi Sarkaniya	Nava samaj Mandal degree college
184.	Neha Dubey	Naginadas khandwala clg
185.	Hitesh Suvarna	S.p.d.t college
186.	Priyadarshani jena	SM shetty college
187.	Musshrraf shaikh	C.l valia college of commerce
188.	Lekha Nair	Valia College
189.	Anjali Kashyap	Valia college
190.	Rajesh gaddam	Nava samaj mandal degree College
191.	Priti Renu Sharma	Sm shetty college
192.	Manali Rajeshirke	Bunts sangha's S M Shetty College, Powai
193.	Rutuja More	Cosmopolitans valuable c. L. College
194.	Anshika vishwakarma	Sm shetty college
195.	Vaishali jaiswal	Sies college of Arts Commerce And Science(Autonomous)sion(w)
196.	Nilofar shaikh	Valia C.Lcollege
197.	Sonu mahto	Sm shetty collage

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**STUDIES, POWAI.**  
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**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

198.	BASIL ELDHO	BUNTS SANGHA S M SHETTY COLLEGE OF ARTS, SCIENCE AND COMMERCE
199.	Prajapati Anjali	SM shetty
200.	Anuska panja	Sm shetty
201.	Shubham Ankush Indap	Valia College of Commerce & Arts
202.	SEEMA GUPTA	VALIA C L COLLEGE
203.	Anjali Shenoy	Nagindas khandwala college
204.	Hardvi Vora	Narsee Monjee college of commerce and economics
205.	Saroj ManishKumar Radheshyam	S.M Shetty College
206.	Shoyab Haider Nadaf	S.M SHETTY
207.	Minakshi mangesh jadhav	Valia CL College of commerce
208.	Muskaan Shaikh	Valia College of Commerce
209.	JAIN SUJITHKUMAR MAHAVEER SUJAYA	V K KRISHNA MENON COLLEGE
210.	Amad Ali Idrisi	S.P.D.T. College
211.	Ettuparayil Janet Joe	SPDT college
212.	Vinay Yogesh Solanki	Valia college of commerce and arts
213.	Roma Rajbhar	SM Shetty College
214.	yadav sushumdevi	Vaila clg c.l commerce
215.	Meenakshi Kunnutgi	S m Shetty College Powai
216.	Soham	NM College of Commerce and Economics
217.	KRISHNA khatri	S.m shetty College
218.	Pratik More	Nava samaj mandal degree College
219.	Akash wagh	Valia C.L.college of commerce
220.	Shruti Gawande	V K Krishna Menon college
221.	Neha Pawan Agarwal	JVM's Mehta Degree College, Airoli
222.	Anjali sureshkumar kanoujiya	valia cl college
223.	Shivam sanjay upadhyay	Sm Shetty college
224.	Lavina	Valia

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**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

225.	Ismatara Ajimuddin Ansari	V. K Krishna Menon College
226.	Ramkumar Arumugam Valluvar	SIES College of Arts, Science and Commerce
227.	Ashwin Iyer	Sies college of arts, science and commerce (autonomous)
228.	Chetan Siddharth Yelve	SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (Autonomous), Sion(W)
229.	Ramkumar Arumugam Valluvar	SIES College of Arts, Science and Commerce
230.	Jitin	SM Shetty
231.	Vinit	SM Shetty Jr College
232.	Pradnya warkari	Valia college
233.	Taiba Shaikh	SM Shetty College
234.	Pimpalkar Pratik Deepak	Valia C.L. College Of Commerce
235.	Akshata Sanjay Sonawale	ICL'S Motilal Jhunjhunwala College
236.	Khan awaiz hussain alam	SM SHETTY HIGH SCHOOL AND JR COLLEGE
237.	Sami Vora	Nagindas Khandwala
238.	Namrata kishor Khade	Valia C. L college of Commerce
239.	Tejas	Valia college
240.	Divya Racharla	S.M Shetty college
241.	Swati Govind Bhandi	V.k.krishna menon college Bhandup
242.	Anurag Gupta	SM Shetty College
243.	Khan Shoaib Noor Alam	Sm Shetty college
244.	Pavitra saravanan	ICL M.J COLLAGE VASHI
245.	Neha vishwakarma	SM Shetty
246.	Shreyansi deolia	Narsee Monjee College of Commerce and Economics
247.	Vidya Ghadge	I.C.L MJ college vashi
248.	Farhan Khan	S.M Shetty College
249.	Ujjwal Singh	Sm shetty college
250.	Sonali rajbhar	S m shetty college



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**NAAC ACCREDITED 'A' GRADE**  
**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

251.	Mayuresh Anant Patil	BUNTS SANGHA'S S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT STUDIES.
252.	Vidya Rajesh Ghadge	ICL MJ COLLEGE VASHI
253.	Chandan chaurasia	S m shetty college
254.	Rishika Binani	NM
255.	Lisa dsouza	BUNTS SANGHAS SM SHETTY DEGREE COLLEGE
256.	Sonali Rajbhar	S m shetty college
257.	Durafsha Shaikh	Sm shetty college
258.	Samay	Sm Shetty
259.	Ishika Hindocha	Narsee monjee college of commerce and economics
260.	Sakshi Hitesh Desai	Nagindas Khandwala college
261.	Jayesh Pushkarraj Kumath	Nava samaj mandal degree college
262.	vighnesh Vaidya	nava Samaj Mandal Degree College
263.	Ridhesh Shirodkar	S M Shetty
264.	RENUKA TOKAPUR	Valia C.L College
265.	Bisht Hitendar Laxman Singh	Bunts Sangha's S.M Shetty College
266.	Sneha Sunil Nikam	Model College
267.	Nelson Dias	Viva College
268.	AYUSHI PODDAR	Nagindas Khandwala College
269.	Shaikh Mushira Rehmatullah	Valia college
270.	Harsh Padelkar	Bunt's Sangha's S.M. Shetty College of Science, Commerce and Management Studies
271.	Sakshi Deodhar	Bunt's Sangha's S.M. Shetty College of Science, Commerce and Management Studies
272.	Shirley Paul Kolamkannie	S M Shetty College of Science Commerce and Management Studies
273.	SURAJ SUDEEP AROLKAR	S.M SHETTY College of science commerce and management studies
274.	Priyanka Shettigar	SM SHETTY COLLEGE OF SCIENCE COMMERCE AND MANAGEMENT STUDIES

*Vijay Chishvanappa*

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**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

275.	VANDANA KANOJIYA	BUNTS SANGHA'S S M SHETTY EDUCATIONAL INTITUTIONS, POWAI
276.	Akash Kotian	SM Shetty
277.	Shubhangi Tanaji Kachare	VPM K.G Joshi College Of Arts and N.G Bedekar College Of Commerce, Thane
278.	VANDANA KANOJIYA	BUNTS SANGHA'S S M SHETTY EDUCATIONAL INTITUTIONS, POWAI
279.	Sakshi Shetty	S.m Shetty college
280.	Ismatara Ansari	V. K Krishna Menon College
281.	Ashwini Yogesh Acharya	SM SHETTY COLLEGE
282.	Pavitra Shetty	Sm shetty,powai
283.	Sowmya keshav rao	Sm shetty
284.	Hiral Goswami	Smt. K.G. Mitral College of Arts & Commerce
285.	shubham upadhyay	thakur college
286.	Manisha Radheshyam Sahani	Sk.somaiya degree college of art, science and commerce.
287.	Jyoti Upadhyay	Sm shetty college
288.	Jagruiti shantaram khairnar	K.G. Joshi college Thane
289.	Nitu Radheshyam Sahani	Shri Ram college of Commerce and science Bhandup (W)Mumbai 400078
290.	Pratibha Radheshyam Sahani	Shri Ram College Of Commerce And Science Bhandup (W) Mumbai-400078
291.	Zalak Pinakin Jogi	Nagindas Khandwala college
292.	Manisha Radheshyam Sahani	Sk. Somaiya degree college of art, science and commerce.
293.	Anisha Chandran	Sies college of arts science and commerce Autonomous
294.	Tiwari shivam Ramnarayan	Bhavan's H.S college ,chowpatty
295.	Sundar Gajengi	S.I.E.S College of Arts , Science & Commerce (Autonomous) , Sion (W)
296.	Jeniflora Mathews	Sies College of Arts, Science and Commerce (Autonomous), Sion (west).
297.	Bhakti Wadke	Prahladrai Dalmia College
298.	Aleena Shaikh	Bhavans College

*Vijay. Krishnarajama*

**NSS Programme Officer**  
Criterion 3 - Research, Innovations and Extension

*John Dierges*

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*Sakshi*  
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**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

299.	Rahul Veshvikar	VPM'S K G JOSHI COLLEGE OF ARTS & N G BEDEKAR COLLEGE OF COMMERCE, THANE
300.	Tejasvi Parab	SIES College of Arts, Science and Commerce (Autonomous)
301.	Vaishnavi Bovlekar	Nagindas Khandwala
302.	Rishika Shetty	S.m.shetty
303.	Junaid Ahmad Dar	Department of Urdu University of Kashmir srinagar
304.	Kunal Das	S m shetty college
305.	Sakshi Ganesh Pingle	Ramrao Adik Institute Of Technology
306.	PRADEEP AVADESH MALI	SMT KG MITTAL COLLEGE ARTS AND COMMERCE
307.	Karishma vairamani kounder	Valia C. L college of commerce
308.	POOJA GUPTA	S M SHETTY COLLEGE
309.	Harshata Wadkar	Sies College of Arts, Science & Commerce (Autonomous), Sion (West)
310.	Vishnu Gopinathan	Bunt's Sangha's S.M. Shetty College of Science, Commerce and Management Studies
311.	Upadhyay Dhruv Mukeshbhai	Nagindas khandwala college
312.	Jitendra Rtw	M.c rathva arts college pavijatpur
313.	Riya Arvind Singh	Bunt Sangha's S. M. Shetty College of Science Commerce and Management Studies
314.	Elden Gomes	SM Shetty
315.	Jayshree Nair	Sm shetty
316.	Yashika Aggarwal	Malini Kishore Sanghvi College of Commerce and Economics
317.	Ajraeen shaikh	Guru Nanak Khalsa College
318.	Abhay Singh	Smt. K. G. Mittal College
319.	Anchal yadav	Spdt college
320.	Pranav Alwe	G.N.Khalsa College
321.	Sushant Shetty	S.M.Shetty
322.	Marla Dharni rajeshwarrao	Guru Nanak khalsa college

*Vijay Chishwarappa*

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**IMC RBNQ CERTIFICATE OF MERIT 2019**

323.	Priya kumari	Mulund college of commerce
324.	Priya kumari	Mulund college of commerce
325.	Nitin R Murpani	R K TALREJA COLLEGE
326.	Arya Jadhav	Guru Nanak Khalsa College of Arts Science and Commerce (Autonomous) Matunga-19
327.	Ninad Sejal Shah	Bunts Sangha S.M Shetty
328.	Akash Rabindranath Samanta	Guru Nanak Khalsa College of Arts Science and Commerce
329.	Zoysa Savio Correa	Smt. K.G. Mittal College of Arts & Commerce
330.	RATHVA SATILABEN PRABHUBHAI	PATEL GROUP OF INSTITUTIONS MEHSANA
331.	Mayuri Satish Jadhav	Gurunanak Khalsa college
332.	Rathi Prabhuhai	SHREE M C RATHAWA COLLEGE
333.	Akash Samanta	Guru Nanak Khalsa College of Arts Science and Commerce
334.	ASHUTOSH RAI	SIES COLLEGE (AUTONOMOUS),SION (W)
335.	Sadhana Sharma	Guru Nanak Khalsa College
336.	Radhika jayesh manjrekar	S m shetty
337.	Aditya Jogdand	S.M shetty
338.	Alroy Mendonsa	S.M. Shetty
339.	Abhijeet Digambar Patil	S.M.Shetty
340.	Archana Yadav	Smt.k.g.mittal college of arts and commerce
341.	Hritik sarvade	K.g mittal college
342.	Mahadik dhiraj	Bunts sunghas sm shetty
343.	Mikail Shaikh	Sm shetty degree college
344.	Nidhi Shetty	SM Shetty
345.	Pranjal Rai	SIES COLLEGE OF ASCS
346.	Chirag shetty	S M Shetty College, Powai
347.	MANOJ KHILARI	Guru nanak khalsa college
348.	Matish Bangera	St.Francis Institution of Technology
349.	Shan Mondal	Bunt Sangha's SM Shetty High School and Jr College and Management Studies

*Vijay. Krishnaswama*

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**Criterion 3 - Research, Innovations and Extension**

*John Dierges*

**NSS Programme Officer**



*Principal*

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 Email: college@smshettyinstitute.org

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350.	APARNA KAMBLI	Bhavna Trust College of Commerce and Science
351.	Shakti Shukla	Guru Nanak khalsa college
352.	Guransh	SM Shetty
353.	Vikash Mishra	Sm shetty degree college
354.	Alroy Francis Mendonsa	S.M. Shetty



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**Certificate Sample Copy -Brain Boosting Quiz Competition - Fit India Movement**



*Vijay Krishnaswami*

**NSS Programme Officer**

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*John Pereira*

**NSS Programme Officer**



*[Signature]*  
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**Approval Form – Mono Acting Competition**

**Department:** NSS

**Program:** Mono Acting Competition.

**Objectives:** This is an Inter-collegiate Mono Acting Competition.

**Need:** This help students to build confidence and acting skills and get knowledge about the topic.

**Content:** The Mono Acting Competition was organized on 17<sup>th</sup> October, 2020. The theme for Mono Acting was:-

1. Women Empowerment.
2. Importance of Education.

**Judge:** Mr. Vijish Paul.

**Date:** 17<sup>th</sup> October, 2020.

**Cost/Budget:** NA.

**Proposed by:** Ms. Snehal Rai & Ms. Nikita Shetty.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**Minutes of the meeting – Mono Acting Competition.**

There was a meeting held before the event was organized on 9<sup>th</sup> October, 2020.

**Minutes of the meeting:**

- To conduct more events in October month.
- To discuss about the rules for Mono Acting Competition.
- To allot leader to start preparing WhatsApp message.
- To allot social media team and technical team to work on poster for the event and update social media pages.
- To discuss with the PR team to start with PR calling.



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Brochure/Poster – Mono Acting Competition

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**NSS UNIT**  
**PRESENTS**  
*Monoacting Competition*  
*(An Inter-collegiate event)*



Topics :-  
1. Importances of Education  
2. Women Empowerment

Date of Submission :- 11th October to 16th October 2020  
(No videos will be accepted after 5pm of 16th October)

RESULTS WILL BE DECLARED ON  
17TH OCTOBER 2020

For any further queries Contact :-  
NIKITA SHETTY - 8879353952  
SNEHAL RAI - 9082362400



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

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**RULES AND REGULATIONS :-**

1. THE DURATION OF THE VIDEO  SHOULD BE A MINIMUM OF 1 MINUTES -MAXIMUM OF 3 MINUTES.
2. ARTISTS CAN PERFORM AND SEND THEIR VIDEOS IN HINDI / MARATHI / ENGLISH. 
3. OBSCENITY AND OFFENSIVE GESTURES ARE STRICTLY NOT ALLOWED. 
4. HOLLYWOOD /BOLLYWOOD/ ORIGINAL SCRIPTS ARE ALLOWED. 

**JUDGING CRITERIA**

1. *Honesty of the theme.*
2. *Level of motivation in the video.*
3. *Acting skills.*
4. *Flow of expression.*
5. *Overall expression.*



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**Notice (Whatsapp Message):**

**Jai Hind**

The NSS Unit of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies\* is conducting a Mono Acting competition.

\_Where we all know Education is very important as well as safety of women\_

So here we are spreading some useful information to everyone through

▪Short videos.

**Topics :**

1. Importance of education.

2. Women empowerment.

**Rules and regulations :**

1. The duration of the video □ should be a minimum of 1 minutes -maximum of 3 minutes.

2. Artists can perform and send their videos in Hindi / Marathi / English.

3. Obscenity and offensive gestures are strictly not allowed.

4. Hollywood /Bollywood/ Original Scripts are allowed.

**Judging criteria of the video**

1. Honesty of the theme

2. Level of motivation in the video

3. Acting skills

4. Flow of expression

5. Overall impression

You need to submit your video through email :

[nssunitb46@gmail.com](mailto:nssunitb46@gmail.com)

**Note:- \_Participants can only send single entry\_**

The mail should also include:

1. Name of the participant

2. College name

3. Topic

4. Instagram Id

5. Synopsis (small summary of the video)

**Date of submission** - 11th October to 16 th October 2020

(No videos will be accepted after 5pm of 16th October)

Results will be declared on - 17 October



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Winner and participants will get E- certificate



You can check the result on our Instagram page -  
[https://instagram.com/shettynssunit\\_b46?igshid=oahwycsldum](https://instagram.com/shettynssunit_b46?igshid=oahwycsldum)

Also follow our other social media handles  
YouTube Channel -  
[https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

Facebook page -  
<https://www.facebook.com/smshettynss/>

For any queries call or WhatsApp :-

1. Nikita Shetty- 8879353952
2. Snehal Rai - 9082362400
3. Mahima singh -75065 16043
4. Ishan Salian—9773471471

Regard,  
NSS Unit.

**NSS Programme Officer**

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**Report – Mono Acting Competition**

**Event: Mono Acting Competition.**

**Date:** 17<sup>th</sup> October, 2020.

**Objective:** This is an Mono Acting Competition.

**Highlights:** The NSS UNIT of BUNTS SANGHA'S S.M.SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT STUDIES organized "**Monoacting Competition**". The theme of the Monoacting competition was "Women Empowerment and Importance of Education" and the participants were asked to send us the videos to our NSS Email id. The participants were allowed to send their entries in Hindi, English and Marathi. The date of submission of the Monoacting was from 11th October,2020 to 16th October, 2020. The results were declared on 17th October and the winner of the competition were:-

1. Shreya Shah – K. C College.
2. Kushi Shetty – Mithibai College.
3. Aarya Mehta – UPG College.





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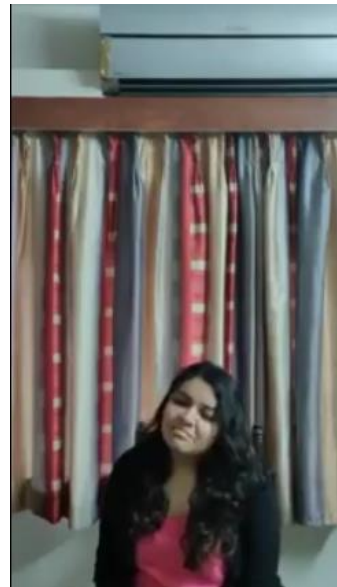


  
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**Mono Acting Video Submitted by the Participants**



*Vijay Krishnakumar*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**



*Principal*  
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**Sample Certificate Copy – Mono Acting Competition**





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**Approval Form – Blood Donation Camp 2020-2021**

**Department:** NSS UNIT

**Program:** Blood Donation 2020-2021.

**Objectives:** To collect blood from the individual and raise awareness that individuals can save lives and improve the health of others by donating blood. To encourage people to donate blood voluntarily without compensation. To support the operation of safe and reliable blood services.

**Need:** Blood Collected from this camp can help in treating patients suffering from cancer, bleeding disorders and various other problems.

**Content:** The blood donation camp is organized by the NSS Unit of our college in collaboration with Tata Memorial Centre. The blood donation started at 9:00 am till 5:00pm. The donor who came to donate blood had their hemoglobin test were done and other routine check ups were done. The donors were given refreshment and a donor card and were facilitated with a certificate and a sapling.

**Judge:** NA

**Date:** 16th January, 2021

**Proposed by:** Mr. Ishan Salian & Ms. Mahima Singh.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**Minutes of the meeting – Blood Donation Camp 2020-2021**

There were 2 meetings that took place on the zoom app before the event and 1 meeting that took place after the event.

**1. 1<sup>st</sup> Meeting – 1st January, 2021**

- Discussed about organizing blood donation camp 2020-2021
- Planned about dates and timing for the blood donation.
- The leaders work on the sample message that would be sent to other colleges for participation.
- Started preparing pre-registration forms, which can be circulated along with the message.
- The social media teamwork on the social media poster and brochure for the event.

**2. 2<sup>nd</sup> Meeting – 6th January, 2021**

- Planned about how to manage the crowd, how to maintain social distancing and take all the Covid-19 precautions.
- Formed a Public Relations team and allotted them with contact numbers to call.
- Planned how to do social media promotion and how to reach the maximum number of people through social media.
- Formed a WhatsApp group for the pre-registered people.

**3. 3<sup>rd</sup> Meeting – 14th January, 2021**

- Made a list of volunteers who will be coming for the blood donation camp.
- Made allotment of Security team, PR team, Refreshment team, Certificate Team and Registration team.
- Decided the volunteers' dress code.



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**Brochure/Poster – Blood Donation Camp 2020-2021**

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 **NSS UNIT**  
**&**  
**RED RIBBON CLUB** 

**In Collaboration With**  
**TATA MEMORIAL CENTRE**  
**ORGANISES**  
**BLOOD**  
**DONATION CAMP**

*Donate blood, share life*

Date : 16th January, 2021  
Time : 9 am to 3 pm  
Venue : SM Shetty Educational  
Institute Auditorium, Powai.

Scan the QR code and register  
yourselves now!



Our college will be taking all the precautions  
***"A single pint can save three lives, a single gesture can  
create million smiles."***  
**Donor Card will be provided.**



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**Notice (WhatsApp Message):**

रक्तदान इक यज्ञ है,

मानवता के नाम,

आहूति अनमोल है,

लगे ना इसमें कोई दाम.

Attention!!! Attention!!!

Jai HindININ

Hello People.....

NSS UNIT and RRC(Red Ribbon Club) of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai with TATA MEMORIAL CENTRE Organises the "BLOOD DONATION CAMP"

□ Date : 16th January 2021

□ Time : 9 am to 3 pm

□ Venue : Auditorium, S.M.Shetty Educational Institutions, Near Jal Vayu Vihar, Powai. Mumbai - 400076

Those who all are interested to Donate Blood register yourself.

□ Registration link□:

[https://docs.google.com/forms/d/e/1FAIpQLScjbaQO0xfPooqy8zJBx42jJ6xdMrTB6WgGXCP4fBR4hfo3qA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLScjbaQO0xfPooqy8zJBx42jJ6xdMrTB6WgGXCP4fBR4hfo3qA/viewform?usp=sf_link)

Important Note:- □□

□ Our college will be taking all precautions and it will be safe to donate.

□ Donor Card will be given

□ Certificates will also be provided to the Donor

□ Rules for Blood Donation□□



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- 1) Everyone should follow all the covid-19 guidelines.
- 2) For donating a blood your age should be 18+ and your weight should be 50 Kg or more.
- 3) Should have eaten something (Proper lunch) 4 hours prior to the donation.
- 4) Must have atleast 6 hours of sleep.
- 5) You should not be suffering from any kind of bacterial, fungal or any kind of disease.

For any queries contact :

Ishan Salian: 9773471471

Mahima Singh: 7506516043

Regards,

NSS unit & RRC

Bunts Sangha's , S.M.Shetty College, Powai

Do register and share with your family and friends

Kindly follow the instructions



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**Report – Blood Donation Camp 2020-2021**

**Event: Blood Donation Camp 2020-2021**

**Date:** 16th January, 2021.

**Objective:** To collect the maximum number of blood and raise awareness that individuals can save lives and improve the health of others by donating blood.

**Highlights:** The NSS UNIT & Red Ribbon Club (RRC) of BUNTS SANGHA'S S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT STUDIES in collaboration with TATA MEMORIAL CENTRE organized a Blood Donation Camp on 16th January, 2021. The Camp begins at 9 am in the morning with our first donor. Our Principal Sir Dr. Sridhara Shetty personally had a conversation with most of our Donors. At 11am Our Principal Sir and Management Members inaugurated the program by lighting the lamp and felicitated the Management Members with a sapling. The Donors were provided with Refreshment after donating blood and were given certificate, sapling and a Donor card. All the COVID-19 precautions were taken such as Social distancing, Sanitization, Masks and Gloves. There were 93 Blood counts and 132 registration. The program ended with a Thank You speech by our Principal Sir, he also felicitated the Doctors from the Tata Memorial Centre with a sapling as well as addressed the Volunteers.



*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Denezes*

**NSS Programme Officer**

 *S. M. Shetty*  
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**Images- Blood Donation Camp 2020-2021**



*Dijay. Krishnaswama*

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*John Penezes*

**NSS Programme Officer**

  
*Shetty*  
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*Vijay Krishnaswama*

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Criterion 3 - Research, Innovations and Extension

*John Penezes*

**NSS Programme Officer**

  
*S. M. Shetty*  
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*Vijay Krishnaswamy*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Denezes*

**NSS Programme Officer**



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*John Denezes*

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**STUDIES, POWAI.**  
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**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**  
**Donors & Deferral List- Blood Donation Camp 2020-2021**

1. ANIKET BELEL-Sm shetty college
2. Ajay Ramesh -sm shetty
3. Jimmy Abraham-Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies
4. Abhijeet Digambar Patil-S.M. Shetty College
5. Pranav Gaikwad-Sm shetty
6. Rohit Dusad-S M Shetty international school
7. Adnan Shaikh -SM Shetty College(Powai)
8. Ruchika Gaimar - Bunts Sanghas SM Shetty College of Science Commerce and Management Studies
9. Shrinav Shyam-S M Shetty College
10. Jain bhavik vijay-S.M. Shetty college
11. Ritu bhanushali-Sm shetty college
12. Snehal Rai-S. M. Shetty College
13. Rakshit salian-Sm Shetty
14. JAYESH CHANDRAPRAKASH SONI-S m shetty college powai
15. Eluri Prudhvi raj sai venkatesh-ICFAI BUSINESS SCHOOL
16. Riya Arvind Singh-S.M.Shetty College of Science, Commerce and Management Studies
17. SUNIL ANTARAM JABRE -S.M.SHETTY COLLEGE OF SCIENCES, COMMERCE & MANAGEMENT
18. Habiba shaikh -Sm shetty college
19. prathamesh shetty-SM SHETTY COLLEGE POWAI
20. Naikodi Akshay-S.M Shetty College
21. Rajendra Guljarilal Meena-S. M. Shetty college, powai
22. Shreya yathindra rai-S. M. Shetty college powai
23. Jain Mahavir Himmat -Sm Shetty college powai
24. Jigeyasa jain-SM shetty
25. Vinit Rajaram Rane-S.M.Shetty
26. Jeshwant Makarla-S.M.Shetty college
27. Ms. Vidhya Hegde-Bunts Sangha's SM Shetty High School
28. YOGESH SINGH-S M SHETTY HIGH SCHOOL
29. Mayur Gami-S.M.Shetty College of Science, Commerce and Management Studies
30. Jayshree Shetty-Bunts S m. Shetty Powai



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31. Nirmal -S.M shetty high school and junior college
32. Vedant jadhav -Bunt's sangha's S M Shetty College of Science Commerce and Akshay khedekar-S .m shetty
33. Rishabh Rao-IBS Mumbai
34. Anil Dave -Self
35. Steven Coelho -Sm Shetty college Powai
36. Pranav Singh -S.M. Shetty
37. Shaikh sharmin shakil -Bunts sangha's sm shetty college
38. Shreya -SM Shetty
39. Hitesh chhabria-UTILITY MART
40. Dimpy Chhabria -UTILITY MART
41. Akash singh-s.m.shetty
42. Nafees Ahmed Ansari -S.M.Shetty College
43. Osaid Butt-Bunts Sangha's S. M. Shetty College of Science, Commerce, and Management Studies
44. Pranati Mishra-S. M. Shetty Degree College
45. Siddhesh khawle -Kirti m doongursee college
46. Singh shivanjali Santosh-Smshetty
47. Madhavi Singh-S.M.Shetty College Powai.
48. Shreya yathindra rai-S. M. Shetty college
49. HarshRaj Vora -Lord's Universal College
50. Rahul kushwaha-S.M. SHETTY COLLEGE POWAI
51. Jain bhavik vijay-Sm shetty college
52. Harshit Pandey-Sm Shetty
53. Anubhav Dubey-SM.shetty degree college
54. Ananya Gupta -Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies
55. Sohel Ansari-D.A.V College
56. Naina rajkumar kanojia- SELF
57. Madhavi Singh-S.M.Shetty College Powai
58. Gaurav Ramsakal Yadav-S.M. Shetty Degree College
59. Sriya Sahu-SM Shetty College
60. Megha Pujari-S. M. Shetty College
61. Pandey Shikha Vinod -SM Shetty JR. college
62. Bhakti Joshi -Bhavan's college Andheri west.



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63. Rituraj Dasgupta-ABP
64. Ramakrishna reddy -IBS MUMBAI
65. Vinod Ammayath-Planta Engineering
66. Bhakti bhara yadav-Bunts Sangha's S M Shetty clg
67. Rituraj Dasgupta-ABP
68. Jabeen shaikh -Bunt sanghas S. M shetty
69. Rahul Kushwaha-s.m.shetty college
70. Kaustubh Shetty -SM Shetty powai
71. Priyanka Das -SM Shetty
72. KIRTHIKA.MUDLIYAR-DY PATIL UNIVERSITY OF MEDICAL COLLEGE
73. Dsouza Daniel-V. K krishna menon college
74. Thiago Vaz-V.K. KRISHNA MENON COLLEGE
75. THIAGO RUBY VAZ-V.K.KRISHNA MENON COLLEGE
76. Samuel Luis Dsouza-V.K.Krishna Menon College
77. ABHISHEK Shetty-S. M. Shetty
78. Sandesh Dattaram Shinde -SM Shetty
79. Basant kumar singh-Lic of India
80. ANJALI PRAJAPATI -ANJALI PRAJAPATI
81. Swapnil Sampat Patil -K.j. Somaiya
82. Ganesh Jadhav-S m Shetty
83. Shahid Shaikh -S.m shetty College
84. Omkar More-S M Shetty
85. Nishal Raj Verma-S.M.Shetty College, Powai
86. Rahul Sharma -SM shetty college
87. Saifee zoya -Chandrabhan sharma college
88. Abhijit Vishwakarma -S m shetty
89. Amisha pardeshi -S.M.Shetty high school and jr cllg of science ,commerce and management studies
90. Yogesh Ghadigaonkar -Not applicable
91. Sijo biju-S.M. SHETTY
92. Harsh jadhav -Sm shetty
93. Nilesh Shivaji Shirsekar-Milind Travels
94. Leslie Lawrence Chettiar-Sm Shetty college
95. Shaikh Nazeef -L.S raheja
96. Austin Fernande-Sm shetty



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97. Austin Fernandes-Sm shetty
98. gayatrirao210@gmail.com-SM Shetty
99. Sushant R Shetty -S.M.Shetty College
100. Ashley Chettiar -Vivek College of Commerce
101. Rakesh Acharya -Bunts Sanga SM Shetty,powai.
102. Rithik shetty -S.m.shetty
103. Kanojiya Vandana kadeprasad -Sm Shetty college pawai
104. Kiran Panhale -NA
105. Shruti Panhale -S.M Shetty College, Powai
106. Keyosha Kiran Anchan -Maniben Nanavati Women's College
107. Mahesh Sadarangani-Mutual Fund Distributor
108. Saifee zoya shamshad-Chandrabgan sharma
109. Sayed fahim husain-Sm Shetty college
110. Syed imran haider -A E kalsekar degree college
111. Amar Vikas Thorat-S.M.Shetty,powai.
112. Noel Dias -Sm shetty
113. Anushka nalawade-sm shetty
114. Sameera shaikh-Sinhgad college of commerce
115. Shifa Shaikh-Sinhgad college
116. Onkar Raorane-S.M Shetty College, Powai
117. Pankaj -SM Shetty
118. Nitesh Laxminarayan Barkuntla-SM Shetty College Powai
119. Sayed Fahim Husain-SM SHETTY COLLEGE
120. Rita Shyam. -NA
121. Shrudi Shyam-S. M. Shetty College
122. Shubham Durgavali-SM Shetty College
123. Khushboo Chauhan-NA
124. Sahil Ubhare-S.M. Shetty
125. Mihir.Panchal-SM.Shetty college.
126. Mihir.Panchal-SM.Shetty college.
127. Kathy Lawrence-Amity University, Mumbai
128. Shagufta sayyed-Sm shetty
129. Pritanka BhadouriA -Sm Shetty
130. Shan Mondal-Vidyalankar School of Information Technology
131. Komal Dayaram Bhanushali-S m shetty



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**Approval Form: NSS Volunteer Week**

**Department:** NSS UNIT

**Program:** NSS Volunteer Week.

**Objectives:** To perform various social activities in this one week and to bring a chance and awareness in the society

**Need:** There is a need to motivate our youth to perform various social welfare activities and to encourage them to spread awareness for the same. Also, activities performed in this week are such activities which one should do on regular basis in order to make this world a better place to live

**Content:** The NSS VOLUNTEER WEEK was week-long activity where we asked our Volunteer to perform various given activities such as

1. Thank you day
2. Cleanliness day
3. Food donations day
4. Cloth donation day
5. Tree plantation day
6. Animal feeding day
7. Valentine day

**Judge:** NA

**Date:** 14<sup>th</sup> February, 2021

**Cost/Budget:** NA.

**Proposed by:** Mr. Shivam Upadhyay.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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Criterion 3 - Research, Innovations and Extension

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**Minutes of the meeting: NSS Volunteer Week**

There were 2 meeting held on Zoom Platform, First on 4<sup>th</sup> February, 2021 and Second on 6<sup>th</sup> February, 2021.

**Minutes of the meeting (4<sup>th</sup> February, 2021):**

- To discuss about the volunteer week planned.
- To discuss how we can conduct the week online.
- To discuss about the Notice and Poster/Brochure that will be sent to the Volunteers to participate.
- To discuss what days we can conduct and how long the week would be.

**Minutes of the meeting (6<sup>th</sup> February, 2021):**

- To explain all the volunteers about each day and what activity they need to do each and every day.
- To explain the volunteers how they can send us the picture while doing the social work.
- To allot the leaders to update the social media and be ready with the notice and poster.
- To allot leader to make excel sheet of all the participants who are participating in every activity day wise.
- To allot leader to write the report and start the documentation work as the week is over.



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**Poster/Brochure: NSS Volunteer Week**



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**NATIONAL SERVICE SCHEME**  
*Presents*  
**NSS Volunteer Week**  
(From 8th February To 14th February)

- 8th February- Thank You Day
- 9th February- Cleanliness Day
- 10th February- Food Donation Day
- 11th February- Cloth Donation Day
- 12th February- Tree Plantation Day
- 13th February- Animal Feeding Day
- 14th February- Valentine Day

**For Any Queries Contact:-**

Snehal Rai-9082362400 Shivam Upadhya-9321413771  
Ishan Salian-9773471471 Mahima Singh-7506516043



**How To Be A Part Of This Week-Long Activity**

1. Click a picture of you doing the given activity each day.
2. Send us the picture through the link given in our Instagram bio.

**We will feature your picture in our Instagram story.**

**Note: All the participants will be provided with E-certificate**

**The Happiest People Are The Ones Who Make Others Happy.**



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Criterion 3 - Research, Innovations and Extension



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**NATIONAL SERVICE SCHEME**  
Presents  
**NSS Volunteer Week**  
(From 8th February To 14th February)

**DAY 1:-**  
**Thank You Day**  
(8th February 2021)

As the name says we have to thank people but not just any random, we have to thank people who make this world a better place. Thank people such as traffic police, watchmen, sweepers, peons, doctors, policemen, etc by giving them a gift like a greeting card, any flower or chocolate, etc. They do get paid for their work but they don't get enough appreciation for it. Thanking them will make their day. If you can't step out, no worries. Keep stories, make people aware of how these people try to keep our society better.

- Click a picture of you doing the given activity each day.
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Presents  
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(From 8th February To 14th February)

**DAY 2:-**  
**Cleanliness Day**  
(9th February 2021)

Cleanliness is something everyone must do. Start from your house, clean your desk, cupboard, fans, sweep the floor, keep this habit going. If possible try to gather in a group of 4-5 people and clean your area following covid 19 guidelines. We would be happy to see pictures, videos. Share with more and more people and make them aware of the same.

- Click a picture of you doing the given activity each day.
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**NATIONAL SERVICE SCHEME**  
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(From 8th February To 14th February)

**DAY 3:-**  
**Food Donation Day**  
(10th February 2021)

On this day try feeding at least a person, there are people out there who still struggle for one-time food. why not provide them with some, don't just donate and stop, keep giving food to the person in need as it is a daily necessity. The smile you'll see when they receive food will be precious. Send us photos of them smiling, we would like to give a shout-out, spread awareness for the same.

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**NATIONAL SERVICE SCHEME**  
Presents  
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(From 8th February To 14th February)

**DAY 4:-**  
**Cloth Donation Day**  
(11th February 2021)

On this day collect all those clothes which don't fit you or which you are not using anymore. Donate all those clothes to any needy person near your residence and click a picture with them while donating the clothes and send us to spread awareness for the same.

- Click a picture of you doing the given activity each day.
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## NATIONAL SERVICE SCHEME

Presents

### NSS Volunteer Week

(From 8th February To 14th February)

### DAY 5:-

### Tree Plantation Day

(12th February 2021)

The last time to plant trees was 20 years earlier and the next time is now! Try planting a minimum of one sapling, water it daily, the more it'll grow the more you'll be satisfied. keep the habit of planting trees, it's for our benefit only. You can plant a small sapling at your home or in your society. Click pictures send us to spread awareness for the same.

- Click a picture of you doing the given activity each day.
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## NATIONAL SERVICE SCHEME

Presents

### NSS Volunteer Week

(From 8th February To 14th February)

#### DAY 6:-

### Animal Feeding Day (13th February 2021)

On a daily basis, you see different types of homeless animals searching for food and starving in hunger. On this day take a step forward and feed all those animals in your locality and try to take care of them, don't wait any further. Feed one animal and you'll carry on, for sure! Click pictures send us to spread awareness for the same.

- Click a picture of you doing the given activity each day.
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## NATIONAL SERVICE SCHEME

Presents

### NSS Volunteer Week

(From 8th February To 14th February)

#### DAY 7:-

### Valentine Day (14th February 2021)

This valentine shows your love and gratitude to your parents and your guardians, who take care of yours, fulfill all your needs and always be there with you in all ups and downs. Show them your love by thanking them, preparing a small letter, poem, or card for them, and expressing your feelings for them in words. Your small gesture will definitely bring a big smile to their face and definitely make their day.

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**Notice (WhatsApp Message): NSS Volunteer Week**

Hello Everyone, ..

The NSS UNIT of S. M. Shetty College of Science, Commerce and Management Studies, Powai · has organized a The NSS Volunteers Week from 8th February to 14th February, 2021.

**Thankyou Day - 8th February, 2021 ·**

As the name says we have to thank people but not just any random, we have to thank people who make this world a better place. Thank people such as traffic police, watchman, sweepers, peons, doctors, policeman, etc by giving them a gift like a greeting card, any flower or chocolate, etc. They do get paid for their work but they don't get enough appreciation for it. Thanking them will make their day. If you can't step out, no worries. Keep stories, make people aware of how these people try to keep our society better.

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**Animal Feeding Day - 13th February, 2021 •**

On a daily basis, you see different types of homeless animals searching for food and starving in hunger. On this day take a step forward and feed all those animals in your locality and try to take care of them, don't wait any further. Feed one animal and you'll carry on, for sure! Click pictures send us to spread awareness for the same.

**Voluntine Day - 14th February, 2021•**

This **Voluntine Day** show your love and gratitude to your parents and your guardians, who take care of yours, fulfill all your needs and always be there with you in all ups and downs. Show them your love by thanking them, preparing a small letter, poem, cards or you can also give them some gifts or cakes etc, and expressing your feelings for them in words. Your small gesture will definitely bring a big smile to their face and definitely make their day.

- How To Be A Part Of This Week-long Activity
- Click a picture of you doing the given activity each day.
- Send us the picture through the link given below••

[https://docs.google.com/forms/d/e/1FAIpQLSfxiYjbk-zdwuxpViUGExoycviEzFh0dLJc8O30o1MKWBjuwA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfxiYjbk-zdwuxpViUGExoycviEzFh0dLJc8O30o1MKWBjuwA/viewform?usp=sf_link)

We will feature your picture in our Instagram story

Note: All the participants will be provided with E-Certificates

For any queries contact: •

Sushant shetty: 7738813869

Shivam upadhyay: 9321413771

Ishan salian: 9773471471

Mahima singh:7506516043

**The Happiest people are the ones who make others Happy**



**NSS Programme Officer**



**NSS Programme Officer**



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Bunts Sangha's S.M. Shetty College  
of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smshettyinstitute.org

Criterion 3 - Research, Innovations and Extension

**BUNTS SANGHA'S**  
**S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT**  
**STUDIES, POWAI**  
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**Report: NSS Volunteer Week**

**Event: NSS Volunteer Week.**

**Date: 14<sup>th</sup> February, 2021.**

**Report:** The NSS unit of Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies, Powai had organized an NSS Volunteer Week from 8<sup>th</sup> February 2021 to 14<sup>th</sup> February 2021. The event consists of 7 days wherein different activities were conducted on each day. The volunteers were asked to perform the given activities around their locality by taking all the necessary Covid-19 precautions.

The activities which were conducted from 8<sup>th</sup> February to 14<sup>th</sup> February 2021 are:

**1. Day 1 – Thankyou Day (8<sup>th</sup> February 2021).**

As the name says we have to thank people but not just any random, we have to thank people who make this world a better place. Thank people such as traffic police, watchman, sweepers, peons, doctors, policeman, etc. by giving them a gift like a greeting card, any flower or chocolate, etc. They do get paid for their work but they don't get enough appreciation for it. Thanking them will make their day. If you can't step out, no worries. Keep stories, make people aware of how these people try to keep our society better.

**2. Day 2 – Cleanliness Day (9<sup>th</sup> February 2021).**

Cleanliness is something everyone must do. Start from your house, clean your desk, cupboard, fans, sweep the floor, and keep this habit going. If possible, try to gather in a group of 4-5 people and clean your area following COVID-19 guidelines. We would be happy to see pictures, videos. Share with more and more people and make them aware for the same.



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**3. Day 3 – Food Donation Day (10<sup>th</sup> February 2021).**

On this day try feeding at least a person, there are people out there who still struggle for one-time food. Why not provide them with some, don't just donate and stop, keep giving food to the person in need as it is a daily necessity. The smile you'll see when they receive food will be precious. Send us photos of them smiling, we would like to give a shout-out, spread awareness for the same.

**4. Day 4 – Cloth Donation Day (11<sup>th</sup> February 2021).**

On this day collect all those clothes which don't fit you or which you are not using anymore. Donate all those clothes to any needy person near your residence and click a picture with them while donating the clothes and send us to spread awareness for the same.

**5. Day 5 – Tree Plantation Day (12<sup>th</sup> February 2021).**

Try planting a minimum of one sapling, water it daily, the more it'll grow the more you'll be satisfied. Keep the habit of planting trees, it's for our benefit only. You can plant a small sapling at your home or in your society. Click pictures send us to spread awareness for the same.

**6. Day 6 – Animal Feeding Day (13<sup>th</sup> February 2021).**

On a daily basis, you see different types of homeless animals searching for food and starving in hunger. On this day take a step forward and feed all those animals in your locality and try to take care of them, don't wait any further. Feed one animal and you'll carry on, for sure! Click pictures send us to spread awareness for the same.



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**7. Day 7 – Valentine's Day (14<sup>th</sup> February 2021).**

This valentine shows your love and gratitude to your parents and your guardians, who take care of yours, fulfil all your needs and always be there with you in all ups and downs. Show them your love by thanking them, preparing a small letter, poem, cards or you can also give them some gifts or cakes etc, and expressing your feelings for them in words. Your small gesture will definitely bring a big smile to their face and definitely make their day.

Total 267 Volunteers from different colleges took part in this Week-long activity.



*Dijay. Krishnarajama*

**NSS Programme Officer**

*John Penezes*

**NSS Programme Officer**

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 *Principal*  
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*Dijay Krishnasama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Penezes*

**NSS Programme Officer**

 *S. M. Shetty*  
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**Participation List: NSS Volunteer Week**

**Day 1 – Thankyou Day (8<sup>th</sup> February, 2021)**

1. Manjrekar Ekta Mangesh
2. Abhijeet Digambar Patil
3. Shivam sanjay upadhyay
4. AMIT NAGENDRA SHUKLA
5. Bhandari kunal sampatlal
6. Giri Nilesh Dinesh
7. Ujjwal Singh
8. Jeshma Mahesh Shetty
9. Giri Nilesh Dinesh
10. Neelaman Allen Loy
11. LESLIE LAWRENCE CHETTIAR
12. Durgani kiran
13. Krishi Shetty
14. Singh shivanjali Santosh
15. Ayesha Khan
16. Durgani kiran
17. Mansi Choubey
18. Kanojiya Vandana kadeprasad
19. Sakshi Telavane
20. Aarti Thakur
21. Urvashi jaiswal
22. Jaiswal Dakshita Nitesh
23. Sonu rajkumar mahto
24. Isha soni
25. Archana Chauhan
26. Tanya ravindranath singh
27. Kalpana Rai Menon
28. Sushant Ramesh Shetty
29. Gaikwad Tanvi Ravindra
30. Nafees Ahmed Ansari
31. Shrinav Shyam
32. Amisha.P.Pardeshi
33. Aarya Kaur
34. Dhiraj Santosh Mahadik
35. Radhika Jayesh manjrekar

**Day 2 – Cleanliness Day (9<sup>th</sup> February, 2021)**

1. Madhavi Singh
2. Rahul Kushwaha
3. Anurag Singh
4. Tanya ravindranath singh
5. Shaniya bano
6. Nafees Ahmed Ansari
7. AMIT NAGENDRA SHUKLA
8. Lisa John Dsouza
9. Krishi Shetty
10. Mansi Choubey
11. Radhika Jayesh Manjrekar
12. Anuja gajinkar
13. Sagar Shetty
14. Aarti Anil Thakur
15. Jeshma Mahesh Shetty
16. Shivam sanjay padhyay
17. Konika Sampatlal Bhandari
18. Tanya ravindranath singh
19. Singh shivanjali santosh
20. Sahu Sriyakumari Sunil
21. Sulata Bhagwan Panigrahi
22. Kanojiya Vandana kadeprasad
23. Aarya Kaur
24. Divya laxman Poojary
25. Archana Chauhan
26. Singh shivanjali santosh
27. Gaikwad Tanvi Ravindra
28. Gaikwad Tanvi Ravindra
29. Archana Chauhan
30. Shreya Paswan
31. Krishna jaiswal
32. Amisha .P.Pardeshi
33. Bhandari kunal sampatlal
34. Sumanthkumar Hegde
35. Dakshita Jaiswal



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<p>36. Bandapalli sridhar naidu</p> <p><b><u>Day 3 – Food Donation Day (10<sup>th</sup> Feb, 2021)</u></b></p> <ol style="list-style-type: none"> <li>1. Manjrekar Ekta Mangesh</li> <li>2. Archana Chauhan</li> <li>3. Anuja gajinkar</li> <li>4. Sumanthkumar Hegde</li> <li>5. Anuja gajinkar</li> <li>6. Kanojiya Vandana kadeprasad</li> <li>7. Jeshma Mahesh Shetty</li> <li>8. Swati Vasant Shetty</li> <li>9. Mansi Choubey</li> <li>10. Krishi Shetty</li> <li>11. Swati Vasant Shetty</li> <li>12. Amisha pardeshi</li> <li>13. Mrunal Rane</li> <li>14. Giri Nilesh Dinesh</li> <li>15. Giri Nilesh Dinesh</li> <li>16. Bhandari kunal sampatlal</li> <li>17. Abhijeet Digambar Patil</li> <li>18. Aarti Thakur</li> <li>19. Tanya Ravindranath Singh</li> <li>20. Tanya Ravindranath Singh</li> <li>21. Sakshi Poojary</li> <li>22. MRUNAL RANE.</li> <li>23. Rahul Kushwaha</li> <li>24. Shivam sanjay upadhyay</li> <li>25. Priya Yadav</li> <li>26. Konika Sampatlal Bhandari</li> <li>27. Urvashi jaiswal</li> <li>28. Singh shivanjali santosh</li> <li>29. Neelaman Allen Loy</li> <li>30. Ayesha khan</li> <li>31. Gaikwad Tanvi Ravindra</li> <li>32. Dakshita Jaiswal</li> <li>33. Amit Nagendra shukla</li> </ol>	<p>36. Shrikant Shetty</p> <p><b><u>Day 4 – Cloth Donation Day (11<sup>th</sup> Feb, 2021)</u></b></p> <ol style="list-style-type: none"> <li>1. Singh shivanjali santosh</li> <li>2. Konika Bhandari Sampatlal</li> <li>3. Swati Vasant Shetty</li> <li>4. Bhandari kunal sampatlal</li> <li>5. Konika Bhandari Sampatlal</li> <li>6. Ujjwal Singh</li> <li>7. Anchal Mishra</li> <li>8. Mansi Choubey</li> <li>9. Isha soni</li> <li>10. Mansi Choubey</li> <li>11. Kanojiya Vandana kadeprasad</li> <li>12. Jeshma Mahesh Shetty</li> <li>13. Gaikwad Tanvi Ravindra</li> <li>14. Aarti Thakur</li> <li>15. Tanya Ravindranath Singh</li> <li>16. Jimmy Abraham</li> <li>17. Lisa John Dsouza</li> <li>18. Sulata Bhagwan Panigrahi</li> <li>19. Jagtap Pornima Shankar</li> <li>20. Khushwant Talesara</li> <li>21. Nafees Ahmed Ansari</li> <li>22. Ethan Dawson</li> <li>23. Shivam sanjay upadhyay</li> <li>24. Harsh hemant Jadhav</li> <li>25. DIKSHA MAHENDRA SATRI</li> <li>26. Akansha jaiswal</li> <li>27. Amit nagendra shukla</li> <li>28. Anuja gajinkar</li> <li>29. Krishna jaiswal</li> <li>30. Aarya Kaur</li> </ol>
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- |  |  |
|--|--|
| <p>34. Samay Shah<br/>35. Lisa John Dsouza<br/>36. Shaikh Alfiya Haroon<br/>37. Nafees Ahmed Ansari<br/>38. Singh shivanjali santosh<br/>39. konika sampatlal bhandari</p> |  |
|--|--|



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**Day 5 – Tree Plantation Day (12<sup>th</sup> Feb, 2021)**

1. Rahul Veshvikar
2. Shubhangi jain
3. Ujjwal Singh
4. Krishna jaiswal
5. Khan zulfiqar Haider
6. Madhavi Singh
7. Rahul kushwaha
8. Radhika Jayesh Manjrekar
9. Dhiraj Santosh Mahadik
10. Anchal Mishra
11. Vijay kumar nishad
12. Krishna mandal
13. Grezilia Rose
14. Shreya Paswan
15. Vikal thakur
16. Jyoti mishra
17. Kaushal
18. Ayesha khan
19. Vivek yadav
20. Ali
21. Sagar Shetty
22. Dakshita Jaiswal
23. Priya Yadav
24. Anuja gajinkar
25. Aarya Kaur
26. Singh shivanjali santosh
27. Mishra Nilesh Jaykant
28. Nafees Ahmed Ansari
29. Sakshi Poojary
30. Urvashi jaiswal
31. Kanojiya Vandana kadeprasad
32. Aarti Thakur
33. Tanya Ravindranath Singh
34. Sahu Sriyakumari Sunil

**Day 6 – Animal Feeding Day (13<sup>th</sup> Feb, 2021)**

1. Khan zulfiqar Haider
2. Sagar Shetty
3. SINGH SHIVANJALI SANTOSH
4. Madhavi Singh
5. Rahul Kushwaha
6. Shubhangi jain
7. Priya Yadav
8. Lisa John Dsouza
9. Nafees Ahmed Ansari
10. Rahul Kushwaha
11. Anchal Mishra
12. Ujjwal Singh
13. Tanya Ravindranath Singh
14. Pal bipin ramchandra
15. Radhika Jayesh Manjrekar
16. Ayesha khan
17. Kanojiya Vandana kadeprasad
18. Bhandari kunal sampatlal
19. Neelaman Allen Loy
20. Swati Vasant Shetty
21. Giri Nilesh Dinesh
22. Dhiraj Santosh Mahadik
23. Aarya Kaur
24. Neelaman Allen Loy
25. Neelaman Allen Loy
26. Vinit Rajesh Vishwakarma
27. Anuja gajinkar
28. Sahu Sriyakumari Sunil
29. Samay Shah
30. Shubham yadav
31. Mane Komal Vilas
32. Dakshita Jaiswal
33. Amit nagendra shukla
34. Prerna Gupta



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35. Gaikwad Tanvi Ravindra  
36. Amit nagendra shukla  
37. Konika Sampatlal Bhandari  
38. Tawade sayali sanjay  
39. Shivam sanjay upadhyay  
40. Pal bipin ramchandra  
41. Archana Chauhan  
42. Lisa John Dsouza  
43. Sonu rajkumar mahto  
44. Vaishnavi Yogesh Gaikwad

35. Sonu rajkumar mahto  
36. Shivam sanjay upadhyay  
37. Gaikwad Tanvi Ravindra  
38. Jagtap Pornima Shankar  
39. Shaikh Alfiya Haroon



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**Day 7 – Valentine's Day (14<sup>th</sup> February, 2021)**

1. Madhavi Singh
2. Radhika jayesh manjrekar
3. Anuja gajinkar
4. Singh shivanjali santosh
5. Sulata Bhagwan Panigrahi
6. Sayali sanjay tawade
7. Rahul kushwaha
8. Gaikwad Tanvi Ravindra
9. Kanojiya Vandana kadeprasad
10. Dhiraj Santosh Mahadik
11. Sagar Shetty
12. Toral Chauhan
13. Jeshma Mahesh Shetty
14. Anchal Mishra
15. Tanya Ravindranath Singh
16. Mane Komal Vilas
17. Urvashi jaiswal
18. Aarti Thakur
19. Sumanthkumar Hegde
20. Aarya Kaur
21. Manish shetty
22. Shrinav Shyam
23. Mansi Choubey
24. SRISHTI SURESHKUMAR VISHWAKARMA.
25. KRISHTIKA SURESHKUMAR VISHWAKARMA.
26. Bhandari kunal sampatlal
27. Pal bipin
28. Konika Sampatlal Bhandari
29. Nafees Ahmed Ansari
30. Swati Vasant Shetty
31. Nikita Vishwakarma



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32. Shaikh Alfiya Haroon
33. DEEPTHIKA PILLAI
34. Pal bipin
35. Vinit Rajesh Vishwakarma
36. Archana Chauhan
37. Shivam sanjay Upadhyay
38. Dakshita Jaiswal
39. Ayesha Khan



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**Certificate Sample Copy: NSS Volunteer Week**



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## Certificate of Appreciation

This is to certify that  
**Mr./Ms. Gaikwad Tanvi Ravindra**  
of **S.M.Shetty College**  
college has participated in our  
"NSS Volunteer Week" organised by  
NSS Unit of S.M.Shetty College held on  
8th February,2021 - 14th February,2021

<input checked="" type="checkbox"/> Thank You Day	<input checked="" type="checkbox"/> Cleanliness Day
<input checked="" type="checkbox"/> Food Donation Day	<input checked="" type="checkbox"/> Cloth Donation Day
<input checked="" type="checkbox"/> Tree Plantation Day	<input checked="" type="checkbox"/> Animal Feeding Day
<input checked="" type="checkbox"/> Valentine Day	



Programme Officer



Programme Officer



Principal



**NSS Programme Officer**



**NSS Programme Officer**



  
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**Approval Form –Hindi Diwas "Slogan Making Competition"**

**Department:** NSS UNIT

**Program:** Hindi Diwas "Slogan Making Competition"

**Objectives:** To see the creativity of the students especially when it comes to Hindi Language.

**Need:** To make the youth of India aware about the cultural importance of Hindi language.

**Content:** The activity gave us a variety of creative slogans in Hindi language. Which shows that youth are still connected to the Hindi language and know its importance. It also showed us how innovatively people can express their thoughts through the slogans.

**Judge:** Prof. Swati Shetty

**Date:** 12th September 2020

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Ms. Pranati Mishra

**Verified by:** Prof. Vijay Vishwakarma.



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**Minutes of the meeting - Hindi Diwas "Slogan Making Competition"**

There was a meeting held before the event on 8<sup>th</sup> September, 2020.

**Minutes of the meeting:**

- To conduct upcoming events.
- To allot leaders to start to work on the Notice (WhatsApp Message) which will be send to other College in Mumbai for participation.
- To allot social media team to start to work on the poster, brochure and update all social media handles.
- To allot PR team to start PR calling for the event.
- To discuss about documentation work and reports.



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**NSS Programme Officer**



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of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smshettyinstitute.org

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S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT  
STUDIES, POWAI.  
NAAC ACCREDITED 'A' GRADE  
IMC RBNQ CERTIFICATE OF MERIT 2019

Poster -Hindi Diwas "Slogan Making Competition"



Bunts Sangha's  
S.M. Shetty College of Science, Commerce &  
Management Studies, Powai, Mumbai  
Affiliated to University of Mumbai  
NAAC Accredited 'A' Grade  
ISO 9001: 2015 Certified



**NSS Unit  
Presents**

हिंदी दिवस

**'Slogan Making Competition'**

It's time to be creative, frame a slogan on Hindi or particularly about it,  
as a language.

In case of queries contact:

PRANATI MISHRA: 7045814040 MAHIMA SINGH: 7506516043  
ISHAAN SALIAN: 9773471471 MAYUR GAMI: 7977719054

*Vijay. Krishnarajama*

**NSS Programme Officer**  
Criterion 3 - Research, Innovations and Extension

*John Dierzy*

**NSS Programme Officer**



*Principals*  
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**Poster Making Competition**

**Rules and Regulations. :**

1. The slogan should be in Hindi.
2. It's time to be creative, form a slogan on Hindi or about Hindi, as a language.
3. The slogan should not have any inappropriate words leading to commoners sentimental emotions.
4. Any form of name tagging of a public figure is invalid.
5. The slogan should be minimum of 2 lines maximum of 4. (Word limit 24)
6. The slogan should be meaningful, compact and informative.
7. Best 3 slogans will be given a certificate as a token appreciation and will be tagged on SM Shetty Degree College's NSS Units Instagram handle for their creative work.
8. Results will be declared on 12th September on the Instagram handle @nssunit\_b46 , evening 7 pm.

**Submissions to be made on :**  
**nssunitb46@gmail.com**

**[Participation Certificates will be provided.]**



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**Report -Hindi Diwas "Slogan Making Competition"**

**Event: Hindi Diwas Slogan Making Competition.**

**Date: 12<sup>th</sup> September, 2020.**

**Highlight:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies had conducted **HINDI DIWAS "Slogan Making Competition"** on 12th September 2020. On the Occasion of Hindi Diwas. The participants had to make a slogan about Hindi language in Hindi. We had a total 26 entries for Slogan Making. All the participants were provided participation certificates.

The winners of the competitions are:-

1st- Namrata Kishorkhade - Valia C. L college of Commerce Andheri

2nd- Name: Zia Moulvi- Sophia College for Women.

2nd- Vaishnavi Wagh- Joshi Bedekar College Thane

3rd- Mohammad Sibtain Kadri - Bharatisadan University



**1st Prize**  
**Namrata kishor khade**  
(Valia C. L college of Commerce)



**2nd Prize**  
**Zia Moulvi**  
(Sophia College For Women)



**2nd Prize**  
**Vaishnavi Wagh**  
(Joshi Bedekar College, Thane)



**3rd Prize**  
**Mohammad Sibtain Kadri**  
(Bharathidasan University - Tamil Nadu)



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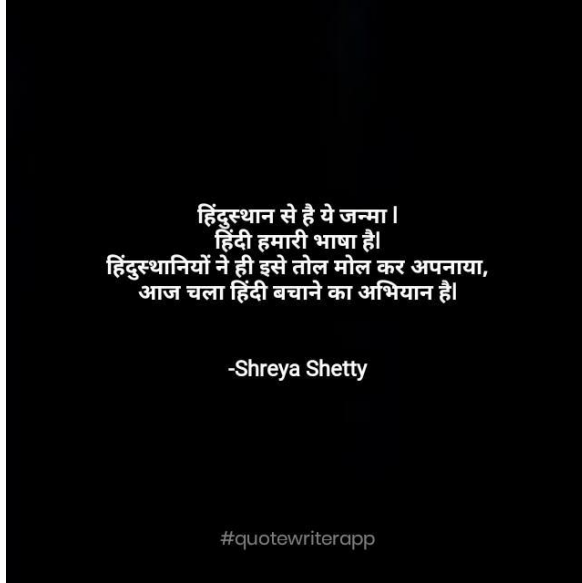
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**STUDIES, POWAI.**

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**IMC RBNQ CERTIFICATE OF MERIT 2019**  
**Participation List-Hindi Diwas "Slogan Making Competition"**

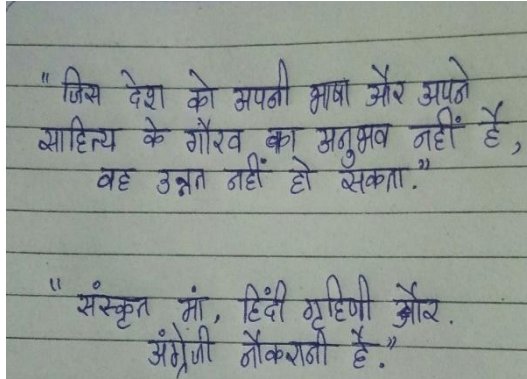
**List of Participants:-**

Shreya Shetty - Mulund College of Commerce

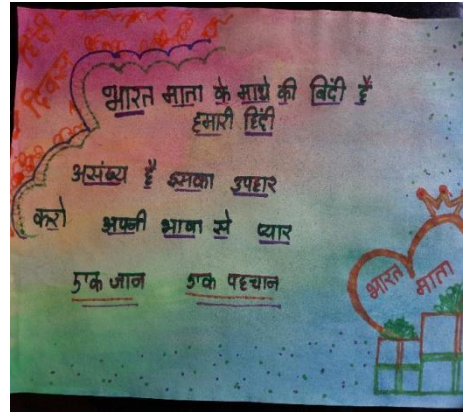
Akshata Jadhav - S.M.Shetty College



हिंदुस्तान का हर एक इंसान,  
बोले ऐसी ये भाषा है ।  
शायद इसलिए हिंदी भाषा,  
भाषाओंकी महाराणी है ।



Anjali Shenoy – Nagindas Khandwala College



Bhagyawati Nandwana – Prahladrai College

*Vijay Krishnakarma*

**NSS Programme Officer**  
Criterion 3 - Research, Innovations and Extension

*John Dierzo*

**NSS Programme Officer**



*Principal*  
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Disha Shetty - Terna Engineering College

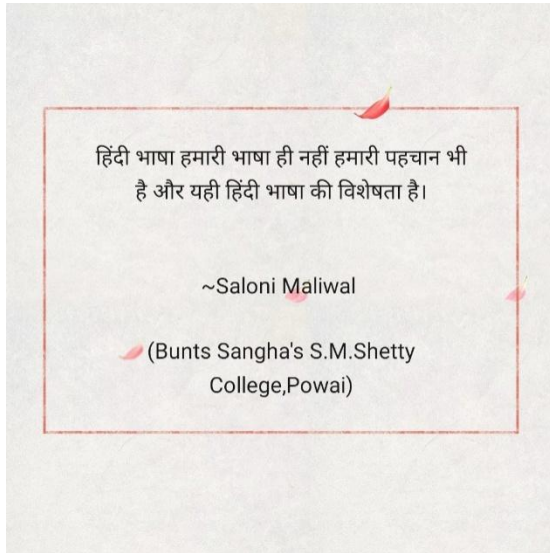
Shraddha Panchal - JVM'S Mehta College



सबसे पेहली, सबसे निराली,  
हिंदी है हमारी मातृभाषा,  
हिंदी है हमारी पेहचान,  
हिंदी से ही है हिंदुस्तान ।

Saloni Maliwal - S. M. Shetty College

Rupal Pawar - Mulund College of Commerce



Name :- Rupal Prashant Pawar  
Std. SY BAF  
Mulund College of Commerce

\*Slogans

**जो नहीं करते राष्ट्रभाषा का सम्मान 🙏,  
हमेशा होता है उनका अपमान.....**

**अंग्रेजी खाली आशा है,  
हिंदी तो राष्ट्रभाषा है 🇮🇳!!!!**

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Richa Dubey - Prahladraidalma Lions College

Sachin Gupta, Joshi Bedekar College, Thane

**Hindi bhasha**

Bharatiyo ke garima ke wani  
Bol jaise dil me bas jati  
Nara yehe ham lagayange  
Hindi bhasha ke bela ko sare jaha me sajayange

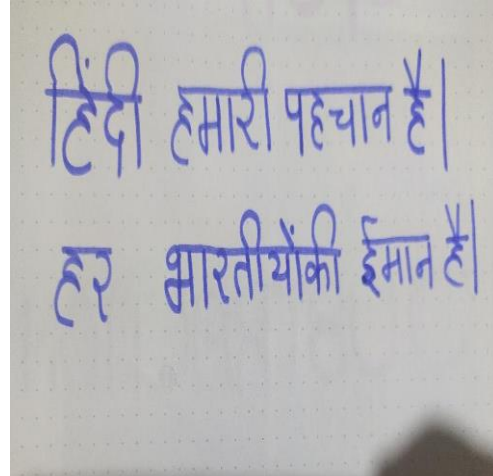
Name:-Sachin Gupta  
College:-Joshi bedekar College,Thane  
Topic:-हिंदी दिवस

Slogan:-  
हिंदी में लिखता हूं क्योंकि समाज मे बदलाव लाना है  
सरल भाषा के जरिये हर मुद्दा देश को समझाना है।

Mohammad Sibtain Kadri



Hosana Dsilva



*Vijay Krishnakumar*

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*John Dierze*

**NSS Programme Officer**



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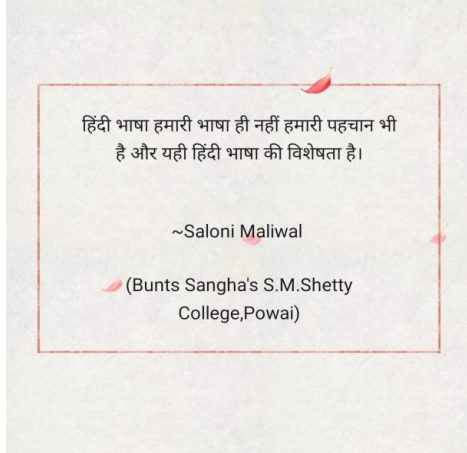
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Saloni Maliwal

Sidhi Vanve



हिंदी हम सबकी है शान,  
हिंदी अपनाकर बनोंओ हमारे देश को महान!!

*Vijay. Krishnakarma*

**NSS Programme Officer**

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*John Dierze*

**NSS Programme Officer**



*Sidhi Vanve*  
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**Certificate Sample Copy -Hindi Diwas "Slogan Making Competition"**

**Appreciation Certificate**

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IMC RBNQ Certificate of Merit 2019  
ISO 9001:2015 Certified 

**2021HD001**

*Certificate of Achievement*

This is to certify

Mr./Ms. Namrata Khade of Valia C.L College  
of Commerce college has won 1st prize in Slogan  
making competition on the occasion of Hindi Diwas  
on 14th september, 2020 .

  
Programme Officer

  
Programme Officer

  
Principal



**NSS Programme Officer**  
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**NSS Programme Officer**



  
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**Participation Certificate**

	<b>Bunts Sangha's</b> <b>S.M. Shetty College of Science, Commerce &amp; Management Studies, Powai, Mumbai-76</b> Affiliated to University of Mumbai NAAC Accredited 'A' Grade IMC RBNQ Certificate of Merit 2019 ISO 9001:2015 Certified	
	<b>2021HD020</b>	
<h2 style="font-family: cursive;">Certificate of Participation</h2>		
This is to certify that		
Mr./Ms. <u>Yashasvi Kesharwani</u> of <u>Don Bosco</u> <u>College, K. urla</u> college has participated in		
Slogan Making Competition on the occasion of Hindi Diwas on 14th September, 2020		
 Programme Officer	 Programme Officer	 Principal



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**Thank you letter -Hindi Diwas "Slogan Making Competition"**

SMS/

14th September, 2020

To,  
Miss.Swati Shetty

S.M Shetty Degree College,  
Powai.


Dear Madam,

It was truly a pleasure to have you with us as our Judge for Hindi Diwas "Slogan Making Competition" organized by "NSS UNIT" of our college.

On behalf of our college, we'd like to thank you for the generous gift of your time, judging the competition and giving us your precious opinion. Your time and dedication made it possible for us to reward students for their efforts and made this competition a successful one.

With Regards,  
Thanking you,

Yours faithfully,  
Dr. Sridhara Shetty  
PRINCIPAL



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**NSS Programme Officer**



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**Approval: Webinar on "WORLD MENTAL DAY"**

**Mr. Nitesh Shetty (Famous Comedian)**

**Department:** NSS Unit.

**Program:** WORLD MENTAL HEALTH DAY – Webinar

**Objectives:** Catering to Mental Illness / Stress due to Pandemic, Ways to Overcome Stress.

**Need:** Negative effects on our mental health caused due to the Pandemic and Adjusting to this new normal

**Content:** Laughter Techniques, Ways to stay happy and stress free.

**Resource Person:** Mr. Nitesh Shetty.

**Date:** 11<sup>th</sup> October, 2020 **Time:** 2:45pm **Venue:** Zoom Meeting

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Ishan Salian.

**Verified by:** Prof. Vijay Vishwakarma.

**Minutes of Meeting: Webinar on "WORLD MENTAL DAY" with Mr. Nitesh Shetty**  
**(Famous Comedian)**

There was a meeting held before the webinar on 9<sup>th</sup> October, 2020

**Minutes of the meeting:**

- To discuss about the upcoming events.
- To conduct webinar on Mental Health.
- To Distribute work to the teams.
- To allot digital and social media team to start with the poster and update the social media handles.
- To rehears about the anchoring and vote of thanks script.
- To allot PR team to start with PR calling.



**NSS Programme Officer**



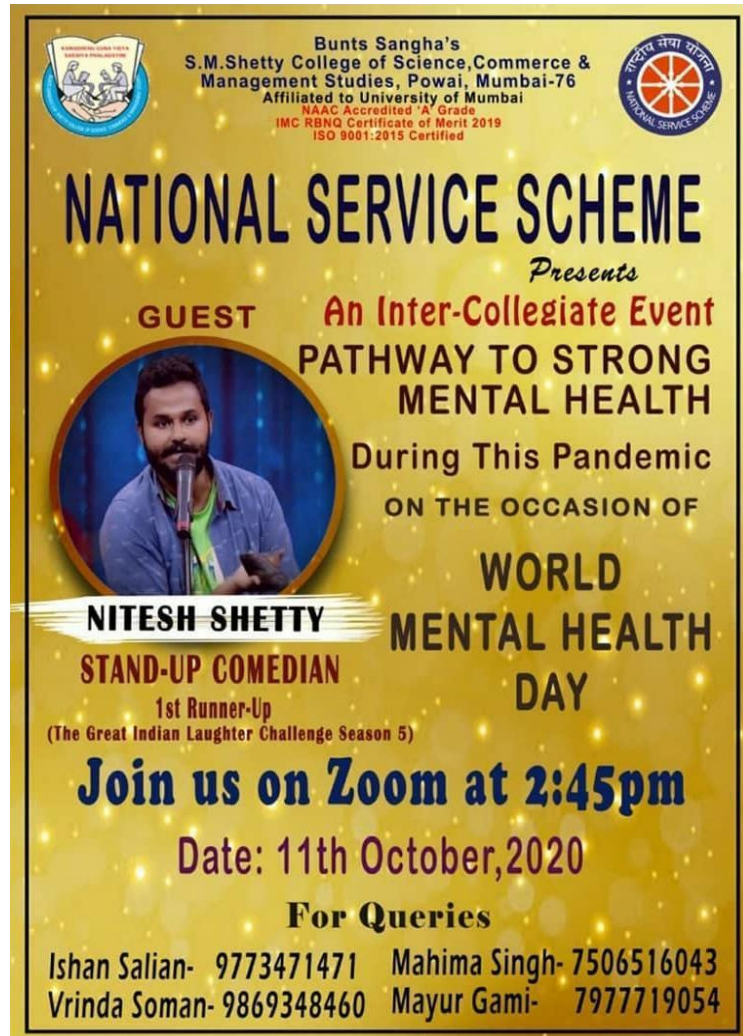
**NSS Programme Officer**



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**Poster & Brochure: Webinar on "WORLD MENTAL DAY" with Mr. Nitesh Shetty**  
**(Famous Comedian)**



The poster is for a National Service Scheme (NSS) event. It features a yellow background with a black border. At the top left is the NSS logo, and at the top right is the Bunts Sangha's logo. The text in the center reads: "NATIONAL SERVICE SCHEME Presents An Inter-Collegiate Event PATHWAY TO STRONG MENTAL HEALTH During This Pandemic ON THE OCCASION OF WORLD MENTAL HEALTH DAY". A circular inset shows a photo of Nitesh Shetty speaking into a microphone. Below the photo, it says "NITESH SHETTY STAND-UP COMEDIAN 1st Runner-Up (The Great Indian Laughter Challenge Season 5)". At the bottom, it says "Join us on Zoom at 2:45pm Date: 11th October, 2020 For Queries" followed by contact numbers for Ishan Salian, Mahima Singh, Vrinda Soman, and Mayur Gami.

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**NATIONAL SERVICE SCHEME**  
*Presents*  
**GUEST An Inter-Collegiate Event**  
**PATHWAY TO STRONG**  
**MENTAL HEALTH**  
**During This Pandemic**  
**ON THE OCCASION OF**  
**WORLD**  
**MENTAL HEALTH**  
**DAY**

**NITESH SHETTY**  
**STAND-UP COMEDIAN**  
1st Runner-Up  
(The Great Indian Laughter Challenge Season 5)

**Join us on Zoom at 2:45pm**  
**Date: 11th October, 2020**  
**For Queries**  
Ishan Salian- 9773471471 Mahima Singh- 7506516043  
Vrinda Soman- 9869348460 Mayur Gami- 7977719054

*Dijay Krishnarajama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Pereira*

**NSS Programme Officer**

  
*Principal*  
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**Notice: Webinar on "WORLD MENTAL DAY" with Mr. Nitesh Shetty (Famous Comedian)**

When I is replaced by We, even Illness becomes Wellness.....

This year, we've all been staying inside more, with our day-to-day routines disrupted, and many of us have felt the negative effects on our mental health.

Adjusting to this new normal is hard and the uncertainty is adding another layer of stress. Don't worry we all feel the same way and we understand your concerns..

Warm greetings to one and all !!!

The NSS UNIT of S.M Shetty College of Science Commerce and Management studies· has organised a webinar On the occasion of WORLD MENTAL HEALTH DAY.

.Guest of Honour and Speaker :- MR NITESH SHETTY (Famous Comedian)

Short bio:-

Mr. Nitesh Shetty started his journey with fever 104fm Mumbai as an Ob jock then went on to join RedFm 93.5 as Evening show producer with Rj Rishi Kapoor, his first claim to fame was in the song Mumbai Tula BMC bharosa Naii kaa? Which was viral internet sensation. He started doing standup comedy in the year 2017 and soon got his first break in The Great Indian laughter challenge season 5 the show judge by Akshay Kumar, Sajid khan and Shreyas talpade. He went on to become the first runner-up of the show winning bell for his every performance. He also hosted a dance reality show on andtv known as high fever dance Ka Naya tevar, currently he is co-writer Dance plus season 5 on star plus, currently he is hosting a digital show on Bollywood hungama .

E-Certificates · will be given to the participants.

Registration link ·

<https://forms.gle/Da9hLhfbNhzHXRyy8>

Date· - 11/10/2020 (i.e. Sunday)

Time-- 2:45pm Venue - ZOOM

You don't always need a plan. Sometimes you just need to breathe, trust, let go, and see what happens.. Regards

NSS Unit



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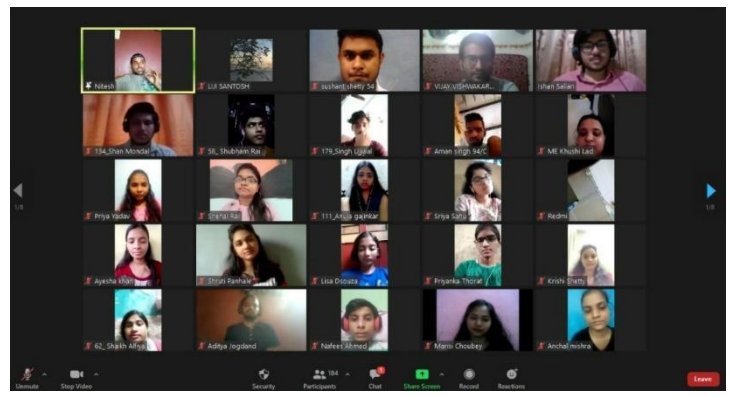
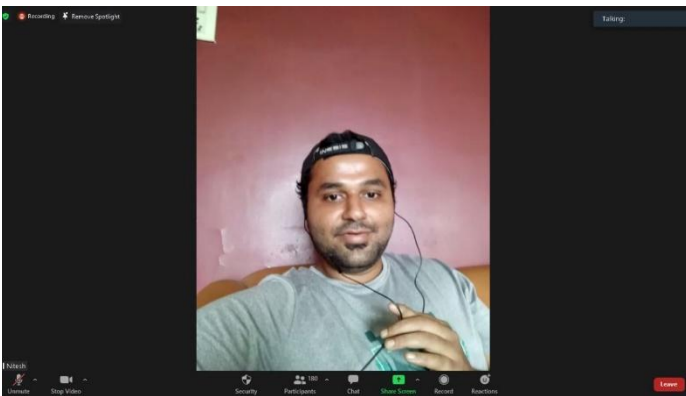
**Report: Webinar on “WORLD MENTAL DAY” with Mr. Nitesh Shetty (Famous Comedian)**

**Event: Webinar on “World Mental Day” with Mr. Nitesh Shetty (Famous Comedian).**

**Date:** 11<sup>th</sup> October, 2020.

**Objective:** Catering to Mental Illness / Stress due to Pandemic, Ways to Overcome Stress.

**Highlight:** The NSS UNIT of S. M. SHETTY COLLEGE organized an inter-collegiate webinar “Pathway to Strong Mental Health” on the occasion of World Mental Health Day. The guest and the speaker of the event was Mr. Nitesh Shetty who is a stand-up comedian. From an MBA to a Stand-up Comedian Mr. Nitesh Shetty shared his life's journey while talking about the importance of mental health. He also gave us some good tips on how to keep yourself mentally strong and how to stay positive always. The webinar was a great success having 202 participants from various colleges.



*Dijay. Krishnarajama*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**

 *Principal*  
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**Participation List: Webinar on "WORLD MENTAL DAY" with Mr. Nitesh Shetty**  
**(Famous Comedian)**

1. Ashish C Navik - S M Shetty
2. Mithilesh Chauhan - S M Shetty College
3. Aniket Verma - SM Shetty Jr college
4. Nikita shetty - Sm shetty powai
5. Asha keshav chauhan - Sm shetty
6. Vinit Vishwakarma - Sm Shetty Jr College
7. Riya Kittikal - S M Shetty Degree College
8. Abhijeet Digambar Patil - S.M. Shetty College
9. Calvin Lobo - Sm Shetty College
10. Nafees Ahmed Ansari - S.M.Shetty College
11. Shubhangi jain
12. Pawan salian
13. Toral chauhan - Sm shetty powai
14. ANURAG JUGGILAL GUPTA - SM Shetty
15. Sairaj Shetty - Sm shetty degree college
16. Sahil Shaikh - S m shetty college of commerce science and studies mangmnet powai
17. Shaikh Alfiya Haroon - Sm shetty college
18. Sumanthkumar Hegde - Bunts sangha S.M.Shetty college
19. Tanvi Rane. - K.G.Mittal College
20. sushant shetty - Bunts Sangha's S.M.Shetty College
21. SINGH SHIVANJALI SANTOSH - Sm shetty
22. Jijo Oommen - S.M.Shetty College , Powai.
23. Priyanka Manoj Thorat - VPM's Joshi-Bedekar college
24. Rohanbahadur singh - S.M Shetty College
25. Sanafatima Naeem Shaikh - R D National College
26. Ratnakar Singh - S.M.Shetty College
27. Shruti Panhale - S.M Shetty, Powai.
28. Aysha wangde - K.P.B. Hinduja College Of Commerce
29. Ujwal Poojary - sm shetty degree college powai
30. Anandhu Suresh - SIES college of arts commerce and science



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31. Altamash shaikh - K.P.B Hinduja College of Commerce
32. Megha paunika - Sm shetty college powai
33. Jain Khushi Shantilal - K.P.B. Hinduja College of Commerce
34. Ujala Munna vishwakarma - Smt.k.g.mittal college
35. Aman Vikash Surana - Sm shetty
36. Shivam upadhyay - Sm shetty college
37. Tanya Ravindranath Singh - Sm Shetty college
38. disha poojary - nagindas khandwala college
39. Ayesha Khan - S M Shetty College
40. Kodakanti Bhavana Shrinvas - S.M.Shetty College Powai
41. Lisa John Dsouza - SM Shetty college
42. Vaishnavi Sanjay Malvankar - Joshi Bedekar college
43. Misba Idrisi - S. I. E. S. College, Autonomous, Sion(W)
44. Adithyanath Mk - Poornaprajna College, Udipi
45. Avani Ramesh Waghela - Sm Shetty
46. Singh Ujjwal Santosh - SM Shetty
47. Shan Mondal - SM Shetty College
48. NITISH JHA - Sm sheety collage
49. Jinal Surana - K.P.B hinduja college of commerce
50. Shilpa Santram Chaurasiya - Smt.kg.mittal college
51. Swathi Ganesh Shetty - S M Shetty
52. Anuja gajinkar - S.M.shetty college
53. Khan habiba - S.M. Shetty College
54. Varma Aniket - Sm Shetty College
55. Gaikwad Tanvi Ravindra - NSS
56. Mrs. Reshma Arun More - Patuck Jr. College
57. Shruti Sanjay Lotankar - Malad East
58. MS. SANGITA SHENOY - K.V. PENDHARKAR COLLEGE
59. Deepthika Pillai - S.M.Shetty College
60. Samruddh - Sm shetty, powai
61. Bhoomi Bhavesh lodaya - Powai s.m.shetty
62. Neelaman Allen Loy - S.M Shetty Powai
63. AMIT SHUKLA - S M SHETTY JR COLLAGE



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64. Dunesht sunil wagh - Sm shetty college
65. Jagtap Pornima Shankar - S M Shetty College
66. Aditya Jogdand - S.M. Shetty degree college, powai
67. ATHMIKA GANGADHAR NAIK. - SATHAYE COLLEGE.
68. Vandana kanojiya - Sm shetty collage
69. Prerana Gurav - S.M Shetty College, Powai
70. Nisha Ramesh Naik - Sm shetty college powai
71. Mishra Anchal Ganga Prasad - S.M. Shetty College
72. Priya Yadav - SM Shetty
73. Ujala Munna vishwakarma - Smt.k.g.mittal college
74. Nandini Mahapatra - S.M Shetty College, Powai
75. Sagar Suvarna - S M Shetty College
76. Nilima lingapavalam - Smt K G mittal college of arts and commerce
77. Bhagyashree Ramachandra Gubber - SIES college of Arts Science and Commerce
78. Adarsh Gupta - SM Sheety Powai
79. Harsh Sudhakar Padelkar - NSS Unit
80. Sonali Sunil Ghadi - SMT.K.G.Mittal College.
81. Vishwajeet Yadav - S.M. SHETTY COLLEGE
82. Khushi Lad - Nirmala College
83. Krishna Jaiswal - S.M.SHETTY COLLEGE
84. Shruti pal - S.M. shetty college
85. Divya Racharla - S .M shetty college powai
86. Choubey Mansi - Bunt's Sangha's S.M.Shetty College
87. Sonu rajkumar mahto - Fybscit
88. Singh Riya Harikesh - Smt. K. G. Mittal College of Commerce and Art's
89. Pooja pandurang chavan - Vpm joshi bedekar college thane
90. Shaikh Tooba Abdullah - S.M.Shetty college
91. Vaishnavi sanjay wagh - Joshi bedekar college of arts and commerce ,thane
92. Pranali Keshav Nalavade - Vpm joshi-bedekar college,Thane
93. Calvin Lobo - Sm Shetty College
94. vaishali singh - Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies College in Mumbai, Maharashtra
95. smruti bhalerao - sm shetty



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96. Nidhi Shetty - Bunts Sangha's SM Shetty College
97. Archana Laxmikant Yadav - Smt.k.g.mittal college of arts and commerce
98. Radhika jayesh manjrekar - S.M.shetty
99. Jinal Surana - K.P.B hinduja college
100. Megha Pujari Sabu - S. M. Shetty College , Powai
101. Vaishali Jaiswal - Sies college of arts science amd commerce(autonomous)
102. Krishi Shetty - SM Shetty college
103. Aman Vikash Surana - Sm shetty
104. Vaishnavi Sanjay Malvankar - Joshi Bedekar college
105. Sawan Vishwakarma - Smt. kg mittal college
106. Usha Shekhar Shetty - Bunts Sangha's S M Shetty High School and Jr College
107. Vijayalaxmi Poojary - Bunt's sangha's Sm Shetty college
108. Jeshma Mahesh Shetty - SM Shetty college
109. Shubham Indresen Rai - Bunts Sangha's Sm sheety college
110. Archana chauhan - Bunts Sangha sm Shetty college
111. Kajal maurya - Pathwayto strongmental health
112. Niket Santosh Pawar - Nirmala clg malad (east)
113. Swaminathan Iyer - SM Shetty College, Powai
114. Shaikh saba riyazuddin - NSS
115. Nitin Kurva - SIES ASCS SION (W)
116. Pradhumn Vats - SM SHETTY
117. Sakshi Poojary - Bunts Sangha S.M Shetty College Powai
118. Sulata Panigrahi - S M Shetty college Powai
119. Subha Sri.N - P.S.G College of Arts and Science
120. Asha keshav chauhan - Sm shetty
121. Gauth Rafique Murshad - S. M Shetty clg
122. Sahu Sriyakumari Sunil - SM Shetty College
123. Yuvraj Singh Saluja - Narsee Monjee College of Commerce and Economics
124. Aakanksha Santosh Saundalkar - J. M. Patel College of Commerce
125. Hrithika Prakash Shetty - SM Shetty College
126. Abhishek Gupta - S m shetty college
127. Pawan salian - Sm shetty
128. Samreen Fansopkar - K.P.B Hinduja College of Commerce



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129. Saloni Bhagatsingh Bhoor - K.P.B.Hinduja College Of Commerce
130. Khushi Lad - Nirmala College
131. Sushil kumar maurya - Nirmla memorial clg of commerce and science
132. Dhiraj Santosh Mahadik - S. M. Shetty
133. Lisa John dsouza - Sm shetty college
134. Gaikwad Tanvi Ravindra - NSS
135. Tanvi Rane. - K.g.mittal college
136. SINGH SHIVANJALI SANTOSH - Sm shetty
137. KATE ASMITA ARUN - S M Shetty
138. Nimisha. Sahadev.bolye - Nimisha
139. Neelaman Allen Loy - S.M Shetty Powai
140. Sakshi Rajesh Deodhar - NSS Unit
141. Nehal Satre - SM Shetty College
142. Yatharth Prashant patil - terna engineering college
143. Jogu swati gopal - NSS
144. SNEHA SHRIKANT SONAVANE - SMT. KG. MITTAL COLLEGE
145. Nirmala Pal - P.V.D.T college of education for women
146. Gauri Deepak Sutar - Nirmala clg
147. Muthulekshmi Pillai - SIES College
148. Aarohi Saxena - MGM College Of Physiotherapy
149. RICHARD AMALRAJ - SIES College of Arts Science And Commerce
150. Sharma Bhoomi Shyamsundar - Nirmala college of commerce
151. Sonali Sunil Ghadi - SMT.K.G.Mittal College
152. Anish Mogaveera - SM SHETTY COLLEGE
153. Barai sandhya - Sandhya
154. Ratnakar Singh - S.M.Shetty College
155. Sarvaiya khushbu - S m shetty collage
156. Dugani Kiran - Sri Ramakrishna Degree college Nandyal
157. Bandapalli sridhar naidu - Sri Ramakrishna degree College autonomous,nandyala
158. Gargi Patil - Terna Engineering
159. PRADEEP AVADESH MALI - SMT.K.G.MITTAL COLLEGE
160. VERMA NISHAL RAJ VISHAL RAJ - SM SHETTY COLLEGE
161. Jogu swati gopal - NSS



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162. Shivkumar shah - Mittal college
163. Sharma Bhoomi Shyamsundar - Nirmala college of commerce
164. Hania Shaikh - Lords universal college of law
165. Jha abhilasha sushil - Nirmala College of commerce
166. Dugani Kiran - Sri Ramakrishna Degree college Nandyal
167. Manisha Radheshyam Sahani - Sk.Somaiya Degree College
168. Gursheet Kaur Gandhi - K.P.B. Hinduja College of Commerce
169. SANJOG ANANT MORE – Nirmala Memorial Foundation & College
170. Dr.CarollineDsviD - DTSS college of commerce
171. Snehal Rai - S. M. Shetty College
172. Shrinav Shyam - S M Shetty College
173. Aarti Thakur - Sm shetty college
174. Aman sunil singh - NMF COLLEGE
175. Utkarsh Suriya - NMCCE
176. Samay shah - Sm Shetty
177. Bandapalli sridhar naidu - Sri Ramakrishna degree College autonomous nandyala
178. Prof. Yogesh Devendra Wagh, Thane. - JVM Mehta College.
179. Tejasvi Parab - SIES College of Arts, Science and Commerce (Autonomous)
180. Ishan Salian - S.M. Shetty College, Powai
181. Vinay Ganji - SIES COLLEGE
182. Chetan Siddharth Yelve - SIES College
183. Yadav Nilesh Kumar Ram Pati - Smt. K. G. Mittal college of arts and commerce
184. Shrutika Ganpat Dhavle - Nirmala College
185. Dipti Shetty - S. M. Shetty College, Powai
186. Deepak Vishwakarma - Deepak Vishwakarma
187. Nitu Radheshyam Sahani - Shri Ram college
188. Manish patwa - Smt kg Mittal College
189. Manish patwa - Smt kg Mittal College
190. Manish patwa - Smt kg Mittal College
191. Dhiren Jaikishan Sajnani - K.P.B. Hinduja college of commerce
192. Harshata Wadkar - Sies College
193. Manish patwa - Smt kg Mittal College
194. Manish patwa - Smt kg Mittal College



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195. Pradyum Singh - Nirmala College of commerce
196. ASHUTOSH RAI - SIES COLLEGE
197. Nikita shetty - Sm shetty powai
198. Karvir Isha Naresh - K.P.B. Hinduja college of Commerce
199. Rahul ganpat magar - Smt.kg mittal college (Malad West)
200. Vijay Vishwakarma - S M Shetty College



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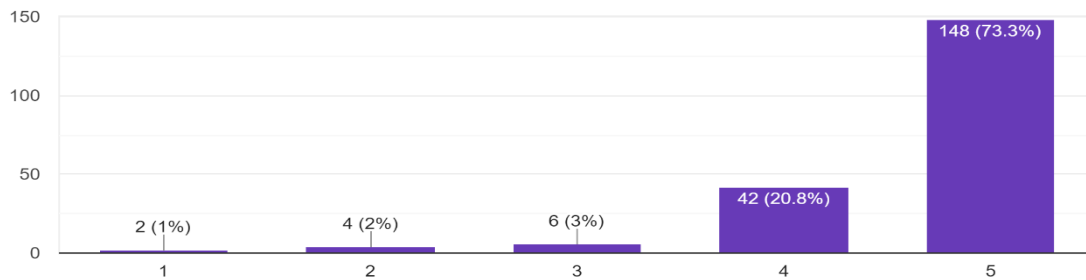
  
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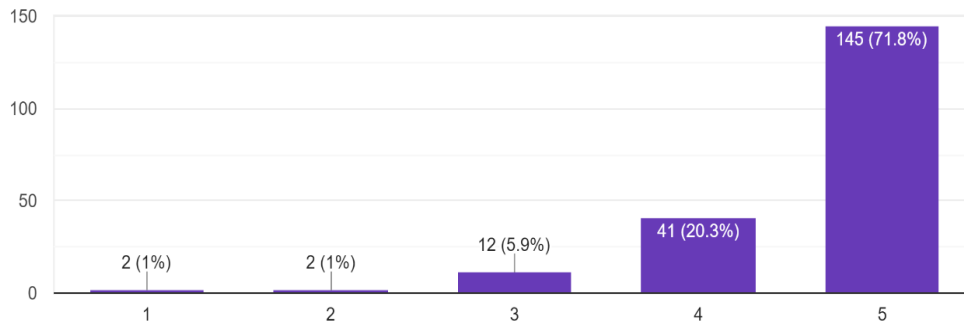
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**Feedback Analysis: Webinar on "WORLD MENTAL DAY" with Mr. Nitesh Shetty**  
**(Famous Comedian)**

How satisfied were you with the session's content  
 202 responses



How relevant and helpful do you think the session was for you?  
 202 responses



*Dijay. Krishnarajama*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**



*Nitesh Shetty*  
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**Action Taken: Webinar on Awareness on HIV/AIDS**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
Date: 11st October 2020	<ul style="list-style-type: none"><li>• Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>• All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



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Certificate Sample: Webinar on "WORLD MENTAL DAY" with Mr. Nitesh Shetty  
(Famous Comedian)



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Affiliated of University of Mumbai  
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IMC RBNQ Certificate of Merit 2019  
ISO 9001:2015 Certified

**Certificate Of Participation**

This is to certify that  
Mr/Ms Archana Chauhan of  
S. M. Shetty College, Powai college has participated in  
Mental health webinar on the occasion of World Mental Health Day  
Organised by NSS Unit of S.M.Shetty College  
Held on 11th October 2020

Dijay Crishnarajama  
Programme Officer

John Peneze  
Programme Officer

[Signature]  
Principal

Dijay Crishnarajama

NSS Programme Officer

John Peneze

NSS Programme Officer



[Signature]  
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**Approval Form –World Suicide Prevention Day (Video Making Competition on-”What Keeps You Motivated In Difficult Days of Your Life”)**

**Department:** NSS UNIT

**Program:** World Suicide Prevention Day (Video Making Competition on-What Keeps You Motivated In Difficult Days of Your Life)

**Objectives:** To get an insight on what keeps the youth of India motivated at times of distress and difficulties. Amplifying the same to spread awareness among the youth by communicating that - “there’s always a way out”

**Need:** There is rising rate of suicide among the youth of our nation caused mainly due to depression and lack of communication. This activity intends to give depressed youngsters a ray of hope by letting them know that there is always a solution to a problem.

**Content:** The activity gave us a variety of information in video format where youngsters can be seen telling us what makes them feel better when they are stressed, depressed, feeling anxious and unable to communicate their problems with their peers. Thus, this further gives other youngsters motivation and tips on how to deal with such situations.

**Judge:** Miss. Pratima Bhandarkar (Student Counsellor)

**Date:** 10th September,2020

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr.Ujwal Poojary

**Verified by:** Prof. Vijay Vishwakarma



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**Minutes of the meeting - World Suicide Prevention Day (Video Making Competition on-**  
**"What Keeps You Motivated In Difficult Days of Your Life")**

There was a meeting taken place on Zoom Platform on 7<sup>th</sup> September, 2020

**Minutes of the meeting:**

- To discuss about the social media team.
- To distribute work to the leader's team.
- To discuss other upcoming events.
- To discuss how to make the participants submit their video.



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**Poster -World Suicide Prevention Day (Video Making Competition on-"What Keeps You Motivated In Difficult Days of Your Life")**



Bunts Sangha's  
S.M.Shetty College of Science, Commerce &  
Management Studies, Powai, Mumbai-76



**NATIONAL SERVICE SCHEME**  
*organises*  
**WORLD SUICIDE PREVENTION DAY**  
Competition

**Topic: What keeps you motivated in difficult days of your life"**

**Create a short video based on Topic**

**Results will be announced on 10th September,2020**

For more queries contact:  
Ishan Salian: 9773471471 Ujwal Poojary: 8692066846  
Mahima Singh: 7506516043 Mayur Gami: 7977719054



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IMC RBNQ CERTIFICATE OF MERIT 2019**

## **Rules & Regulations**

- 1. Minimum Time- 1minute.  
Maximum Time- 3minutes.**
- 2. No use of vulgar or political language**
- 3. Video should be in MP4 format**
- 4. Language used can be hindi or English.**
- 5. Video should be submitted to given email ID.  
One can also post it on their respective  
instagram account and tag our NSS insta page.**
- 6. Entry is limited to only one video per student**
- 7. While submitting, All the details of the particular  
individual' s Full name, College Name and College  
code are required.**
- 8. Top 3 best video will be selected by our juries and  
those will be receiving e-certificates.**
- 9. Last day of submission of video is 9th September,  
2020.**

**Submit your videos on [nssunitb46@gmail.com](mailto:nssunitb46@gmail.com)**

**Note: Winners and Participation Certificate will  
be provided**

**(The best three videos will be uploaded on  
our instagram page and youtube channel)**



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**Notice -World Suicide Prevention Day (Video Making Competition on-"What Keeps You Motivated In Difficult Days of Your Life")**

Dear All,

Greetings for the day!

I savor life. The value of life is not in its duration, but in its donation. You are not important because of how long you live, you are important because of how effective you live.

The NSS unit of Bunts Sangha's SM Shetty College, Powai has organised a competition on 10th September 2020 for the occasion of WORLD SUICIDE DAY where the participants have to make a short video on the topic "WHAT KEEPS YOU MOTIVATED IN DIFFICULT DAYS OF YOUR LIFE" □ □

Video should be submitted to the given email ID :- nssunitb46@gmail.com

One can also post it on their respective Instagram account and tag our Instagram page:- shettyunit\_b46

For rules and regulations and more information please refer to the pdf

E-Certificates shall be issued to all the participants



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**Report -World Suicide Prevention Day (Video Making Competition on-"What Keeps You Motivated In Difficult Days of Your Life")**



**Event: What Keeps you Motivated in difficult days of your Life (Video Making Competition) on World Suicide Prevention Day.**

**Date : 10th September, 2020**

**Highlight:** The NSS UNIT of S. M. SHETTY COLLEGE had organized a competition on 10th September 2020 on the account of **World Suicide Prevention DAY**. The participants had to make a short video on the topic "**WHAT KEEPS YOU MOTIVATED IN DIFFICULT DAYS OF YOUR LIFE**". Total 16 Volunteers participated in the event. All the participants were provided with participation certificates.



The **winners** of the competitions are:

1. Ajay Ramesh from Ramniranjan Jhunjhunwala college,
2. Vaishnavi Wagh from Bedekar college.
3. Deepthika Pillai from S.M. Shetty college.

 **World Suicide Prevention Day** 



***First Prize***  
**Ajay Ramesh Vishwakarma**  
(Ramniranjan Jhunjhunwala College)

 **World Suicide Prevention Day** 



***Second Prize***  
**Vaishnavi Wagh**  
(Bedekar College, Thane)

 **World Suicide Prevention Day** 



***Third Prize***  
**Deepthika Pillai**  
(S.M.Shetty College,Powai)



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Tel. 022-6132 7352  
Email: college@smshettyinstitute.org

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**Participation List-World Suicide Prevention Day (Video Making Competition on-"What Keeps You Motivated In Difficult Days of Your Life")**

**List of Participants:-**

1. Ajay Vishwakarma - Rj college
2. Anurag Gupta - Rajdhani college, Delhi University Economics hons
3. Deepthika pillai - S.M.Shetty college powai
4. Krupali Mota - valia college
5. Mohammad Sibtain Kadri - Bharatisadan University
6. Nafisa Ansari - Valia C. L. College of Commerce
7. Shakti shukla - Guru Nanak Khalsa College
8. Sushmita Shukla - University of mumbai
9. Divya Bhausahab Sawant - ICL motilal jhunjhunwala college vashi
10. Neha Agarwal - JVM's Mehta Degree College, Airoli
11. Preet Kaur Sethi - S.M.Shetty college powai
12. Rakshita Manglani - LTP LeaderSeva Sadan's College of Education, Ulhasnagar
13. Shrinav Shyam - S.M.Shetty college
14. Shruti Harilal Gupta - Guru Nanak Khalsa College
15. Vaishnavi Wagh - Bedekar College, Thane
16. Shruti Pal - S.M.Shetty college



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Certificate Sample Copy -World Suicide Prevention Day (Video Making Competition on-  
"What Keeps You Motivated In Difficult Days of Your Life")



*Vijay Krishnaswama*

NSS Programme Officer

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*John Dierges*

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*[Signature]*  
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**Approval Form –Rangoli Competition On “Mental Health”**

**Department:** NSS UNIT

**Program:** Rangoli Competition On “Mental Health”

**Objectives:** To see the creativity of the students and to raise awareness of mental health issues around the world and mobilizing efforts in support of mental health.

**Need:** As many people face mental health issues but they are afraid to say it out in the society, so it is necessary to make people aware about this and encourage them not to bully anyone who is going through mental health problems also to help reduce stress and burnout worries of any person. It can provide a pause to come back with more energy, less stress and a renewed spirit.

**Content:** The activity was an attempt to make people aware about mental health through the medium of rangoli, the participants made very creative and beautiful rangoli showing various types of mental health issues faced by the people.

**Judge:** Prof. Sheetal Khanore

**Date:** 10th October2020

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Ms. Snehal Rai

**Verified by:** Prof. Vijay Vishwakarma



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**Minutes of the meeting - Rangoli Competition "Mental Health"**

There was a meeting on Zoom Platform on 3<sup>rd</sup> October, 2021

**Minutes of the meeting:**

- To discuss about the upcoming events.
- To discuss about Mental Health Day webinar.
- To allot work to social media team and leaders.
- To discuss about the documentation work about the previous event.
- To allot leaders to prepare for the whatsapp message which would be send to other colleges to participate.
- To allot Social media team start to work on the poster and brochure for the event and update the social media platform.



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Poster -Rangoli Competition "Mental Health"



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**NATIONAL SERVICE SCHEME**

**PRESENTS**

**RANGOLI COMPETITION**

*On the occasion of World Mental  
Health Day*

**THEME :- Mental Health**

**DATE OF SUBMISSION :-**

**5th October 2020 to 8th October 2020**

**ENTRIES WILL BE ACCEPTED ONLY TILL**

**5PM OF 8th OCTOBER**

**RESULTS WILL BE DECLARED ON**

**10TH OCTOBER 2020**

**FOR ANY FURTHER QUERIES CONTACT :-**

**Snehal Rai - 9082362400 Abhishek . G - 9967469363**

**Dipti Shetty - 7045197444 Ishan Salian - 97734 71471**



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## **RULES AND REGULATIONS :-**

1. The rangoli should be based on the theme i.e., Mental health.
2. Save your file as pdf for a quick and easy upload. 📁
3. The participants should fill proper details while sending entries.
4. No late entries will be accepted. 🙅
5. The participants should send a small 15 - 30 seconds video as a proof to us (that they are the one who's making rangoli). 🎬



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**Notice(Whatsapp Message) - Rangoli Competition "Mental Health"**

Jai Hind

The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management has organized an intercollegiate

**RANGOLI COMPETITION**

On the occasion of World Mental Health Day

Rules and regulations :-

1. The rangoli should be based on the theme i.e., Mental health.
2. Save your file as pdf for a quick and easy upload.
3. The participants should fill proper details while sending entries.
4. No late entries will be accepted.
5. The participants should send a small 15 - 30 seconds video as a proof to us (that they are the one who's making rangoli). □

Note :- The last day of submitting your rangoli is 8th October 2020

Entries will be accepted only till 5pm

Submit your Rangoli in the Google form given below <https://forms.gle/8FjqbQnvi4nXppw37>

**RESULTS WILL BE DECLARED ON 10TH OCTOBER 2020**

Results will be out on our Instagram page :-

[https://instagram.com/shettyunit\\_b46?igshid=oahwycsldum](https://instagram.com/shettyunit_b46?igshid=oahwycsldum)

For any further queries Call or WhatsApp :- Snehal Rai :- 9082362400, Abhishek Gupta :- 9996746936, Dipti Shetty:- 7704519744, Ishan Salian :- 97734 71471



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**Report -Rangoli Competition "Mental Health"**

**Event: Rangoli Competition "Mental Health".**

**Date: 10th October 2020.**

**Highlights:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies had conducted "**Rangoli Competition**". On the Occasion of World Mental Health Day on 10th October 2020. The participants had to make a rangoli based on the theme i.e., Mental Health. There were around 10 entries for the event. The participants were provided with participation certificates.

The winners of the competitions are:-

1st- Megha Hanmant More - K.G. Joshi Bedekar College, Thane

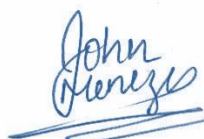
2nd- Choubey Mansi Santosh - Bunt's Sangha's S. M. Shetty College, Powai.

3rd- Komal Pradeep Kadam - K J Joshi Bedekar College, Thane (W).





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Rangolis made by the participants - Rangoli Competition "Mental Health"



*Vijay Krishnarajama*

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*John Dieressa*

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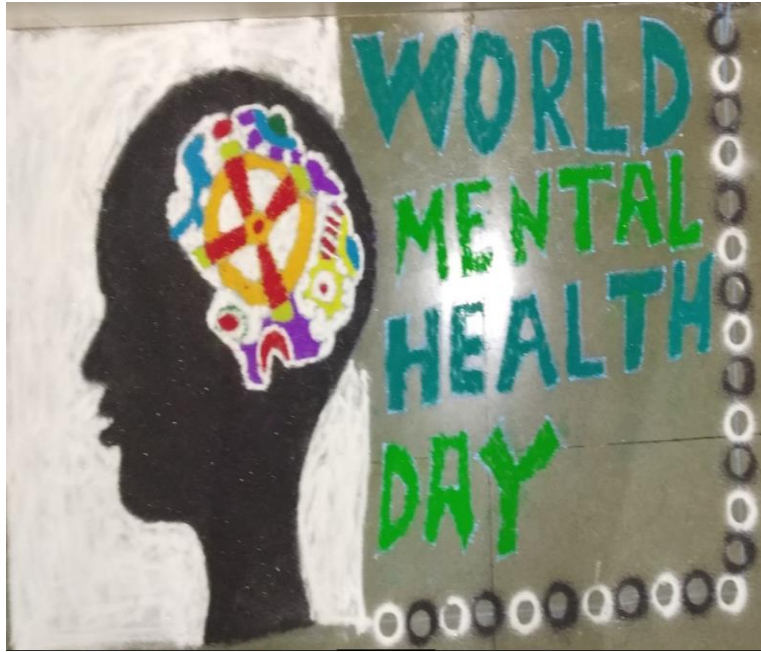


*Prakash*  
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*Vijay Krishnakumar*

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*John Dierkes*

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*Dijay. Krishnakumar*

**NSS Programme Officer**  
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*John Pereira*

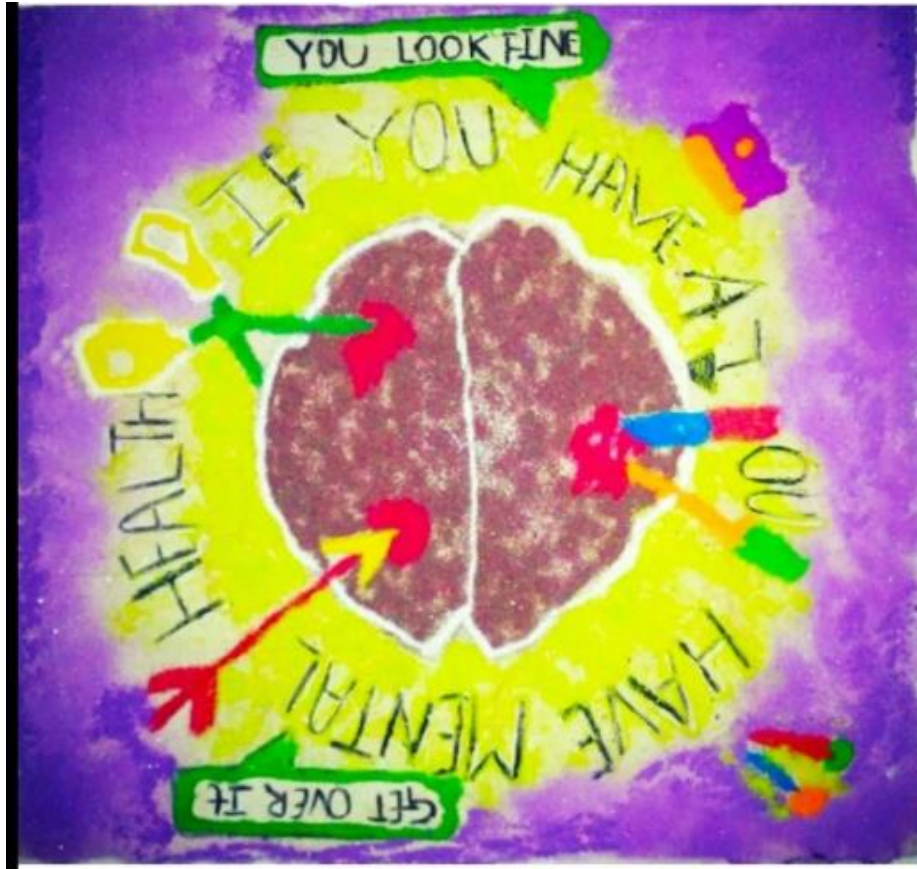
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**Certificate Sample Copy -Rangoli Competition "Mental Health"**



  
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**IMC RBNQ Certificate of Merit 2019**  
**ISO 9001:2015 Certified**

***Certificate of Appreciation***  
This is to certify that

**Mr. / Ms. MEGHA HANMANT MORE**

**OF K.G. Joshi Bedekar College**

College has won 1st Prize in **RANGOLI** competition  
organized by NSS Unit of SM Shetty College held on 10th  
October 2020

  
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**Approval Form: E - GURUCOOL: Online Skill Development Webinar & Interactive Workshops**

**Department:** Internal Quality Assurance Cell (IQAC), Alumni Association with NSS Unit.

**Program:** 4 Days Webinar on Online Skill Development Webinar & Interactive Workshops.

**Objectives:** To involve Prominent Alumni in college activities and to effectively use their potential skills and give a platform to them so that their skills and knowledge can reach many interested students.

**Need:** It is important for the students to learn new and different things.

**Content:** Online Skill Development Webinar & Interactive Workshops by our College Alumni's- Successful Professionals and Experts at their respective domains

**Resource Person:** Day 1- Start up in Tours & Travel by Ms. Sahista Ganja  
Day 2- B2B Selling Skills in the corporate world by Ms. Jasjot Kaur  
Day 3- Facial Grooming: Basic Eye Make-up Tips by Ms. Shraddha Bhadra  
Day 3- Facial Grooming: How to get Flawless Makeup Base by Ms. Neha Sonar  
Day 4- Community Based Start Up by Mr. Chandan Gupta

**Judge:** NA

**Date:** 8<sup>th</sup> to 12<sup>th</sup> April, 2021

**Cost/Budget:** NA.

**Proposed by:**

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**Minutes of the meeting: E - GURUCOOL: Online Skill Development Webinar & Interactive Workshops**

There was a meeting held on Zoom Platform on March 2021

**Minutes of the meeting:**

- Discussed about upcoming event on World Earth Day.
- Finalized to organize E-Gurucool.
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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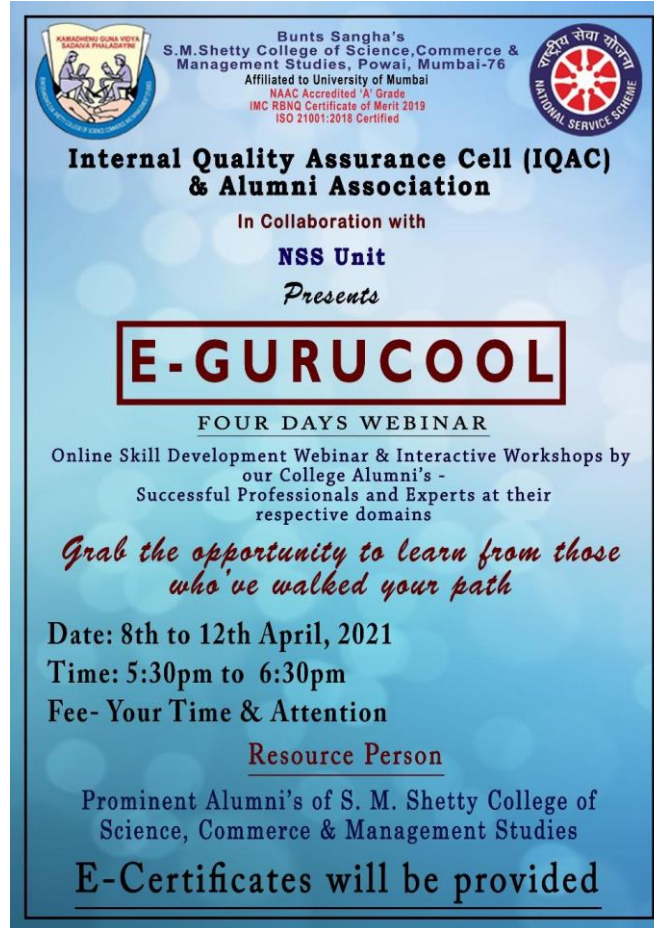
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**Poster/Brochure: E - GURUCOOL: Online Skill Development Webinar & Interactive Workshops**



The brochure is a blue rectangular poster with a white border. At the top left is the college logo, and at the top right is the National Service Scheme (NSS) logo. The text in the center reads: 'Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies, Powai, Mumbai-76 Affiliated to University of Mumbai NAAC Accredited 'A' Grade IMC RBNQ Certificate of Merit 2019 ISO 21001:2018 Certified'. Below this, it says 'Internal Quality Assurance Cell (IQAC) & Alumni Association In Collaboration with NSS Unit Presents'. The main title 'E-GURUCOOL' is in a large, bold, red font inside a white box. Underneath, it says 'FOUR DAYS WEBINAR' and 'Online Skill Development Webinar & Interactive Workshops by our College Alumni's - Successful Professionals and Experts at their respective domains'. A quote in red cursive says 'Grab the opportunity to learn from those who've walked your path'. The date is '8th to 12th April, 2021', time is '5:30pm to 6:30pm', and fee is 'Your Time & Attention'. It lists 'Resource Person' as 'Prominent Alumni's of S. M. Shetty College of Science, Commerce & Management Studies' and states 'E-Certificates will be provided'.



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 <b>Ms. Sakshi Ganje</b>	<p align="center"><b>On 06 April, 2021</b></p> <p align="center"><i>Topic: Stand up in Tours and Travel</i></p> <p><b>About Her:</b> Bachelorette in B.com(BBI) Financial Analyst in Accenture Solutions Pvt. Ltd Co-Owner of Firangis Tours &amp; Travel</p>
 <b>Ms. Shradha Shinde</b>	<p align="center"><b>On 06 April, 2021</b></p> <p align="center"><i>Topic: B2B Selling Skills in the corporate world.</i></p> <p><b>About Her:</b> MMS (Marketing), M.Com (Finance) Working as Assistant Manager (Naukiri.com) Former Marketing Intern at TapprTechnologies</p>
 <b>Ms. Chandan Gupta</b>	<p align="center"><b>On 10th April, 2021</b></p> <p align="center"><i>Topic: Facial Grooming- Basic Eye Makeup Tips</i></p> <p><b>About Her:</b> Bachelorette in B.com(BBI) Freelancer Makeup Artist</p>
	<p align="center"><b>On 10th April, 2021</b></p> <p align="center"><i>Topic: Facial Grooming- How to get flawless Makeup Base</i></p> <p><b>About Her:</b> M.Com, Stylist/Cosmetologist</p>
	<p align="center"><b>On 18th April, 2021</b></p> <p align="center"><i>Topic: Community Based Social Work</i></p> <p><b>About Him:</b> M.Com, M.A (Economics), NET-JRF, Research Scholar NITIE- Mumbai</p>
	 <b>Ms. Jazzyal Kaur</b>
	 <b>Ms. Neha Sane</b>

*Vijay Krishnarajama*

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*John Pereira*

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**Notice (WhatsApp Message): E - GURUCOOL: Online Skill Development Webinar & Interactive Workshops**

Bombarded with Information all around but are these relevant to you?·

Bunt's Sangha's S.M. Shetty College of Science, Commerce & Management Studies

Internal Quality Assurance Cell (IQAC) & ALUMNI ASSOCIATION In Collaboration with NSS Unit Presents E-Gurucool ·□·

An initiative by Alumni Association curated by and for like minded people, willing to develop or enhance skills for highly competitive corporate world

Understand through

Four Days Online Skill Development Webinar & Interactive Workshops

by our own college Alumni's ~ Successful professionals and Experts at their respective domains!·

Grab the opportunity to learn from those who've walked your path ·

· Date - 8th to 12th April'21

□ Time - 5:30 to 6:30 PM

·Registration Link - Kindly refer the brochure·

· Fee - Your Time & Attention

· E -Certificate will be provided to all the participants participating in all Four Days Workshop !

For more details refer our attached brochure

For any Queries Contact -

Sagar Suvarna - 97699 09392

Neha Nair – 7738801090



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**Report E - GURUCOOL: Online Skill Development Webinar & Interactive Workshops**

**Event:** Four Days Online Skill Development Workshop

**Date:** 8th April, 2021 to 12th April, 2021

**Timing:** 5:30 pm to 6:30pm

**Venue:** Zoom App

**Scope:** Students of Undergraduate and Postgraduate Courses (All Streams)

**Resource Persons and Topics:**

<b>Date</b>	<b>“Resource Person(s)” With Designation</b>	<b>Topic</b>
8 <sup>th</sup> April,2021	Ms. Sahista Ganja Financial Analyst in Accenture Solutions Pvt Ltd. Co-owner of Firangis Tours & Travel	Start up in Tours & Travel
9 <sup>th</sup> April,2021	Ms. Jasjyot Kaur, Assistant Manager ,Naukri.com	B2B Selling Skills in the Corporate World
10 <sup>th</sup> April,2021	Ms. Shraddha Bhadra Freelancer Makeup Artist	Facial Grooming –Basic Eye makeup tips



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10 <sup>th</sup> April,2021	Ms. Neha Sonar Stylist & Cosmetologist	Facial Grooming –How to get flawless makeup base
12 <sup>th</sup> April,2021	Mr. Chandan Gupta, Research Scholar, NITIE-Mumbai	Community Based Startup

**Highlights-** The day 1 of the webinar started with the opening remarks by Asst. Prof. Ms. Komal Tiwari - Member - Advisory Committee followed by the welcome speech delivered by Principal Dr. Sridhara Shetty. Chairman Shri. B. R. Shetty motivated students by appreciating our alumni for constant contribution to the college in one way or the other. The programme continued with Asst. Prof. Sahana Raviprasad – Alumni Association in - charge, introducing the resource person to the participants of day 1, followed by technical session by Ms. Sahista Ganja.

After the technical sessions and question and answer discussion, vote of thanks was proposed by Dr. Liji Santosh - Vice Principal and IQAC Coordinator.

All other four days sessions started with a welcome address and resource person introduction by Alumni Association members and after a technical session with question and answer discussion sessions ended with vote of thanks by members of Alumni Association.

In total 165 participants participated all five days sessions and E - Certificates were distributed to them.



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**Team Members for the event:**

Dr Liji Santosh- IQAC Coordinator  
Asst. Prof. Sahana Raviprasad - In Charge Alumni Association  
Asst. Prof. Sandesha Shetty – Vice Principal & Member  
Asst. Prof. Dr. Tushar Sambare - Member  
Asst. Prof. Virendra Singh - Member  
Asst. Prof. Nidhi Chandorkar - Member  
Asst. Prof. Kalpana Menon - Member  
Asst. Prof. Komal Tiwari - Member  
Mr. Armand D' Costa - President Alumni Association

**Members of NSS UNIT**

Asst. Prof. Vijay Vishwakarma – NSS Programme Officer  
Asst. Prof. John Menezes – NSS Programme Officer  
Asst. Prof. Ashish Navik – NSS Teacher Member  
Asst. Prof. Swati Shetty – NSS Teacher Member



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**Participant List: E - GURUCOOL: Online Skill Development Webinar & Interactive Workshops**

1. Pawar mrunmayee suresh - SMT Mmk college of commerce and economics
2. Neha Mahendra dhende - N.G Acharya dk marathe college commerce science and Arts
3. Vaishnavi Sanjay Nachnekar - Prahladrai Dalmia Lions College of Commerce and Economics
4. Saloni gupta - LRMC
5. Nag Nikita Rajesh - Prahladrai Dalmia lions college of commerce and economics
6. Minesh Gemawat - LRMC
7. Bandapalli sridhar naidu - Sri Ramakrishna degree College Nandyala
8. Sneha Chituri - Prahladrai dalmia lions college of commerce and economics
9. Mihir Sonar - LRMC
10. Ashvith Shetty - Sm Shetty Junior College MGT Studies
11. Vishwakarma Nandini Manoj - Prahladrai Dalmia Lions College Of Commerce And Economics
12. Riya Bhanji Bhanushali - Pradhldrai Dalmia Lions college of commerce and economics
13. ANAMIKA SINGH - PRAHLADRAI DALMIA LIONS COLLEGE OF COMMERCE AND ECONOMICS
14. Manish Thakur - Ladhidevi ramdhar Mashewari college of commerce
15. Rai Payal Ravi - Prahladrai Dalmia lions college of commerce and economics.
16. Bhagyawati Nandwana - Prahladrai Dalmia lions college of commerce and economic
17. Isha Patel - PRAHLADRAI DALMIA LIONS COLLEGE
18. Sapna Sanjay Shah - Smt. Mmk College
19. Rupesh Premananda Dongri - Smt mmk college of commerce and economics
20. Nishita Suresh Singh - Prahladrai Dalmia lions college of commerce and economics



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21. Jaiswal Aarti Subhash - Prahladrai Dalmia lions college of Economics and Commerce
22. Sachin Shukla - PRAHLADRAI DALMIA LIONS COLLEGE OF Commerce and economic
23. Afreen Shaikh - Ismail yusuf college
24. SANGITA SHENOY - K.V. PENDHARKAR COLLEGE
25. Jyoti gupta - Mmk college
26. Laxmi Praful Dey - Smt. M. M. K College of Commerce and Economics
27. Ishita Arora - Lrmc college malad west
28. vandana sonuram maurya - dalmia college
29. Priti singh - Ladhidevi Ramdhar Maheshwari Night College of Commerce
30. Vinit Girdharilal Bhati - LRMC
31. Gupta Ram Kumar Ramesh Chandra Madhuri - SMT.M.M.K college of commerce and economics
32. Ankita ravi soni - Prahladrai Dalmia lions college of commerce and economics
33. Simran Gupta - SMT MMK college
34. Siddhi Manojkumar Nishad - Smt. M.M.K College
35. Pravin Ashok Gupta - SMT mmk college of commerce and economic
36. Paresh Hanmant Jadhav - SMT mmk college of commerce and economics
37. Archana Lalbahadur bind - Ladhidevi Ramdhar Maheshwari Night college of commerce
38. Rishab harish baser - Prahladrai dalmia lions clg
39. Gupta ramkumar Ramesh Chandra MADHURI - SMT.M.M.K.COLLEGE of commerce and economic
40. Sindhura.K - University of Madras
41. Shubham Shirsekar - SMT. MMK COLLEGE OF COMMERCE AND ECONOMICS
42. Anjali Gupta - Ladhidevi Ramdhar Maheshwari Night College of Commerce
43. Pravina solanki - Mmk
44. Harshali Rajendra Dalvi - Chandrabhan Sharma college of arts ,Commerce and science
45. Dr. Jaya Joshi - College of Education, Vadasma, Gujarat
46. Vyas maya jitendrakumar - M & V ARTS AND COMMERCE COLLEGE, HALOL



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47. Aakruti Girish pandey - Prahaladrai dalmia lions college
48. Madhu jaiswal - Smt. M.M.K College of Commerce & Economics
49. Sachin Shukla - PRAHLADRAI DALMIA LIONS COLLEGE OF Commerce and economic
50. Pawan Rampratap Gupta - Mmk
51. Durgani kiran - Sri Ramakrishna Degree college Nandyal
52. Sneha Mangesh Bhalerao - Smt. MMK College of commerce and economics
53. Lohia Suraj Kumar - Chandrabhan Sharma College
54. Dr. Sanjay Joshi - M. & V. Arts & Commerce College, Halol, Gujarat
55. K. Varalakshmi - Sri Ramakrishna degree college
56. Talari anjali - Sri ramakrishna degree college
57. Dhruvil Joshi - M & V ARTS AND COMMERCE COLLEGE
58. Reddypogu Lakshmi Devi - Ramakrishna digree calege
59. K. Varalakshmi - Sri Ramakrishna degree college
60. Shruti Sharma - SMT.MMK COLLEGE
61. Vinit pal - Lrmc
62. Jyoti gupta - Mmk
63. Khushi Rajesh Kalokh - Smt. M.M.K College Of Commerce And Economics
64. Mohd Faisal kuraishi - Mmk college
65. Sahil Vilochandra Dhyani - Smt.M.M.K College of Commerce & Economics
66. Laxmi Maurya - J.M Patel College
67. K. Varalakshmi - Sri Ramakrishna degree college
68. Sarwan Ishika Pradeep - PRAHLADRAI DALMIA LIONS COLLEGE OF COMMERCE AND ECONOMICS
69. KUMAVAT JYOTI SHIRCHAND - Prahladrai Dalmia lion college of commerce and economics
70. Esther Rani Muppidi - Oxford publication
71. Sarwan Ishika Pradeep - PRAHLADRAI DALMIA LIONS COLLEGE OF COMMERCE AND ECONOMICS



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73. Afreen Shaikh - Ismail yusuf college  
74. SAUMYA.DEEPAK.TIRODKAR. - Smt.M.M.K. College of Commerce and Economics.

**Certificate Sample Copy: E - GURUCOOL: Online Skill Development Webinar & Interactive Workshops**

Participant Certificate





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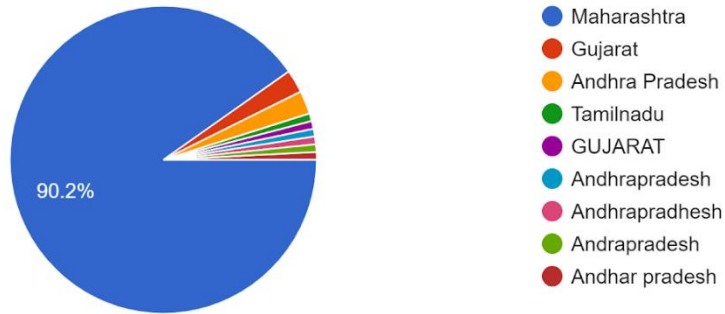
  
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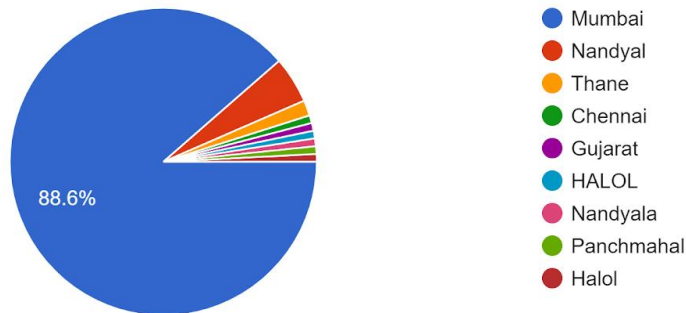
State

123 responses



City

123 responses



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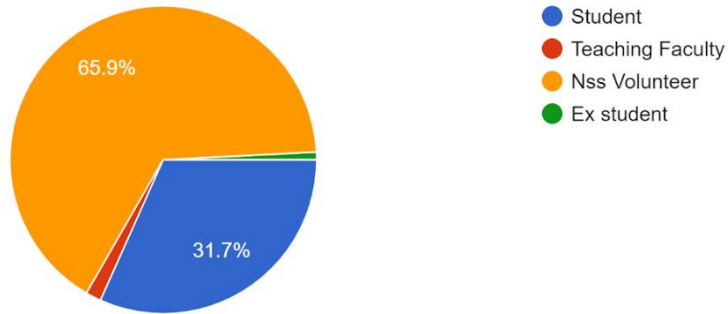
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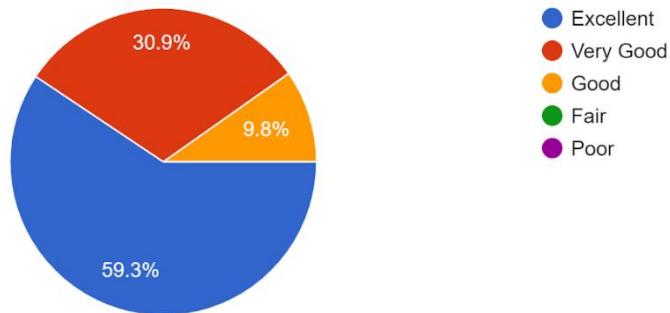
Participant type

123 responses



How do you rate the theme of the webinar?

123 responses



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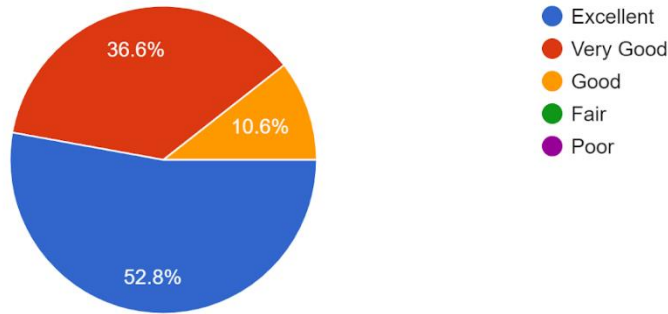
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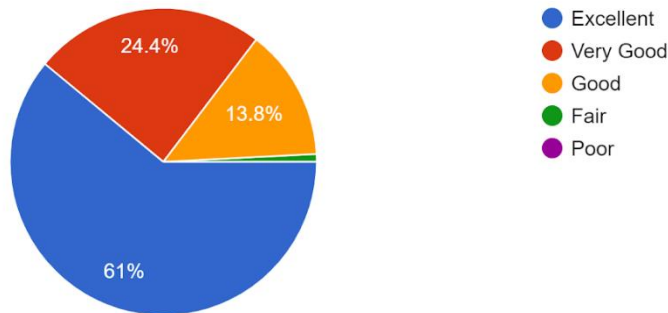
How did you find the content of the session?

123 responses



How do you rate time management in the webinar?

123 responses



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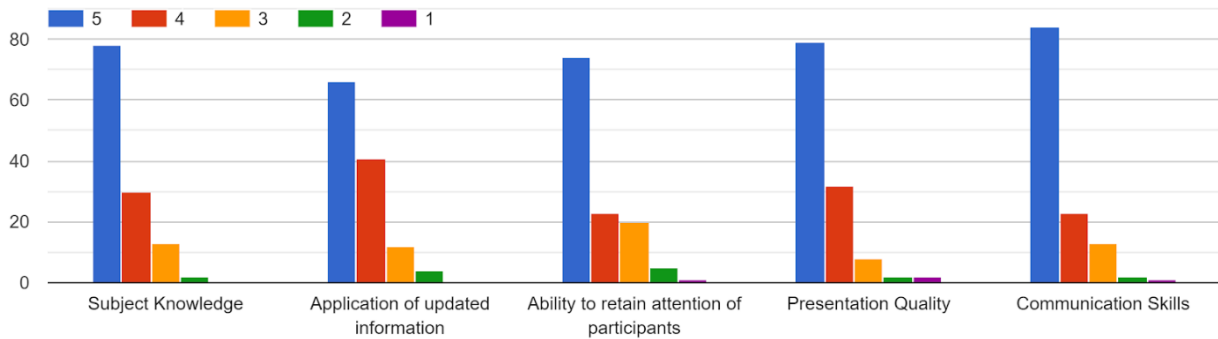


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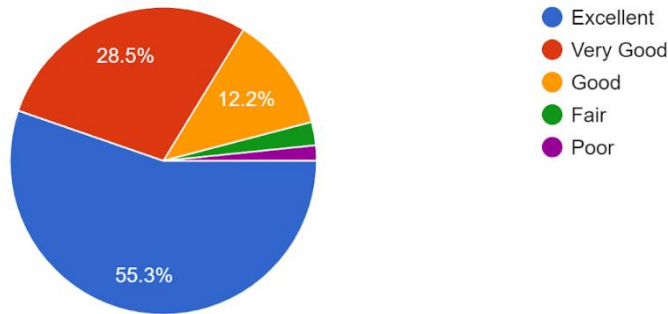
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Please rate our resource person of the day, Ms. Jasjyot Kaur (1- LOWEST , 5- HIGHEST)



Please rate your overall knowledge level about the topics covered BEFORE ATTENDING the session  
123 responses



*Dijay. Krishnarajama*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**



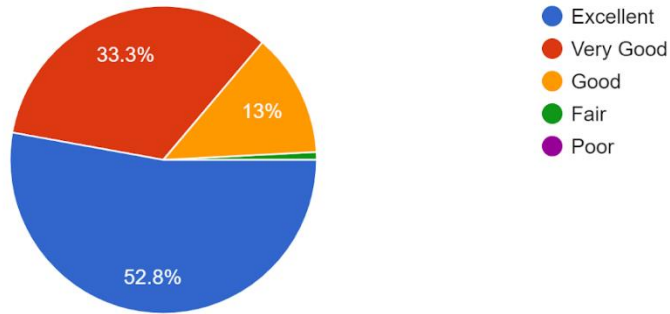
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123 responses



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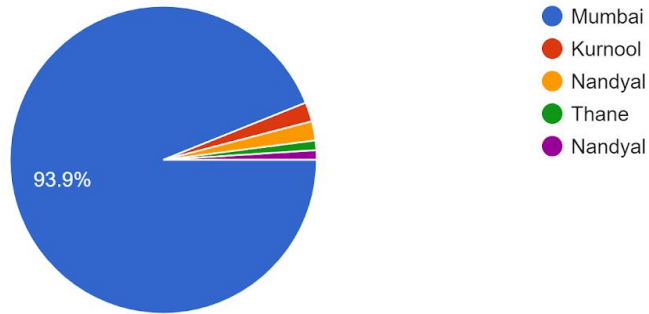




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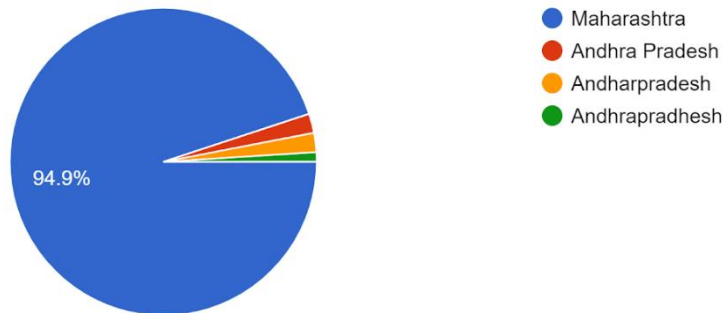
City

99 responses



State

99 responses



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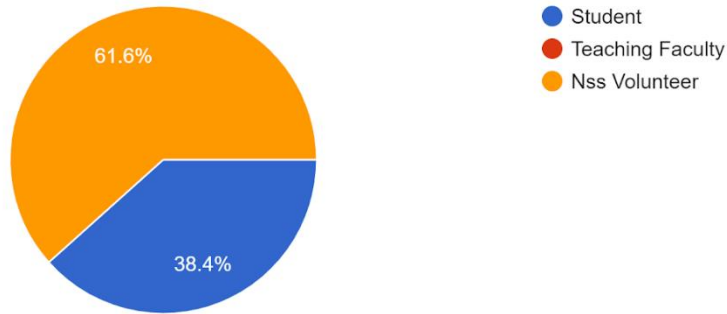
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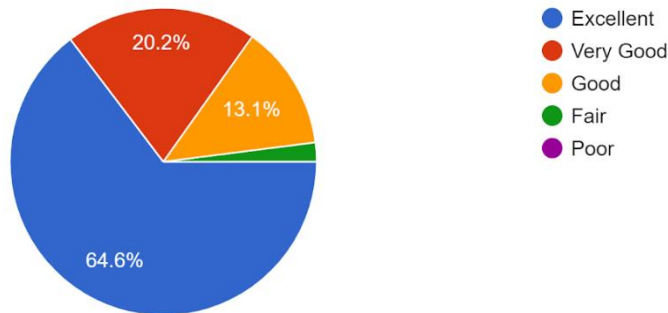
Participant type

99 responses



How do you rate the theme of the webinar?

99 responses



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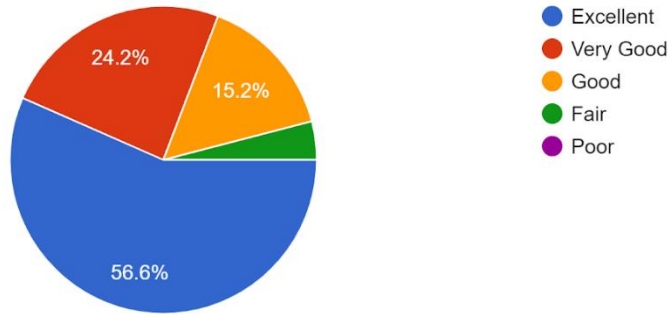


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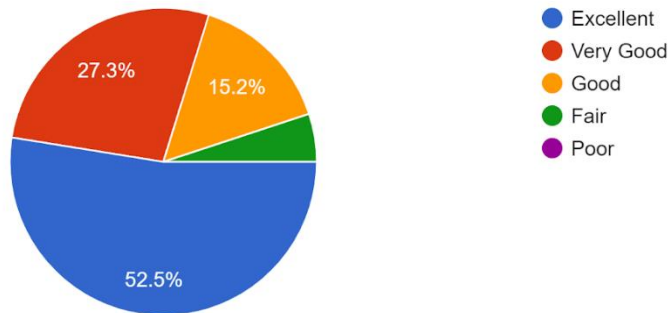
How did you find the content of the session?

99 responses



How do you rate time management in the webinar?

99 responses



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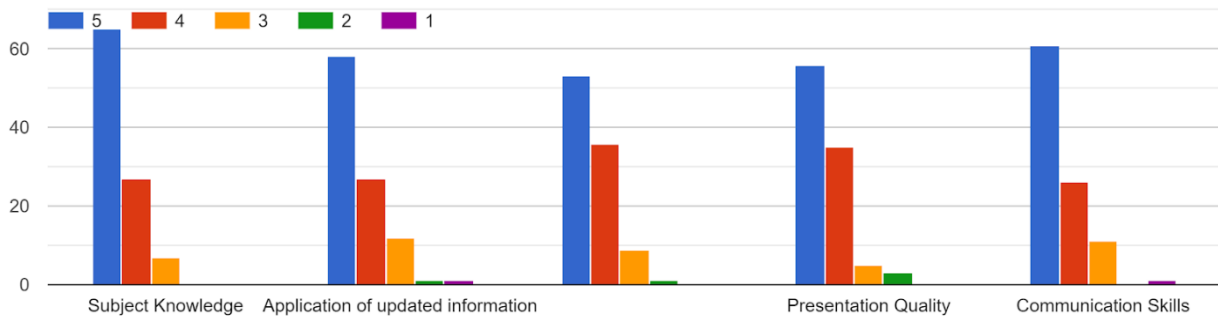


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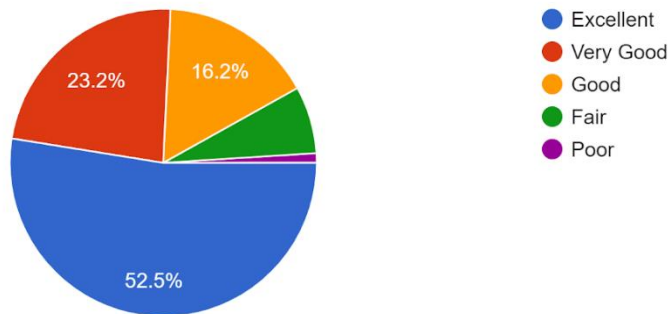
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Please rate our first resource person of the day, Ms. Shraddha Bhadra (1- LOWEST , 5- HIGHEST)



Please rate your overall knowledge level about the topics covered BEFORE ATTENDING the session  
99 responses



*Dijay. Krishnarajama*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**



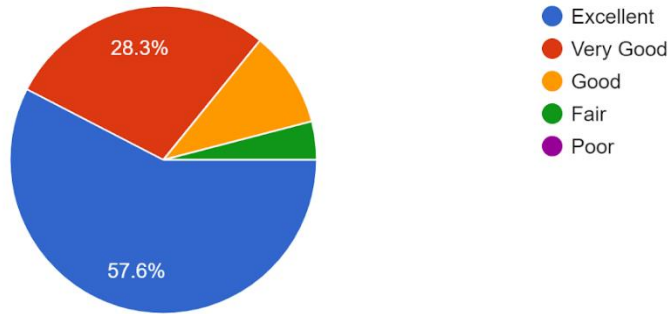
*[Signature]*  
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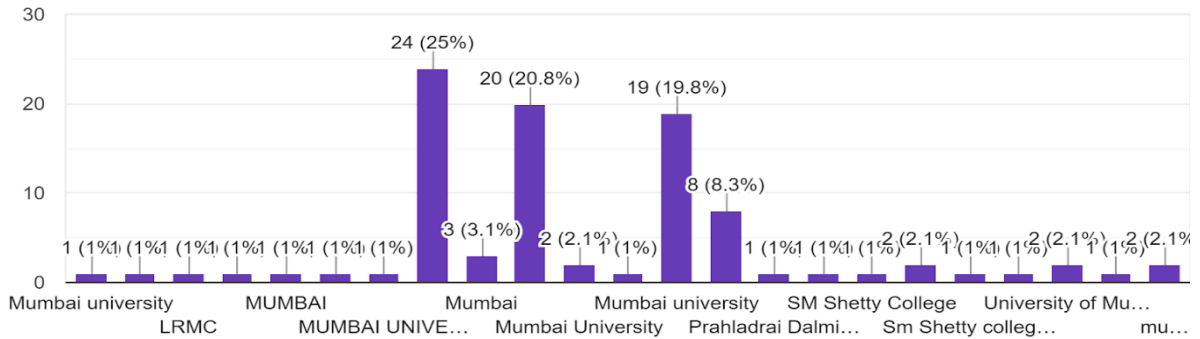
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Please rate your overall knowledge level about the topics covered AFTER ATTENDING the session  
99 responses



Day 4- Community Based Start Up by Mr. Chandan Gupta

Name of the University  
96 responses



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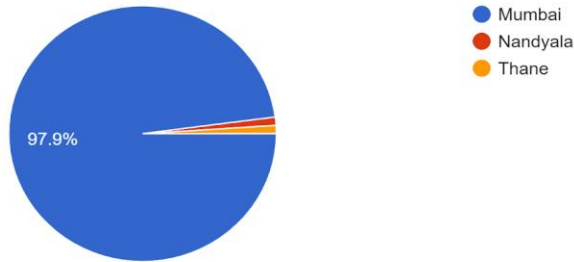
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STUDIES, POWAI  
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ISO 21001:2018 CERTIFIED  
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City  
96 responses



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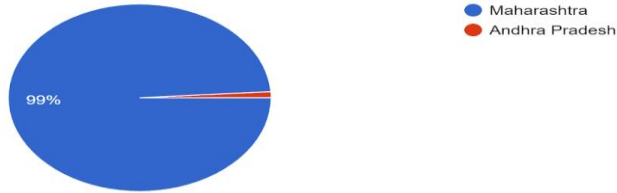


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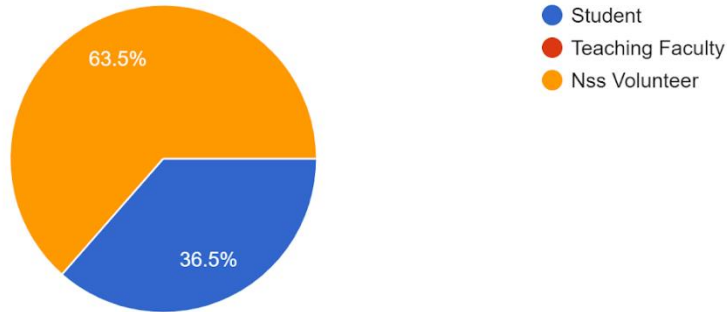
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State  
96 responses



Participant type  
96 responses



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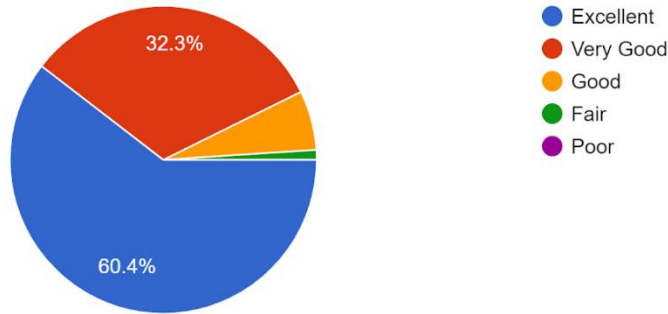
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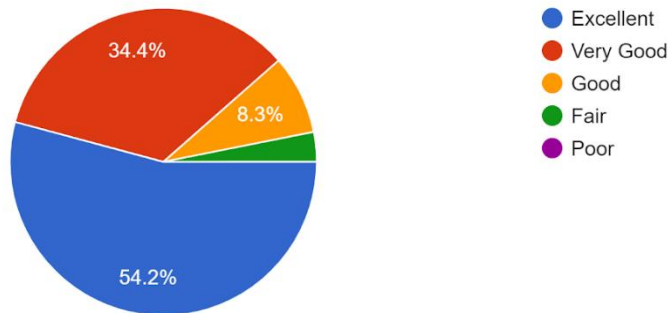
How do you rate the theme of the webinar?

96 responses



How did you find the content of the session?

96 responses



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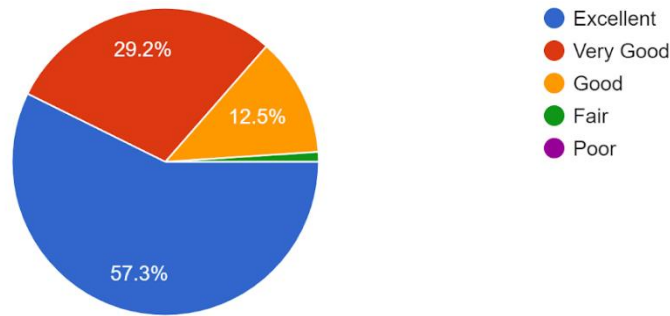
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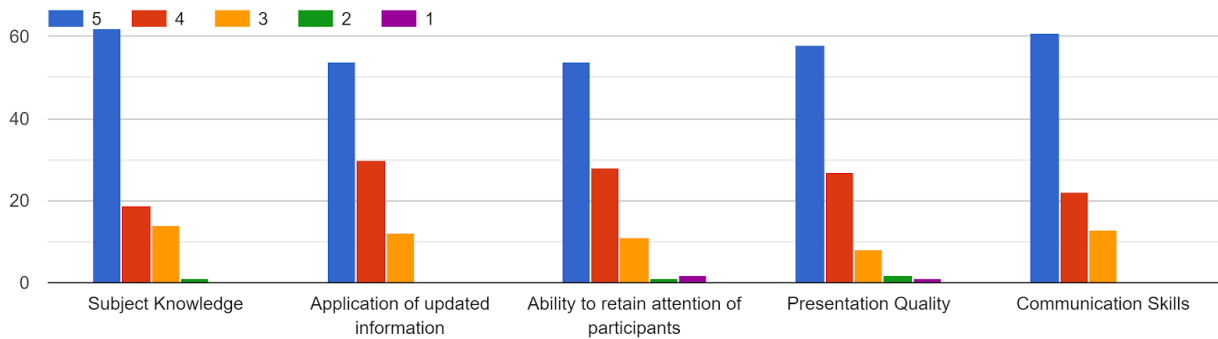
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How do you rate time management in the webinar?

96 responses



Please rate our resource person of the day, Mr. Chandan Gupta (1- LOWEST , 5- HIGHEST)



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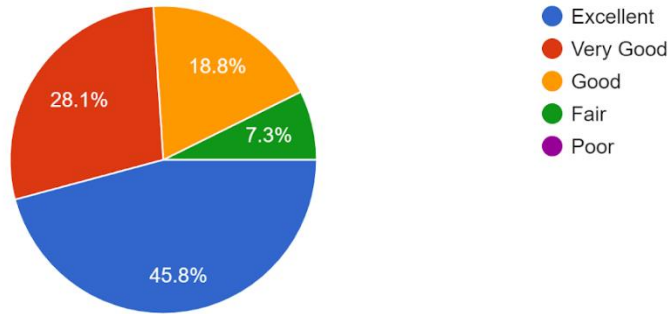
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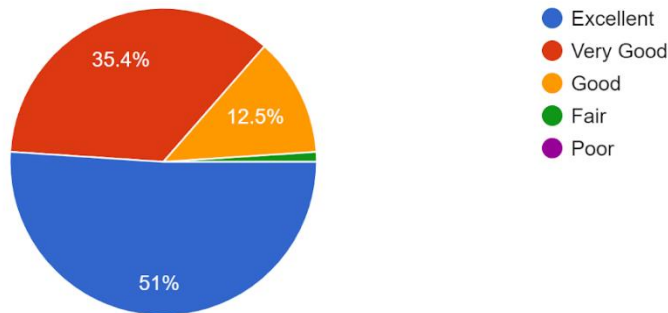
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Please rate your overall knowledge level about the topics covered BEFORE ATTENDING the session  
96 responses



Please rate your overall knowledge level about the topics covered AFTER ATTENDING the session  
96 responses



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**Action Taken: E - GURUCOOL: Online Skill Development Webinar & Interactive Workshops**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
Date: 8 <sup>th</sup> to 12 <sup>th</sup> April, 2021	<ul style="list-style-type: none"><li>• Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>• All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



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**Thank You Letter: E - GURUCOOL: Online Skill Development Webinar & Interactive Workshops**

Day 1- Start up in Tours & Travel by Ms. Sahista Ganja



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SMS/ON2

8<sup>th</sup> April, 2021

To,  
**Ms. Sahista Ganja**  
Financial Analyst  
Accenture Solutions Pvt. Ltd  
Co-owner of Financial Tours & Travels

Dear Madam,

It was an immense pleasure to have you with us as a **Resource Person** for "E-Gurucool" an Online Skill Development Webinar & Interactive Workshop on 'Start-up in Tours and Travels' organised by Internal Quality Assurance Cell (IQAC) & Alumni Association in Collaboration with NSS Unit of our college on **8<sup>th</sup> April, 2021**.

We appreciate your efforts towards sharing your expertise and knowledge. We on behalf of our college are indeed thankful to you for sparing your precious time.

It was truly an enriching session. Thank you once again.

Yours sincerely,

Dr Sridhara Shetty  
Principal



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Criterion 3 - Research, Innovations and Extension

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Day 2- B2B Selling Skills in the corporate world by Ms. Jasjyot Kaur



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SMS/ON39<sup>th</sup> April, 2021

To,  
**Ms. Jasjyot Kaur**  
Assistant Manager  
Naukri.com


Dear Madam,

It was an immense pleasure to have you with us as a **Resource Person** for “**E-Gurucool**” an Online Skill Development Webinar & Interactive Workshop on ‘**B2B Selling in the Corporate World**’ organised by Internal Quality Assurance Cell (IQAC) & Alumni Association in Collaboration with NSS Unit of our college on **9<sup>th</sup> April, 2021**.


We appreciate your efforts towards sharing your expertise and knowledge. We on behalf of our college are indeed thankful to you for sparing your precious time.

It was truly an enriching session. Thank you once again.

Yours sincerely,



Dr Sridhara Shetty  
Principal



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Day 3- Facial Grooming: Basic Eye Make-up Tips by Ms. Shraddha Bhadra



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SMS/ON410<sup>th</sup> April, 2021

To,  
**Ms. Shraddha Bhadra**  
Freelancer Makeup Artist

Dear Madam,

It was an immense pleasure to have you with us as a **Resource Person** for "E-Gurucool" an Online Skill Development Webinar & Interactive Workshop on 'Facial Grooming -Basic Eye Makeup Tips' organised by Internal Quality Assurance Cell (IQAC) & Alumni Association in Collaboration with NSS Unit of our college on **10<sup>th</sup> April, 2021**.


We appreciate your efforts towards sharing your expertise and knowledge. We on behalf of our college are indeed thankful to you for sparing your precious time.

It was truly an enriching session. Thank you once again.

Yours sincerely,



**Dr Sridhara Shetty**  
Principal



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Day 3- Facial Grooming: How to get Flawless Makeup Base by Ms. Neha Sonar



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ACCREDITED BY NAAC - 'A' GRADE  
IMC RBNQA Certificate of Merit  
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SMS/ONS

10<sup>th</sup> April, 2021

To,  
**Ms. Neha Sonar**  
Stylist/ Cosmetologist


Dear Madam,

It was an immense pleasure to have you with us as a **Resource Person** for "E-Gurucool" an Online Skill Development Webinar & Interactive Workshop on 'Facial Grooming : How to Get Flawless Makeup Base' organised by Internal Quality Assurance Cell (IQAC) & Alumni Association in Collaboration with NSS Unit of our college on **10<sup>th</sup> April, 2021**.

We appreciate your efforts towards sharing your expertise and knowledge. We on behalf of our college are indeed thankful to you for sparing your precious time.

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Yours sincerely,

  
Dr Sridhara Shetty  
Principal



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Day 4- Community Based Start Up by Mr. Chandan Gupta



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SMS/ON6

12<sup>th</sup> April, 2021

To,  
**Mr. Chandan Gupta**  
Research Scholar  
NITIE-Mumbai

Dear Sir,

It was an immense pleasure to have you with us as a **Resource Person** for "E-Gurucool" an Online Skill Development Webinar & Interactive Workshop on 'Community Based Start-ups' organised by Internal Quality Assurance Cell (IQAC) & Alumni Association in Collaboration with NSS Unit of our college on **12<sup>th</sup> April, 2021**.

We appreciate your efforts towards sharing your expertise and knowledge. We on behalf of our college are indeed thankful to you for sparing your precious time.

It was truly an enriching session. Thank you once again.

Yours sincerely,



Dr Sridhara Shetty  
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**Approval Form: Digital Poster Making Competition**

**Department:** NSS Unit.

**Program:** Digital Poster Making Competition

**Objectives:** To make people aware on "No Smoking Day".

**Need:** It is an Inter-collegiate Competition

**Content:** This was an Inter-collegiate Digital Poster Making Competition on the occasion of No Smoking Day, where the participants were asked to create a digital poster on the given topic.

**Judge:** Mr. Ishan Salian & Miss. Snehal Rai

**Date:** 10<sup>th</sup> March, 2021

**Cost/Budget:** NA.

**Proposed by:** Ms. Snehal Rai & Ms. Deepthika Pillai.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



**NSS Programme Officer**



**NSS Programme Officer**



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**Minutes of the meeting: Essay Writing Competition**

There was a meeting held on Zoom Platform on 08<sup>th</sup> March, 2021

**Minutes of the meeting:**

- Discussed about upcoming event on No Smoking Day.
- Finalized to organize a Digital Poster Making Competition on No Smoking Day.
- Finalized the topic for the event "No Smoking Day".
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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**Poster/Brochure: Digital poster Making Competition**



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**Rules & Regulations**

1. The Poster Size should be A4 (21\*29.7cm)
2. Handmade painting and design are strictly prohibited, only digitally designed posters (photoshop, Canva or any Mobile apps, etc) will be accepted file format: JPEG or PDF)
3. Posters will be judged under the criteria of- Creativity, Presentation and Relevance of the topic No Smoking Day
4. Late Submission won't be considered
5. The poster shouldn't be copied from any internet website, it should be original.
6. Any kind of offensive posters won't be tolerated
7. 10secs Timelapse of your work (from begining till the end) is mandatory

**Note: Submission should be done through given Google Form only**

**OR**

**You can whatsapp us on the given phone Number**

**ALL THE BEST!!!**



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**Notice (WhatsApp Message): Digital Poster Making Competition**

Hello Everyone! ✨

The NSS UNIT of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai · is organizing a Inter-collegiate Digital Poster Making Competition on the Occasion of No Smoking Day

Rules and Regulations:

1. The Poster Size should be A4
2. Handmade painting and design are strictly prohibited, only digitally designed posters (photoshop, Canva or any Mobile apps, etc) will be accepted file format: JPEG or PDF)
3. Posters will be judged under the criteria of- Creativity, Presentation and Relevance of the topic No Smoking Day
4. Late Submission won't be considered
5. The poster shouldn't be copied from any internet website, it should be original.
6. Any kind of offensive posters won't be tolerated
7. 10secs Timelapse of your work (From beginning till the end) is mandatory
8. Submit your posters through the given link below.

[https://docs.google.com/forms/d/e/1FAIpQLSd5LLifBDMYTdFIPbqFHrtTpPGI47Ys3H6utE3Yi\\_f9JSsEzg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSd5LLifBDMYTdFIPbqFHrtTpPGI47Ys3H6utE3Yi_f9JSsEzg/viewform?usp=sf_link)

Last date of Submission is 10th March, 2021 till 10:00am.

Results will be announced on 10th March, 2021

E-certificate will be provided to all the Participants and Winners. □

For any further queries feel free to Contact:

Snehal Rai - 9082362400

Deepthika Pillai - 9004961914

Sushant Shetty - 7738813869

Ishan Salian - 9773471471



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**Report: Digital Poster Making Competition**

**Event: Digital Poster Making Competition**

**Date:** 10<sup>th</sup> March, 2021.

**Highlight:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai organized a Digital Poster Making Competition on the occasion of No Smoking Day on 10<sup>th</sup> March 2021, the topic for the Digital Poster Making Competition was "No Smoking Day". The participants were provided with a submission link, where they had to submit their Posters. There were 18 entries from Different Colleges from all over the India. The Last date of submission for the Digital Poster Making Competition was 10<sup>th</sup> March, 2021 at 10:00am. The Results were declared on 10<sup>th</sup> March, 2021. The Winners for the same were:



*Dijay. Krishnarajama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Denezis*

**NSS Programme Officer**

  
*Principal*  
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**IMC RBNQ CERTIFICATE OF MERIT 2019**  
**Participant List: Digital Poster Making Competition**

Name	College Name
1. Aarya Kaur	S.M.Shetty College, Powai
2. Akhilesh Prajapati	Bhilal Institute of Technology
3. Ansari Irshad Istiyaq Ahmed	Prakash Degree College
4. Dunesh Wagh	S.M.Shetty College, Powai
5. Geeta Patel	Valia College
6. Mayank Rana	CRA College
7. Mehjabin Patel	Vivek College of Commerce
8. Muazzama Ansari	Jai Hind College
9. Payal Samantha	Guru Nanak Khalsa College
10. Piyush Sahu	Bhilal Institute of Technology
11. Priyanka Wakode	N.G. Joshi Bedekar College
12. Rahul Jindam	S.M. Shetty College, Powai
13. Samay Shah	S.M. Shetty College, Powai
14. Samiksha Dinkar	Bhilal Institute of Technology
15. Sangita Shenoy	K.V. Pendharkar College
16. Shivanjali Singh	S.M. Shetty College, Powai
17. Shukla Sushmita	University of Mumbai
18. Vandana Khamkar	S.M. Shetty College, Powai



**NSS Programme Officer**



**NSS Programme Officer**



  
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 of Science, Commerce & Management Studies  
 Powai, Mumbai-400 076.  
 Tel. 022-6132 7352  
 Email: college@smshettyinstitute.org

Criterion 3 - Research, Innovations and Extension



**BUNTS SANGHA'S**  
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**Certificate Sample Copy: Digital Poster Making Competition**

**PARTICIPATION**



**WINNERS**



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**Thank you Letter: Digital Poster Making Competition**

SMS/

10<sup>th</sup> March, 2021

To,

Mr. Ishan Salian

S.M Shetty Degree College,

Powai.

Dear Sir,

It was truly a pleasure to have you with us as our Judge for 'Digital Poster Making' competition organized by the NSS Unit of our College.

We on behalf of our college we'd like to thank you for generous gift of your time, judging the competition and also giving us your precious opinion. Your time and dedication made it possible for us to reward students for their creative efforts.

With Regards,

Thanking you,

Yours faithfully,

Dr. Sridhara Shetty

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**Approval Form: E – Waste Collection**

**Department:** NSS Unit.

**Program:** E – Waste Collection.

**Objectives:** To collect all the E-waste for the betterment of the society.

**Need:** It is important to collect the E-waste and recycle them properly.

**Content:** This is an E-Waste Collection drive by the NSS Cell, University of Mumbai. The NSS Unit of S. M. Shetty College participated and collected over 100 Kgs Waste, which includes Paper, Metal, Plastic, Glass and E-Waste.

**Judge:** NA

**Date:** 10<sup>th</sup> February, 2021

**Cost/Budget:** NA.

**Proposed by:** NA

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**Minutes of the meeting: E-Waste Collection**

There was a meeting held on Zoom Platform on 1<sup>st</sup> February, 2021

**Minutes of the meeting:**

- Discussed about upcoming E-Waste Collection Drive
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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**Poster/Brochure: E – Waste Collection**



**WASTE  
COLLECTION DRIVE**

**#Carbon  
NeutralMumbai**

**23 - 26 JAN 2021  
MUMBAI**

**Register Now**

<https://forms.gle/k44sbHT9HXTSes9k6>

**WHAT WE COLLECT**

 <b>PAPER</b> <small>NEWSPAPER, MAGAZINES, TICKETS, PIZZA BOX, SCHOOL BOOKS, CORRUGATED BOXES, JUICE BOXES</small>	 <b>METAL</b> <small>DEODORANT BOTTLES, TIN CANS, BRASS ITEMS, COPPER WIRE, KITCHEN UTENSILS, BATHROOM PIPES, HANDERS</small>	 <b>PLASTIC</b> <small>PLASTIC BOTTLES, CONTAINERS, BUCKETS, JARS, PVC PIPES, SHAMPOO BOTTLES</small>	 <b>GLASS</b> <small>BEAR BOTTLES, SLICING BOTTLES, KETCHUP BOTTLES, GLASS JAR</small>	 <b>E-WASTE</b> <small>MOBILE TELEVISION COMPUTER MONITORS PRINTERS CABLES ROUTERS TELEPHONES CHARGERS BATTERIES/POWER BANK</small>
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**Contact your program officer for more.  
Certificates from UNDP and Environment ministry for all the participants  
10 Best Waste Collectors will be rewarded.**

*Dijay. Krishnasarma*

**NSS Programme Officer**  
Criterion 3 - Research, Innovations and Extension

*John Pereira*

**NSS Programme Officer**

 *Principal*  
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**Notice (WhatsApp Message): E – Waste Collection**

"Cycling gives health to one, E- recycling gives health to all."

Jai Hind.. Hello Fellas! #Namaste

The NSS Unit of Bunt's Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai with University of Mumbai in association with MCGM, Mazi Vasundhara and My Green Society is conducting a Waste collection drive(E-Waste, Plastic, Metal, Wood, Paper)

Date: 24th -29th January, 2021

□□All Students are requested to Spread Awareness in their Nearby Area or Society and Collect maximum Waste possible.

A Van will be sent to your Area to collect The Waste.

■ Students staying at Powai or Nearby Powai, can Collect the Waste and Drop it at College by 29th January,2021.

Note : Students participating and Collecting Min. 10kg of the below given things will be given Appreciation Certificate from the Environment Minister ,UNDP and University Of Mumbai for the same.

Things to be Collected: E - WASTE, PAPER, METAL, GLASS, PLASTIC.

So Hurry Up, Spread Awareness and start Collecting the Waste from now=

Note: All are requested to carry out this activity in your society only, and please follow all the Covid 19 Guidelines

Let's Save the Environment together & Make this World 🌍 a better place 🌟🌱

For any further queries, Call or WhatsApp

Mr. Vijay Vishwakarma (Programme Officer) -9769134055

Mr. John Menezes (Programme Officer) -+919867050902

Snehal Rai - 9082362400

Ishan Salian - 9773471471

Regards,

NSS Unit.



**NSS Programme Officer**

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**NSS Programme Officer**

  
  
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**Report: E – Waste Collection**

**Date: 10<sup>th</sup> February, 2021**

**Event: E – Waste Collection**

**Highlight:** The NSS Unit of Bunts Sangha's S.M Shetty College of Science, Commerce and Management Studies, Powai has conducted "WASTE COLLECTION DRIVE". It includes Paper, Books, E-Waste, Plastics. The drive started from 26<sup>th</sup> January to 3<sup>rd</sup> February in association with NSS Cell, University of Mumbai, UNDP, Government of Maharashtra.

Our college managed to collect 100Kgs of waste and handed over to BMC. The aim of this drive to collect the waste and the outcome is to redevelop our city forest with the funds collected by selling the wastes.



*Vijay. Krishnaswama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Pereira*

**NSS Programme Officer**



*Prakash*  
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**University of Mumbai**  
**National Service Scheme**  
**Waste Collection Drive 23<sup>rd</sup> to 31<sup>st</sup> Jan 2021**

Name of College / Individual	Archana Chauhan
Name of Programme Officer	
Contact Number	9372610036
Total Waste Deposited	9.6 kgs
Whether list of participating volunteers attached	No

Signature of PO / Depositing Person: *Archana*  
 Signature of Collection Volunteer: *[Signature]*  
 NSS Dist. Co-ordinator: *[Signature]*  
 University of Mumbai

**University of Mumbai**  
**National Service Scheme**  
**Waste Collection Drive 23<sup>rd</sup> to 31<sup>st</sup> Jan 2021**

Name of College / Individual	Archana Khan
Name of Programme Officer	
Contact Number	8828486746
Total Waste Deposited	20.5 kg
Whether list of participating volunteers attached	NO

Signature of PO / Depositing Person: *[Signature]*  
 Signature of Collection Volunteer: *[Signature]*  
 NSS Dist. Co-ordinator: *[Signature]*  
 University of Mumbai

**University of Mumbai**  
**National Service Scheme**  
**Waste Collection Drive 23<sup>rd</sup> to 31<sup>st</sup> Jan 2021**

Name of College / Individual	Snehal Rai
Name of Programme Officer	
Contact Number	9082362400
Total Waste Deposited	20 kg
Whether list of participating volunteers attached	NO

Signature of PO / Depositing Person: *[Signature]*  
 Signature of Collection Volunteer: *[Signature]*  
 NSS Dist. Co-ordinator: *[Signature]*  
 University of Mumbai

**University of Mumbai**  
**National Service Scheme**  
**Waste Collection Drive 23<sup>rd</sup> to 31<sup>st</sup> Jan 2021**

Name of College / Individual	Bunts Sangha, SM shetty college, Powai
Name of Programme Officer	Mr. Vijay Vishwakarma
Contact Number	9769164055
Total Waste Deposited	50 Kg.
Whether list of participating volunteers attached	Yes.

Signature of PO / Depositing Person: *[Signature]*  
 Signature of Collection Volunteer: *[Signature]*

**University of Mumbai**  
**National Service Scheme**  
**Waste Collection Drive 23<sup>rd</sup> to 31<sup>st</sup> Jan 2021**

Sr. No	Name of College / Individual	Amount of Waste	No of Volunteers involved	Signature
1.	Bunts Sangha, SM shetty college, Powai			<i>[Signature]</i>
2.	Vijay Vishwakarma	20		<i>[Signature]</i>
3.	John Menezes	10		<i>[Signature]</i>
4.	Aqulshah CRPTA	10		<i>[Signature]</i>
5.	Ishan Sahar	10		<i>[Signature]</i>
6.				

*Vijay Vishwakarma*

**NSS Programme Officer**  
 Criterion 3 - Research, Innovations and Extension

*John Menezes*

**NSS Programme Officer**



*[Signature]*  
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**Participant List: E – Waste Collection**

1. Snehal Rai
2. Ishan Salian
3. Abhishek Gupta
4. Ayesha Khan
5. Archana Chauhan



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**NSS Programme Officer**



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*Vijay. Krishnaswama*

**NSS Programme Officer**  
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*John Pereira*

**NSS Programme Officer**

*Prashant Sr.*  
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**Approval Form: Road Safety Poster Making Competition.**

**Department:** NSS Unit.

**Program:** Road Safety Poster Making Competition.

**Objectives:** To spread awareness and make people aware about Road Safety.

**Need:** The Students must know the rules and regulation of Road Safety.

**Content:** This was an Inter-collegiate Poster Making Competition on Road Safety, where the participants were asked to draw posters on topic related to Road Safety.

**Judge:** Miss. Richa Sharma.

**Date:** 8<sup>th</sup> February, 2021

**Cost/Budget:** NA.

**Proposed by:** Mr. Ishan Salian.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



**NSS Programme Officer**



**NSS Programme Officer**

  
  
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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Minutes of the meeting: Road Safety Poster Making Competition.**

There was a meeting held on Zoom Platform on 1<sup>st</sup> February, 2021

**Minutes of the meeting:**

- Discussed about upcoming event on Road Safety.
- Finalized to organize a Poster Making Competition on Road Safety.
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



**NSS Programme Officer**



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**Poster/Brochure: Road Safety Poster Making Competition.**



Bunts Sangh's  
S.M.Shetty College of Science, Commerce &  
Management Studies, Powai, Mumbai-76  
Affiliated to University of Mumbai  
NAAC Accredited 'A' Grade  
ISO 21001:2018 Certified  
IMC RBNQ CERTIFICATE OF MERIT 2019

**NATIONAL SERVICE SCHEME**  
Presents  
**An Intercollegiate  
Poster Making Competition**  
(On the Occasion of Road Safety Month)

**Theme:**  
**Road Safety**

**Last Day of Submitting Poster:-  
7th February 2021 (Before 9:00pm)**

**Results will be declared on:-  
8th February 2021**

**For Any Queries Contact:-**

Shruti Panhale-9930065435    Riya Kittikal-8691987625  
Mahima Singh-7506516043    Ishan Salian-9773471471



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## Rules And Regulations

1. The Poster size should be A4.
2. For making your poster you can use paint or also can sketch your poster.
3. Stick to the topic ROAD SAFETY.
4. Posters will be judged under the criteria of Creativity, Presentation, and Relevance of the topic ROAD SAFETY.
5. Save your file as pdf for quick and easy upload.
6. You can submit your Poster by Sunday 07/02/2021 before 9:00 pm.
7. Submit your poster by mail at.  
**nssunitb46@gmail.com**
8. Your mail should include the Name of the Participant, College Name, and Topic.
9. Late submission won't be considered.
10. Results will be declared through our social media handle on Monday i.e 08/02/2021.

**May The Best Art Win!**



NSS Programme Officer



NSS Programme Officer



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**Notice (WhatsApp Message): Road Safety Poster Making Competition.**

Creative thinking inspires ideas. Ideas inspire change✦✦

Jai Hind ..

Hello fellas!!!..♀♂

The NSS Unit of Bunts Sangha's S.M Shetty College of Science Commerce and Management Studies Powai · is organising an Intercollegiate Poster Making Competition on the occasion of Road Safety Month·

- THEME- ROAD SAFETY
- Rules and regulations:
  - The poster should be creative and should not be copied from anywhere.
  - Submit your poster on time. Late submission won't be entertained.
- Submit your posters on the e-mail id below along with the given details↓
  - Full Name
  - Full College Name
  - Contact Number
  - nssunitb46@gmail.com
- Date of submission- 07/02/2021
- Submission Time- Till 9 pm

Creativity doesn't wait for that perfect moment. It fashions its own perfect moments out of ordinary ones.·

Can't wait to see your creativity..

For any queries Contact :-

Shruti Panhale- 9930065435

Riya Kittikal- 8691987625

Ishan Salian- 97734 71471

Mahima Singh- 75065 16043



**NSS Programme Officer**



**NSS Programme Officer**



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**IMC RBNQ CERTIFICATE OF MERIT 2019**  
**Report: Road Safety Poster Making Competition**

**Event: Road Safety Poster Making Competition.**

**Date:** 8<sup>th</sup> February, 2021.

**Highlight:** The NSS Unit of Bunts Sangha's S.M Shetty College of Science, Commerce and Management Studies, Powai has conducted "Poster Making Competition". "Painting is an entertaining activity and a great way to convey messages without words and is very appealing to the youth," The competition was based on the theme "Road Safety". The event was held at intercollegiate level. It was open for all colleges and for NSS units too. According to the theme given, the participants had to make posters indicating road safety and what everyone should follow for road safety. They used paints, color pencils, crayon and colors according to their convenience to make the poster. There were 41 entries for the posters which showed the ways to follow for road safety. Posters which were beyond recognition were a delight. The last date of submission was commenced on 7<sup>th</sup> February 2021. The event was judged by Prof. Richa Sharma.



*Vijay Krishnaswami*

**NSS Programme Officer**

*John Denezys*

**NSS Programme Officer**

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*Principal*  
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**Participant List: Road Safety Poster Making Competition.**

1. Vrunda Wagle - - Prahladrai Dalmia Lions College
2. Apurva Dudhe - - RamRao Institute of Technology
3. Kunika Ghewade - Bharatiya Vidya bhavan's Collge
4. Jyoti Dhurla - K.G.Joshi Bedekar College,Thane
5. Komal Kadam - K.G.Joshi Bedekar College,Thane
6. Aarti Jaiswal - Prahladrai Dalmia Lions College
7. Nandini Bhaskar - Ghanshyam das Saraf College
8. Payal Samantha - Guru Nanak Khalsa College
9. Radhika MANjrekar - S.M. Shetty College,Powai
10. Shaniya Bano - Methodists Girls PG College
11. Aarya Kaur - S.M. Shetty College,Powai
12. Atharva Harne – S. M. Shetty College
13. Jyoti Vishwakarma - Prahladrai Dalmia Lions College
14. Balkrishna Kodare - N.G. Acharya College
15. Brij Raval - Municipal Arts and Science College
16. Prachi Bamnolkar - Prahladrai Dalmia Lions College
17. Rushanka Kottakal - ICLES Motilal JhunJhunwala college
18. Ankita Yadav - Prahladrai Dalmia Lions College
19. Nandini Gupta - Bhavan's College
20. Shubham Wadkar - VPM's B.N.Banodhkar College
21. Anand Shukla - Sita Ram Prakash High School
22. Jayshree Patil - VPM's B.N.Banodhkar College
23. Minakshi Shukla - SNTD
24. Nandini Shukla - Guru Nanak Khalsa College
25. Priti Jondhale - Prahladrai Dalmia Lions College
26. Priya Gupta - Prahladrai Dalmia Lions College
27. M.L. Dahanukar College
28. Yashika Shetty - ST. John THE Baptist
29. Anuja Gajinkar - S.M.Shetty College, Powai
30. Payal Rai - Prahladrai Dalmia Lions College
31. Prashant Tiwari - Prahladrai Dalmia Lions College
32. Disha Bansai - Vivekannanda College,Delhi
33. Sanjana Anil - Prahladrai Dalmia Lions College
34. Om Pardeshi - Banodkar College
35. Ujjwal Singh - S.M.Shetty College, Powai
36. Priyanka Wakode - K.G. Joshi College
37. Shukla Sushmita - University of Mumbai
38. Shivanjali Singh - S.M.Shetty College, Powai
39. Suhas Damodar – SIES College
40. Vandana Kanojiya - S.M.Shetty College, Powai



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Email: college@smsshettyinstitute.org

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Certificate Sample Copy: Road Safety Poster Making Competition.

Appreciation Certificate



*Vijay Krishnaswama*

NSS Programme Officer

*John Pereira*

NSS Programme Officer

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*[Signature]*  
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Participation Certificate



*Vijay Krishnaswama*

NSS Programme Officer

*John Pereira*

NSS Programme Officer

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*[Signature]*  
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**Thankyou Letter: Road Safety Poster Making Competition.**

SMS/

8<sup>th</sup> February, 2021

To,

Miss. Richa Sharma

S.M Shetty Degree College,

Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Judge for 'Road Safety Poster Making' competition organized by the NSS Unit of our College.

We on behalf of our college we'd like to thank you for the generous gift of your time, judging the competition and also giving us your precious opinion. Your time and dedication made it possible for us to reward students for their creative efforts.

With Regards,

Thanking you,

Yours faithfully,

Dr. Sridhara Shetty

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**NSS Programme Officer**

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**Approval Form: Observance on Non-Violence Week (Gandhi Commemoration Week)**

**Department:** NSS Unit.

**Program:** Observance on Non-Violence Week (Gandhi Commemoration Week)

**Objectives:** To disseminate the message of non-violence among the people through education and public awareness.

**Need:** As it is seen that violence is increasing in the society and even a small argument is turning out to become a fight, so in order to reduce this we are celebrating non-violence week.

**Content:** On the occasion of Gandhi Commemoration week, we organized an Intercollegiate event- observance of nonviolence where we conducted

1. Slogan Satyagraha (Slogan Making Competition).
2. Azaad Kadam (Dance Competition).
3. Itihas ka Chitr (Sketching Competition).
4. Ahimsa ki Awaz (Singing Competition).

**Judge:** There were 4 Judges for different Competition.

1. John Menezes.
2. Shraddha Joshi.
3. Ashish Navik.
4. Sheetal Khanore.

**Date:** 7<sup>th</sup> October, 2020 – 10<sup>th</sup> October, 2020

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Ishan Salian

**Verified by:** Prof. Vijay Vishwakarma.



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**NSS Programme Officer**



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**Minutes of Meetings: Observance on Non-Violence Week (Gandhi Commemoration Week)**

There was a meeting conducted on 4<sup>th</sup> October, 2020.

**Minutes of the meeting:**

- To conduct event on the occasion of Gandhi Jayanti.
- To discuss what events to conduct.
- To distribute work to the social media team.
- To conduct other events.
- To start to prepare WhatsApp message that would be send to other colleges.
- To start working on the participation and winning certificate layout.
- To allot PR team to start doing PR for the event.



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**Poster & Brochure: Observance on Non-Violence Week (Gandhi Commemoration Week)**



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Management Studies, Powai, Mumbai-76  
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ISO 9001:2015 Certified



**INTERNAL QUALITY ASSURANCE CELL**  
*In Collaboration With*  
**NATIONAL SERVICE SCHEME**  
*Presents*  
**An Inter-Collegiate Event**  
**Gandhi Commemoration Week**  
**THEME- GANDHI'S VISION FOR INDIA**  
**EVENTS**

- Slogan Satyagraha - Slogan Making
- Ahimsa ki Awaaz - Singing Competition
- Azaad Kadam - Dance Competition
- Ithihas ka Chitr - Sketch Making

**7th October, 2020 - 10th October, 2020**  
**RESULTS WILL BE ANNOUNCED ON**  
**11TH OCTOBER, 2020**  
For Enquiries

Ishan Salian- 9773471471	Mahima Singh- 7506516043
Vrinda Soman- 9869348460	Mayur Gami- 7977719054



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## Slogan Satyagraha- Slogan Making

### *Rules & Regulations*

1. Topic for the competition is "Non-Violence".
2. The Slogan must not contain any Provocative, Objectionable, or Inappropriate Content.
3. Slogan should be concise and not more than 15-20 words.
4. Slogan must be written on specified topics otherwise it would be rejected.
5. The Slogan must be original.
6. Submission of Slogan should be done before 5pm of 9th October.
7. While submitting mention your Name, Stream, College Name, Phone Number and Email-ID.
8. Slogan must be submitted on provided Mail-ID:  
nssunitb46@gmail.com  
(Format of submission: JPEG PDF anyone from the mention format)
9. Decision of the judges will be final.

### *For Enquiries*

Shruti Panhale- 9930065435

Dipti Shetty- 7045197444



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**Itihas ka Chitr- Sketch Making**  
*Rules & Regulations*

1. The Sketch must be drawn on A4 size or A3 size paper.
2. The Participants can send only one entry.
3. Sketch must be drawn on specific topic- Sketch Of Gandhiji.. More preferably in historic moment For eg. The Dandi March, Satyagraha, With Chakra. otherwise it would be rejected.
4. Submission of your sketch should be done before 3pm of 10th October.
5. While submitting mention your Name,Stream,College Name, Phone Number and Email-ID.
6. Your sketch must be submitted on provided Mail-ID: nssunitb46@gmail.com (Format of submission: JPEG/PDF anyone from the mention format)
5. No late entries will be allowed.
6. Decision of the Judges will be final.

*For Enquiries*

Ujwal Poojary- 8692066846  
Snehal Rai- 9082362400



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**Ahimsa ki Awaaz- Singing Competition**  
*Rules & Regulations*

1. The video of participants singing should be minimum 45 seconds to 2mins.
2. Karaoke and Instruments are allowed
3. No late entries will be accepted.
4. Submission of your video should be done before 9pm of 9th October,2020.
5. The participants can choose any song from the songs given below:-

- Vaishnav Jan To
- Raghupati Raghav
- Bande mein tha dum
- Aao Bachcho
- Babu ki Amar Kahani
- Sabarmati ke Sant Tune Kardiya Kamaal
- Sakhi( Satyamev Jayate)
- Tumhare Purane Shabd (Saba and Imaad)

**Note: Only the songs given by us will be considered**

*For Enquiries*

**Shrinav Shyam- 8108781685**

**Abhishek Gupta- 8779181490**



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**Notice: Observance on Non-Violence Week (Gandhi Commemoration Week)**

Jai Hind..

Warm greetings to one and all!!!

Non-violence is a powerful and just weapon, which cuts without wounding and ennoble the man who wields it. It is a sword that heals. Awareness of our own inner violence and eliminating its negative effects upon our own intentions.

The IQAC of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies  
· in collaboration with NSS

Present

Gandhi Commemoration Week on "Gandhi Vision for India" has organised an Intercollegiate event

- Theme:- \*Gandhi Vision for India

Events:-

- > Slogan Slogan Satyagraha!
  - Submission Date - 9th October 2020
- > Dance Aazaad Kadam
  - Submission Date - 10th October 2020
- > Sketch इतिहास का चित्र
  - Submission Date - 10th October 2020
- > Singing Competition Ahimsa ki Awaz
  - Submission Date - 9th October 2020



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Submission of the above events should be done through mail ·

nssunitb46@gmail.com

Kindly refer to the Brochure· attached for detailed information of the events.

Registration Link:- ·

<https://forms.gle/PhQAu36h1NfkhPtr9>

E-Certificates· will be provided to the Winners and Participants.

- Results will be out on our Instagram page :-

[https://instagram.com/shettyunit\\_b46?igshid=oahwycsldum](https://instagram.com/shettyunit_b46?igshid=oahwycsldum)

- Also follow our other social media handles

Facebook page :-

<https://www.facebook.com/smshetty/>

- YouTube Channel :-

[https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

□For any further queries WhatsApp :-

1. Ishan Salian:- +91 97734 71471
2. Mayur Gami:- +91 79777 19054
3. Mahima Singh:- +91 75065 16043
4. Vrinda Soman:- +91 98693 48460

Regards, NSS UNIT



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**Report: Observance on Non-Violence Week (Gandhi Commemoration Week)**

**Event: Observance on Non-Violence Week (Gandhi Commemoration Week).**

**Date:** 11<sup>th</sup> October, 2020.

**Objective:** To disseminate the message of non-violence among the people through education and public awareness.

**Highlight:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies has organized various Inter-collegiate competitions. On the Occasion of Gandhi Jayanti, the NSS Unit organized Observance of Non - Violence (Gandhi Commemoration Week).

There are various types of competition

1. Slogan Making Competition ~ Slogan Satyagraha!
2. Dance Arts ~ Azaad Kadam.
3. Singing Competition ~ Ahinsa ki Awaz.
4. Sketch Making Competition ~ Itihas ka Chitr.



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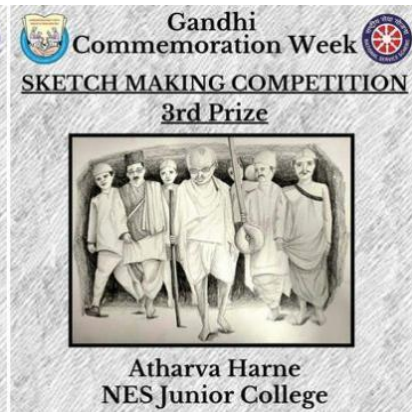
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**The Winners of the all Competition:-**

**Slogan Making Competition:-**



**Sketch Making Competition**



*Dijay Krishnarajama*

**NSS Programme Officer**

*John Pires*

**NSS Programme Officer**



*Principal*  
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**Singing Competition**



**Dance Competition**



*Dijay Crishwazama*

**NSS Programme Officer**

*John Denezis*

**NSS Programme Officer**



*Principal*  
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**Participation List: Observance on Non-Violence Week (Gandhi Commemoration Week)**

1. Tanya Ravindranath Singh	Sm Shetty college
2. Tanya Ravindranath Singh	Sm Shetty college
3. Priya Yadav	SM Shetty
4. Akshay Vishwakarma	Mst.k.g.mittal college
5. Ajay S Ramesh	Sm shetty
6. MOHD JUNAID	Mohammad Ali Jauhar University Rampur (U.P.) India
7. Miss Shrusti Suryakant Purwar	Gs College khamgaon
8. Mr. Shan Mondal	SM Shetty, Powai
9. Archana surendra chauhan	Bunts Sangha's sm Shetty college
10. Priyanka Manoj Thorat	VPM's Joshi-Bedekar college
11. SINGH SHIVANJALI SANTOSH	Smsheetty
12. Talekar Priyanka Dileep	Bunt Sangha's SM Shetty College
13. Ashwin Purshotam Bhinde	Model College Autonomous Dombivli East
14. Sairaj ganesh shetty	Sm shetty, degree college, powai
15. Mr. Rohanbahadur Singh	S.M Shetty College
16. Aarti Anil Thakur	Sm shetty college
17. Apurva Dudhe	Ram Rao Institute of Technology
18. Vaibhav pathak	Maharana pratap college of professional studies
19. KHAN HABIBA	Bunts Sangha's S.M.Shetty college Science,Commerce
20. ANITA CHUNDAWAT	Rajasthan University
21. Beulah Sundararajan	S.M. Shetty College



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22. Beulah Sundararajan	S.M. Shetty College
23. Beulah Sundararajan	S.M. Shetty College
24. Priti harilal vishwakarma	S. P. D. T callege
25. Isha pramod parab	V.k Krishna menon college of commerce and science
26. RATHVA KANUBHAI PRABHUBHAI	SHREE M C RATHVA ARTS AND SCIENCE COLLEGE PAVI JETPUR
27. Nitin vishnu bhusare	K.j.joshi bedekar college thane
28. GUNDI CHINNA CHINNAIAH	Sri ramakrishna degree college autonomous Nandyala
29. Ram Deepak Agrawal	Ramrao Adik Institute of Technology
30. Vaishnavi Sanjay Malvankar	Joshi Bedekar College
31. Harsh Sudhakar Padelkar	S.M. Shetty College, Powai
32. Atharva Bharat Harne	Nothing yet
33. CHRISLYN EMIMA.J	St.Joseph's Institute Of Technology
34. CHRISLYN EMIMA.J	St.Joseph's Institute Of Technology
35. Tiwari Pooja Devpoojan	Patuck junior collage
36. PARESH SHRIDHAR PARAB	V. K. Krishna menon college
37. POOJA TIWARI.	Kalindi College, University of Delhi.
38. Krishna Jaiswal	S.M.SHETTY COLLEGE
39. Shaikh Alfiya Haroon	Sm shetty college
40. Misba Idrisi	S. I. E.S College of Arts, Science and Commerce, Autonomous, Sion(W)
41. ZEENAT ANSARI	PATUCK JUNIOR COLLEGE
42. Sakshi Poojary	Bunts Sangha S.M Shetty College Powai
43. Mishra Anchal Ganga Prasad	S.M.Shetty College
44. Disha Damodar Poojary	Nagindas khandwala college

*Dijay Krishnakarma*

**NSS Programme Officer**

*John Pires*

**NSS Programme Officer**



*Sakshi*  
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45. Sharma radhika ramashankar	N.K. collage
46. Shrinidhi Bhat	S.M.Shetty College
47. CHANCHAL SHIVSHANKAR CHOBISA	NAGINDAS KHANDWALA COLLEGE
48. CHANCHAL SHIVSHANKAR CHOBISA	NAGINDAS KHANDWALA COLLEGE
49. CHANCHAL SHIVSHANKAR CHOBISA	NAGINDAS KHANDWALA COLLEGE
50. Ashwini Patkar	V.K.Krishna Menon College
51. MS. SANGITA SHENOY	K.V. PENDHARKAR COLLEGE
52. MS. SANGITA SHENOY	K.V. PENDHARKAR COLLEGE
53. Rakshita Achary	Sm Shetty college
54. Radhika Jayesh Manjrekar	S.M.Shetty
55. Anurag Gupta	Rajdhani College Delhi University
56. Bhavika Madhukar Bangera	SM Shetty college
57. Mohammad Sibtain Kadri	Bharathidasan University, Tiruchirappalli
58. Nafees Ahmed Ansari	S.M.Shetty College
59. Nafees Ahmed Ansari	S.M.Shetty College
60. Lisa john dsouza	Bunts sangha SM shetty college
61. CHOUGALE AKSHA ABDUL GAFAR	Nagindas khandwala College
62. CHOUGALE AKSHA ABDUL GAFAR	Nagindas khandwala College
63. CHOUGALE AKSHA ABDUL GAFAR	Nagindas khandwala College
64. Sahu Sriyakumari Sunil	SM Shetty College
65. Patel Riddhi Ashwin	Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies



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66. Jeshma Mahesh Shetty	SM Shetty college Powai
67. Sulata Bhagwan Panigrahi	Bunts Sangha's S M Shetty college Powai
68. Dhiraj santosh mahadik	S.M.shetty
69. Amruta Babasaheb Dighule	J. M. Patel college of commerce
70. Ashish Lilachand Pusalkar	Rizvi College of Hotel and Tourism Management Studies
71. Durgani kiran	Sri Ramakrishna Degree college Nandyal
72. Bandapalli sridhar naidu	Sri Ramakrishna degree College autonomous nandyala
73. Anil Devchanbhai Vaja	SHRI H. M. V. ARTS AND COMMERCE COLLEGE UNA



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**STUDIES, POWAI**  
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**IMC RBNQ CERTIFICATE OF MERIT 2019**

Certificate Sample: Observance on Non-Violence Week (Gandhi Commemoration Week)

Slogan Making Competition

Appreciation Certificate



Participation Certificate





**NSS Programme Officer**



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Singing Competition:**

Appreciation Certificate



Participation Certificate



*Dijay Crishwasama*

**NSS Programme Officer**

*John Gunez*

**NSS Programme Officer**



*[Signature]*  
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**Dancing Competition**

Appreciation Certificate



Participation Certificate





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Sketching Competition

Appreciation Certificate



Participation Certificate





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**Thank You Letter: Observance on Non-Violence Week (Gandhi Commemoration Week)**  
SMS/ 10<sup>th</sup> October, 2020

To,  
Mr. John Menezes  
S.M Shetty Degree College,  
Powai.

Dear Sir,

It was truly a pleasure to have you with us as our Judge for Observance on Non-Violence Week "Gandhi Commemoration Week" competition organized by the NSS Unit of our College.

We on behalf of our college we'd like to thank you for generous gift of your time, judging the competition and also giving us your precious opinion. Your time and dedication made it possible for us to reward students for their creative efforts.

With Regards,  
Thanking you,

Yours faithfully,  
Dr. Sridhara Shetty  
PRINCIPAL



**NSS Programme Officer**



**NSS Programme Officer**



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of Science, Commerce & Management Studies  
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**NAAC ACCREDITED 'A' GRADE**  
**ISO 21001:2018 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

SMS/

10<sup>th</sup> October, 2020

To,  
Miss. Shraddha Joshi  
S.M Shetty Degree College,  
Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Judge for Observance on Non-Violence Week "Gandhi Commemoration Week" competition organized by the NSS Unit of our College.

We on behalf of our college we'd like to thank you for the generous gift of your time, judging the competition and also giving us your precious opinion. Your time and dedication made it possible for us to reward students for their creative efforts.

With Regards,  
Thanking you,

Yours faithfully,  
Dr. Sridhara Shetty  
PRINCIPAL



**NSS Programme Officer**



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**IMC RBNQ CERTIFICATE OF MERIT 2019**

SMS/

10<sup>th</sup> October, 2020

To,

Mr. Ashish Navik

S.M Shetty Degree College,

Powai.

Dear Sir,

It was truly a pleasure to have you with us as our Judge for Observance on Non-Violence Week "Gandhi Commemoration Week" competition organized by the NSS Unit of our College.

We on behalf of our college we'd like to thank you for the generous gift of your time, judging the competition and also giving us your precious opinion. Your time and dedication made it possible for us to reward students for their creative efforts.

With Regards,

Thanking you,

Yours faithfully,

Dr. Sridhara Shetty

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**ISO 21001:2018 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

SMS/

10<sup>th</sup> October, 2020

To,  
Miss. Sheetal Khanore  
S.M Shetty Degree College,  
Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Judge for Observance on Non-Violence Week “Gandhi Commemoration Week” competition organized by the NSS Unit of our College.

We on behalf of our college we'd like to thank you for the generous gift of your time, judging the competition and also giving us your precious opinion. Your time and dedication made it possible for us to reward students for their creative efforts.

With Regards,  
Thanking you,

Yours faithfully,  
Dr. Sridhara Shetty  
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**Approval Form: World Health Day Quiz**

**Department:** NSS UNIT

**Program:** World Health Day Quiz.

**Objectives:** To make society aware about health issues through quizzes.

**Need:** It is important for the people to know about this day and the quiz helps to spread awareness.

**Content:** The activity was an attempt to make people aware about the importance of a nutrition and encourage them to look beyond their textual knowledge and know various information and try to implement them in their daily lifestyle.

**Date:** 7<sup>th</sup> April, 2021

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Sushant Shetty & Ms. Snehal Rai

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**Minutes of the meeting: World Health Day Quiz**

**Minutes of the meeting:**

- To discuss about the upcoming events.
- To discuss about to prepare Notice (WhatsApp Message) that will be send to others Colleges for participation.
- To allot work to social media team and leaders.
- To discuss about the documentation work.
- To allot Social media team start to work on the poster and brochure for the event and update the social media platform.



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**Notice (WhatsApp Message): World Health Day Quiz**

A fit body, a calm mind, a house full of love. These things cannot be bought ' they must be earned  
..Jai Hind· Hello Fellas!!!

The NSS UNIT of Bunts Sangha's S. M. Shetty College of Science Commerce and Management Studies, Powai ■ organizes a Quiz Competition on the occasion of World Health Day 2021 under FIT INDIA MOVEMENT

Theme: Building a fairer, healthier world for everyone

TOTAL 20 QUESTIONS WILL BE ASKED related to Healthy Diet, Mental Illness & Fitness

Date: 7th April, 2021

Timing: 9:00am to 9:00pm

Quiz Link:-

[https://docs.google.com/forms/d/e/1FAIpQLSdQaZkc5rFK950WdvSMvTe9gKTluQPtWOTf4OQc8ZA\\_WkogMg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdQaZkc5rFK950WdvSMvTe9gKTluQPtWOTf4OQc8ZA_WkogMg/viewform?usp=sf_link)

Participants scoring 15 and above will be awarded with an E-Certificate

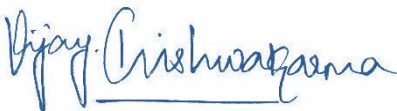
For further queries Contacts

Ishan Salian:- 9773471471

Snehal Rai:- 9082362400


Regards

SM Shetty NSS Unit



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**Report: World Health Day Quiz**

**Event: World Health Day Quiz.**

**Date: 7<sup>th</sup> April, 2021**

**Highlight:** The NSS unit of Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies, Powai organized a Quiz Competition on World Health Day 2021- with the following theme Building a fairer, healthier world for everyone on the occasion of World Health Day on 07<sup>th</sup> April, 2021. Total 600+ Volunteers from different Colleges across Mumbai had participated in the competition. Participants Scoring 60% and above were provided with the E-Certificates.

<p>Which of the following is a non-dairy source of protein? * 1 point</p> <p><input type="radio"/> Beans</p> <p><input type="radio"/> Cheese</p> <p><input type="radio"/> Yoghurt</p> <p><input type="radio"/> Option 4</p>	<p>How can you get enough Vitamins &amp; Minerals? * 1 point</p> <p><input type="radio"/> At least five portions of fruit and vegetables</p> <p><input type="radio"/> Meat, fish or alternatives such as beans and pulses</p> <p><input type="radio"/> Option A &amp; Option B</p> <p><input type="radio"/> Pizza, Burger &amp; other junkies</p>	<p>Mental illness is caused by * 1 point</p> <p><input type="radio"/> Personal Weakness</p> <p><input type="radio"/> Lack of willpower</p> <p><input type="radio"/> A number of factors including biological factors, stressful or traumatic life events, and long-lasting health conditions such as heart disease or cancer</p>
<p>Mental illnesses are * 1 point</p> <p><input type="radio"/> Very Common</p> <p><input type="radio"/> Not Common</p> <p><input type="radio"/> Fairly Common</p>	<p>You should warm up before exercising. * 1 point</p> <p><input type="radio"/> True</p> <p><input type="radio"/> False</p>	<p>Weight loss should be the most important goal of fitness and exercise. * 1 point</p> <p><input type="radio"/> True</p> <p><input type="radio"/> False</p>
<p>Poor mental health increases the risk for long-lasting (chronic) physical conditions like * 1 point</p> <p><input type="radio"/> Heart Disease</p> <p><input type="radio"/> Cancer</p> <p><input type="radio"/> Stroke</p> <p><input type="radio"/> All the above</p>	<p>What is the definition of muscular strength? * 1 point</p> <p><input type="radio"/> The ability of muscles to exert maximum force in one contraction</p> <p><input type="radio"/> The ability of muscles to exert minimum force in one contraction</p> <p><input type="radio"/> The ability of muscles to repeatedly exert maximum force</p> <p><input type="radio"/> The ability of muscles to repeatedly exert minimum force</p>	<p>For an individual who is obese which of the following would be a positive change in their diet? * 1 point</p> <p><input type="radio"/> Decrease intake of saturated fat</p> <p><input type="radio"/> Decrease intake of fruit and vegetables</p> <p><input type="radio"/> Increase salt intake</p>



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Mental health is: \* 1 point

- More than the absence of Mental Disorders
- Only important for some people
- An important part of overall health and well-being

A healthy, well-balanced diet means \* 1 point

- Eating food with all the nutrients in it
- Eating Junk Foods
- Eating only proteins
- None of the above

Why is Healthy Eating important? \* 1 point

- To maintain a healthy weight
- To keep your energy levels up
- To look after mental wellbeing
- All of the above

Which of these symptoms can happen if you're depressed? \* 1 point

- Don't feel hungry
- Hungry all the time
- Always tired
- Lack of sleep
- All of the above

People with mental illnesses lack intelligence. \* 1 point

- True
- False

Good sources of Fiber comes from? \* 1 point

- Wholegrain breakfast cereals, whole-wheat pasta, wholegrain bread and oats
- Yoghurt & cheese (especially cottage cheese)
- Fish and Seafood
- Egg & Milk

How can one eat healthily? \* 1 point

- Eat five portions of fruit and veg a day
- Include healthy, wholegrain starchy foods in every meal
- Include some calcium-rich dairy foods
- Keep hydrated
- All of the above

Which of the following is a genetic factor influencing an individual's training potential? \* 1 point

- Diet
- Alcohol
- Body type
- Smoking

Recovery from a mental health problem is possible for: \* 1 point

- No one
- Everyone
- A lucky few
- Some people

A desirable level of fitness can be achieved through at least \_\_\_\_\_ workouts per week. \* 1 point

- 3
- 4
- 1
- 6



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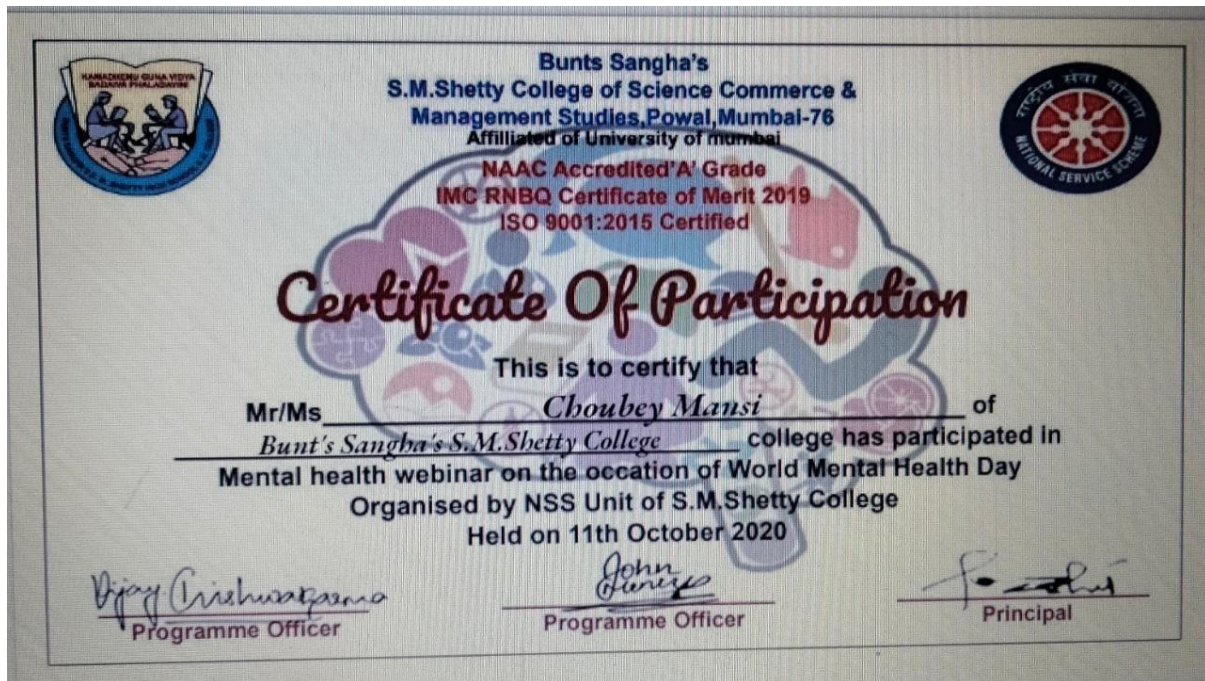
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**Certificate: World Health Day Quiz**



Vijay Krishnaswama

**NSS Programme Officer**

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John Peneze

**NSS Programme Officer**

[Signature]  
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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Approval Form – National Level Webinar on “Sensitisation and Awareness of Covid-19 Among Students and Faculty: Handling Post Lock Down Challenges”**

**Department:** NSS UNIT

**Program:** National Level Webinar on ‘Sensation and Awareness of Covid-19 Among Students and Faculty: Handling Post Lock Down Challenges”

**Objectives:** To spread awareness among students and faculty regarding Covid-19 and handling post lockdown challenges

**Need:** It is important to spread awareness of Covid-19 among the society and motivate them to handle the challenges that are going to come post lockdown.

**Content:** Information regarding the spread of the COVID-19 pandemic across the globe and its origin. Information regarding the early symptoms and emergency situations when one comes in contact with the coronavirus. Information regarding what people must do in order to prevent themselves and their families from this deadly virus. Information on how to adapt oneself in the “New Normal” i.e., the post-pandemic world.

**Resource Person:** Dr Deepak Raut Director NIPHTR, Dr Suparna Khera CMO(SAG) & Ms Rosy Joseph(PHNO)

**Date:** 6th June, 2020 Time: 2:00 pm to 3:30 pm Venue: ZOOM Meeting

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Ishan Salian and Ms. Mahima Singh

**Verified by:** Prof. Vijay Vishwakarma.



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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Minutes of the meeting - National Level Webinar on "Sensitisation and Awareness of Covid-19 Among Students and Faculty: Handling Post Lock Down Challenges"**

There was a meeting held on 1<sup>st</sup> June, 2020 regarding this webinar.

**Minutes of the Meeting:**

- To conduct webinar on Covid-19.
- To allot leaders and Representative to start working on the Notice (WhatsApp Message) that would to send to different college around the Nation to participate.
- To update social media with the poster of the upcoming webinar.
- To allot leader to prepare script for the anchoring of the webinar.



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IMC RBNQ CERTIFICATE OF MERIT 2019**

**Poster -National Level Webinar on "Sensitisation and Awareness of Covid-19 Among  
Students and Faculty: Handling Post Lock Down Challenges"**

*Bunts Sangha's*  
*S.M.Shetty College of Science, Commerce and  
Management Studies, Powai. Mumbai - 76*  
(Affiliated to University of Mumbai)  
NAAC ACCREDITED 'A' GRADE  
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**NSS UNIT**  
In Collaboration with  
*National Institute of Public Health Training  
and Research, Govt. of Maharashtra*  
and  
**Women Against Cyber Abuse Foundation**  
ORGANIZES A NATIONAL LEVEL WEBINAR ON  
**"SENSITISATION AND AWARENESS OF COVID-19 AMONG STUDENTS  
AND FACULTY: HANDLING POST LOCK DOWN CHALLENGES"**

6th June, 2020 2:00 pm to 3:30 pm  
Registration Fees: **FREE** (Zoom Webinar)  
Registration Link:  
<https://forms.gle/txc3Np4LKkoZ9j6A6>

E-certificates Will Be Given  
For Queries Email us at:  
[johnm@smshettyinstitute.org](mailto:johnm@smshettyinstitute.org)



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**Notice -National Level Webinar on " Sensitisation and Awareness of Covid-19 Among Students and Faculty: Handling Post Lock Down Challenges"**

Dear All,

Greetings for the day!

NSS Unit of

Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies (Affiliated to University of Mumbai), Powai, Mumbai,

In Collaboration with National Institute of Public Health Training & Research ,Government of Maharashtra, and

Women Against Cyber Abuse Foundation is organizing a National Level Webinar on-

“SENSITISATION AND AWARENESS OF COVID-19 AMONG STUDENTS AND FACULTY: HANDLING POST LOCK DOWN CHALLENGES”

For: Faculty & Students

Resource Persons:

Dr Deepak.Raut Director NIPHTR

Dr Suparna Khera CMO(SAG)

Ms Rosy Joseph(PHNO)

Event Details:

Date : 6th June, 2020

Time : 2:00 pm to 3:30 pm (Zoom Webinar).

Registration Link:

<https://forms.gle/txc3Np4LKkoZ9J6A6>

After registration join the whatsapp group for updates:-

Registration Fees: FREE

Mr. Vijay Vishwakarma

NSS Programme Officer



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**IMC RBNQ CERTIFICATE OF MERIT 2019**

Mr. John Menezes

NSS Programme officer

Member Teachers

Mr Ashish Navik

Mrs Rohini Shetty

In case of any queries kindly E-Mail us at : [johnm@smsheettyinstitute.org](mailto:johnm@smsheettyinstitute.org)

Links for whatsapp groups: (Kindly Join only one group after successful registration)

Whats App Group 1: <https://chat.whatsapp.com/CFqvKsTKbJUC7N6YRmEAWr>

Whats App Group 2: <https://chat.whatsapp.com/KWWtjpFyEzjC6QLDVS0ID6>

WhatsApp Group 3: <https://chat.whatsapp.com/HttWMq6JyUSEpu3CwclmNV>

Whats App Group 4: <https://chat.whatsapp.com/GJMC2rGG3POA5vD3suiIfT>

WhatsApp Group 5: <https://chat.whatsapp.com/JmdasWNG6wLBqiZXoHLUSG>

If any of the link does not open, kindly copy paste it in your web browser

Kindly Note:

1) Kindly install Zoom software on laptop/desktop or Zoom app on Mobile through Playstore/App store

2) E-Certificates shall be issued to all the registered participants, who attend the webinar and fill the feedback form!



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**Report -National Level Webinar on "Sensitisation and Awareness of Covid-19 Among Students and Faculty: Handling Post Lock Down Challenges"**

**Event: National Level Webinar on "Sensation and Awareness of Covid-19 among Students and Faculty: Handling Post Lock down Challenges"**

**Date:** 6<sup>th</sup> June, 2020.

**Objective:** To spread awareness among students and faculty regarding Covid-19 and handling post lockdown challenges.

**Highlight:** The NSS Unit of Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies (Affiliated to University of Mumbai), Powai, Mumbai, in Partnership with National Institute of Public Health Training & Research , Government of India Under Ministry of Health and Family Welfare (MOHFW) , and Women Against Cyber Abuse Foundation organised a National Level Webinar on "SENSITISATION AND AWARENESS OF COVID-19 AMONG STUDENTS AND FACULTY: HANDLING POST LOCK DOWN CHALLENGES" for Faculties and Students on 6th June, 2020 at 2.00 p.m. to 3.30 p.m. (Zoom Webinar)

The webinar witnessed a huge participation of over 1,200 students and faculties representing almost 29 states and union territories including Maharashtra. They were accommodated on Zoom as well as on YouTube Live. (<https://youtu.be/xqpxy3bsJfE> )

**Our Resource Persons for the session were**

- Dr Suparna Kherra CMO (Senior Administrative Grade) NIPHTR
- Ms Rosy Joseph (Public Health Nursing Officer) NIPHTR
- MS. Vibha Singh (Master Trainer) & Director WACA


The Topics that were highlighted were:

1. Epidemiological features of Covid 19
2. Prevention of COVID 19 :Safe practices at home
3. Creating safe work environments for students and faculty
4. Behavioral practices of students in Managing stress stigma and discrimination

Also a testimonial video of Mr. Gaurav Sharma, our alumni and currently a Ground Level News Reporter who had contracted COVID while serving the patients, his quarantine experience and his successful recovery was shown.



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The Question Answer Session was very lively with our Resource Persons giving insightful views to the questions and queries raised by the participants

The Event was spearheaded and proficiently handled by NSS Programme officers Mr. Vijay Vishwakarma and Mr. John Menezes and also by Member Teachers Mr. Ashish Navik and Mrs. Rohini Shetty

The support of our NSS Student Leaders is immense and we place on record the contributions by Mr. Ishan Salian, Ms. Mahima Singh, Ms. Shreya Rai, Mr. Mayur Gami, Ms. Vrinda Soman, Mr. Pranav Singh and Ms. Riya Singh.

Gazing at the overwhelming response and feedback received from participants we conclude that it was an impactful session with practical solutions at ground level.

We hope to collaborate for more such opportunities.

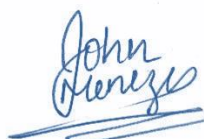
**Participation List-National Level Webinar on “Sensitisation and Awareness of Covid-19 among Students and Faculty: Handling Post Lock down Challenges”**

The webinar was conducted on National Level on the topic “Sensitisation and Awareness of Covid-19 among Students and Faculty: Handling Post Lock down Challenges”. There were total 1350 participants where 729 were male participants and 629 were female participants.

<b>DATE</b>	<b>MALE</b>	<b>FEMALE</b>	<b>TOTAL</b>
6th June, 2020	729	621	1350



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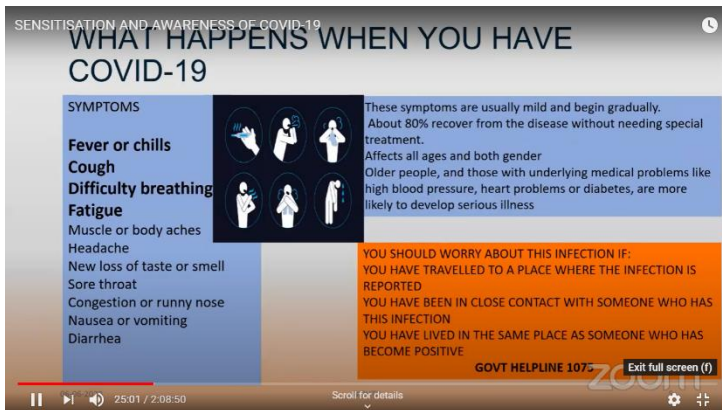
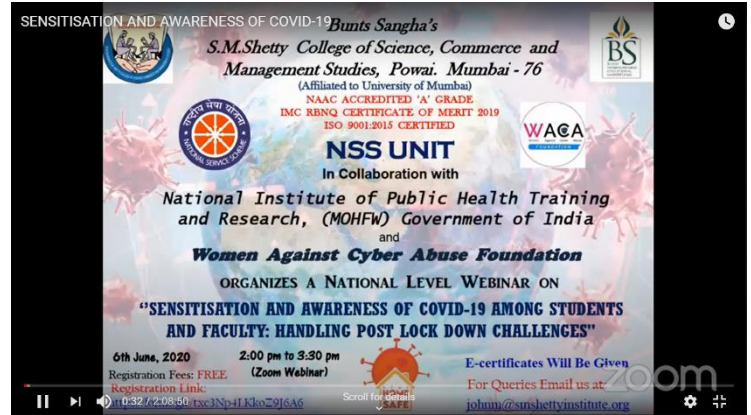
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*Dijay Krishnakumar*

**NSS Programme Officer**  
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*John Dierges*

**NSS Programme Officer**



*[Signature]*  
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**Certificate Sample Copy -National Level Webinar on "Sensitisation and Awareness of Covid-19 among Students and Faculty: Handling Post Lock down Challenges"**



*Vijay Krishnarajama*

**NSS Programme Officer**

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*John Fernandez*

**NSS Programme Officer**

*Dr. Sridhara Shetty*

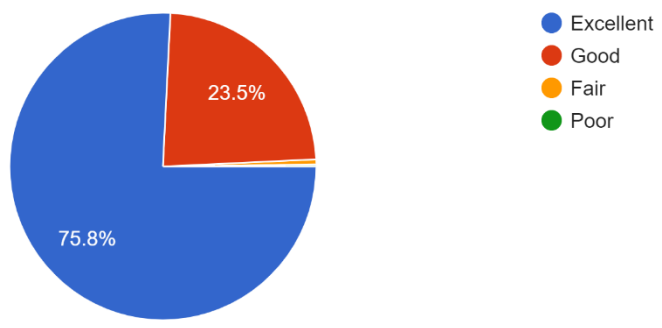
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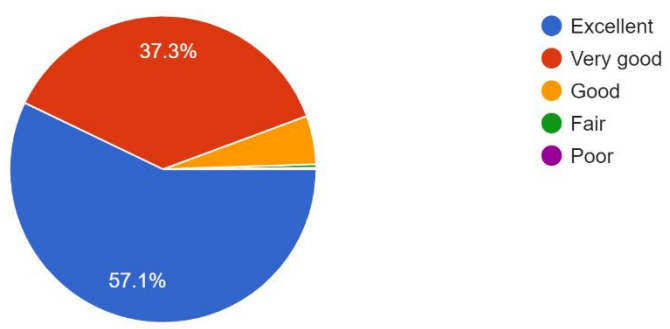
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**Feedback Analysis**

How do you rate the theme of the webinar?  
1,350 responses



How did you find the content of the session?  
1,350 responses



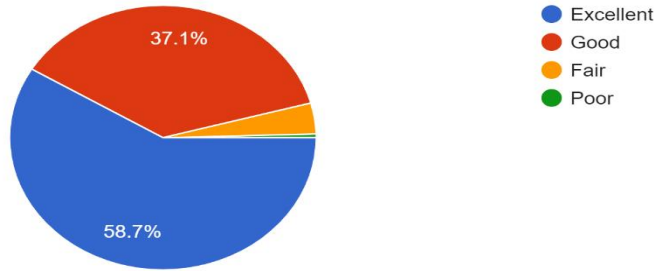
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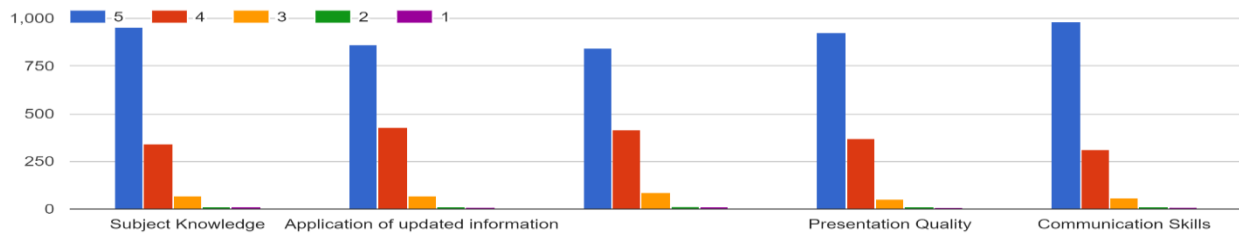
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How do you rate time management in the webinar?  
1,350 responses



Please rate our resource person Dr Suparna Khara, Ms Rosy Joseph and Ms Vibha Singh (1- LOWEST , 5- HIGHEST)



*Dijay. Krishnakumar*

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*John Diercks*

**NSS Programme Officer**



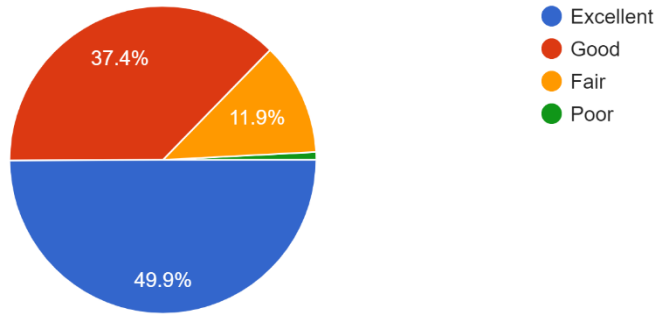
*Rosy Joseph*  
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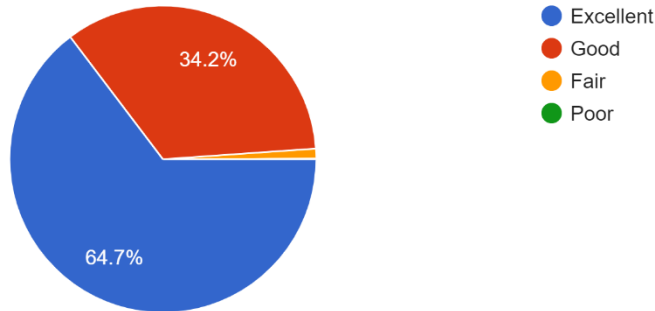
Please rate your overall knowledge level about the topics covered BEFORE ATTENDING the session.

1,350 responses



Please rate your overall knowledge level about the topics covered AFTER ATTENDING the session.

1,350 responses



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**Action Taken Report**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
6th June, 2020	<ul style="list-style-type: none"><li>● Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>● All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



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**Approval Form – Quiz Competition on HIV/AIDS**

**Department:** NSS UNIT & RRC

**Program:** NSS UNIT & RRC Quiz competition on HIV/AIDS

**Objectives:** This is an inter-collegiate Quiz Competition on Awareness ON HIV/AIDS.

**Need:** The Students will gain knowledge about the diseases.

**Content:** The Quiz Competition was held for the awareness of HIV/AIDS. The participants has to solve quiz given in the google form where students scoring above 75% were provided with Certificate.

**Date:** 5<sup>th</sup> November,2020

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Ms. Nandini Mahapatra.  
Ms. Nidhi Shetty.

**Verified by:** Prof. Vijay Vishwakarma



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**Minutes of the meeting - – Quiz Competition on HIV/AIDS**

**Minutes of the meeting:**

- To allot leaders to find questions for the quiz related to the topic given.
- To allot PR team to start PR calling.
- To allot work to social media team and leaders.
- To discuss about the documentation work.
- To allot leaders to prepare for the whatsapp message which would be send to other colleges to participants.



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**Notice (Whatsapp Message) Quiz Competition on HIV/AIDS**

The NSS unit in collaboration with the Red Ribbon Club (RRC) of Bunts Sangha's SM Shetty College has organized a quiz on the HIV/AIDS

Hiv continues to be a major global public health issue, having claimed more than 35 million lives so far.

PARTICIPANTS scoring above 75% will be awarded with e-certificates.

Link to participate : <https://forms.gle/PCCBtDwaZ9syNx5>

AIDS is a judgement we have brought upon ourselves.

Our social media links :-

Instagram: [https://instagram.com/shettyunit\\_b46?igshid=7wc5i7xus1x4](https://instagram.com/shettyunit_b46?igshid=7wc5i7xus1x4)

Facebook: <https://www.facebook.com/smshettyunit/>

YouTube: [https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

For any queries contact:-

Ishan Salian: 97734 71471

Mahima Singh: 75065 16043

Nandini mahapatra: 9082935318

Nidhi shetty : 8108216828



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**Report - Quiz Competition on HIV/AIDS**

**Event: Quiz Competition on HIV/AIDS**

**Date:** 5<sup>th</sup> November, 2020

**Objective:** To make students aware about HIV/AIDS.

**Highlight:** The NSS unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai had organized a **Quiz competition** on 5<sup>th</sup> November, 2020 on the theme HIV/AIDS. Total 414 Volunteers participated in the competition. Participants Scoring 75% and above were provided with the Certificates.



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Q1. What does AIDS stands for \* 1 point

- Acquired Immuno Deficiency Syndrome
- Acquired Immune Deficiency Syndrome
- Acquired Immune Deficit Syndrome
- Active Immuno Deficiency Syndrome

Q2. What symbolizes HIV positive \* 1 point

- Pink
- Blue
- Purple
- Red

Q3. What does RRC stand for \* 1 point

- Red Ribbon Club
- Red Riding Cop
- Rash Riding Club
- None of the above

Q4. What is the main purpose of RRC? \* 1 point

- Home for the Homeless
- HIV/AIDS awareness
- Providing Medications
- None of the above

Q5. What is the ABC of HIV? \* 1 point

- Airway Breathing Circulation
- Abstinence, Be Faithful, Condom
- Anti Bodies Cure
- None

Q6. Can HIV be transmitted through Oral Sex? \* 1 point

- Yes
- No
- Maybe



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Q7. How many stages are there in HIV infection? \* 1 point

- 4
- 5
- 3
- 6

Q10. HIV does not spread through \* 1 point

- Shaking Hands
- Sharing Toilets
- Mosquito bite
- All of the above

Q13. Where did HIV originate first? \* 1 point

- Leopard
- Donkey
- Rat
- Chimpanzee

Q8. Which Day is considered World AIDS Day \* 1 point

- 21st December
- 1st December
- 7th April
- 5th June

Q11. What is ART? \* 1 point

- Treatment for HIV
- The expression or application of human creative skill and imagination
- Treatment for Respiratory Organs
- None of the above

Q14. Opportunistic infections are more frequent and more severe in people with HIV \* 1 point

- True
- False

Q9. Where was HIV First found in India? \* 1 point

- Punjab
- Maharashtra
- Assam
- Chennai

Q12. Sex Education should be compulsory subject in schools and colleges. \* 1 point

- True
- False

Q15. Routes of transmission of HIV Virus \* 1 point

- Sharing Used Needles
- Transfusion of Infected Blood
- Unprotected Sex
- All of the above



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Q16. How does HIV become AIDS \* 1 point

- HIV attacks the T-Cells
- HIV makes multiple copies of itself
- HIV destroys cells in the body
- All of the above

Q19. It's OK not to use condom if you and your partner both are HIV positive \*

- True
- False

Q17. What is the time-period from HIV to AIDS \*

- 8-9 years
- 14-16 years
- 10-12 years
- 20-22 years

Q20. If you are HIV positive, you should start treatment... \*

- When you reach the AID stage
- Once you show symptoms
- As soon as possible
- None of the above

Q18. Which is not considered as a common method of transmission for HIV \*

- Blood
- Urine
- Breast Milk
- Genital Secretions

Q21. What is the best way to protect yourself against HIV? \*

- Get yourself Vaccinated for HIV
- Use Birth Control Pills
- Use a latex Condom during Sexual Intercourse
- All of the above



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**Participation List-- Quiz Competition on HIV/AIDS**

1. Aditya Jogdand - S.M Shetty degree college Powai -
2. Aniket Varma - Bunt's Sangha S.M.Shetty powai -
3. Beulah Sundararajan - SM Shetty, Powai -
4. Shivam sanjay upadhyay - Sm shetty -
5. Taiba Shaikh - Sm Shetty College -
6. Yeshaswy bhatt - Sm shetty powai -
7. BHANDARI KUNAL - Sm shetty college -
8. Toral chauhan - Sm sheety -
9. Divya Laxman Poojary - SM Shetty college Powai -
10. Vinaya Kiran Bagwe - Gokhale college -
11. Aayush Barai - Terna engineering college -
12. Shirley Paul Kolamkannie - Bunt's Sangha SM Shetty College and Management Studies -
13. Anandhu Suresh - SIES college of arts commerce and science -
14. Madhavi Singh - S.M.Shetty College Powai. -
15. Rahul kushwaha - S.M.SHETTY COLLEGE (POWAI) -
16. Lodaya Bhoomi Bhavesh - S.m.shetty institute of powai -
17. Sameer Abdul Shahid Shah - SM Shetty college Powai -
18. Shetty Ashmith Jagadish - Bunts Sangha's SM Shetty College -
19. Krishnadev Yadav - Nirmala College -
20. Shubhangi jain - Sm shetty college powai -
21. Aarti singh - V. K krishna college -
22. Vijay Dhondu Dalvi - Vidyalankar Institute of Technology -
23. Arshitha Hara Devadiga - Smt.MMK College of Commerce & Economics -
24. Chirag Joping - S M Shetty -
25. Tejas Menon - V K Krishna Menon College -
26. Nitu Chouhan - SIES college of arts science and commerce -
27. Ujjwal Santosh Singh - S. M. Shetty College -
28. Kodakanti Bhavana Shrinvas - S.M.Shetty College Powai -
29. Ashwini Patkar - V.K.Krishna Menon College -
30. Ruchi Mali - SM Shetty -
31. Mr sushil kumar maurya - Nirmla clg of commerce and science -
32. Gaurav Ramsakal Yadav - Bunt Sangha's S.M.Shetty College of Science,Commerce and Management Studies. -
33. Shaikh Atik Ahmed - Bunt's Sangh SM Shetty collage Science commerce and management -
34. Manali Jadhav - Nirmala memorial foundation -
35. Vinay Ganji - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS) -



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36. Nilesh Mishra - S M SHETTY COLLEGE -
37. Madhumitha Muthukrishnan - V K Menon College -
38. Aaryan Himmat Ajit - S M Shetty college, powai -
39. Yadav Soundarya Ariramakrishnan - SIES graduate school of technology -
40. Revati Arvind Karle - Vk Krishna Menon College -
41. Madhura Mohite - VK KRISHNA MENON COLLEGE -
42. Pallath Abinandh Surendran - V. K. Krishna menon college -
43. Sanam Aslam khan - Nirmala Memorial foundation college -
44. Saumya Tirodkar - Smt. M.M.K. College of commerce and economics -
45. Nidhi Surti - S.M. Shetty -
46. SINGH SHIVANJALI SANTOSH - S.m.shetty -
47. smruti bhalerao - s m shetty -
48. Leston Dsouza - SMT MMK College -
49. Niket Santosh Pawar - Nirmala College Malad (East) -
50. Asha keshav chauhan - Sm shetty -
51. Poojary Jinendr Harish - S.I.E.S GST -
52. Kurup Ashwin Venugopalan - SIES GST -
53. JHA ABHILASHA SUSHIL - Nirmala College of commerce -
54. Pooja umesh Bhosale - V.Krishana menon College -
55. Yogendra pandey - VK Menon College -
56. Shruti Sanjay Lotankar - Nirmala College, Malad (East) -
57. Riya Singh - SIES GRADUATE SCHOOL OF TECHNOLOGY, NERUL -
58. Neelaman Allen Loy - S.M Shetty Powai -
59. ROSHANI HEERA SINGH - Nirmala merantoin college Malad -
60. Aman sunil singh - Nirmala memorial foundation college of commerce -
61. Mishra Anchal Ganga Prasad - S.M.Shetty college -
62. Khushi Santosh Yadav - VK Krishna Menon college -
63. Yogeeta Suresh Raila - V.K Krishna Menon College -
64. Khushi Lad - Nirmala Memorial Foundation College -
65. Harshada kocharekar - Menon college -
66. Shruti Panhale - S M Shetty College, Powai -
67. BARAI SANDHYA RAMGYAN - Nirmala college -
68. Aditi Anil Anjali Kavale - V. K. Krishan Menon College -
69. Alroy Mendonsa - Bunts Sangha's S.M. Shetty College -
70. Sajida khan - Bunt Sangha's SM shetty college of science commerce and management studies -
71. Soham Joshi - Menon college -
72. Purva Dilip Surve - V. K Krishna Menon College -
73. Rukaiya habib - Bunts sangha's SM Shetty -



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**BUNTS SANGHA'S**  
**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT**  
**STUDIES, POWAI.**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

74. Radhika Poyyara - SM SHETTY -
75. Yash Ghanekar - VKK Menon college -
76. Rahul ganpat magar - Smt.kg.mittal college Malad West -
77. Anand Chauhan - SMT kg Mittal college of commerce and arts -
78. Rakshita Achary - Sm Shetty College -
79. Ms. Saba Sajjad Mukadam - Bunts Sangha's S.M Shetty College of Science, Commerce and Management Studies. -
80. Manisha Radheshyam Sahani - Sk.Somaiya Degree College Of Art's,Science And Commerce. -
81. Suyog sandip gurav - Mittal college -
82. AMIT INDRADEV GAUD - V.K.Krishna Menon College -
83. Shree Rathod - K. J. Somaiya Institute of Engineering and Information Technology, Sion-Mumbai -
84. Harsh Sawant - V K Krishnan Menon college -
85. Deepthika Pillai - S.M.Shetty College,Powai -
86. Nitish jha - Bunts Sangh's sm sheety College of science commarce and management studies. -
87. Nivedita Chavre - K.G.Mittal College. -
88. Kartik shetty - Sm shetty College -
89. Sahil shaikh - Bunts Sangh's s.m.shetty college of commerce science and studies management Powai -
90. Sonali Sunil Ghadi - SMT.K.G.Mittal College of Arts and Commerce Malad (West)Mumbai -
91. Mubina Aktar Birajdar - Nirmala college of commerce malad ( East) -
92. Sapana chaudhary - Mittal college -
93. Ayesha Khan - S M Shetty college -
94. Vandana kadeprasad Kanojiya - Sm Shetty college pawai -
95. Prerana Vinod Gurav - S.M Shetty College,Powai -
96. Muskan Pathan - K.G.Mittal College -
97. Ujwal poojary - Sm Shetty degree college -
98. Abhilesh lotale - Nirmala collage -
99. Avinash maske - K.G . Mittal college -
- 100.Harsh Padelkar - S.M. Shetty College, Powai -
- 101.Sakshi Deodhar - S.M.Shetty College of commerce, science,and Management studies,Powai -
- 102.Om Raut - Kirti.M.Dongursee -
- 103.Sapna sanjay shah - Smt. Mmk college -
- 104.Swaroop nair - Vk Krishna Menon college -
- 105.Vishal Anuse - Joshi Bedekar college Thane -
- 106.Pooja pandurang chavan - Vpm Joshi bedekar college thane -
- 107.Tejasvi Parab - SIES College of Arts, Science and Commerce (Autonomous) -
- 108.Vaishali jaiswal - Sies college of arts science and commerce(autonomous) -
- 109.Sairaj Shetty - Sm shetty college of science commerce and management studies -
- 110.Tanvi Rane - K.G.Mittal College -



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**BUNTS SANGHA'S**  
**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT**  
**STUDIES, POWAI.**

**NAAC ACCREDITED 'A' GRADE**

**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

- 111.Rohit Raghuram - SIES GST -
- 112.Minta nandlal singh - Kg mittal college -
- 113.Rupesh Singh - Bhilai Institute of Technology, Durg -
- 114.Tanaya N Kadam - K.G.Joshi College of Arts and N.G.Bedekar College of Commerce -
- 115.Mangesh balu marathe - Smt. K. G. Mittal clg -
- 116.Dipali Raju Birhade - Bedekar college -
- 117.Srushti vitthal kalambe - k.g.joshi college arts & n.g.bedekar college commerce -
- 118.Ismatara Ajimuddin Ansari - V.K Krishna Menon College -
- 119.Pankaj Das - Bit -
- 120.Anshika Vishwakarma - Sm shetty college -
- 121.Shruti Gawande - V K Krishna Menon college -
- 122.Vaishnavi sanjay wagh - Joshi bedekar college thane -
- 123.Suman Gupta - K.G.Mittal college -
- 124.Shukla prachi - K. G mittal college -
- 125.Solanki Payal Jayantilal - BUNTS SANGHA'S S.M.SHETTY COLLEGE -
- 126.Wrusti - Mittal -
- 127.Khatri Krishna HomBahadur - S.m Shetty College -
- 128.Vedant Nilesh Surve - SIES Graduate School Of Technology -
- 129.Anuja gajinkar - Bunts sangha's S.M.shetty college of science commerce and management studies -
- 130.Chavan pooja - Joshi bedekar thane college -
- 131.Yuvraj Santosh Ade - Joshi Bedekar College -
- 132.Damini Suresh Bhandari - K. G mital Clg -
- 133.Pawar Hrutuja Ravindra - VK K Menon College -
- 134.Aashish Bhagwan Sonawane - SIES Graduate School of Technology -
- 135.Richard Amalraj - SIES College Of Arts Science And Commerce Sion West -
- 136.Aishwarya Jagadiswaran - SIES GST -
- 137.Gauri Shantaram Dhuri - Smt.Kamaladevi Gauridutt Mittal College -
- 138.Aabir Pramanik - SM Shetty, Powai. -
- 139.Sneha Shrikant Sonavane - Smt. Kg. Mittal college of arts and commerce -
- 140.Komal kadam - K g joshi bedekar college thane w -
- 141.Deepthi Shetty - VK KRISHNA MENON COLLEGE -
- 142.Gauri Shantaram Dhuri - Smt. Kamaladevi Gauridutt Mittal College -
- 143.Gauri Deepak Sutar - Nirmala clg -
- 144.JAYANT KUMAR SAHU - BHILAI INSTITUTE OF TECHNOLOGY, DURG -
- 145.Harshata Wadkar - Sies College of Arts, Science & Commerce (Autonomous), Sion (West) -
- 146.hema suresh patil - K.G. Joshi bedekar college thane... -
- 147.Dravya Kunder - Smt.M.M.K college of commerce and economics -



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**BUNTS SANGHA'S**  
**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT**  
**STUDIES, POWAI.**

**NAAC ACCREDITED 'A' GRADE**

**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

- 148.ASHUTOSH RAI - SIES COLLEGE OF ARTS,SCIENCE AND COMMERCE (AUTONOMOUS),SION (W) -
- 149.Karishma jaiswal - S. M. T K. G mittal college -
- 150.Nilima lingapavalam - Smt K G mittal college of arts and commerce -
- 151.Shrutika Ganpat Dhavle - Nrimala clg -
- 152.Ritika Karthikeyan - SIES GST -
- 153.Dunesh sunil wagh - Sm shetty college powai -
- 154.Shruti Narayan Gope - SIES GST NERUL -
- 155.Yadav Ritesh Vijay - Menon college of commerce -
- 156.Priyanka Manoj Thorat - VPM's Joshi-Bedekar College -
- 157.Amruta sanas - Nirmala college -
- 158.Pooja Jain - Sies college of arts science and commerce (autonomous). Sion(west) -
- 159.Harsh Poojari - SIES -
- 160.Amisha pardeshi - S.M.Shetty High school of sci ,com and management studies -
- 161.Shaikh naseeb Nasir - SIWS college -
- 162.RATHVA SATILABEN PRABHUBHAI - PATEL GROUP OF INSTITUTIONS MEHSANA -
- 163.Zubeda Khan - S.I.W.S college -
- 164.Moksha Kandpal - SIES College of Arts, Science and Commerce (Autonomous), Sion (West) -
- 165.RATHVA KANUBHAI PRABHUBHAI - SHRI M C RATHAWA ARTS AND SCIENCE COLLEGE PAVI JETPUR -
- 166.ASMITA GADGE - Mittal collage -
- 167.Priyanka Dubey - Nirmala memorial foundation malad east -
- 168.Khadtare prathamesh prabhakar - SIES COLLEGE -
- 169.Vedant Nagesh Yadav - S.I.E.S. College of Arts Science and Commerce (Autonomous) , Sion (West) -
- 170.Lohar Kapoor Intiyaz - S m Shetty college -
- 171.Devadarssini Ajith - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE -
- 172.Sheetal Salian - Siws college -
- 173.Dhruvesh wagh - Siws -
- 174.Shantipriya Shankar yellamelli - k.g mittal -
- 175.Sahu Sriyakumari Sunil - SM Shetty College -
- 176.Shruti Yadav - Nirmala college of commerce (malad east) -
- 177.Aditya vishwakarma - Mitall collage -
- 178.Sahil Rajendra Raut - SIES GST -
- 179.Mahima singh - Smt kg Mittal collage -
- 180.Singh Riya Harikesh - Smt. K.G.Mittal college of commerce and Art's -
- 181.Soni Pratiksha SunilDutt - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS), SION (WEST). -
- 182.Shweta Ganesh - Sies college of arts science and commerce (autonomous)sion (west) -



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**STUDIES, POWAI.**

**NAAC ACCREDITED 'A' GRADE**

**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

183. Krishi Shetty - SM Shetty College of science, commerce & management studies -
184. Samiksha Kailash Semwal - Sk Somaiya College -
185. Shan Mondal - SM Shetty College of Science, Commerce and Management Studies -
186. Harsh Rajesh Naik - Siws college -
187. Sakshi Pramod Jadhav - K.G Joshi Bedekar College -
188. Jeniflora Mathews - SIES College of Arts, Science and Commerce (Autonomous). -
189. Shubham Suryakant Khasase - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS), SION ( W). -
190. Padmavati satyanarayan kundu - Smt. Mitta college -
191. Hitul Sahu - K. G. Joshi Bedekar College of Science, Commerce and Arts -
192. Taj Mohd Nadaf - SIES college of arts commerce and science (Autonomous) Sion (w) -
193. Akash Verma - Bhilai Institute of Technology Durg -
194. PRATHMESH KOLI - SMT.MMK COLLAGE OF COMMERCE AND ECONOMICS -
195. Student - SMT .K.G . Mittal College -
196. BARKHA YADAV - Nirmala memorial foundation -
197. Swati Govind Ranjita Bhandi - V.k.krishna menon college Bhandup -
198. Gupta ramkumar - Smt.M.M.K college of commerce and economic -
199. SINGH TANNU AKHILESH - Nirmala Memorial Foundation -
200. Sulata Bhagwan Panigrahi - Bunts Sangha's S M Shetty college Powai -
201. Harshada Shivaji Walunj - V.k.krishna menon college -
202. Rohit Munda - Siws -
203. Jyoti mishra - Smt kg mittal college -
204. Pranav anil pawar - Nirmala college -
205. Anjana jha - Smt kg Mittal College -
206. Joanna Charis Johnson - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE (AUTONOMOUS) -
207. Hiba Kalave - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE (AUTONOMOUS) SION(w) -
208. Amit Rameshbhai Shah - S.k.somaiya College of Arts Science and Commerce. -
209. Vaishnavi Sanjay Malvankar - Joshi Bedekar college -
210. Kirti Sharma - Narsee monjee college of commerce and economics -
211. Yadav kirti - Sms shetty college -
212. Sharma Bhoomi Shyamsundar - Nirmala college of commerce -
213. Sonam gharbharan yadav - Menon college -
214. Manish Yadav - SM Shetty -
215. Anthony Prabhakar soosai Rajan nadar - Sm Shetty -
216. . . -
217. Nehal Nilesh Satre - SM Shetty College -
218. Heisj - Shusjsjos -
219. Aaradhna jaiswal - Mital college -



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**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT**  
**STUDIES, POWAI.**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

220. Neeraj kumbhar - SIWS COLLEGE -  
221. Sajida Ansari - Nirmala college -  
222. Misbaha Abdul Mushtaq Deshmukh - SIES COLLEGE OF ART, SCIENCE AND COMMERCE  
(AUTONOMOUS) SION (WEST) -  
223. Sagar shetty - Sm SHETTY collage of science commerce and management studies powai -  
224. Himanshu Sodha - Siws College -  
225. Sana shah - S.I.W.S COLLEGE ( wadala) -  
226. Saurabhjha - SIWS -  
227. Janhavi Mahesh Birmole - V.K. Krishna Menon College -  
228. Tarik Shaikh - Mittal collage of arts and commerce -  
229. Akshata Shengal - V.K. Krishna Menon College -  
230. Himanshu Mehta - S. M. Shetty College -  
231. Kaustubh Shetty - SM Shetty -  
232. Shivani patil - SMT K.G Mittal college -  
233. Gudiya singh - Mittal clg -  
234. Choubey Mansi Santosh - Bunt's Sangha's S M Shetty College Powai -  
235. Vishwajeet Yadav - S.M SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT  
STUDIES -  
236. Pradyum Singh - Nirmala Memorial foundation College of commerce Malad East -  
237. Vinod Nagnath Bhatane - Joshi bedekar college of Thane w -  
238. Pooja Singh - SIWS College -  
239. Vijay - Sies Sion west -  
240. Sanika sudesh shigwan - Mittal college -  
241. Makardhwaj Rajendra Narkar - SIES COLLEGE OF COMMERCE, ARTS & SCIENCE  
(AUTONOMOUS), SION(WEST) -  
242. Vaibhav Rajesh Bhogal - Smt. Mittal college -  
243. Shivani Dahiwelkar - SIES College of Arts, Science and Commerce (Autonomous), Sion (west) -  
244. Neelakshi .Ravindra. Dwivedi - S.M.T KG Mittal college -  
245. Lakshmi Janaradan Giri - Siws college -  
246. Zeal Gautam Savla - S.K Somaiya College Of Arts, Science and Commerce -  
247. Sumanthkumar Hegde - Bunts sangha S.M. shetty College Powai -  
248. Khushi Kalokh - M.M.K. COLLEGE OF COMMERCIAL AND ECONOMICS -  
249. Umaima khan - Bunts Sangha's SM Shetty college of science commerce and management -  
250. Bhavna prajapati - Smsheettycollege -  
251. Giri Nilesh Dinesh - Sm shetty collage -  
252. Archana chauhan - Sm Shetty college -  
253. Christopher. Richard - S. I. E. S. College of arts science and Commerce sion west -  
254. Tanvi Arondekar - Vk. krishana menon college -



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**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT**  
**STUDIES, POWAI.**

**NAAC ACCREDITED 'A' GRADE**

**ISO 9001:2015 CERTIFIED**

**IMC RBNQ CERTIFICATE OF MERIT 2019**

- 255.mrunmayee suresh pawar - Smt Mmk college of commerce and economics -  
256.Ambesh panchlall Goud - S. M. T. Kamla Devi Guru Datta Mittal college Arts and Commerce -  
257.PRAVIN Ashok Gupta - Smt mmk college of commerce and economic -  
258.Priti maurya - Vk.krishna menon college -  
259.Sakshi Poojary - Bunts Sangha S.M Shetty College -  
260.Pranali Ramesh Nikam - K.G. Joshi college of arts and N.G.Bedekar college of commerce -  
261.Patwa Ajay Banwari - Smt kg Mittal college of arts and commerce -  
262.Nisha jaiswal - S. M. T Kamladevi Gurudatta Mittal college of Arts and Commerce -  
263.Dhairya Soni - BIT,Durg -  
264.Gupta Neerajkumar Satyaprakash - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE  
(AUTONOMOUS), SION(W) -  
265.Siddesh Shetty - S M SHETTY College of science commerece and managment studies -  
266.Nidhi Shetty - Bunts Sangha's SM Shetty College -  
267.Pranjal Rai - SIES COLLEGE OF ASCS -  
268.Aarya Kaur - S M SHETTY COLLEGE -  
269.Akash Ramprasad Dubey - S.I.W.S. COLLEGE WADALA -  
270.Perna Madhukar Nalawade. - K.G mittal college of arts and commerce -  
271.Talekar Priyanka - Bunt Sangha's SM Shetty College -  
272.Nalawade Vardha Prakash - Bunt's Sangha S M SHETTY COLLEGE of Science Commerce and  
Management Studies Powai -  
273.Bandgar Anita Ramchandra - K J joshi bedekar college of arts -  
274.Ashwini Bhagvat Yelve - Joshi-Bedekar college of Thane -  
275.TRIPATHI SNEHA RAJMANI - S.M SHETTY COLLEGE -  
276.NIKITA SANJAY PINGLE - Joshi Bedekar College of Thane -  
277.Jatin Pandey - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS), SION(W)  
-  
278.Anand sharma - S.M shetty junior college Powai . -  
279.Quadeer Shaikh - SMT KAMLA MEHTA COLLEGE OF COMMERCE -  
280.Binesh simanchal sahu - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE AUTONOMOUS  
SION -  
281.Simran Sao - Bhilai institute of technology, durg -  
282.Priti Mishra - Ghanshyamdas Saraf College of Commerce and Arts -  
283.AMAN KUMAR MANDAL - BIT Durg -  
284.Konar Lakshmanan Karuppaswamy - SIES Graduate School of Technology -  
285.Sanika Sukhdev tarade - K.G.Bedekar college of commerce -  
286.Tanvi Keskar - Vpm's Joshi Bedekar college -  
287.Karuna Sanjay Parab - Ghanshyamdas Saraf College of Arts and Commerce -  
288.Zeshan Khan - Ghanshyamdas saraf college of arts and commerce -



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**STUDIES, POWAI.**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

289. Bhuvad Omkar Bharat - Siws -  
290. Manas avinash kulkarni - K.G. Joshi College of Arts & N.G. Bedekar College of Commerce -  
291. Priya Patel - Ghanshyamdas saraf -  
292. Shruti Kumar Goriwale - N.G. Joshi Bedekar college of commerce -  
293. Vanshita Deepak Korde - N.G. Bedekar College of commerce. -  
294. Reena Sani - Ghanshyamdas Saraf College -  
295. kritika tiwari - bhilai institute of technology , durg -  
296. Harshita Dayya - Ghanshyamdas Saraf College -  
297. Anu sen - Mittal college -  
298. Dipti Shetty - Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies,  
Powai. -  
299. Maithili Sanjay Warde - Ghanshyam Saraf College -  
300. Tejas Vikrant salve - Smt. Kamaladevi Gauridutt Mittal college -  
301. Prajwal Shetty - Sm Shetty college -  
302. Sarvadnya Gangan - Siws -  
303. Mokshada Sampat Lende - VPM's joshi bedekar college of commerce -  
304. Shagun Pandey - Ghanshyamdas Saraf College Of Commerce -  
305. Janhavi vasudeo koli - Smt. kamala Mehta V.W.A college of commerce -  
306. ANTHONY SOFIYA JACKSON - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE -  
307. Ameth Vikram - BIT, DURG -  
308. Chetana yadav - Mittal college -  
309. AMAN VISHWAKARMA - Ghanshyam Saraf college -  
310. Jyoti Manoj singh - Ghanshyamdas saraf college -  
311. Sejal Santosh Singh - Ghanshyamdas saraf degree college -  
312. Hannuman - Mital college -  
313. siddhesh mandavkar - k.g mittal college -  
314. Divya Racharla - S.m shetty college powai -  
315. Diya Soni - Ghanshyam Das Saraf College -  
316. ANURAG JUGGILAL GUPTA - SM Shetty -  
317. Divakar - Saraf college -  
318. Nandani Gyanchand Bhaskar - Ghanshyamdas saraf college -  
319. Sunita Joshi - Ghanshyamdas saraf college -  
320. Kavin mishra - Ghanshyamdas saraf college of arts and commerce -  
321. prathamesh Gupta - MITTAL COLLEGE -  
322. Archana Laxmikant Yadav - Smt.k.g.mittal college of arts and commerce -  
323. Anil Kumar Das - Pranabananda Women's College -  
324. Shaikh shifa - Smt k g.mittal college -  
325. Khan Saina - Ghanshyamdas Saraf -



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**NAAC ACCREDITED 'A' GRADE**  
**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

- 326.Monica Bhati - Ghanshyamdas saraf college -  
327.Amit shukla - S m shetty collage -  
328.Sanaya - Aa -  
329.Afreen Shaikh - Ghanshamdas saraf college -  
330.Dimple choudhary - Ghanshamdas Saraf College -  
331.Priya Yadav - SM Shetty College -  
332.Prachi Tiwari - Ghanshyam das saraf college -  
333.Mahadik dhiraj - Bunts sunghas sm shetty -  
334.Komal yadav - Ghanshyamdas Saraf College of Arts -  
335.Priya Yadav - Ghanshyam Das Saraf College -  
336.Niriksha Shetty - Bunts Sanghs SM Shetty College Of Science Commerce and Management Studies. -  
337.Sruthi suresh - SIES COLLEGE OF ARTS , SCIENCE AND COMMERCE (AUTONOMOUS) -  
338.Anurag Nala - SIES Graduate School of Technology -  
339.Ritesh pathak - Ghanshyamdas saraf college -  
340.Kannojiya Kajal Dinesh Kumar - S. I. W. S college -  
341.Patil Nishi Chandrakant - N.G.joshi bedakar college of commerce -  
342.Mirza Zoha Muslim Hussain - N.G Joshi Bedekar College Of Commerce -  
343.Anchal Pathak - Ghanshyamdas Saraf college -  
344.Stuti chandrakar - Bhilai institute of technology -  
345.jyoti upadhyay - sm shetty college -  
346.Amol Asthana - Ghanshyamdas Saraf College of Arts and Commerce -  
347.Anushka Deepak jadhav - Joshi bedekar college -  
348.Sharwari kadam - Smt MMK College of Commerce and Economics Bandra -  
349.Shyam Dubey - Ghanshyamdas saraf college Malad West -  
350.Sanjana chavan - Ghanshamdas saraf college -  
351.Roshni Singh - Ghanshyamdas Saraf College -  
352.Manishkumar Radheshyam Saroj - S.M. Shetty College -  
353.Vedika Rajaram Dalvi - N.G bedekar college of college, Thane -  
354.Vasudha Daulatrao Patil - SIES COLLEGE OF ARTS COMMERCE AND SCIENCE (AUTONOMOUS)  
SION ( W ) -  
355.Retika Marina Dmello - Sies Acsc -  
356.Pranay Kumar - BUNTS SANGHA'S S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND  
MANAGEMENT STUDIES, MUMBA -  
357.Kanojiya Aviral Akhilesh - Ghanshyamdas saraf college -  
358.Swati Shetty - SM.Shetty College,Powai -  
359.Saurav mitra - Mittal college -  
360.Ankita Singh - SIES COLLEGE OF ARTS COMMERCE AND SCIENCE (AUTONOMOUS) SION (W) -  
361.Tanya Ravindranath Singh - Sm Shetty college -



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PRINCIPAL

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**BUNTS SANGHA'S**  
**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT**  
**STUDIES, POWAI.**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

- 362.Vinita yadav - Ghanshyamdas saraf college -  
363.Abhishek R sharma - Saraf college -  
364.Sundar Gajengi - S.I.E.S College of Arts , Science & Commerce (Autonomous) , Sion (W) -  
365.Nisha Gupta - Ghanshyamdas saraf college of Arts & Commerce -  
366.Pooja - Joshi bedekar college -  
367.PUSHPA BALWANT SINGH - Saraf college -  
368.Shyam Dubey - Ghanshyamdas saraf college malad west -  
369.Ankur Choudhary - Ghanshyam das saraf college -  
370.Rishika Padiyar - Durga Devi Saraf College -  
371.Ruchita Pravin Rathod - Ghanshyamdas Saraf College -  
372.Kritika Verma - Ghanshyamdas Saraf College -  
373.TRISHA S. MOILY - S.I.E.S College of Arts, Science and Commerce (Autonomous) Sion West. -  
374.Pooja lohar - Ghanshyamdas saraf college -  
375.Chirag shetty - S M Shetty College of Science Commerce and Management Studies -  
376.Abhishek prakash Gupta - SIES College -  
377.Satish singh - Saraf college -  
378.Anurag Singh - Sm Shetty Science and Commerce College -  
379.Shailesh kumar gupta - Bhilai institute of technology durg (c.g.) -  
380.Ankit Pawan Kumar Shah - Ghanshyamdas saraf college -  
381.Ritika Roongta - Ghanshyamdas Saraf -  
382.Shubhangi Tanaji Kachare - VPM K. G Joshi College of Art's And N. G Bedekar College of Commerce,  
Thane -  
383.Anita - Ghanshyam das Saraf collage of arts and commerce -  
384.Anjali Tripathi - Ghanshyamdas Saraf College -  
385.Jagdish Jangid - Ghanshyamdas saraf College -  
386.Jagruti Shantaram Khairnar - K G joshi college ,Thane -  
387.Aswathy Nair - SIES college of arts science and commerce (autonomous) -  
388.Neha dhuriya - Ghanshyamdas Saraf college -  
389.Rishika Jain - Ghanshyamdas Saraf college -  
390.Patwa Raj Sanjay - Nirmala collage -  
391.Chandana Rajeswaran Nair - S.I.E.S COLLEGE OF ARTS,SCIENCE AND COMMERCE  
(AUTONOMOUS),SION (W) -  
392.Krishna Jaiswal - S.M.SHETTY COLLEGE -  
393.Ramkishan Sahu - Bhilai Institute of Technology, Durg -  
394.vivek varma - Ghanshyamdas Saraf college -  
395.Nasir shaikh - Oriental college of commerce and management -  
396.Sailee Potdar - Sent. K.G Mittal College of Arts and commerce -  
397.Yogini Ashok Singh - SMT.Kamala Mehta College Of Commerce -



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**STUDIES, POWAI.**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

- 398.Poonam ashok bhoi - joshi bedekar thane (w) -  
399.Navin Baghel - S. M . T kamla mhetha of commerce -  
400.Sanket Pawar - Smt. K. G. Mittal college of Arts and commerce -  
401.Revati dilip velonde - N. G. Bedekar College -  
402.Kajal sonar - Kamala metha college -  
403.Kannojiya Kajal Dinesh Kumar - S. I. W. S college -  
404.Mahesh Sandeep patyane - SMT Kamal Mehta college of commerce -  
405.Divya khedekar - Bedekar college -  
406.Chetana talekar - Ghanshyamdas saraf college -  
407.Juee dudwadkar - Joshi Bedekar college -  
408.Mukul jain - Ghanshyamdas Saraf College -  
409.Rohit jaiswal - Mittal collage -  
410.Apurva Chakravarti - S.I.W.S college of wadala -  
411.Chavan Manavta - Kamala metha college of commerce -  
412.Alsaba sayyed - Kamala mehta college of commerce -  
413.Nandini Mahapatra - Bunts Sangha's S.M Shetty College



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**NAAC ACCREDITED 'A' GRADE**  
**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Certificate Sample Copy - Quiz Competition on HIV/AIDS**



*Vijay. Krishnaswama*

**NSS Programme Officer**

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*John. Pereira*

**NSS Programme Officer**



*[Signature]*  
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IMC RBNQ Certificate of Merit 2019  
ISO 21001 : 2018 Certified



## RESEARCH CELL & NSS CELL

**ORGANIZE**

MULTI-DISCIPLINARY INTER-COLLEGIATE ONLINE  
STUDENT RESEARCH CONVENTION 2021

ON

**CHANGING DYNAMICS OF COVID ERA:  
NEW NORMAL IN SOCIETY AND INDUSTRY**

**Monday, 5<sup>th</sup> April, 2021**

**Venue: S M SHETTY COLLEGE ZOOM LINK**



# REPORT

The RESEARCH CELL & NSS UNIT organized Multi-Disciplinary Inter-Collegiate ONLINE Student Research Convention on 5<sup>th</sup> April, 2021. The theme of the Convention was 'CHANGING DYNAMICS OF COVID ERA:NEW NORMAL IN SOCIETY AND INDUSTRY'.

The convention started off with lighting of the ceremonial lamp by Shri B R Shetty Chairman(PEC) ,Prin.Dr Sridhara Shetty and other dignitaries . Vice-Principal Prof Sandesha Shetty welcomed all the dignatories and and all the participants from other colleges.

Dr Liji Santosh ,Vice-Principal of the college gave the Intoductory remark on the changing dynamics of Covid Era.Prin.Dr. Sridhara Shetty addressed the participants on the impact of Covid on the economic, socio-political scenario of India and how research in these areas can help the nation in the long run.

Total 136 research papers were received out of which 102 were selected which were published in the "International Journal of Research in Management & Social Science" (ISSN: 2322-0899) Impact Factor: 6.45

The convention had total 152 students registered and 18 Teacher Guide. There were around 20+College who contributed their research papers.We would like to acknowledge M L Dhanukar College & Vikas College for contributing maximum papers from their college.

There were in all 3 Tracks.In Track I 23 students presented,Track II 26 students presented,Track III 24students presented.

TRACK	TRACK CHAIR- PERSON	DISCIPLINES	TIME
TECHNICAL SESSION – I	Dr Shraddha Shukla	Commerce, Accountancy & Management	11:45am-1:30pm
TECHNICAL SESSION – II	Dr Vinita Pimpale	Commerce, Accountancy & Management	11:45am-1:30pm
TECHNICAL SESSION –III	Prof Gaurang Rajwadkar	Mass Media , Information Technology, General Topics	11:45am-1:30pm

Sr.No	Track	Name of the Winners
1	I	Akshat Aggarwal 9004892040 Bunts Sangha's SM Shetty College of Management, Powai
2	II	Burhanuddin Mohamed Bangdiwalla 8454802646 Valia C. L. College Of Commerce And Arts
3	III	Jennifer Jagose 9167341108 HR College of Commerce and Economics

# PHOTOS

The image is a screenshot of a Zoom meeting. The top portion shows a presentation slide with the following text:

**BUNTS SANGHA'S**  
**S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE**  
**& MANAGEMENT STUDIES, POWAI**  
NAAC Accredited 'A' Grade  
IMC RBNQ Certificate of Merit 2019  
ISO 21001:2018 Certified

RESEARCH CELL and NSS UNIT  
Organise

Multi-Disciplinary Inter-Collegiate  
Online Student Research Convention 2021

**CHANGING DYNAMICS OF  
COVID ERA: NEW NORMAL IN SOCIETY  
AND INDUSTRY**

Event Date: 5th April, 2021      Venue/Platform: S. M. Shetty College Zoom Call      Event Time: 10A.M. Onwards

The bottom portion of the screenshot shows a gallery view of participants. There are several video feeds visible, including some that are greyed out (indicating muted or off-camera participants) and others showing individuals. The Zoom interface includes standard controls like mute, video, and chat icons at the bottom.



*I hereby release the journal  
"International Journal of  
Research in Management &  
Social Science" (ISSN: 2322-0899)  
Impact Factor: 6.45 on  
the occasion of the Inter collegiate  
Students Research Convention  
organised by  
Research Cell and NSS Unit of  
Bunts Sangha's S M Shetty College.*

00:21:06

00:42:19

00:21:21

00:42:02



00:11



00:54



00:11



00:54



The image displays a video player interface. The main content area features a slide with a golden oil lamp (diya) on the left and the word "WELCOME" in large white serif font on a yellow-to-green gradient background. The word "WELCOME" is also faintly visible as a reflection below it. On the right side, there are four small video thumbnails showing different participants. The bottom of the player shows a control bar with a volume icon, a play/pause button, and a full-screen icon. The video ID "005554" is visible in the bottom right corner of the player area.

# Program Schedule

05.04.2021

10:30am-10:35am	<b>NATIONAL ANTHEM</b>
<b>Comparing &amp; Briefing about the College</b> 10:35am-10:40am	<b>Mr John Menezes</b> <i>NSS Programme Officer</i>
10:40am-10:42am	<b>Lighting of the lamp by the Dignatories</b>
<b>Welcome Address</b> 10:43am-10:45am	<b>Mr. Sandesha Shetty</b> <i>Vice Principal</i>
<b>Briefing about the Convention</b> 10:45am-10:50am	<b>Dr. Liji Santosh</b> <i>Vice Principal &amp; IQAC Coordinator</i>
<b>Address by Chairman &amp; Release of Conference Journal</b> 10:50am-11:00am	<b>Shri. B R Shetty</b> <i>Chairman Powai Education Committee</i>
<b>Keynote Address</b> 11:00am-11:20am	<b>Dr. Sridhara Shetty</b> <i>Principal</i>
<b>Vote of Thanks</b> 11:20am-11:30am	<b>Mr. Vijay Vishwakarma</b> <i>Convener</i>
<b>TECHNICAL HEAD</b>	<b>Mr Mithilesh Chauhan</b> <b>(Creating Zoom link &amp; Technical parts)</b>

## **TECHNICAL SESSIONS**

TRACK	TRACK CHAIR- PERSON	DISCIPLINES	TIME
TECHNICAL SESSION – I	Dr Shraddha Shukla	Commerce, Accountancy & Management	11:45am-1:30pm
TECHNICAL SESSION – II	Dr Vinita Pimpale	Commerce, Accountancy & Management	11:45am-1:30pm
TECHNICAL SESSION –III	Prof Gaurang Rajwadkar	Mass Media , Information Technology, General Topics	11:45am-1:30pm

### **I. TRACK– I INCHARGE Mr. John Menezes**

<b>Technical Session Head</b>	Dr Shraddha Shukla
<b>Technical In charge</b>	Mr. John Menezes (Zoom link & Technical part)
<b>Introduction of the Technical Session Head</b>	Mrs Preeti Matharu
<b>Coordinating with the Participants</b>	Mrs Preeti Matharu & Mr. John Menezes
<b>Address by the Head</b>	Dr Shraddha Shukla
<b>Paper Presentation</b>	
<b>Vote of Thanks</b>	Mr. John Menezes

### **II. TRACK– II INCHARGE Mr.Mithilesh Chauhan**

<b>Technical Session Head</b>	Dr Vinita Pimpale
<b>Technical In charge</b>	Mr Hamid Khan(Zoom link & Technical part)
<b>Introduction of the Technical Session Head</b>	CA Zainab Rangwala
<b>Coordinating with the Participants</b>	CA Zainab Rangwala & Mr.Mithilesh Chauhan
<b>Address by the Head</b>	Dr Vinita Pimpale
<b>Paper Presentation</b>	
<b>Vote of Thanks</b>	Mr Hamid Khan(Zoom link & Technical part)

### **III. TRACK – III INCHARGE Ms Neena Sharma**

<b>Technical Session Head</b>	Prof Gaurang Rajwadkar
<b>Technical In charge</b>	Mrs Avneet Kaur (Zoom link & Technical part)
<b>Introduction of the Technical Session Head</b>	Ms Neena Sharma
<b>Coordinating with the Participants</b>	Ms Neena Sharma & Miss Swati Shetty
<b>Address by the Head</b>	Prof Gaurang Rajwadkar
<b>Paper Presentation</b>	
<b>Vote of Thanks</b>	Miss Swati Shetty

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**ISO 9001:2015 Certified**

**Approval Form: 5 Days Yoga Challenge (Fit India Movement)**

**Department:** NSS UNIT

**Program:** 5 Days Yoga Challenge

**Objectives:** This is an Inter- Collegiate Fitness Challenge

**Need:** It is important for the students to know about yoga and keep themselves fit.

**Content:** On the occasion of Fit India Movement, the NSS Unit has organized fitness challenges, where participants will have to perform different Yoga Asans (1 Asan per day) which are given below:-

Day 1- Vrikshasana

Day 2- Bhujangasana

Day 3- Ardha Chandrasana

Day 4- Chakrasana

Day 5- Dhanurasana

**Date:** 2<sup>nd</sup> October, 2020

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Sushant Ramesh Shetty

**Verified by:** Prof. Vijay Vishwakarma



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Criterion 3 - Research, Innovations and Extension



**NSS Programme Officer**



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**Minutes of Meeting: 5 Days Yoga Challenge (Fit India Movement)**

**Minutes of the meeting:**

- ☐ To discuss about the upcoming events for Fit India Movement.
- ☐ To discuss about to make a promotion video for Fit India Movement.
- ☐ To allot work to social media team and leaders.
- ☐ To discuss about the documentation work.
- ☐ To allot leaders to prepare for the WhatsApp message which would be send to other colleges to participate.
- ☐ To allot Social media team start to work on the poster and brochure for the event and update the social media platform



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Poster & Brochure: 5 Days Yoga Challenge (Fit India Move)

Bunts Sangha's  
S.M.Shetty College of Science, Commerce & Management Studies, Powai, Mumbai-76  
Affiliated to University of Mumbai  
NAAC Accredited 'A' Grade  
ISO 9001:2015 Certified

**NATIONAL SERVICE SCHEME  
PRESENTS**

**5 Days Fit Raho Challenge**

Vrikshasana (DAY 1)

Dhanurasana (DAY 5)

Bhujangasana (DAY 2)

Chakrasana (DAY 4)

Ardha Chandrasana (DAY 3)

From:- 28th September, 2020 Till:- 2nd October, 2020

For Any Queries Contact:-

Ishan Salian: 9773471471 Sushant Shetty: 7738813869

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**Bunts Sangha's**  
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**Accredited 'A' Grade**  
**IMC RBNQ Certificate of Merit 2019**

**How To Take Part In The Challenge:-**

1. Click a picture of you doing the yoga each day
2. Follow our Instagram handle: @shettynssunit\_b46
3. DM us the picture along with your Name, College Name and E-mail ID

We will feature your pictures on our Instagram story!

Note: (All the participants will be provided with E-Certificates)

**So pull up your yoga pants and get ready to stay fit!**



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## Notice: 5 Days Yoga Challenge (Fit India Movement)

The NSS Unit of

Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies Presents 5 Days Fit Raho Challenge On the occasion of Fit India Movement,

We the NSS volunteers are organising a 5-day fitness challenge, where participants will have to perform 5 different yoga postures (1 yoga per day) which are given below:-

▪Day 1 - Vrikshasana

[https://drive.google.com/file/d/15RN1EVCobXthTw83\\_q00IONKaR0iptsw/view?usp=drivesdk](https://drive.google.com/file/d/15RN1EVCobXthTw83_q00IONKaR0iptsw/view?usp=drivesdk)

▪Day 2 - Bhujangasana

<https://drive.google.com/file/d/1p9k7-K7GZfGfATupKdgmJkQkxwRJ6oao/view?usp=drivesdk>

▪Day 3 - Ardha Chandrasana

<https://drive.google.com/file/d/1gWHqxjtoOwCHfRy8pc-Z2pCpcdS9XAO6/view?usp=drivesdk>

▪Day 4 - Chakrasana

[https://drive.google.com/file/d/1TsyxfxqNIOE186KVDU3ldRxhonMCS\\_wl/view?usp=drivesdk](https://drive.google.com/file/d/1TsyxfxqNIOE186KVDU3ldRxhonMCS_wl/view?usp=drivesdk)

▪Day 5 Dhanurasana

[https://drive.google.com/file/d/1rlqPdA6Tc7SkrO\\_8Vk5BoxGGMR3url25/view?usp=drivesdk](https://drive.google.com/file/d/1rlqPdA6Tc7SkrO_8Vk5BoxGGMR3url25/view?usp=drivesdk)

Sounds fun right? 🤔

To be a part of the 5 Day Fit raho challenge ▪ Click a picture of you doing the yoga each day.

▪ Follow our Instagram handle:shettyNSSunit\_b46

[https://instagram.com/shettyNSSunit\\_b46?igshid=1kiv5rh9bybto](https://instagram.com/shettyNSSunit_b46?igshid=1kiv5rh9bybto)

▪DM us the picture of the same along with your Name, College Name and E-mail ID

Or you can whatsapp us at

Sushant Shetty- 7738813869

Ishan Salián- +91 97734 71471

We will feature your pictures on our Instagram story! 🤔

From:- 28th September,2020

To:- 2nd October, 2020

So pull up your yoga pants and get ready to stay fit!



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## **Report: 5 Days Yoga Challenge (Fit India Movement)**

**Event: 5 Days Yoga Challenge (Fit India Movement)**

**Date:** 2<sup>nd</sup> October, 2020 **Objective:**

**Highlight:** The NSS Unit of S. M. SHETTY COLLEGE had organized a fitness challenge from 28<sup>th</sup> September, 2020 to 2<sup>nd</sup> October, 2020 for **FIT INDIA MOVEMENT**. The participants had performed different Yoga Asans (1 Asan per day) which were given below:-

Day 1- Vrikshasana

Day 2- Bhujangasana

Day 3- Ardha Chandrasana

Day 4- Chakrasana

Day 5- Dhanurasana

All the participants were provided with participation certificate.



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## Day 1 Vrikshasana

 **5 Days Fit Raho Challenge** 


**DAY 1- VRIKSHASANA**





**SHRINAV SHYAM**  
**S M SHETTY COLLEGE**  
@mr...imperfect

 **5 Days Fit Raho Challenge** 

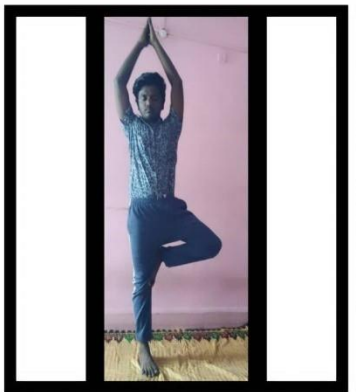
**DAY 1- VRIKSHASANA**



**AARTI THAKUR**  
**S.M.SHETTY COLLEGE**  
@\_aaru\_04

 **5 Days Fit Raho Challenge** 

**DAY 1- VRIKSHASANA**



**RAMKUMAR ARUMUGAM VALLUVAR**  
**SIES COLLEGE OF ARTS, SCIENCE AND**  
**COMMERCE (AUTONOMOUS) - SION (W)**  
@ramkummarr



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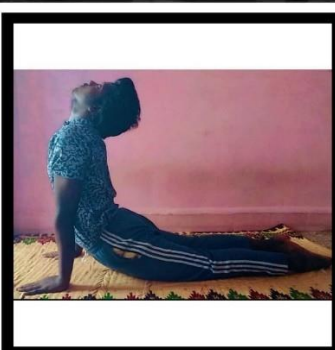


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## Day 2 Bhujangasana

 <b>5 Days Fit Raho Challenge</b> <b>DAY 2- BHUJANGASANA</b>  <b>AADIKA RAMESH DEVADE</b> VALIA C.L. COLLEGE OF COMMERCE <i>@aadika_devade</i>	 <b>5 Days Fit Raho Challenge</b> <b>DAY 2- BHUJANGASANA</b>  <b>RAMKUMAR ARUMUGAM VALLUVAR</b> SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS) SION (W) <i>@ramkumarr</i>	 <b>5 Days Fit Raho Challenge</b> <b>DAY 2- BHUJANGASANA</b>  <b>PRANALI KESHAV NALAVADE</b> VPM JOSHI BEDEKAR COLLEGE THANE <i>@princessnalavade41101</i>
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*Vijay. Krishnaswama*

**NSS Programme Officer**  
Criterion 3 - Research, Innovations and Extension

*John Pienzo*

**NSS Programme Officer**



*Shetty*  
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### Day 3 Ardha Chandrasana

<p>5 Days Fit Raho Challenge</p> <p>DAY 3- ARDHA CHANDRASANA</p>  <p>AADIKA RAMESH DEVADE VALIA C.L. COLLEGE OF COMMERCE <i>@aadika_devade</i></p>	<p>5 Days Fit Raho Challenge</p> <p>DAY 3- ARDHA CHANDRASANA</p>  <p>LISA DSOUZA SM SHETTY COLLEGE <i>@lisa_dsouza</i></p>	<p>5 Days Fit Raho Challenge</p> <p>DAY 3- ARDHA CHANDRASANA</p>  <p>UJJWAL SINGH S.M.SHETTY COLLEGE <i>@mr_s.h.i.n.c.h.a.n.21</i></p>
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*Vijay. Krishnarajama*

**NSS Programme Officer**  
Criterion 3 - Research, Innovations and Extension

*John Dierges*

**NSS Programme Officer**



*Principal*  
PRINCIPAL

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## Day 5 Dhanurasana



*Vijay. Krishnarajama*

**NSS Programme Officer**  
Criterion 3 - Research, Innovations and Extension

*John Dierges*

**NSS Programme Officer**



*Principal*  
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**Participation List: 5 Days Yoga Challenge (Fit India Movement) Day 1 –**

**Vrikshasana**

- |                                  |   |
|----------------------------------|---|
| 1. Shrinav Shyam                 | Bunts Sangha's S.M. Shetty College, Powai   |
| 2. Pranali Keshav Nalavade       | VPM Joshi- Bedekar College  |
| 3. Ramkumar Arumugam<br>Valluvar | SIES College of Arts, Science and Commerce  |
| 4. Aarti Thakur                  | Bunts Sangha's S.M. Shetty College, Powai   |
| 5. Haadesh D. Amin               | VPMs RZ Shah College  |
| 6. Ujjwal Singh                  | Bunts Sangha's S.M. Shetty College, Powai<br>Nirmala Memorial Foundation College of Commerce<br>and Science |
| 7. Aryan Manjarekar              | MT. Kamala Mehta College of Commerce  |
| 8. Janhavi Vasudeo Koli          | SIES GST College  |
| 9. Shambavi Vinod Balvalli       | Bunts Sangha's S.M. Shetty College, Powai   |
| 10. Swathi Ganesh Shetty         | MGM College Kamothe, Panvel   |
| 11. Prathamesh Joshi             | Bunts Sangha's S.M. Shetty College, Powai   |
| 12. Tanya Ravindranath Singh     | Bunts Sangha's S.M. Shetty College, Powai   |
| 13. Bhumika Sharma               | Bunts Sangha's S.M. Shetty College, Powai   |
| 14. Aleena Shaikh                | Bhavans College   |
| 15. Anjali Maurya                | Valia C.L. College of Commerce  |
| 16. Gaush Rafique Murshad        | Bunts Sangha's S.M. Shetty College, Powai   |
| 17. Tanvi Gaikwad                | Bunts Sangha's S.M. Shetty College, Powai   |
| 18. Ayesha khan                  | Bunts Sangha's S.M. Shetty College, Powai   |
| 19. Amisha Pravin Pardeshi       | Bunts Sangha's S.M. Shetty College, Powai   |
| 20. Aadika Ramesh Devade         | Valia C.L. College of commerce  |
| 21. Vandana Kanojiya             | Bunts Sangha's S.M. Shetty College, Powai   |
| 22. Nafees Ahmed Ansari          | Bunts Sangha's S.M. Shetty College, Powai   |
| 23. Vinod Nagnath Bhatane        | VPM Joshi bedekar college of Thane  |
| 24. Dhiraj Mahadik               | Bunts Sangha's S.M. Shetty College, Powai   |
| 25. Ashvith Shetty               | Bunts Sangha's S.M. Shetty College, Powai   |
| 26. Shivam Upadhyay              | Bunts Sangha's S.M. Shetty College, Powai   |
| 27. Asif khan                    | Vissi Campus, Andheri   |
| 28. Ashwin Iyer                  | Sies college of arts, science and commerce  |
| 29. Sriya Sahu                   | Bunts Sangha's S.M. Shetty College, Powai   |



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- |                              |   |
|------------------------------|---|
| 30. Sulata Bhagwan Panigrahi | Bunts Sangha's S.M. Shetty College, Powai |
| 31. Radhika Jayesh Manjrekar | Bunts Sangha's S.M. Shetty College, Powai |
| 32. Vinit Vishwakarma        | Bunts Sangha's S.M. Shetty College, Powai |
| 33. Krishna Jaiswal          | Bunts Sangha's S.M. Shetty College, Powai |

## Day 2 – Bhujangasana

- |                                  |   |
|----------------------------------|---|
| 1. Pranali Keshav Nalavade       | VPM Joshi- Bedekar College                              |
| 2. Ramkumar Arumugam<br>Valluvar | SIES College of Arts, Science and Commerce              |
| 3. Aadika Ramesh Devade          | Valia C.L. College of commerce                          |
| 4. Gaush Rafique Murshad         | Bunts Sangha's S.M. Shetty College, Powai               |
| 5. Avantika Mohandas             | SIES College of Arts, Science and Commerce (Autonomous) |
| 6. Tanvi Gaikwad                 | Bunts Sangha's S.M. Shetty College, Powai               |
| 7. Aarti Thakur                  | Bunts Sangha's S.M. Shetty College, Powai               |
| 8. Sakshi Poojary                | Bunts Sangha's S.M. Shetty College, Powai               |
| 9. Janhavi Vasudeo Koli          | MT. Kamala Mehta College of Commerce                    |
| 10. Haadesh D. Amin              | VPMs RZ Shah College                                    |
| 11. Vandana Kanojiya             | Bunts Sangha's S.M. Shetty College, Powai               |
| 12. Aryan Manjarekar             | Nirmala Memorial Foundation College                     |
| 13. Harsha Pille                 | RJ Thakur College                                       |
| 14. Ujjwal Singh                 | Bunts Sangha's S.M. Shetty College, Powai               |
| 15. Prathamesh Joshi             | MGM College Kamothe, Panvel                             |
| 16. Chrislyn Emima.J             | St.Joseph's Institute Of Technology                     |
| 17. Moksha Kandpal               | Sies College of Arts Science & Commerce (Autonomous)    |
| 18. Bhawani Surendra Swain       | Sies College of Arts Science & Commerce (Autonomous)    |
| 19. Vasudha Daulatrao Patil      | Sies College of Arts Science & Commerce (Autonomous)    |
| 20. Shailesh Gaud                | Sies College of Arts, Science & Commerce (Autonomous)   |
| 21. Pratiksha SunilDutt Soni     | Sies College of Arts, Science & Commerce (Autonomous)   |
| 22. Radhika Jayesh Manjrekar     | Bunts Sangha's S.M. Shetty College, Powai               |
| 23. Tanya Ravindranath Singh     | Bunts Sangha's S.M. Shetty College, Powai               |
| 24. Aarya Kaur                   | Bunts Sangha's S.M. Shetty College, Powai               |



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25. Lisa Dsouza	Bunts Sangha's S.M. Shetty College, Powai
26. Nafees Ahmed Ansari	Bunts Sangha's S.M. Shetty College, Powai
27. Swathi Ganesh Shetty	Bunts Sangha's S.M. Shetty College, Powai
28. Vinod Nagnath Bhatane	VPM Joshi bedekar college of Thane
29. Shubhangi Jain	Bunts Sangha's S.M. Shetty College, Powai
30. Asif khan	Vissi Campus, Andheri
31. Amisha Pravin Pardeshi	Bunts Sangha's S.M. Shetty College, Powai
32. Aleena Shaikh	Bhavans College
33. Ashvith Shetty	Bunts Sangha's S.M. Shetty College, Powai
34. Sairaj Shetty	Bunts Sangha's S.M. Shetty College, Powai
35. Amisha Pravin Pardeshi	Bunts Sangha's S.M. Shetty College, Powai
36. Sulata Bhagwan Panigrahi	Bunts Sangha's S.M. Shetty College, Powai
37. Sriya Sahu	Bunts Sangha's S.M. Shetty College, Powai
38. Dhiraj Mahadik	Bunts Sangha's S.M. Shetty College, Powai
39. Shambavi Vinod Balvalli	SIES GST College
40. Dunesh Wagh	Bunts Sangha's S.M. Shetty College, Powai
41. Abhijeet Patil	Bunts Sangha's S.M. Shetty College, Powai
42. Shivam Upadhyay	Bunts Sangha's S.M. Shetty College, Powai

### Day 3 - Ardha Chandrasana

1. Mayuri Salian	Bunts Sangha's S.M. Shetty College, Powai
2. Tanvi Gaikwad	Bunts Sangha's S.M. Shetty College, Powai
3. Aadika Ramesh Devade	Valia C.L. College of commerce
4. Sakshi Poojary	Bunts Sangha's S.M. Shetty College, Powai
5. Lisa Dsouza	Bunts Sangha's S.M. Shetty College, Powai
6. Ujjwal Singh	Bunts Sangha's S.M. Shetty College, Powai
7. Aarya Kaur	Bunts Sangha's S.M. Shetty College, Powai
8. Aryan Manjarekar	Nirmala Memorial Foundation College



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- |                              |   |
|------------------------------|---|
| 9. Manish Shetty             | Bunts Sangha's S.M. Shetty College, Powai             |
| 10. Vandana Kanojiya         | Bunts Sangha's S.M. Shetty College, Powai             |
| 11. Haadesh D. Amin          | VPMs RZ Shah College                                  |
| 12. Shubhangi Jain           | Bunts Sangha's S.M. Shetty College, Powai             |
| 13. Swathi Ganesh Shetty     | Bunts Sangha's S.M. Shetty College, Powai             |
| 14. Tanya Ravindranath Singh | Bunts Sangha's S.M. Shetty College, Powai             |
| 15. Harsha Pille             | RJ Thakur College                                     |
| 16. Aarti Thakur             | Bunts Sangha's S.M. Shetty College, Powai             |
| 17. Janhavi Vasudeo Koli     | MT. Kamala Mehta College of Commerce                  |
| 18. Prasad Narendra Amrute   | JSM COLLEGE ALIBAG                                    |
| 19. Abhijeet Patil           | Bunts Sangha's S.M. Shetty College, Powai             |
| 20. Aleena Shaikh            | Bhavans College                                       |
| 21. Pranali Keshav Nalavade  | VPM Joshi- Bedekar College                            |
| 22. Ashvith Shetty           | Bunts Sangha's S.M. Shetty College, Powai             |
| 23. Sulata Bhagwan Panigrahi | Bunts Sangha's S.M. Shetty College, Powai             |
| 24. Sriya Sahu               | Bunts Sangha's S.M. Shetty College, Powai             |
| 25. Shambavi Vinod Balvalli  | SIES GST College                                      |
| 26. Nafees Ahmed Ansari      | Bunts Sangha's S.M. Shetty College, Powai             |
| 27. Dhiraj Mahadik           | Bunts Sangha's S.M. Shetty College, Powai             |
| 28. Radhika Jayesh Manjrekar | Bunts Sangha's S.M. Shetty College, Powai             |
| 29. Vinod Nagnath Bhatane    | VPM Joshi bedekar college of Thane                    |
| 30. Bhakti Yadav             | Bunts Sangha's S.M. Shetty College, Powai             |
| 31. Bhawani Surendra Swain   | Sies College of Arts Science & Commerce (Autonomous)  |
| 32. Pratiksha SunilDutt Soni | Sies College of Arts, Science & Commerce (Autonomous) |
| 33. Moksha Kandpal           | Sies College of Arts Science & Commerce (Autonomous)  |



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#### Day 4 – Chakrasana

- |                               |   |
|-------------------------------|---|
| 1. Mayuri Salian              | Bunts Sangha's S.M. Shetty College, Powai                   |
| 2. Shrinav Shyam              | Bunts Sangha's S.M. Shetty College, Powai                   |
| 3. Aadika Ramesh Devade       | Valia C.L. College of commerce                              |
| 4. Avantika Mohandas          | SIES College of Arts, Science and Commerce (Autonomous)     |
| 5. Ramkumar Arumugam Valluvar | SIES College of Arts, Science and Commerce                  |
| 6. Aarti Thakur               | Bunts Sangha's S.M. Shetty College, Powai                   |
| 7. Pranali Keshav Nalavade    | VPM Joshi- Bedekar College                                  |
| 8. Vinod Nagnath Bhatane      | VPM Joshi bedekar college of Thane                          |
| 9. Bhakti Yadav               | Bunts Sangha's S.M. Shetty College, Powai                   |
| 10. Swathi Ganesh Shetty      | Bunts Sangha's S.M. Shetty College, Powai                   |
| 11. Priya Yadav               | Bunts Sangha's S.M. Shetty College, Powai                   |
| 12. Amit Shukla               | Bunts Sangha's S.M. Shetty College, Powai                   |
| 13. Aryan Manjarekar          | Nirmala Memorial Foundation College of Commerce and Science |
| 14. Vandana Kanojiya          | Bunts Sangha's S.M. Shetty College, Powai                   |
| 15. Aarya Kaur                | Bunts Sangha's S.M. Shetty College, Powai                   |
| 16. Manish Shetty             | Bunts Sangha's S.M. Shetty College, Powai                   |
| 17. Ujjwal Singh              | Bunts Sangha's S.M. Shetty College, Powai                   |
| 18. Janhavi Vasudeo Koli      | MT. Kamala Mehta College of Commerce                        |
| 19. Haadesh D. Amin           | VPMs RZ Shah College  |
| 20. Tanya Ravindranath Singh  | Bunts Sangha's S.M. Shetty College, Powai                   |
| 21. Shubhangi Jain            | Bunts Sangha's S.M. Shetty College, Powai                   |
| 22. Shambavi Vinod Balvalli   | SIES GST College  |
| 23. Harsha Pille              | RJ Thakur College   |
| 24. Lisa Dsouza               | Bunts Sangha's S.M. Shetty College, Powai                   |
| 25. Nafees Ahmed Ansari       | Bunts Sangha's S.M. Shetty College, Powai                   |
| 39. Ayesha khan               | Bunts Sangha's S.M. Shetty College, Powai                   |
| 40. Asif khan                 | Vissi Campus, Andheri                                       |
| 41. Sakshi Poojary            | Bunts Sangha's S.M. Shetty College, Powai                   |
| 42. Sonu Mahto                | Bunts Sangha's S.M. Shetty College, Powai                   |



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26. Ashvith Shetty	Bunts Sangha's S.M. Shetty College, Powai
27. Tanvi Gaikwad	Bunts Sangha's S.M. Shetty College, Powai
28. Prasad Narendra Amrute	JSM COLLEGE ALIBAG
29. Dhiraj Mahadik	Bunts Sangha's S.M. Shetty College, Powai
30. Sriya Sahu	Bunts Sangha's S.M. Shetty College, Powai
31. Dunesh Wagh	Bunts Sangha's S.M. Shetty College, Powai
32. Radhika Jayesh Manjrekar	Bunts Sangha's S.M. Shetty College, Powai
33. Aleena Shaikh	Bhavans College
34. Bhawani Surendra Swain	Sies College of Arts Science & Commerce (Autonomous)
35. Moksha Kandpal	Sies College of Arts Science & Commerce (Autonomous)
36. Pratiksha SunilDutt Soni	Sies College of Arts, Science & Commerce (Autonomous)
37. Komalpreet Kaur Manku	Sies College of Arts, Science & Commerce (Autonomous)
38. Vasudha Daulatrao Patil	Sies College of Arts Science & Commerce (Autonomous)
43. Shivam Upadhyay	Bunts Sangha's S.M. Shetty College, Powai
44. Shruti Pal	Bunts Sangha's S.M. Shetty College, Powai
45. Anuja Gajinkar	Bunts Sangha's S.M. Shetty College, Powai
46. Krishna Jaiswal	Bunts Sangha's S.M. Shetty College, Powai

#### Day 5 – Dhanurasana

1. Mayuri Salian	Bunts Sangha's S.M. Shetty College, Powai
2. Aadika Ramesh Devade	Valia C.L. College of commerce
3. Shrinav Shyam	Bunts Sangha's S.M. Shetty College, Powai
4. Sakshi Poojary	Bunts Sangha's S.M. Shetty College, Powai
5. Roshna Satre	A.C.Patil College, Kharghar
6. Shivam Upadhyay	Bunts Sangha's S.M. Shetty College, Powai
7. Nilesh Mishra	Bunts Sangha's S.M. Shetty College, Powai
8. Pranali Keshav Nalavade	VPM Joshi- Bedekar College
9. Aleena Shaikh	Bhavans College
10. Avantika Mohandas	SIES College
11. Tanvi Gaikwad	Bunts Sangha's S.M. Shetty College, Powai
12. Aarti Thakur	Bunts Sangha's S.M. Shetty College, Powai
13. Komalpreet Kaur Manku	Sies College
14. Moksha Kandpal	Sies College



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15. Pratiksha SunilDutt Soni	Sies College
16. Vasudha Daulatrao Patil	Sies College
17. Aarya Kaur	Bunts Sangha's S.M. Shetty College, Powai
18. Vandana Kanojiya	Bunts Sangha's S.M. Shetty College, Powai
19. Janhavi Vasudeo Koli	MT. Kamala Mehta College of Commerce
20. Ujjwal Singh	Bunts Sangha's S.M. Shetty College, Powai
21. Harsha Pille	RJ Thakur College
22. Lisa Dsouza	Bunts Sangha's S.M. Shetty College, Powai
23. Nafees Ahmed Ansari	Bunts Sangha's S.M. Shetty College, Powai
24. Sriya Sahu	Bunts Sangha's S.M. Shetty College, Powai
25. Prasad Narendra Amrute	JSM COLLEGE ALIBAG
26. Haadesh D. Amin	VPMs RZ Shah College
27. Dhiraj Mahadik	Bunts Sangha's S.M. Shetty College, Powai
28. Vinod Nagnath Bhatane	VPM Joshi bedekar college of Thane
29. Ashvith Shetty	Bunts Sangha's S.M. Shetty College, Powai
30. Sulata Bhagwan Panigrahi	Bunts Sangha's S.M. Shetty College, Powai
31. Shambavi Vinod Balvalli	SIES GST College
32. Dunesh Wagh	Bunts Sangha's S.M. Shetty College, Powai
33. Bhakti Yadav	Bunts Sangha's S.M. Shetty College, Powai
34. Radhika Jayesh Manjrekar	Bunts Sangha's S.M. Shetty College, Powai



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**Certificate Sample Copy: 5 Days Yoga Challenge (Fit India Movement)**

**Day 1 – Vrikshasana**



*Vijay Krishnarajama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Pereira*

**NSS Programme Officer**

*[Signature]*  
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Day 2 – Bhujangasana





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Day 3 – Ardha Chandrasana



*Vijay Krishnaswama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Pereira*

**NSS Programme Officer**

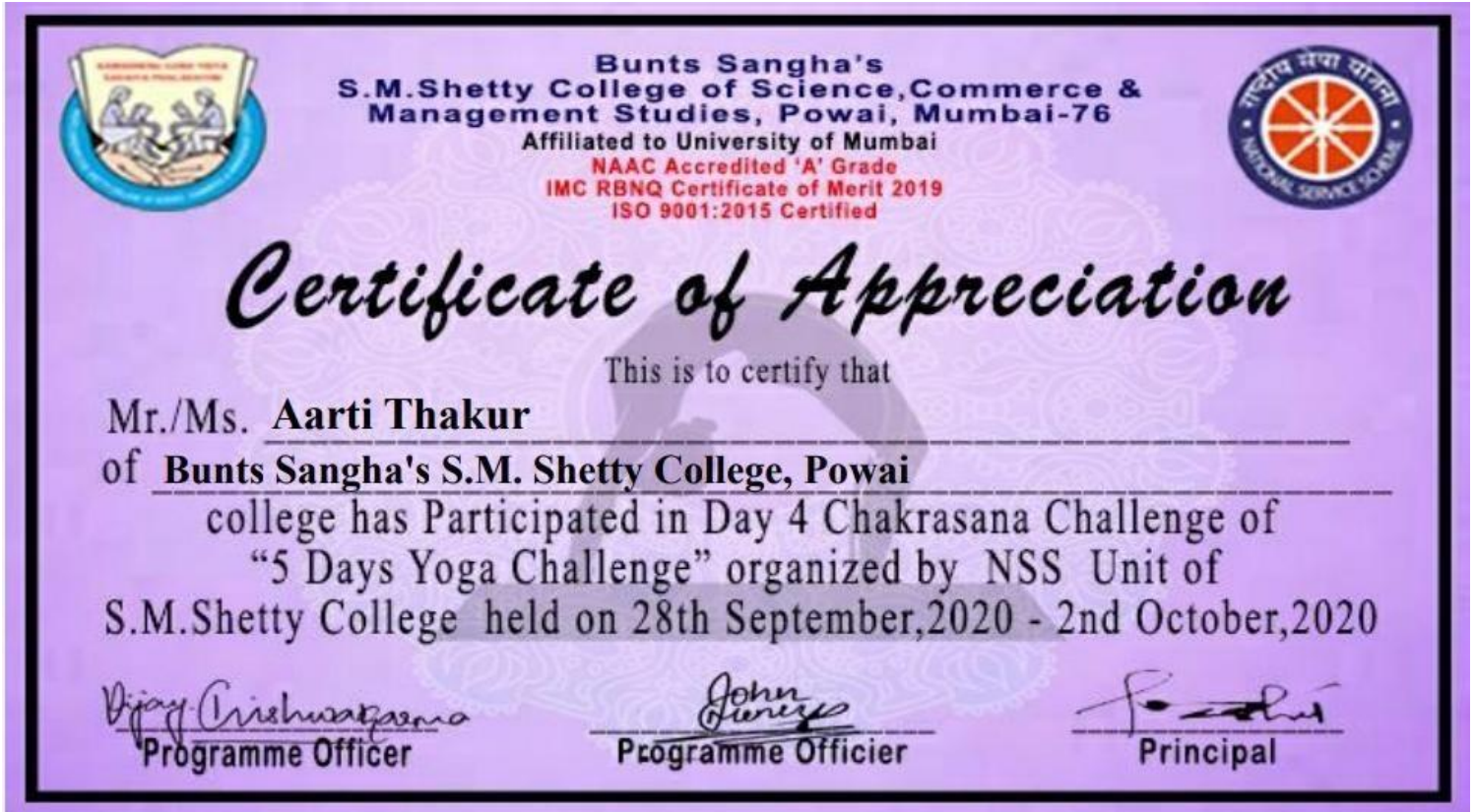


*[Signature]*  
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Day 4 – Chakrasana



*Vijay Krishnaswama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Pienzo*

**NSS Programme Officer**



*[Signature]*

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Day 5 – Dhanurasna



*Vijay Krishnaswama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Pierres*

**NSS Programme Officer**



*[Signature]*

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**Bunts Sangha's**  
**S. M. Shetty College of Science, Commerce & Management Studies, Powai**  
**NAAC Accredited 'A' Grade**  
**IMC RBNQ Certificate of Merit 2019**

**Approval Form: 5 Days Exercise Challenge (Fit India Movement)**

**Department:** NSS UNIT

**Program:** 5 Days Exercise Challenge.

**Objectives:** This is an Inter-Collegiate Fitness Challenge.

**Need:** It is important for the students to know about fitness and health.

**Content:** On the occasion of Fit India Movement, the NSS Unit has organized fitness challenges, where participants will have to perform different exercises (1 exercise per day) which are given below:-

Day 1- Pushups

Day 2- Sit ups

Day 3- Lunges

Day 4- Squats

Day 5- Pistol Squats

**Judge:** Mr. Akshay Naikodi.

**Date:** 21<sup>st</sup> September, 2020 – 25<sup>th</sup> September, 2020

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Mr. Sushant Shetty & Ms. Dipti Shetty

**Verified by:** Prof. Vijay Vishwakarma



**NSS Programme Officer**



**NSS Programme Officer**



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**Bunts Sangha's**  
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**NAAC Accredited 'A' Grade**  
**IMC RBNQ Certificate of Merit 2019**

**Minutes of Meeting: 5 Days Exercise Challenge (Fit India Movement)**

There was a meeting taken place on 18<sup>th</sup> September, 2020

**Minutes of the meeting:**

- To discuss about the upcoming events for Fit India Movement.
- To discuss about to make a promotion video for Fit India Movement.
- To allot work to social media team and leaders.
- To discuss about the documentation work.
- To allot leaders to prepare for the WhatsApp message which would be send to other colleges to participate.
- To allot Social media team start to work on the poster and brochure for the event and update the social media platform



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# **Rules & Regulation**

1. Make a 1-minute video of you performing the given exercise for the day.
2. Follow our Instagram handle:  
@shettynssunit\_b46
3. DM us your video on instangram along with your Name, College Name, Email ID & Contact Number or mail the same on nssunit\_b46@gmail.com
4. The one who performs the most number of each exercise in 1 minute will be declared as the winner.
5. One winner will be declared daily from 21st September to 25th September.
6. Send us your entries by 11pm max, as the winners will be announced at 12am on our Instagram story.

**Note:- (All the participants and Winners will be provided with E-Certificate)**

**So pull up your pants and get ready to stay fit!**



**NSS Programme Officer**



**NSS Programme Officer**



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**Bunts Sangha's**  
**S. M. Shetty College of Science, Commerce & Management Studies, Powai**  
**NAAC Accredited 'A' Grade**  
**IMC RBNQ Certificate of Merit 2019**  
**Notice (WhatsApp) : 5 Days Exercise Challenge (Fit India Movement)**

The NSS Unit of Bunts Sangha's  
S.M. Shetty College of Science Commerce & Management Studies.  
Presents

Fit Raho Challenge

On the occasion of Fit India Movement,

we the NSS Unit is organising fitness challenges, where participants will have to perform different exercises (1 exercise per day) which are given below:-

Exercise Challenge (21 Sept to 25 Sept)

- Day 1 - Pushups
- Day 2 - Situps
- Day 3 - Lunges
- Day 4 - Squats
- Day 5 - Pistol Squats

Sounds fun right?

Ps: This Challenge is open for all

To be a part of the Fit raho challenge

- Shoot a 1 min video of you doing the exercise each day.
- Follow our Instagram handle:-  
shettyNSSunit\_b46
- Dm us your video on instagram or mail us on nssunit\_b46@gmail.com along with your full name, College name(if student), Email ID, Contact number and instagram id.
- The one who performs most no. of each exercise in one minute will be declared as the winner.
- Winner will be declared daily on the next day of challenge at 12 am on our instagram handle.

(Entries will only be accepted upto 11PM each day)

E-certificates will be given to participants and winners.

We will feature your videos on our Instagram story! 😊

So pull up your pants and get ready to stay fit!

For any queries, Contact:

Dipti Shetty: 7045197444 Ishan Salian: 97734 71471



**NSS Programme Officer**



**NSS Programme Officer**



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Bunts Sangha's S.M. Shetty College  
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Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smshettyinstitute.org

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**IMC RBNQ Certificate of Merit 2019**

**Report: 5 Days Exercise Challenge (Fit India Movement)**

**Event: 5 Days Exercise Challenge.**

**Date:** 21<sup>st</sup> September, 2020

**Objective:** To let everyone workout daily and keep themselves fit.

**Highlight:** The NSS UNIT of Bunts Sangha's S. M. Shetty College had organized "5 DAYS EXERCISE CHALLENGE " on the occasion of Fit India Movement, where all the participants were asked to perform the given exercises for 5 days. The challenge started from 21st September,2020 to 25th September,2020. It was an intercollegiate event. The participants were asked to make a 1-minute video of the exercise and send it to us daily and out of that winners were announced on our Instagram handle. All the participants performed well and gave their efforts. Following are the exercise ask to perform:

Day 1- Pushups

Day 2- Sit ups

Day 3- Lunges

Day 4- Squats

Day 5- Pistol Squats

There were total **146 participants** in the event. All the participants were provided with participation certificates.

**The Winners of the Competition are:-**

**Day 1- Pushups**





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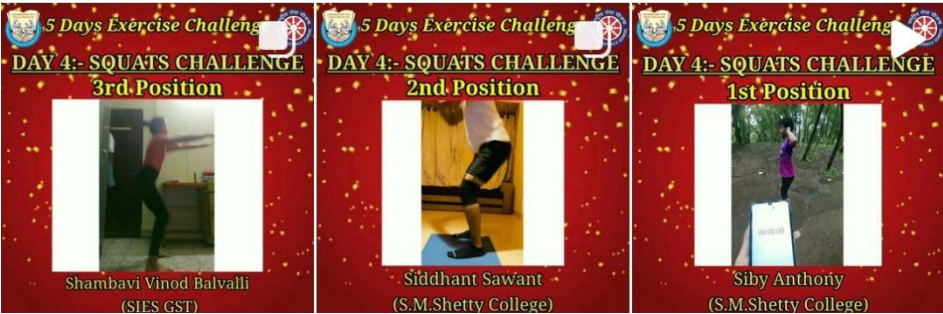
**Day 2- Situps**



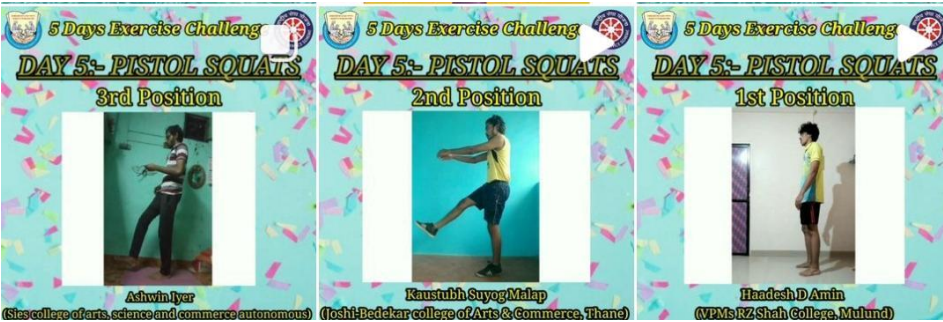
**Day 3- Lunges**



**Day 4- Squats**



**Day 5- Pistol Squates**



*Dipay. Krishnarajama*

**NSS Programme Officer**

*John Pierrez*

**NSS Programme Officer**



*Principal*  
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**Participation List: 5 Days Exercise Challenge (Fit India Movement)**

**Day 1 – Pushups**

1. Ashwin Iyer	Sies College
2. Arya Sumra	Bunts Sangha's S.M. Shetty College, Powai
3. Krishna Jaiswal	Bunts Sangha's S.M. Shetty College, Powai
4. Sriya Sahu	Bunts Sangha's S.M. Shetty College, Powai
5. Yash Yadav	Bunts Sangha's S.M. Shetty College, Powai
6. Abhijeet Patil	Bunts Sangha's S.M. Shetty College, Powai
7. Allen Loy	Bunts Sangha's S.M. Shetty College, Powai
8. Aman Shaikh	N.E.S Jr. College
9. Amit Kailashnath Dubey	Bunts Sangha's S.M. Shetty College, Powai
10. Amit Shukla	Bunts Sangha's S.M. Shetty College, Powai
11. Anuja Gajinkar	Bunts Sangha's S.M. Shetty College, Powai
12. Arya Kaur	Bunts Sangha's S.M. Shetty College, Powai
13. Ashvith Shetty	Bunts Sangha's S.M. Shetty College, Powai
14. Asif Khan	Vissi Campus, Andheri
15. Bhavana Prajapati	Bunts Sangha's S.M. Shetty College, Powai
16. Chetan Siddharth Yevle	Sies College
17. Dinesh Bhati	K.B.P Hinduja College of Commerce
18. Divya Poojary	Bunts Sangha's S.M. Shetty College, Powai
19. Janhavi Vasudeo Koli	M.T.Kamala Mehta College of Commerce
20. Geetesh Helekar	Bunts Sangha's S.M. Shetty College, Powai
21. Haadesh Amin	V.P.Ms .RZ Shah College
22. Jeshma Shetty	Bunts Sangha's S.M. Shetty College, Powai
23. Krishi Shetty	Bunts Sangha's S.M. Shetty College, Powai
24. Manish Shetty	Bunts Sangha's S.M. Shetty College, Powai
25. Nafees Ahmed	Bunts Sangha's S.M. Shetty College, Powai
26. Sonu Mahto	Bunts Sangha's S.M. Shetty College, Powai



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27. Kaustubh Suyog Malap	Joshi Bedekar College
28. Adnan Riyaz Shaikh	Bunts Sangha's S.M. Shetty College, Powai
29. Mayuresh Anant Patil	Bunts Sangha's S.M. Shetty College, Powai
30. Sahil Saterdekar	Chinai College, Andheri
31. Vignesh Jadhav	Bunts Sangha's S.M. Shetty College, Powai
32. Suyash Patil	Bunts Sangha's S.M. Shetty College, Powai
33. Viresh Tukaram Panchal	Bunts Sangha's S.M. Shetty College, Powai
34. Aarti Thakur	Bunts Sangha's S.M. Shetty College, Powai
35. Vishal Singh	Bunts Sangha's S.M. Shetty College, Powai
36. Sanidhya Suryawanshi	N.E.S Ratnam Jr. College of Science
37. Vishal Raj Verma	Bunts Sangha's S.M. Shetty College, Powai
38. Pawan Manoj Salian	Bunts Sangha's S.M. Shetty College, Powai
39. Sakshi Poojary	Bunts Sangha's S.M. Shetty College, Powai
40. Sanmay Sunil Mundhe	Bunts Sangha's S.M. Shetty College, Powai
41. Shambhavi Vinod Balvalli	Sies GST
42. Shivam Upadhyay	Bunts Sangha's S.M. Shetty College, Powai
43. Siby Anthony	Bunts Sangha's S.M. Shetty College, Powai
44. Siddhant Sawant	Bunts Sangha's S.M. Shetty College, Powai
45. Siddhesh Sunil Ghagare	Sies GST Nerul
46. Sulata Panigrahi	Bunts Sangha's S.M. Shetty College, Powai
47. SumanthKumar Hegde	Bunts Sangha's S.M. Shetty College, Powai
48. Ujwal Santosh Singh	Bunts Sangha's S.M. Shetty College, Powai
49. Vandana Kanojiya	Bunts Sangha's S.M. Shetty College, Powai
50. Vinod Nagnath Bhatane	Joshi Bedekar College
51. Yash Choudhary	Bunts Sangha's S.M. Shetty College, Powai
52. Yashraj Singh	Bunts Sangha's S.M. Shetty College, Powai

### Day 2 – Sit ups

1. Ashwin Iyer	Sies College of Art, Science and Commerce
2. Janhavi Vasudeo Koli	M.T.Kamala Mehta College of Commerce
3. Kaustubh Suyog Malap	Joshi Bedekar College of Arts and Commerce
4. Nafees Ahmed	Bunts Sangha's S.M. Shetty College, Powai
5. Sairaj Shetty	Bunts Sangha's S.M. Shetty College, Powai
6. Adnan Riyaz Shaikh	Bunts Sangha's S.M. Shetty College, Powai



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7. Anjali Maurya	Valia CL College of Commerce
8. Arya Kaur	Bunts Sangha's S.M. Shetty College, Powai
9. Asif Khan	Vissi Campus, Andheri
10. Bhumika Sharma	Bunts Sangha's S.M. Shetty College, Powai
11. Gaush Murshad	Bunts Sangha's S.M. Shetty College, Powai
12. Haadesh Amin	V.P.Ms .RZ Shah College
13. Harsh Dhamal	Bunts Sangha's S.M. Shetty College, Powai
14. Manish Shetty	Bunts Sangha's S.M. Shetty College, Powai
15. Sahil Saterdekar	Chinai College, Andheri
16. Paridhi Agrawal	Narsee Monjee College
17. Priya Yadav	Bunts Sangha's S.M. Shetty College, Powai
18. Sakshi Poojary	Bunts Sangha's S.M. Shetty College, Powai
19. Sanidhya Suryawanshi	N.E.S Ratnam Jr. College of Science
20. Shambhavi Vinod Balvalli	Sies GST
21. Shivam Upadhyay	Bunts Sangha's S.M. Shetty College, Powai
22. Siby Anthony	Bunts Sangha's S.M. Shetty College, Powai
23. Siddhesh Sunil Ghagare	Sies GST Nerul
24. Sonu Mahto	Bunts Sangha's S.M. Shetty College, Powai
25. Ujwal Santosh Singh	Bunts Sangha's S.M. Shetty College, Powai
26. Vandana Kanojiya	Bunts Sangha's S.M. Shetty College, Powai
27. Vinod Nagnath Bhatane	Joshi Bedekar College of Arts and Commerce
28. Viresh Tukaram Panchal	Bunts Sangha's S.M. Shetty College, Powai
29. Yash Choudhary	Bunts Sangha's S.M. Shetty College, Powai

### Day 3 – Lunges

1. Ashwin Iyer	Sies College of Art, Science and Commerce
2. Ujwal Santosh Singh	Bunts Sangha's S.M. Shetty College, Powai
3. Amisha Pravin Pardeshi	Bunts Sangha's S.M. Shetty College, Powai
4. Anjali Maurya	Valia CL College of Commerce
5. Asif Khan	Vissi Campus, Andheri
6. Haadesh Amin	V.P.Ms .RZ Shah College
7. Harsh Dhamal	Bunts Sangha's S.M. Shetty College, Powai
8. Janhavi Vasudeo Koli	M.T.Kamala Mehta College of Commerce
9. Kaustubh Suyog Malap	Joshi Bedekar College of Arts and Commerce



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10. Krishna Jaiswal	Bunts Sangha's S.M. Shetty College, Powai
11. Lisa Dsouza	Bunts Sangha's S.M. Shetty College, Powai
12. Nafees Ahmed	Bunts Sangha's S.M. Shetty College, Powai
13. Sonu Mahto	Bunts Sangha's S.M. Shetty College, Powai
14. Sanidhya Suryawanshi	N.E.S Ratnam Jr. College of Science
15. Paridhi Agrawal	Narsee Monjee College
16. Priya Yadav	Bunts Sangha's S.M. Shetty College, Powai
17. Sahil Saterdekar	Chinai College, Andheri
18. Sairaj Shetty	Bunts Sangha's S.M. Shetty College, Powai
19. Sakshi Poojary	Bunts Sangha's S.M. Shetty College, Powai
20. Sanmay Mundhe	Bunts Sangha's S.M. Shetty College, Powai
21. Shambhavi Balvalli	Sies GST
22. Shivam Upadhyay	Bunts Sangha's S.M. Shetty College, Powai
23. Siddhesh Ghagare	Sies GST Nerul
24. Sulata Panigrahi	Bunts Sangha's S.M. Shetty College, Powai
25. Vandana Kanojiya	Bunts Sangha's S.M. Shetty College, Powai
26. Vinod Nagnath	Joshi Bedekar College of Arts and Commerce

#### Day 4 – Squats

1. Janhavi Vasudeo Koli	M.T.Kamala Mehta College of Commerce
2. Kaustubh Suyog Malap	Joshi Bedekar College of Arts and Commerce
3. Aarti Thakur	Bunts Sangha's S.M. Shetty College, Powai
4. Amisha Pravin Pardeshi	Bunts Sangha's S.M. Shetty College, Powai
5. Anjali Maurya	Valia CL College of Commerce
6. Ashwin Iyer	Sies College of Art, Science and Commerce
7. Asif Khan	Vissi Campus, Andheri
8. Bhumika Sharma	Bunts Sangha's S.M. Shetty College, Powai
9. Chetan Siddharth Yevle	Sies College of Art, Science and Commerce
10. Haadesh Amin	V.P.Ms .RZ Shah College
11. Harsh Dhamal	Bunts Sangha's S.M. Shetty College, Powai
12. Komal Chauhan	M. L. Dahanukar College
13. Lisa Dsouza	Bunts Sangha's S.M. Shetty College, Powai
14. Nafees Ahmed	Bunts Sangha's S.M. Shetty College, Powai
15. Manish Shetty	Bunts Sangha's S.M. Shetty College, Powai



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16. Rafique Khan	Rizvi College of Arts, Science, And Commerce
17. Riyanshi Acharya	Bunts Sangha's S.M. Shetty College, Powai
18. Sairaj Shetty	Bunts Sangha's S.M. Shetty College, Powai
19. Sakshi Poojary	Bunts Sangha's S.M. Shetty College, Powai
20. Sanidhya Suryawanshi	N.E.S Ratnam Jr. College of Science
21. Sanmay Sunil Mundhe	Bunts Sangha's S.M. Shetty College, Powai
22. Sarvesh Rajendra Chaudhari	Joshi Bedekar College of Arts and Commerce
23. Shivam Upadhyay	Bunts Sangha's S.M. Shetty College, Powai
24. Shan Mondal	Bunts Sangha's S.M. Shetty College, Powai
25. Shambhavi Vinod Balvalli	Sies GST
26. Siby Anthony	Bunts Sangha's S.M. Shetty College, Powai
27. Siddhant Sawant	Bunts Sangha's S.M. Shetty College, Powai
28. Siddhesh Sunil Ghagare	Sies GST Nerul
29. Ujwal Santosh Singh	Bunts Sangha's S.M. Shetty College, Powai
30. Upendra Rajiv Shetge	Bunts Sangha's S.M. Shetty College, Powai
31. Vandana Kanojiya	Bunts Sangha's S.M. Shetty College, Powai
32. Vinod Nagnath Bhatane	Joshi Bedekar College of Arts and Commerce
33. Wasim Khan	Chandrabhan Sharma College

#### Day 5 – Pistol Squats

1. Ashwin Iyer	Sies College
2. Kaustubh Suyog Malap	Joshi Bedekar College
3. Sahil Saterdekar	Chinai College, Andheri
4. Haadesh Amin	V.P.Ms .RZ Shah College
5. Sakshi Poojary	S.M. Shetty College
6. Vinod Nagnath Bhatane	Joshi Bedekar College



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**Bunts Sangha's**  
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**Certificate Sample Copy: 5 Days Exercise Challenge (Fit India Movement)**

**Day 1 Push ups**

Participation Certificate



Appreciation Certificate





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**Day 2 Sit ups**

Participation Certificate



Appreciation Certificate

**Day 3 Lunges**



*Dijay Krishnarajama*

NSS Programme Officer

*John Pereira*

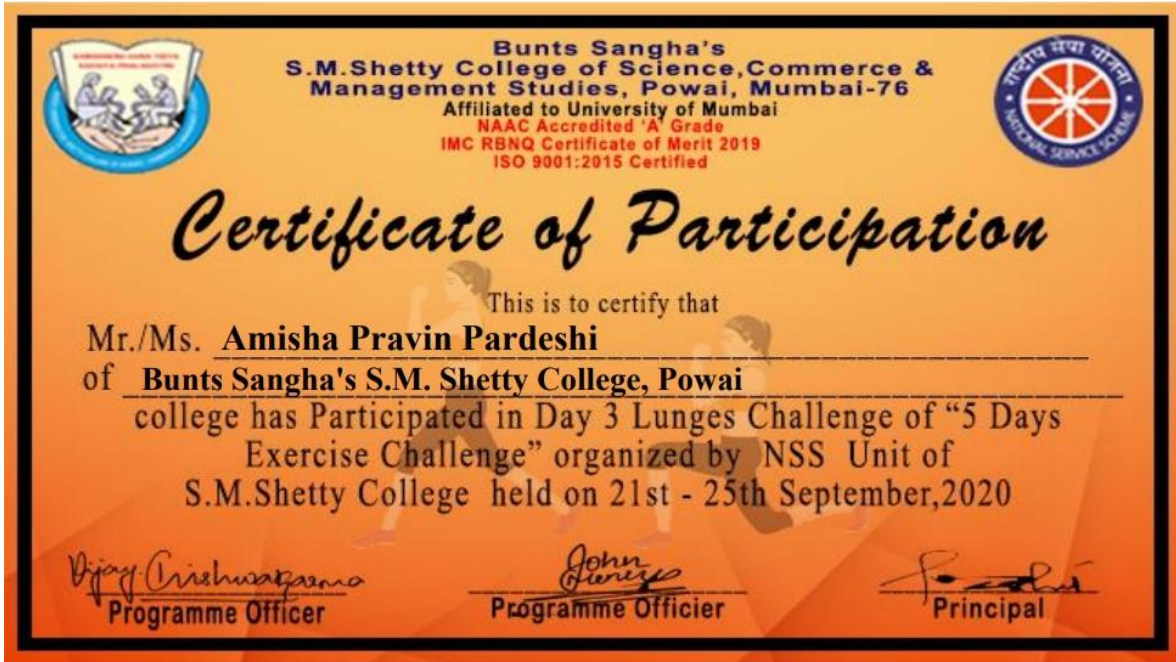
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*[Signature]*  
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Participation Certificate



Appreciation Certificate

Day 4 Squats





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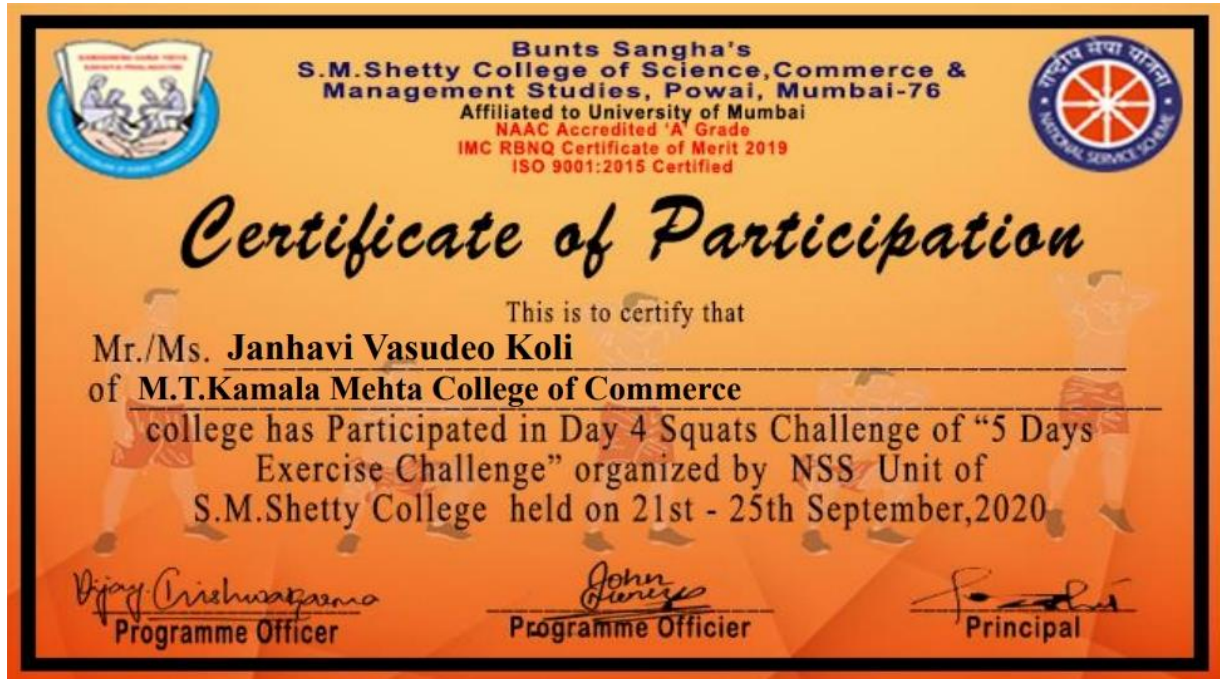
  
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Criterion 3 - Research, Innovations and Extension

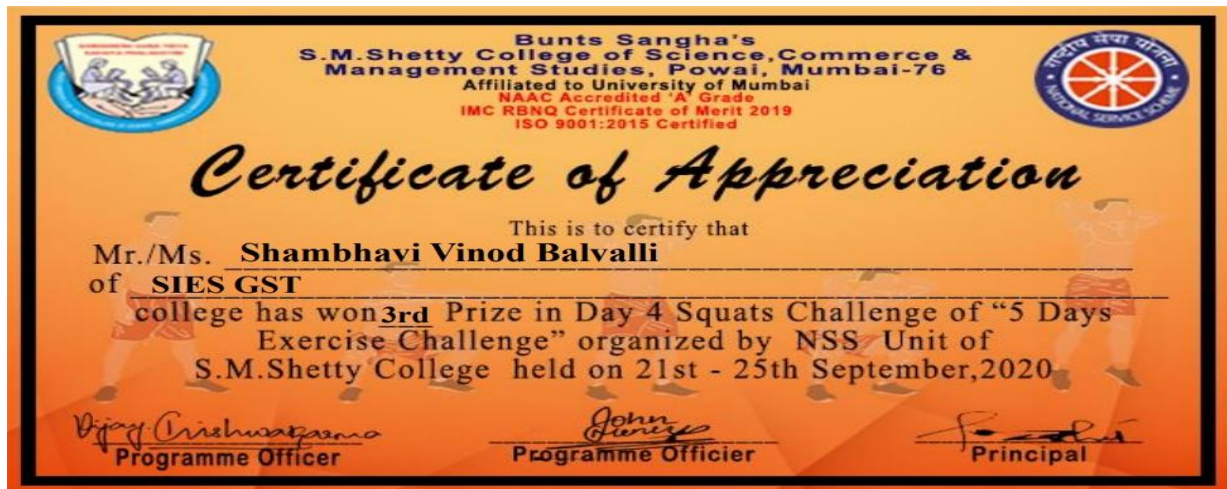


Participation Certificate



Appreciation Certificate

Day 5 Pistol Squats



*Dijay Krishnarajama*

NSS Programme Officer

*John Pereira*

NSS Programme Officer



*[Signature]*  
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Criterion 3 - Research, Innovations and Extension

Participation Certificate



Appreciation Certificate



*Dijay. Krishnaswama*

NSS Programme Officer

*John Pereira*

NSS Programme Officer



*S. S. S.*  
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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Approval Form: "Webinar on Suicide Prevention"**

**Department:** NSS Unit.

**Program:** Webinar on Suicide Prevention (Intra- Collegiate)

**Objectives:** It is important for the people to know about the Effects and Causes for "Suicide Prevention".

**Need:** It is important to make people aware about suicide prevention as many people try to commit suicide for some or the other reasons also it is important to talk and make people aware mental health.

**Content:** This was an Intra-collegiate Webinar on Suicide Prevention

**Resource Person:** Ms. Sachi Mulki

**Judge:** NA

**Date:** 4<sup>th</sup> March, 2021

**Cost/Budget:** NA.

**Proposed by:** Ms. Snehal Rai.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



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**Minutes of the meeting: "Webinar on Suicide Prevention"**

There was a meeting held on Zoom Platform on 28<sup>th</sup> February, 2021

**Minutes of the meeting:**

- Discussed about upcoming event.
- Finalized to organize a webinar on Suicide Prevention with Sisters Living Works
- Finalized the events name as "Suicide Prevention".
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



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Poster/Brochure: "Webinar on Suicide Prevention"



The poster is for a webinar titled "Suicide Prevention" organized by the National Service Scheme (NSS) at Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies, Powai, Mumbai-76. The college is NAAC Accredited 'A' Grade, ISO 21001:2018 Certified, and holds an IMC RBNQ Certificate of Merit 2019. The webinar is presented as an Intra-Collegiate Webinar and is guided by Ms. Sachi Mulki, a Psychologist by training and a Mental Health Advocate. She is the Training Manager at Sister Living Works. The webinar is scheduled for 4th March, 2021, at 4:30pm on Zoom. E-Certificates will be provided. For any queries, contact Snehal Rai (9082362400), Mahima Singh (7506516043), Ishan Salian (9773471471), or Dipti Shetty (7045197444).

**NATIONAL SERVICE SCHEME**  
*Presents*  
**An Intra-Collegiate Webinar**  
**"Suicide Prevention"**

**Guided by**  
*Ms. Sachi Mulki*  
A Psychologist by training  
and a Mental Health  
Advocate. She is the  
Training Manager at Sister  
Living Works.

**Date: 4th March, 2021**  
**Time: 4:30pm**  
**Venue: Zoom**

**E-Certificates will be provided**

For any queries  
Snehal Rai- 9082362400    Ishan Salian- 9773471471  
Mahima Singh- 7506516043    Dipti Shetty - 7045197444



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**Notice (WhatsApp Message): "Webinar Suicide Prevention"**

Greetings to All..

The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai · is organizing a Intra-collegiate Webinar · on Suicide Prevention.

An Interactive Webinar to learn about recognizing Warning signs of Suicide, Risk Factor, Protective Factor and How to effectively respond to someone in a Suicidal crisis.

About the NGO:

Sisters Living Works is an NGO dedicated to the cause of Suicide Prevention in India by raising community Awareness, Involvement, Education and Advocacy.

About the Resource Person:

Sachi Mulki - A Psychologist by training and a Mental Health Advocate. She is the Training Manager at Sister Living Works.

Date: 4th March, 2021

Time: 4:30 Pm

Venue: Zoom Video call

Register now through the below given link

[https://docs.google.com/forms/d/e/1FAIpQLSeVY5HBn4S2S3SJ\\_x6\\_noBVG6EknsMtgHA9eflP8B0H142jSQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSeVY5HBn4S2S3SJ_x6_noBVG6EknsMtgHA9eflP8B0H142jSQ/viewform?usp=sf_link)

Note: Participants limit 100 only

All the Participants will be provided E-certificate

For any further queries feel free to contact:

Ishan Salian - 9773471471

Snehal Rai - 9082362400

Mahima Singh - 75065 16043

Dipti Shetty - 70451 97444



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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Report: "Webinar on Suicide Prevention"**

**Event: Webinar on Suicide Prevention.**

**Date:** 4<sup>th</sup> March, 2021.

**Highlight:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai organized a Webinar on Suicide Prevention on 4<sup>th</sup> March, 2021 at 4:30 by Ms. Sachi Mulki, she is a psychologist by training, and a mental health advocate. She is the training manager at Sisters Living Works. The webinar commenced with the welcome speech given by our NSS Volunteer Ms. Beulah Sundarajan. Later she also introduced our Resource Person Ms. Sachi Mulki, then Ms. Sachi Mulki ma'am took over the webinar and started the session. Q n A session was also held in the webinar, it was a interactive session. The webinar was end with the Vote of Thanks by NSS Assistant Representative Snehal Rai.



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**NSS Programme Officer**

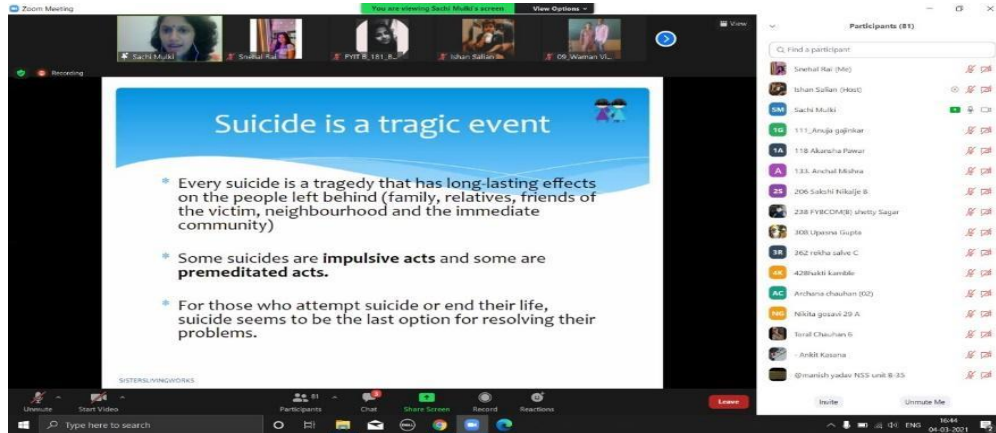
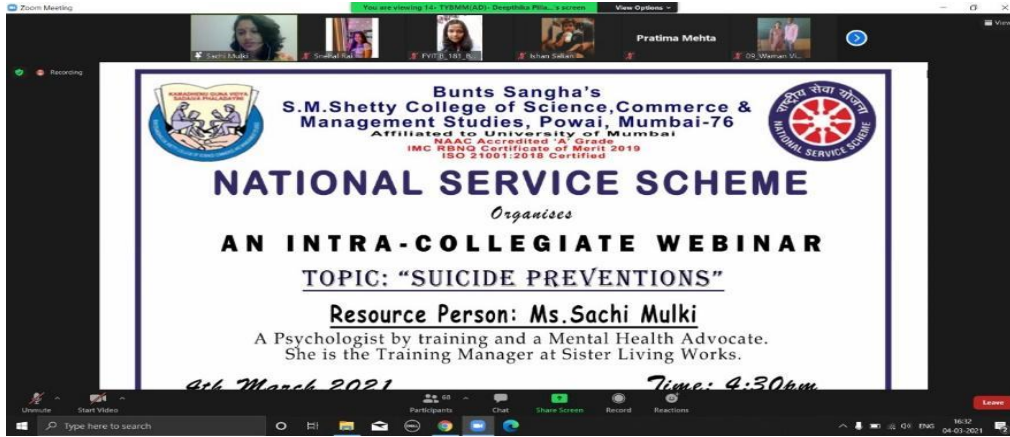


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Email: college@smshettyinstitute.org

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*Dipay Krishnapanna*

**NSS Programme Officer**

*John Dierges*

**NSS Programme Officer**

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*Sachi Mulki*  
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**Participant List: "Webinar on Suicide Prevention"**

1. Toral Chauhan - S.M.Shetty College
2. Asha keshav chauhan - S.M.Shetty College
3. Samay Shah - S.M.Shetty College
4. Ujjwal Singh - S.M.Shetty College
5. Sakshi Poojary - S.M.Shetty College
6. Nidhi Shetty - S.M.Shetty College
7. Waman Vilas Dhuri – S.M.Shetty College
8. Kanojiya Vandana kadeprasad - S.M.Shetty College
9. Singh Madhavi - S.M.Shetty College
10. Radhika jayesh Manjrekar - S.M.Shetty College
11. Kodakanti Bhavana Shrinivas - S.M.Shetty College
12. Sulata Bhagwan Panigrahi - S.M.Shetty College
13. Megha Sabu Pujari - S.M.Shetty College
14. Harsh Purushottam shetye - Valia C.L. College of commerce
15. Sagar Shetty - S.M.Shetty College
16. Swati Vasant Shetty - S.M.Shetty College
17. Suparna Paul - S.M.Shetty College
18. Ankit Kasana - S.M.Shetty College
19. Rohit Sunil Garje - Valia Cl college of commerce
20. Priya Yadav - S.M.Shetty College
21. Anchal Mishra - S.M.Shetty College
22. Deepthika Pillai - S.M.Shetty College
23. Daljitkaur kaller - Valia C.L. college of commerce
24. Komal Dattu chaudhari - Valia college of commerce
25. Sonu rajkumar mahto - S.M.Shetty College
26. Shrinav Shyam - S.M.Shetty College



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27. Sharma Esha Suneet Rai - Valia C.L College Of Commerce
28. Abhishek rajkishor gupta - S.M.Shetty College
29. Ankush chandrajeet Yadav - S.M.Shetty College
30. Tanya Ravindranath Singh - S.M.Shetty College
31. Singh shivanjali santosh - S.M.Shetty College
32. Nandini Mahapatra - S.M.Shetty College
33. Bhavna prajapati - S.M.Shetty College
34. SAH SAURABH PRAMOD - Valia C.L. College of Commerce
35. Sandhya Bupal Bhandari - Valia college
36. Dhiraj Santosh Mahadik - S.M.Shetty College
37. Anuja gajinkar - S.M.Shetty College
38. Shivam Upadhyay - S.M.Shetty College
39. Ratnakar Singh - S.M.Shetty College
40. Kannika nadar - Valia CL college of commerce and science
41. Rahul Kushwaha - S.M.Shetty College
42. Ayesha khan - S.M.Shetty College
43. Sakshi Rajesh Nikalje - Valia C.L college of Commerce
44. RANA DHIRAJ ARJUN - NIRANJANA MAJITHIA COLLEGE OF COMMERCE
45. Divya Kotian - S.M.Shetty College
46. Krishna jaiswal - S.M.Shetty College
47. Sakshi mohan dabade - Valia C.L college
48. SHINDE LAXMI MALHARI - VALIA C.L college of commerce
49. Bhushan Dattu Ghumare - S.M.Shetty College
50. Mane Komal Vilas - S.M.Shetty College
51. Sahu Sriyakumari Sunil - S.M.Shetty College
52. Kamble Bhakti Santosh - Valia C.L college of commerce.
53. Beulah Sundararajan - S.M.Shetty College
54. Urvashi jaiswal - S.M.Shetty College
55. Angel Antony kalloothra - Valia c. L college
56. Anjali Maurya - Valia C.L. college of commerce
57. Krupali mota - Valia c l college



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58. Shivani Budathoki - Valia C. L collage of commerce
59. Shikha Vishwakarma - Valia college
60. Amisha pardeshi - S.M.Shetty College
61. Namrata Kishor Khade - Valia C. L college of Commerce
62. Kharatmol Anushka Dayanand - Valia C L College of Commerce
63. Shaikh Alfiya Haroon - S.M.Shetty College
64. Manish dayashankar Yadav - Niranjana Majithia college.
65. Gupta Rishikesh Dashrath - Valia C.L College of Commerce
66. Ghanekar Chirag Prabhakar - Valia C.L College
67. Pimpalkar Pratik Deepak - Valia c.l. College of commerce
68. DEVRUKHKAR DIPESH - Cosmopolitan's Valia C.L. College
69. Gopal Baranwal - Valia college
70. Archana Chauhan - S.M.Shetty College
71. Diksha Kamble - Valia C L college of commerce
72. Ishan Salian - S.M.Shetty College
73. Aishwarya Rajendra Jangam - Valia C.L College of Commerce



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Certificate Sample Copy: "Webinar on Suicide Prevention"



*Dnyaneshwar Patil*

NSS Programme Officer

*John Dierkes*

NSS Programme Officer



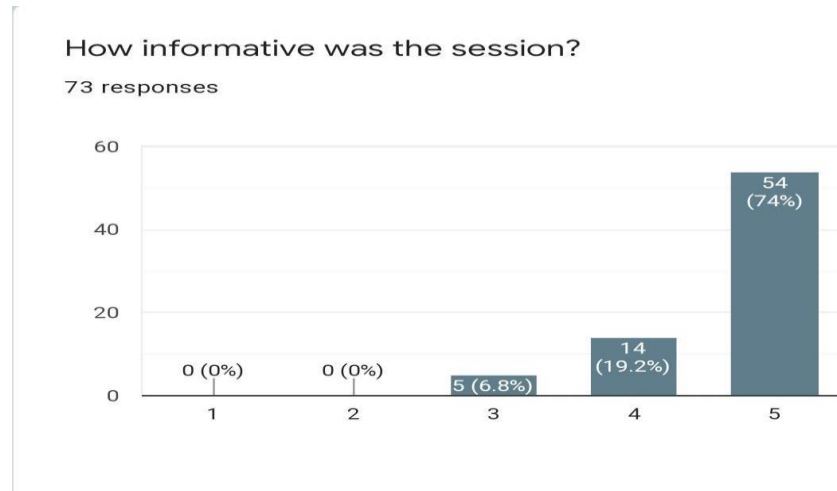
*Principal*

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**Feedback Analysis: Webinar on Suicide Prevention**



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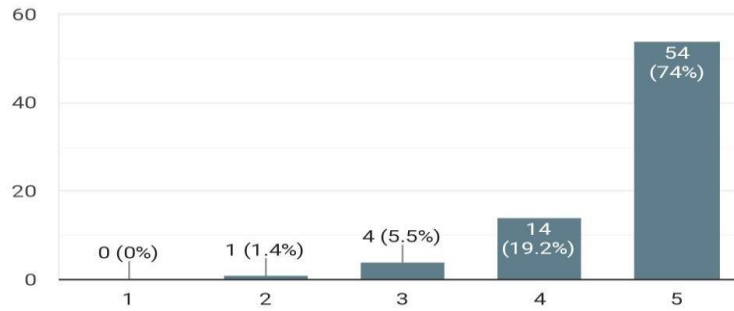
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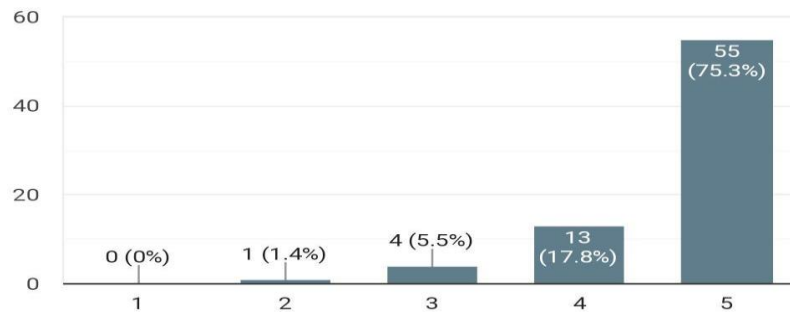
How satisfied are you with the session's content?

73 responses



How relevant and helpful do you think the session was?

73 responses



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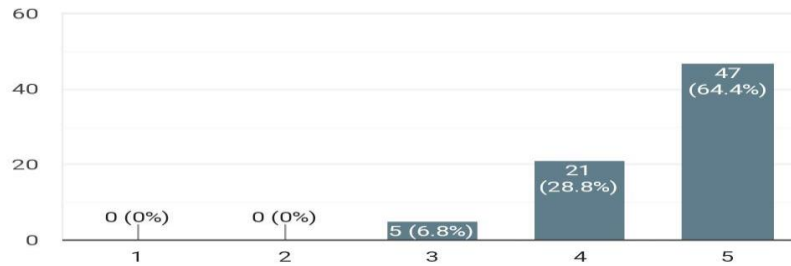
Email: college@smshtetyinstitute.org

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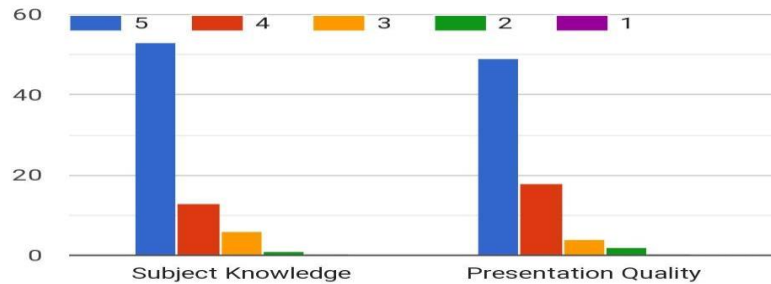
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How satisfied are you with the technical aspects of online platform?

73 responses



How satisfied were you with the key note speaker?



*Dijay. Krishnakumar*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**



*[Signature]*  
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**Action Taken: "Webinar on Suicide Prevention"**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
Date: 4 <sup>th</sup> March, 2021	<ul style="list-style-type: none"><li>• Participants appreciated the efforts taken by the college to conduct this event even during pandemic.</li><li>• All the participants were happy to participate in this webinar</li></ul>	NSS Unit will conduct more such interesting and informative Webinars.



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**Thank you Letter: "Webinar on Suicide Prevention"**

SMS/

4<sup>th</sup> March, 2021

To,

Ms. Sachi Mulki.

S.M Shetty Degree College,

Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Resource Persons for webinar on **"Suicide Prevention"** organized by NSS UNIT of our college.

On behalf of our college, we'd like to thank you for the generous gift of your time, making people aware and also giving us your precious opinion and various other information. Your time and dedication made this webinar successful.

With Regards,

Thanking you,

Yours faithfully,

Dr.Sridhara Shetty

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**Approval Form: Mahatma Gandhi – The Father of Nation.**

**Department:** NSS Unit.

**Program:** Mahatma Gandhi – The Father of Nation (Inter-collegiate Event)

**Objectives:** This is an Inter- Collegiate Competition

**Need:** Its important for students to know about our Freedom Fighter Mahatma Gandhi.

**Content:** On the occasion of Gandhi Jayanti the NSS Unit has organized 3 events which are given below:

Event 1- Poster Making.

Event 2- Poetry Writing (Hindi/English).

Event 3- Essay Writing (Hindi/English).

**Judge:** Harshitaveenapani Bhortak

**Date:** 2<sup>nd</sup> October, 2020.

**Cost/Budget:** Nil / Not Applicable.

**Proposed by:** Mr. Abhishek Gupta & Ms. Snehal Rai.

**Verified by:** Prof. Vijay Vishwakarma.



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**Minutes of the meeting: Mahatma Gandhi – The Father of Nation.**

There were 2 meetings taken on the Zoom Platform 1 before the Event and 1 after the Event.

**Minutes of the meeting (26<sup>th</sup> September, 2020):**

- To conduct event on the occasion of Gandhi Jayanti.
- To discuss what events to conduct.
- To distribute work to the social media team.
- To conduct other events.
- To start to prepare whatsapp message that would be send to other colleges.
- To start working on the participation and winning certificate layout.
- To allot PR team to start doing PR for the event.

**Minutes of the meeting (3<sup>rd</sup> October, 2020):**

- To allot leaders to start to work on the documentation for the event.
- To allot leaders to start to mail certificates to the participants and winners.
- To appreciate leaders for working so hard to the event.
- To conduct some other upcoming events.
- To allot social media team to update social media handle.



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**Brochure/Poster: Mahatma Gandhi – The Father of Nation.**



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Management Studies, Powai, Mumbai-76  
Affiliated to University of Mumbai  
NAAC Accredited 'A' Grade  
ISO 9001:2015 Certified



## NATIONAL SERVICE SCHEME

Presents

### Mahatma Gandhi- Father of the Nation (An Inter-Collegiate Competition)

### On The Occasion Of Gandhi Jayanti

### Events to be conducted:-

- Poster Making
- Poetry Making
- Essay Writing

### Topics for the event:-

- Mahatma Gandhi : A True Peacemaker / महात्मा गांधी: एक सच्चे शांतिदूत |
- Mahatma Gandhi : The Power of Influence / महात्मा गांधी : प्रभाव की शक्ति|
- The Rise of Mahatma Gandhi / उदय महात्मा गांधी जी का|

**Date of submission - 28th September to 1st October 2020**

### For Any Queries Contact:-

Snehal Rai: 9082362400	Abhishek Gupta: 9967469363
Ishan Salian: 9773471471	Riya Kittikal: 8691987625



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IMC R

**Rules and regulations for Poetry making**  
**and Essay writing**

1. The poem/essay can be written in English or Hindi.
2. Do not include any pictures or other illustration.
3. The poem or essay should not be copied from any internal website, it should be original.
4. The decision of the judge will be final.
5. No late entries will be accepted.
6. You can write your essay/poem and click picture of it and submit it into pdf form.
7. You can also type your essay , if participants are typing the participants must follow the format as :- Font size "12", Times New Roman and doubled spaced.



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**Rules and regulations for Poster making**

1. Poster size should be A/4.
2. Save your file as pdf for a quick and easy upload.
3. Entry must be submitted before 1st October 2020.
4. The posters will be judged according to the following criteria:- creativity, presentation and relevance of the topic.
5. No poster should include an image or name of the government officials.
6. Decision of the judges will be final.



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**Notice (Whatsapp Message): Mahatma Gandhi – The Father of Nation**

On the occasion of Gandhi Jayanti

\*NSS Unit\* of \*Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies\* is conducting various competitions.

\_As we all know Mahatma Gandhi is well-known as "Father of the Nation".\_

So here we are celebrating Gandhi Jayanti by organising,

1. Poster making.

2. Poetry making.

3. Essay writing.

\*Topics\* :-

1. Mahatma Gandhi : A True Peacemaker / महात्मा गांधी: एक सच्चे शांतिदूत।

2. Mahatma Gandhi : The Power of Influence / महात्मा गांधी : प्रभाव की शक्ति।

3. The Rise of Mahatma Gandhi / उदय महात्मा गांधी जी का।

\*Rules and regulations for Poster making\*

1. Poster size should be A/4.

2. Save your file as pdf for a quick and easy upload.

3. Entry must be submitted before 1<sup>st</sup> October 2020.

4. The posters will be judged according to the following criteria:- creativity, presentation and relevance of the topic.

5. No poster should include an image or name of the government officials.

6. Decision of the judges will be final.

\*Rules and regulations for Poetry making and Essay writing\* :-

1. The poem/essay can be written in English or Hindi.

2. Do not include any pictures or other illustration.

3. The poem or essay should not be copied from any internal website, it should be original.

4. The decision of the judge will be final.

5. No late entries will be accepted.

6. You can write your essay/poem and click picture of it and submit it into pdf form.

7. You can also type your essay, if participants are typing the participants must follow the format as :- Font size "12", Times New Roman and doubled spaced.



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You need to submit your pdf through the link given below..

<https://forms.gle/VTvkmvwobs1guf9UA>

Or email us at (email id)

[Nssunitb46@gmail.com](mailto:Nssunitb46@gmail.com)

\*Note\*:- The mail should also include Name of the participants, College name and Topic.

\_ \*A person can participate in all 3 events but cannot send more then 1 entry in a single competition\*\_

Date of submission - \*28<sup>th</sup> September to 1<sup>st</sup> October 2020.\*

Results will be declared on \*2<sup>nd</sup> October 2020\*

· \*Winner will get E- certificate\* ·

You can check the result on our Instagram page –

[https://instagram.com/shettynssunit\\_b46?igshid=oahwycscllum](https://instagram.com/shettynssunit_b46?igshid=oahwycscllum)

Also follow our other social media handles

YouTube Channel - [https://www.youtube.com/channel/UC3ysq4y-Y\\_7UmvOkP6t60\\_Q](https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q)

Facebook page – <https://www.facebook.com/smshettynss/>

For any queries call or WhatsApp :-

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**Report: Mahatma Gandhi – The Father of Nation.**

**Event: Mahatma Gandhi – The Father of Nation**

**Date:** 2nd October, 2020

**Objective:** This event was organized on the occasion of “Gandhi Jayanti”.

**Highlights:** The NSS UNIT of S. M. SHETTY COLLEGE organised an inter-collegiate event named as “**Mahatma Gandhi- Father Of The Nation**” on the occasion of Gandhi Jayanti. The event included:

1. Poster Making Competition
2. Poetry Writing Competition (Hindi/English)
3. Essay Writing Competition (Hindi/English)

The participants were given three topics:-

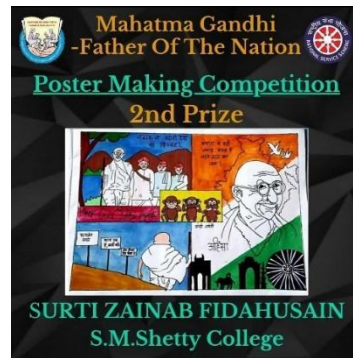
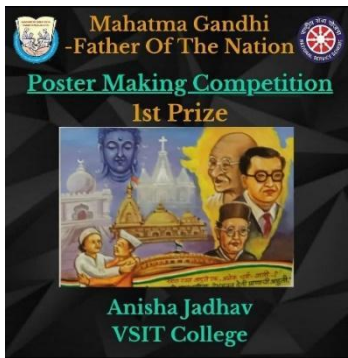
1. Mahatma Gandhi: A True Peacemaker / महात्मा गांधी: एक सच्चे शांतिदूत ।
2. Mahatma Gandhi: The Power of Influence / महात्मा गांधी : प्रभाव की शक्ति।
3. The Rise of Mahatma Gandhi / उदय महात्मा गांधी जी का।

On the basis of which they had to submit us their entries.

The date of submission for the event was from 28th September,2020 to 1st October,2020. The results were declared on 2nd October, 2020.

**THE WINNERS OF THE EVENT**

**POSTER MAKING:-**



*Dipay Krishnakumar*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Dierkes*

**NSS Programme Officer**



*[Signature]*  
PRINCIPAL

Bunts Sangha's S.M. Shetty College  
of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smshttyinstitute.org

**BUNTS SANGHA'S**  
**S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT**  
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**NAAC ACCREDITED 'A' GRADE**  
**ISO 21001:2018 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Poetry Writing (Hindi):-**

**Mahatma Gandhi**  
**-Father Of The Nation**  
**POEM WRITING COMPETITION**  
**(Hindi)**  
**1st Prize**

*विद्ये तमसा ।*

**Nirmiti Tanpure**  
**SIES**

**Mahatma Gandhi**  
**-Father Of The Nation**  
**POEM WRITING COMPETITION**  
**(Hindi)**  
**2nd Prize**

**Vaishnavi Wagh**  
**Joshi- Bedekar College**

**Mahatma Gandhi**  
**-Father Of The Nation**  
**POEM WRITING COMPETITION**  
**(Hindi)**  
**3rd Prize**

**Priya Yadav**  
**S.M.Shetty College, Powai**

**Poetry Writing (English):-**

**Mahatma Gandhi**  
**-Father Of The Nation**  
**POEM WRITING COMPETITION**  
**English**  
**1st Prize**

**Riddesh Gaonkar**  
**Joshi Bedekar College**

**Mahatma Gandhi**  
**-Father Of The Nation**  
**POEM WRITING COMPETITION**  
**English**  
**2nd Prize**

**Rakshita Acharya**  
**S.M.Shetty College, Powai**

**Mahatma Gandhi**  
**-Father Of The Nation**  
**POEM WRITING COMPETITION**  
**English**  
**3rd Prize**

**Archana Yadav**  
**SMT. KG Mittal College**

*Dipay. Krishnarajama*

**NSS Programme Officer**  
**Criterion 3 - Research, Innovations and Extension**

*John Dieressa*

**NSS Programme Officer**

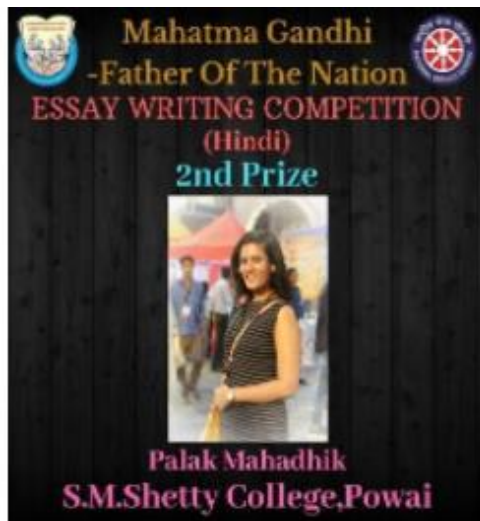
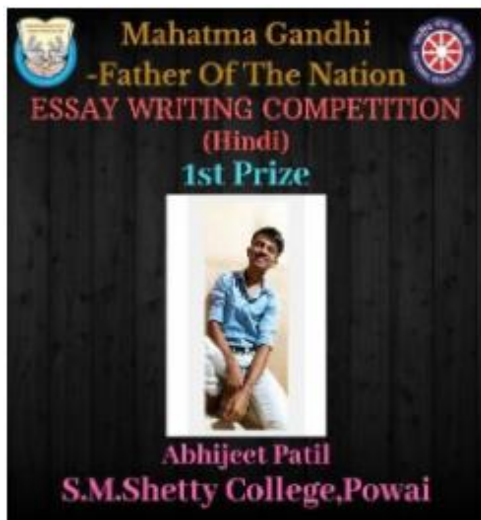


*[Signature]*  
**PRINCIPAL**

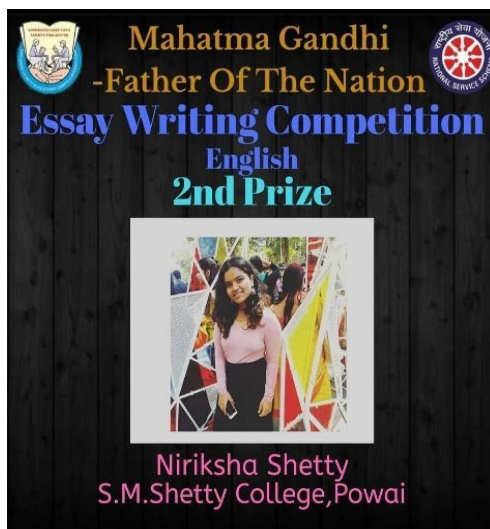
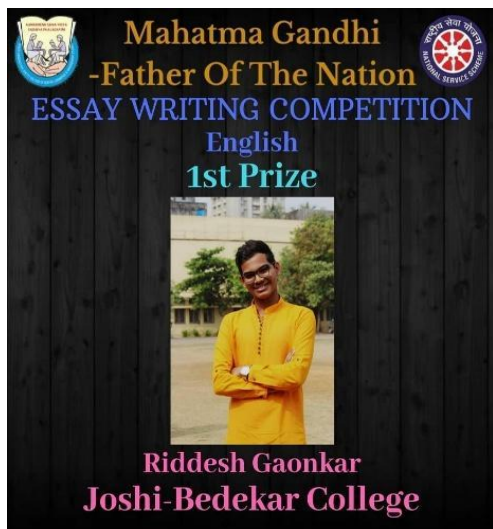
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**Essay Writing (Hindi):-**



**Essay writing (English):-**



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**Participation List: Mahatma Gandhi – The Father of Nation**

**Essay Writing (Hindi):**

1. Abhijeet Digamber Patil - Sm Shetty college
2. Palak Mahadik - Sm Shetty college
3. Prathamesh Prabhakar khadtare - SIES college
4. Shilpa Santram Chaurasiya Smt.kg.mittal college
5. Trisha .S .Moily - SIES college

**Essay Writing (English):**

1. Niriksha Shetty - S. M. Shetty College
2. Aashi Jaiswal - SIES College
3. Abhijeet Patil - S. M. Shetty College
4. Farhan Nagpurwala - SMT. K. G Mittal College.
5. Janvi Parmar - SMT. K. G Mittal College
6. Makardhwaj Rajendra Narkar - SIES College
7. Manish Patwa - SMT. K. G. Mittal College
8. Ravi Sharma - SMT. K. G. Mittal College
9. Surti Zainab - S. M. Shetty College
10. Nilima Linapavalam - SMT. K. G. Mittal College
11. Prerana Gurav - S. M. Shetty College
12. Rahul Veshvikar - VPM Joshi College
13. Riddesh Gaonkar - Joshi Bedekar College
14. Sangita Shenoy - K. V. Pendharkar
15. Sayyed Rehan Ali - SMT. K. G. Mittal College
16. Riya Singh - SMT. K. G. Mittal College
17. Soni Pratiksha Sunildutt - SIES College
18. Tanvi Dipak Rane - SMT. K. G. Mittal College
19. Ujala Vishwakarma - SMT. K. G. Mittal College

**Poetry Writing (English):**

1. Archana Laxmikant Yadav - SMT .K.G Mittal College



**NSS Programme Officer**

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**NSS Programme Officer**



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2. Devendra Shetty - SMT .K.G Mittal College
3. Jatin Chandrakant Pandey – SIES College
4. Nadar Sneha Mutukrishnan – S. M Shetty College
5. Rakshita Achary – S. M. Shetty College
6. Ridhesh Rajkumar Gaonkar – Joshi Bedekar College
7. Shailesh Gaud – SIES College

**Poetry Writing (Hindi):**

1. Megha Hanmant More - K.G. Joshi Bedekar College
2. Nirmiti Kailash Tanpure - SIES college
3. Sangita Shenoy - K.V.Pendharkar college
4. Vaishnavi Sanjay wagh - Joshi bedekar College
5. Palak Dargar - Narsee Monjee college
6. Priya Yadav - SM Shetty college
7. Shivam Upadhyay - SM Shetty college

**Poster Making:**

1. Aarti Anil Thakur - Sm Shetty College
2. 2.Abhishek Prakash Gupta - SIES college
3. 3.Arjun pandit- Bhartiya vidya Bhavans
4. 4.Bhawanj Surendra Swain - SIES college
5. Dunesh sunil wagh - Sm shetty college
6. 6.Jyoti Chauhan - SIES college
7. Komalpreet Kaur Manku - SIES college
8. Mohammad Sibtain kadri - M.Sc Environmental science and technology University
9. Nadar Sneha Muthukrishnan - Sm shetty college
10. Naidu Deepa Ravishankar - Smt K.G.Mittal college
11. 11.Radhika jayesh manjrekar - Sm Shetty college
12. Pillai Vijayrangan Murugesan - SIES college
13. Pradeep Mali - Mittal college
14. Riddesh Rajkumar Gaonkar - Joshi Bedekar college
15. Sachin gupta - Sm shetty
16. Sakshi Deodhar - Sm Shetty college



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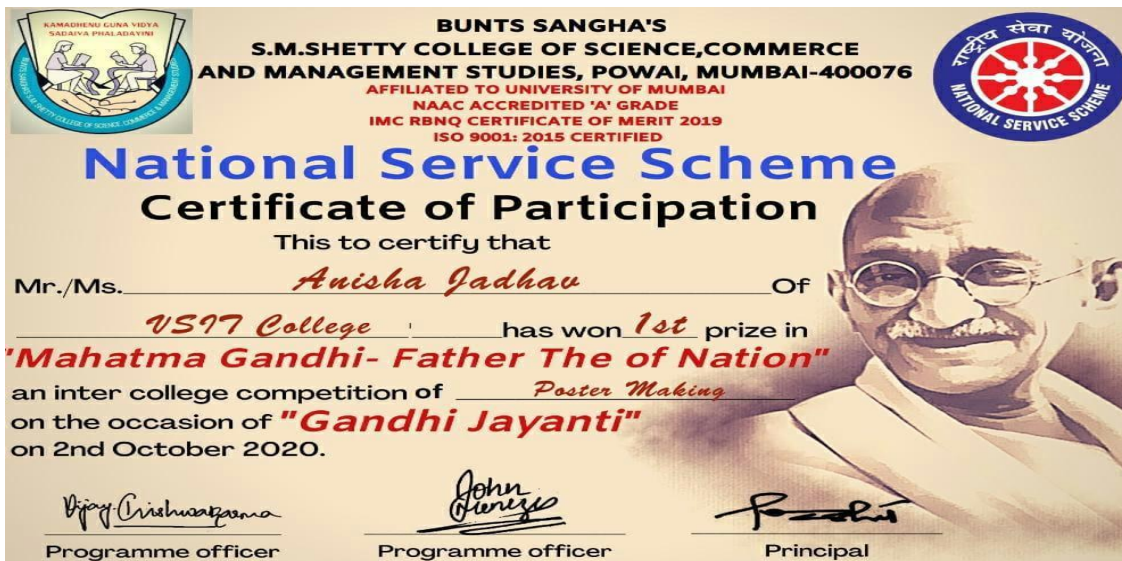
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- 17. Shubham Indresen rai - Sm shetty college
- 18. Shweta Malgoondkar - Sm shetty college
- 19. 19.Sonali Sunil Ghadi - SMT K .G .Mittal college
- 20. Surti Zainab Fidahusain - Sm Shetty college
- 21. Vidhi Thakur - SIES college

**Certificate Sample Copy: Mahatma Gandhi – The Father of Nation**

**Poster Making:** Participation Certificate



*Dijay Crishwasrama*

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

*John Penezo*

**NSS Programme Officer**



*Rishi*  
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Appreciation Certificate



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AFFILIATED TO UNIVERSITY OF MUMBAI  
NAAC ACCREDITED 'A' GRADE  
IMC RBNQ CERTIFICATE OF MERIT 2019  
ISO 9001: 2015 CERTIFIED



**National Service Scheme**  
**Certificate of Participation**

This to certify that

Mr./Ms. Anisha Jadhav Of \_\_\_\_\_  
US97 College has won 1st prize in  
**'Mahatma Gandhi- Father The of Nation'**  
an inter college competition of Poster Making  
on the occasion of **"Gandhi Jayanti"**  
on 2nd October 2020.



Dijay Crishwappa Programme officer  
John Pierres Programme officer  
Rishi Principal

Dijay Crishwappa

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

John Pierres

**NSS Programme Officer**



Rishi  
PRINCIPAL

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Poetry Writing (English): Participation Certificate



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Criterion 3 - Research, Innovations and Extension

**NSS Programme Officer**



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ISO 9001: 2015 CERTIFIED

## National Service Scheme Certificate of Participation

This to certify that

Mr./Ms. Riddesh Gaonkar Of 

K.G Joshi Bedekar College has won 1st prize in  
**'Mahatma Gandhi- Father The of Nation'**  
an inter college competition of Poem Writing(English)  
on the occasion of **"Gandhi Jayanti"**  
on 2nd October 2020.

  
Programme officer

  
Programme officer

  
Principal



**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension



**NSS Programme Officer**

  
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**IMC RBNQ CERTIFICATE OF MERIT 2019**

Poetry Writing (Hindi):

Participation Certification





**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension



**NSS Programme Officer**

  
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Appreciation Certificate



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## National Service Scheme Certificate of Participation

This to certify that

Mr./Ms. *Nirmiti Tanpure* Of 

*SIES* has won *1st* prize in  
**'Mahatma Gandhi- Father The of Nation'**  
an inter college competition of *Poem Writing(Hindi)*  
on the occasion of **"Gandhi Jayanti"**  
on 2nd October 2020.

*Vijay Krishnaswama* Programme officer  
*John Pereira* Programme officer  
*Roshni* Principal



**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension



**NSS Programme Officer**



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Essay Writing (English): Participation Certificate



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**National Service Scheme**  
**Certificate of Participation**

This to certify that

Mr./Ms. Aashi Jaiswal Of SIES has participated in  
**'Mahatma Gandhi- Father The of Nation'**  
an inter college competition of Essay Writing(English)  
on the occasion of **"Gandhi Jayanti"**  
on 2nd October 2020.

Bijay Krishnakuma  
Programme officer

John Penezo  
Programme officer

Poochi  
Principal

Bijay Krishnakuma

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

John Penezo

**NSS Programme Officer**



Poochi  
PRINCIPAL

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**BUNTS SANGHA'S**  
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## National Service Scheme

### Certificate of Participation

This to certify that

Mr./Ms. *Riddesh Gaonkar* Of 

*K.G. Joshi Bedekar College* has won *1st* prize in  
**'Mahatma Gandhi- Father The of Nation'**  
an inter college competition of *Essay Writing(English)*  
on the occasion of **"Gandhi Jayanti"**  
on 2nd October 2020.

  
Programme officer

  
Programme officer

  
Principal



**NSS Programme Officer**

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Essay Writing (Hindi):

Participation Certificate



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**AND MANAGEMENT STUDIES, POWAI, MUMBAI-400076**  
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Mr./Ms. Prathamesh Khadtare Of  
SIES College has participated in  
**"Mahatma Gandhi- Father The of Nation"**  
an inter college competition of Essay Writing(Hindi)  
on the occasion of **"Gandhi Jayanti"**  
on 2nd October 2020.

Dijay Crishwazpama Programme officer  
John Peres Programme officer  
Roshni Principal

Appreciation Certificate



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**National Service Scheme**  
**Certificate of Participation**

This to certify that  
Mr./Ms. Abhijeet Patil Of  
S.M.Shetty College, Powai has won 1st prize in  
**"Mahatma Gandhi- Father The of Nation"**  
an inter college competition of Essay Writing(Hindi)  
on the occasion of **"Gandhi Jayanti"**  
on 2nd October 2020.

Dijay Crishwazpama Programme officer  
John Peres Programme officer  
Roshni Principal

Dijay Crishwazpama

**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension

John Peres

**NSS Programme Officer**



Roshni  
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**STUDIES, POWAI.**  
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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Approval Form – Poster Making Competition on World Aids Day**

**Department:** NSS and RRC

**Program:** Poster Making Competition on World Aids Day

**Objectives:** This is an Inter-collegiate Poster Making Competition.

**Need:** It is important to motivate students and help them to develop creative skills.

**Content:** The topic for Poster Making Competition was World Aids Days.

**Judge:** Ms. Swati Shetty.

**Date:** 1<sup>st</sup> December, 2020.

**Cost/Budget:** NA.

**Proposed by:** Ms. Nidhi Shetty. and Ms. Nandini Mahapatra

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



**NSS Programme Officer**



**NSS Programme Officer**



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Criterion 3 - Research, Innovations and Extension

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**STUDIES, POWAI.**  
**NAAC ACCREDITED 'A' GRADE**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Minutes of the meeting – Poster Making Competition on World Aids Day**

There was a meeting taken on Zoom Platform on 27<sup>th</sup> November, 2020

**Meeting on 27<sup>th</sup> November, 2020**

- Discussed about the upcoming events.
- Planned about the theme and dates for the event.
- The leaders work on the sample message that would be sent to other colleges for participation.
- The social media teamwork on the social media poster and brochure for the event.
- The digital team starts to work on the certificate layout that will be provided to the winners and participants



**NSS Programme Officer**



**NSS Programme Officer**



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Brochure/Poster – Poster making Competition on World Aids Day



The brochure features the college's logo on the left and the National Service Scheme logo on the right. The central text is set against a background of a globe with a red ribbon. The text reads: 'NATIONAL SERVICE SCHEME & RED RIBBON CLUB Presents An Intercollegiate Event POSTER MAKING COMPETITION ON WORLD AIDS DAY'. Below this, it states: '\*Winner will get E- certificate\*', 'LAST DATE FOR SUBMISSION:- 1st December 2020', and '\*TIME:- TILL 4PM\*'. The background also includes a large, faint red ribbon graphic.

Bunts Sangha's  
S.M.Shetty College of Science, Commerce &  
Management Studies, Powai, Mumbai  
Affiliated to University of Mumbai  
NAAC Accredited 'A' Grade  
ISO 9001: 2015 Certified

**NATIONAL SERVICE SCHEME**  
&  
**RED RIBBON CLUB**  
Presents  
An Intercollegiate Event  
**POSTER MAKING COMPETITION**  
**ON WORLD AIDS DAY**

\*Winner will get E- certificate\*  
▼ LAST DATE FOR SUBMISSION:- 1st December 2020  
▼ \*TIME:- TILL 4PM\*

*Dijay. Krishnaswama*

NSS Programme Officer

*John Dineez*

NSS Programme Officer



*Principal*

PRINCIPAL

Bunts Sangha's S.M. Shetty College  
of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smsshettyinstitute.org

# RULES AND REGULATIONS

1. Poster size should be A/4.
  2. Save your file as pdf for a quick and easy upload.
  3. Entry must be submitted before 1st December 2020.
  4. The posters will be judged according to the following criteria:-  
creativity, presentation and relevance of the topic.
  5. No poster should include an image or name of the government officials.
  6. Decision of the judges will be final.
- \*RESULTS WILL BE DECLARED ON 1st DECEMBER 2020.\***

For any further queries Contact :-

1. Nandini Mahapatra:- +91 9082935318
2. Nidhi Shetty:- +91 8108216828
3. Ishan Salian:- +91 97734 71471
4. Mahima Singh:- +91 75065 16043



*Dijay. Krishnaswama*

NSS Programme Officer

*John Denezis*

NSS Programme Officer



*Principals*  
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**BUNTS SANGHA'S**  
**S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT**  
**STUDIES, POWAI.**  
**NAAC ACCREDITED 'A' GRADE**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Notice (WhatsApp Message): Poster Making Competition on World Aids Day**

Creativity is allowing yourself to make mistakes. Art is knowing which ones to keep. □ □ □

□ □ JAI HIND □ □ Hello Fellas!!

The RRC (Red Ribbon Club) with NSS Unit of Bunt's Sangha S M Shetty College of science Commerce and Management Studies Powai has organized a Poster Making Competition on the occasion of WORLD AIDS DAY.

Since 1988, the World AIDS Day is held on December 1 every year. It is an international day to raise awareness about HIV and AIDS around the world. On this day, besides raising awareness of the AIDS pandemic caused by the spread of HIV infection, memorials are held to honor persons who have died from HIV/AIDS.

◆ □ **THEME: WORLD'S AIDS DAY**

You need to submit your pdf through the link given below □ □

<https://forms.gle/CsqhxRqhXEg3y2qi6>

Winner will get E- certificate □

**TO BE NOTED □**

□ **LAST DATE FOR SUBMISSION:- 1st December 2020**

□ **TIME:- TILL 4PM**

□ **RULES AND REGULATIONS**

1. Poster size should be A/4.

2. Save your file as pdf for a quick and easy upload. □

3. Entry must be submitted before 1st December 2020.

4. The posters will be judged according to the following criteria:- creativity, presentation and relevance of the topic. □

5. No poster should include an image or name of the government officials. □

6. Decision of the judges will be final.

**RESULTS WILL BE DECLARED ON 1st DECEMBER 2020. on □**

□ **For any further queries Contact □:-**

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Regards

Red Ribbon Club (RRC).



**NSS Programme Officer**



**NSS Programme Officer**



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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Report – Poster Making Competition on World Aids Day**

**Event: Poster Making Competition on World Aids Day.**

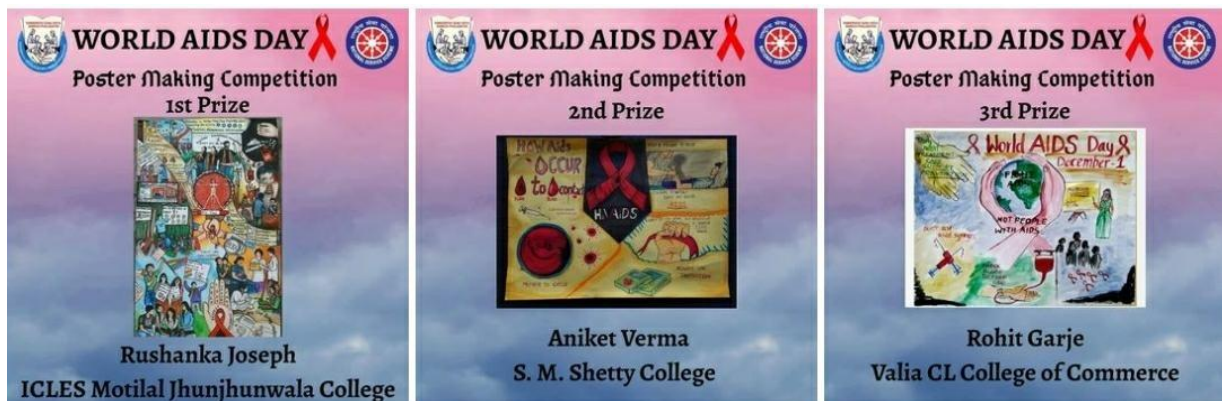
**Date:** 1<sup>st</sup> December, 2020.

**Objective:** This event was organized for “Poster Making”.

**Highlights:** This event was organized by the NSS Unit of our College. The Participants were asked to create posters and submit them in the given Google Form provided. There were 15 participants from different colleges in Mumbai. The event was judged by Ms. Swati Shetty.

The winners of the events are:

1. Rushanka Joseph - ICLES Motilal Jhunjhunwala College
2. Aniket Verma - S. M. Shetty College
3. Rohit Garje of Valia CL College of Commerce





**NSS Programme Officer**



**NSS Programme Officer**

  
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STUDIES, POWAI.  
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Posters Submitted by the Participants**



Kannika Nadar



Yogini Thakur



Vaishnavi Wagh



Anchal Mishra

*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Pienzezo*

**NSS Programme Officer**

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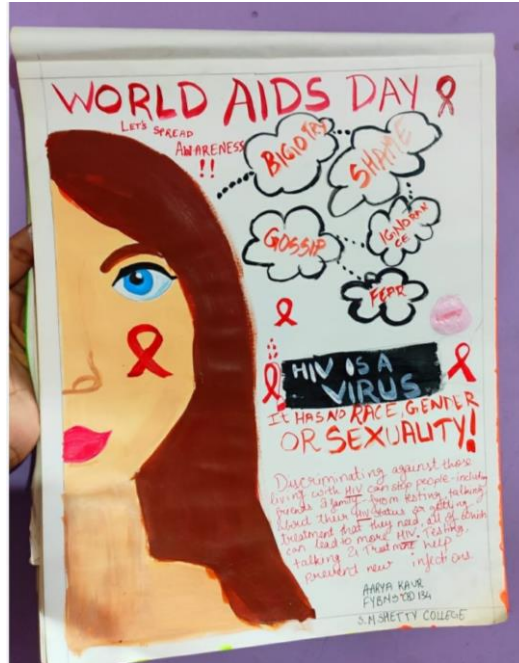
*Prachi*  
PRINCIPAL

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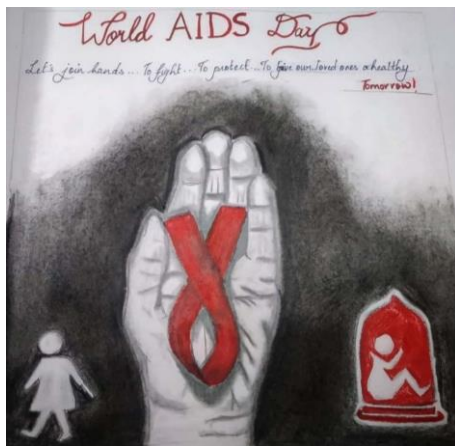
**BUNTS SANGHA'S  
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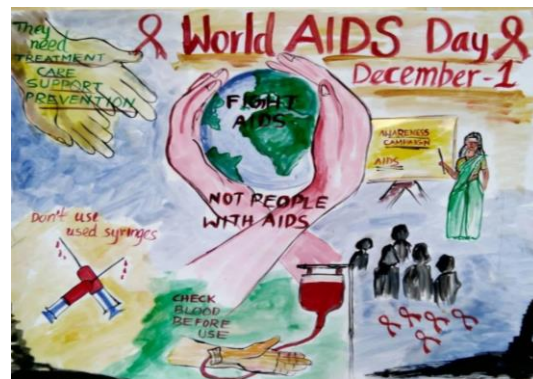
Rushanka Joseph



Aarya Kaur



Reema Palan



Rohit Garje

*Dijay Krishnarajama*

**NSS Programme Officer**

*John Pienzo*

**NSS Programme Officer**

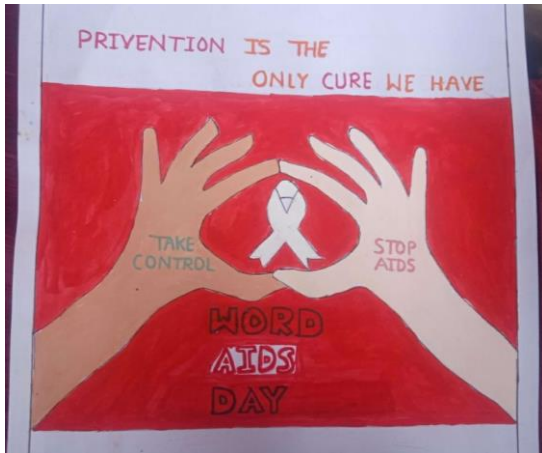
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*Prakash*  
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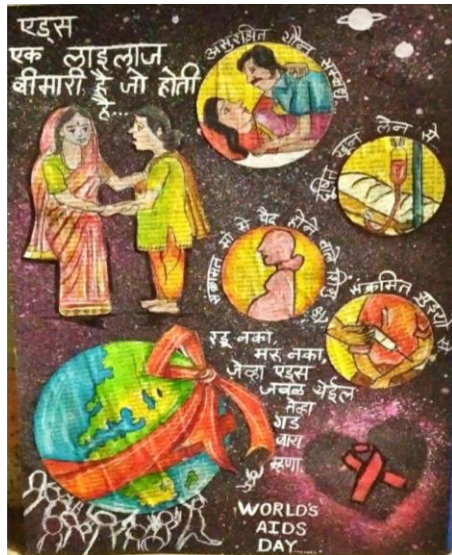
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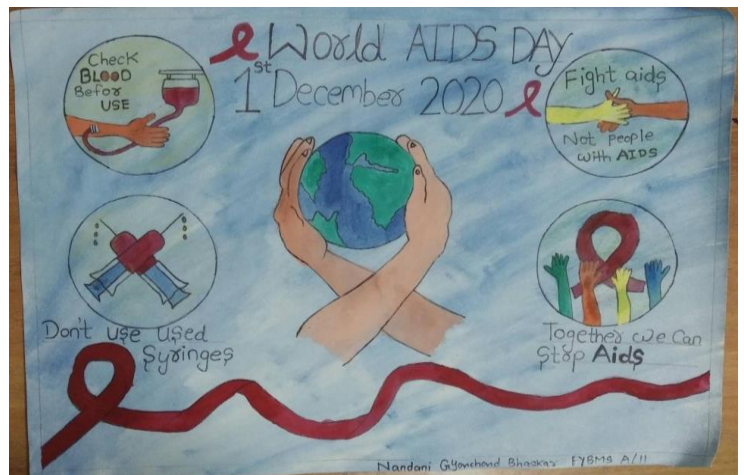
Priyanka Thorat



Archana Chauhan



Balkrishna Kodare



Nandani Bhaskar

*Dijay Krishnarajama*

**NSS Programme Officer**

*John Pieneyes*

**NSS Programme Officer**

*[Signature]*  
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Aniket Verma



Janhanvi Koli

*Dijay. Krishnarajama*

**NSS Programme Officer**

*John Pienzezo*

**NSS Programme Officer**

 *Shetty*  
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**Sample Certificate – Poster Making Competition on World Aids Day**

Participation Certificate



*Dijay Krishnaswama*

**NSS Programme Officer**

*John Denezes*

**NSS Programme Officer**



*P. S. Shetty*  
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**STUDIES, POWAI.**  
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Appreciation Certificate



*Dijay Krishnasarma*

**NSS Programme Officer**

*John Penezes*

**NSS Programme Officer**



*P. S. Shetty*

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**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Thankyou Letter – Poster Making Competition on World Aids Day**

SMS/

1<sup>st</sup> December, 2020

To,

Miss. Swati Shetty

S.M Shetty Degree College,

Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Judge for 'Poster Making' competition organized by the NSS Unit of our College.

On behalf of our college we'd like to thank you for the generous gift of your time, judging the competition and also giving us your precious opinion. Your time and dedication made it possible for us to reward students for their creative efforts.

With Regards,

Thanking you,

Yours faithfully,

Dr. Sridhara Shetty

PRINCIPAL



**NSS Programme Officer**



**NSS Programme Officer**



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**NAAC ACCREDITED 'A' GRADE**  
**ISO 21001:2018 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**  
**Approval Form: Red Ribbon Making Activity.**

**Department:** NSS Unit.

**Program:** Red Ribbon Making Activity.

**Objectives:** To make the society awareness the meaning of Red Ribbon through the activity.

**Need:** The need for the activity was to make students aware about HIV/AIDS through the red ribbon.

**Content:** This was an Inter-colligate activity, where the students were ask to make a red ribbon that indicates the RRC Logo and click pictures with the ribbon which will be posted on our Social media handle story.

**Judge:** NA.

**Date:** 1<sup>st</sup> December, 2020

**Cost/Budget:** NA.

**Proposed by:** Ms. Nandini Mahapatra

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.



**NSS Programme Officer**



**NSS Programme Officer**



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**Minutes of the meeting: Red Ribbon Making Activity.**

There was a meeting held on Zoom Platform on 29<sup>th</sup> November, 2020

**Minutes of the meeting:**

- Discussed about upcoming event for Ribbon Making
- Allotted leaders to work on the Notice (WhatsApp Message) that would be sent to other colleges for students to participate.
- To allot social media team to update social media handles.
- Allotted the leaders to mail the certificate of the previous event.
- Discussed on the final Documentation.



**NSS Programme Officer**



**NSS Programme Officer**



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**Notice (WhatsApp Message): Red Ribbon Making Activity**

Strengthen the support to weaken the spread of aids.

.. JAI HIND.. Hello Fellas!!

The RRC (Red Ribbon Club) with NSS Unit of Bunt's Sangha S M Shetty College of Science Commerce and Management Studies Powai · has organised an intercollegiate activity on the WORLD AIDS DAY where the participants have to make a red ribbon out of any red coloured material (ie. Cloth, Paper, etc). You can even paint or colour the material red.

The participants are supposed to click a selfie or a picture with the red ribbon made by them and put it on your stories and also tag:-

@shettyNSSunit\_b46 (Our Instagram handle) @connecting\_nss @nssforindia

◆ □ THEME : WORLD'S AIDS DAY

STORIES TO BE UPLOADED ON 1st DECEMBER 2020.

· TO BE NOTED ·

Tagging all the handles mentioned is mandatory.

✚ Stories that fulfill the above criteria will be reposted on our insta story.

Note: If Your Account is a Private Account, make sure that you make it Public for just one day so that we can repost your story.

Act now against it or regret it for the rest of your life.

□ For any further queries Contact:-

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4. Mahima Singh:- +91 75065 16043

Regards

Red Ribbon Club (RRC).



**NSS Programme Officer**



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**IMC RBNQ CERTIFICATE OF MERIT 2019**  
**Report: Red Ribbon Making Activity**

**Event: Red Ribbon Making Activity.**

**Date: 1<sup>st</sup> December, 2020.**

**Highlight:** The Red Ribbon Club (RRC) and NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies organized a Red Ribbon Making Activity. The volunteers were ask to make a red ribbon that is the logo of RRC with paper or cloth and click pictures with it and send it to us through a google form, which will be posted on our social media story.



*Dijay Krishnaswama*

**NSS Programme Officer**

*John Penezes*

**NSS Programme Officer**

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*Principal*

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